



MAHATMA EDUCATION SOCIETY'S
PILLAI COLLEGE OF EDUCATION & RESEARCH(Autonomous)

CHEMBUR

NAAC Accredited 2023 'A' Grade - 4th Cycle CGPA: 3.13

'Sustainable Goals...Sustainable Future'



HORIZON

PRINCIPAL'S MESSAGE



DR. RENI FRANCIS



“ The future belongs to those who prepare for it today.”

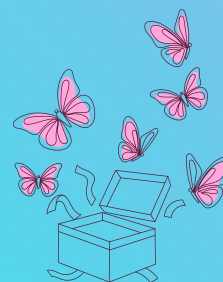
As we move forward in the new academic year, July offers an opportunity to transform aspirations into meaningful action. Every classroom experience, internship, research activity, and community initiative contributes to shaping educators who are knowledgeable, compassionate, and committed to excellence.

In today's rapidly evolving world, education extends beyond the acquisition of knowledge. It is about fostering critical thinking, creativity, empathy, and ethical leadership. At PCER, Chembur , we remain dedicated to creating an environment that nurtures innovation while strengthening the values that define quality education.

This month, I encourage each one of you to embrace the spirit of L.E.A.D.—Learn with curiosity, Engage with empathy, Aspire for excellence, and Develop with discipline. These principles inspire us to become lifelong learners and responsible citizens capable of making a positive impact on society.

Together, let us continue to prepare today for a brighter, more inclusive, and transformative tomorrow.

JULY 2026 HORIZON



- 1.Principal's Message
- 2.Editorial
- 3.Faculty Achievements
- 4.Anaemia Awareness and Screening Camp
- 5.International Tiger Day
- 6.EHSAAS
- E- Emotional Wellbeing
- Global Forgiveness Day
- H- Holistic Development
- World Nature Conservation Day
- S- Skill building
- World Youth Skills Day
- A- Academic Excellence
- Teaching Methods Lesson Demonstration
- A- Active Citizenship
- Kargil Vijay Diwas
- S- Social Responsibility
- World Population Day
- National Doctors Day
7. Alumni Corner
- 8.Students Corner



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STUDENT EDITORS

UNIKA PARDESI
RITU YADAV





**Ms. Surekha
Chidambaranath**
Assistant Professor

EDITORIAL



"क्षमा शान्तिः परं बलम्।"

Forgiveness and peace are the highest forms of strength.

In a nation as vast and vibrant as India, diversity is our defining characteristic. Millions of people, representing distinct religions, cultures, languages, traditions, and now rapidly shifting generational worldviews, coexist within the same geographical and social fabric. However, living side by side is not the same as living in harmony. True Harmony is

built on peace, and peace begins within each one of us. At the heart of peaceful living are values such as empathy, acceptance, tolerance, and forgiveness. Among these, forgiveness has the power to heal relationships, strengthen communities, and create lasting unity.

Today's world faces many challenges, including social unrest, discrimination, conflicts, and increasing polarization. India, with its rich diversity and rapidly changing social and generational landscape, also experiences differences in opinions, beliefs, and lifestyles. Holding on to anger, prejudice, or past grievances often deepens divisions. Forgiveness does not mean accepting wrongdoing or remaining silent about injustice. Instead, it encourages resolving conflicts with wisdom, compassion, and respect. Forgiveness creates positive change at both personal and social levels.

For Individuals

- Reduces stress, anger, and resentment.
- Improves mental and emotional well-being.
- Encourages inner peace and resilience.

For Society

- Breaks cycles of conflict and revenge.
- Promotes harmony among diverse communities.
- Encourages cooperation and mutual respect.
- Allows people to focus on collective growth, justice, and nation-building.

Forgiveness begins with small, everyday actions.

- Listen actively before judging others.
- Try to understand different perspectives and experiences.
- Let go of personal grudges whenever possible.
- Communicate respectfully, even during disagreements.
- Replace anger with empathy and compassion.
- Encourage open conversations that build trust rather than hostility.

When practiced consistently, forgiveness becomes more than a personal virtue. It becomes a shared social value that strengthens families, communities, and the nation. In a diverse country like India, forgiveness is not merely a moral value; it is a powerful tool for building unity, strengthening relationships, and creating a more peaceful future for all.





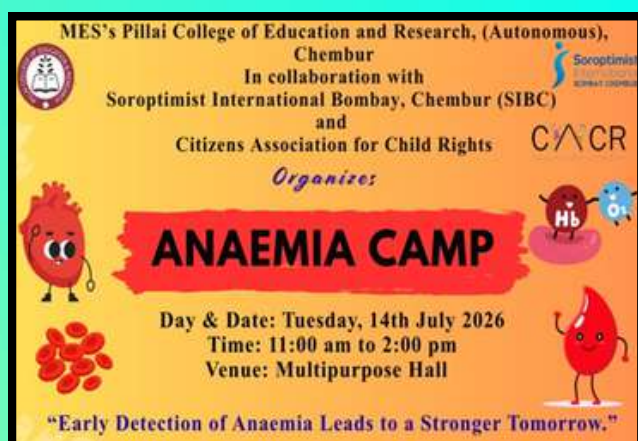
FACULTY ACHIEVEMENTS

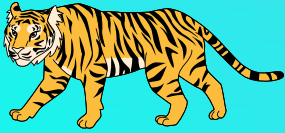
Dr. Vithoba C. Sawant participated and was invited as the Resource Person for the First Term Training Programme organized by the Department of Lifelong Learning and Extension (DLLE), University of Mumbai, on 23rd July 2026 at N.G.I Acharya & D.K. Marathe College, Chembur, Mumbai.



ANAEMIA AWARENESS AND SCREENING CAMP

An Anaemia Awareness and Free Haemoglobin Screening Camp was organized on 14th July 2026 at Pillai College of Education and Research (Autonomous), Chembur in collaboration with Soroptimist International Bombay, Chembur (SIBC) and Citizens Association for Child Rights (CACR), Mumbai. A total of 135 participants, including students, parents, teaching and non-teaching staff, attended the camp. Free haemoglobin screening was conducted, and participants with low haemoglobin levels received iron tablets for three months along with guidance on balanced nutrition, anaemia prevention, and healthy lifestyle practices. The programme successfully promoted health awareness and encouraged preventive healthcare.

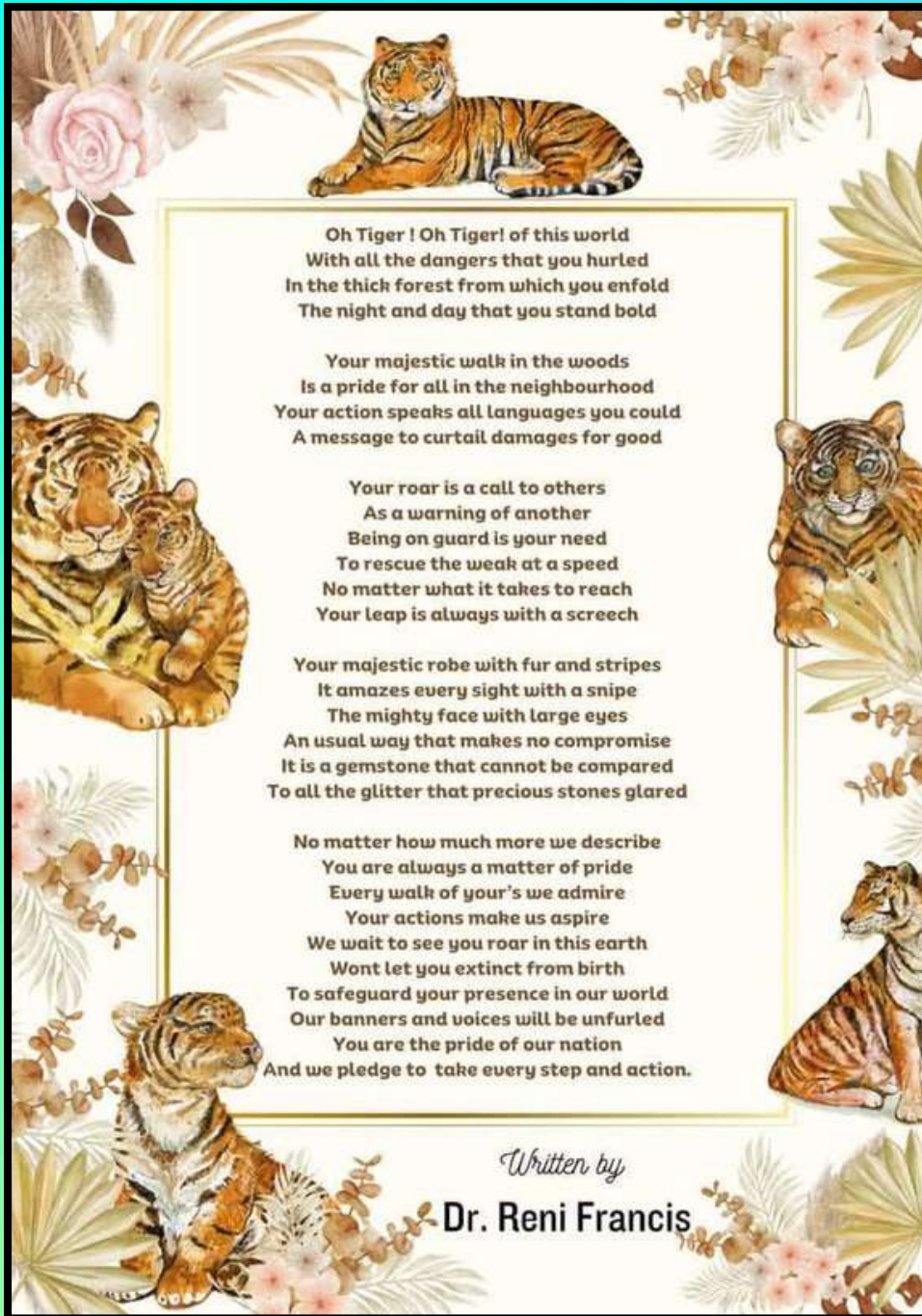




INTERNATIONAL TIGER DAY



On the occasion of International Tiger Day (29 July 2026), student-teachers conducted awareness programmes in their respective practice teaching schools for students of different classes. Through presentations, quizzes, riddles, slogan writing, drawing, essay writing, and interactive activities, students learned about tiger conservation, wildlife protection, and the importance of preserving forests. The programmes successfully created awareness and inspired students to protect endangered species and contribute towards environmental conservation.



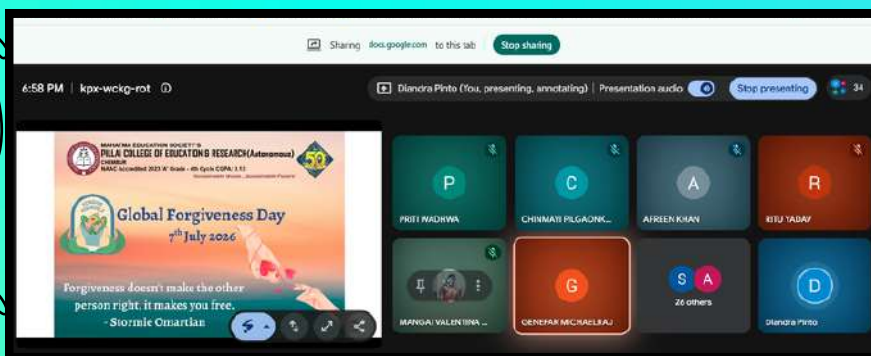


EHSAAS

E- EMOTIONAL WELLBEING GLOBAL FORGIVENESS DAY



Global forgiveness day was observed on 7th July, 2026 by the B.Ed students of MES Pillai College of Education and Research. The meet started with an interactive segment where students discussed their understanding of forgiveness. This was followed by a note writing activity, where students wrote a forgiveness letter to either others or themselves. This segment promoted catharsis through writing. This was followed by a guided meditation led by Diandra Ma'am which helped the students reflect and let go and forgive themselves and others. The students shared their experiences and explained how this segment helped them to think, forgive, let go of the burden, and live a peaceful future ahead. Overall the Global Forgiveness day was observed in a meaningful way.



H- HOLISTIC DEVELOPMENT WORLD NATURE CONSERVATION DAY



On the occasion of World Nature Conservation Day 28 July 2026, student-teachers celebrated the day in their respective practice teaching schools by conducting awareness programmes for students of different classes. The activities included informative presentations, quizzes, riddles, interactive games and eco-friendly challenges. These engaging sessions created awareness about protecting natural resources, conserving the environment, and adopting sustainable habits. The programme encouraged students to become responsible citizens committed to preserving nature for a greener and healthier future





S-SKILL BUILDING

WORLD YOUTH SKILLS DAY



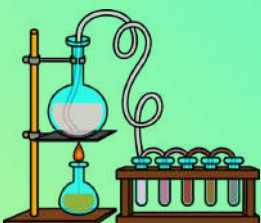
On the occasion of World Youth Skills Day, celebrated from 13th July 2026, the student teachers, as part of their Practice Teaching Programme, celebrated the day in their respective practice teaching schools by organizing awareness programmes for students. The activities included interactive talks, career guidance sessions, skill-based games, quizzes, talent showcases, and discussions on career opportunities and skill development. Students actively participated and gained valuable insights into the importance of life skills, career planning, and continuous learning. The programme successfully inspired students to develop essential skills, prepare for future careers, and become responsible and confident citizens.



A- ACADEMIC EXCELLENCE

TEACHING METHODS LESSON DEMONSTRATION

As part of the Teaching Methods Lesson Demonstration, MES's Pillai College of Education and Research (PCER), Chembur, organised a series of Alumni Enrichment Sessions for the SYB.Ed. students to prepare them for their Semester III practice teaching. The sessions were conducted by distinguished alumni, Ms. Roslin Roy, Ms. Misbah Khan, and Ms. Shreya Sanal, who are currently working as teachers in reputed schools and colleges and have teaching experience. They shared their classroom experiences and practical knowledge with the student teachers. Ms. Roslin Roy demonstrated an English lesson and explained effective strategies for developing language skills through interactive and learner-centred teaching. Ms. Misbah Khan presented a Mathematics lesson and demonstrated how mathematical concepts can be taught in a simple, creative, and engaging manner using appropriate teaching skills and questioning techniques. Ms. Shreya Sanal conducted a Science lesson and showed how to introduce concepts through effective set induction, integrate core values, and encourage active student participation. The alumni demonstrated effective lesson presentation, classroom management, the use of teaching aids, and learner-centred teaching methods while sharing practical tips for successful teaching and career growth.





A- ACTIVE CITIZENSHIP KARGIL VIJAY DIWAS



On the occasion of Kargil Vijay Diwas, student-teachers of PCER, Chembur, conducted awareness programmes on 27th July 2026 in their respective practice teaching schools for students of different classes. The programmes highlighted the significance of India's victory in the Kargil War and paid tribute to the courage, sacrifice, and dedication of the Indian Armed Forces. Through informative presentations, videos, quizzes, crossword puzzles, word games, and interactive activities, students actively participated and gained a deeper understanding of patriotism and national pride. The celebration inspired students to respect the nation's heroes and uphold the values of unity, courage, and service to the country.



PLEDGE FOR DRUG FREE MUMBAI



As per the Government of Maharashtra and the University of Mumbai circulars, MES's Pillai College of Education and Research (PCER), Chembur, organized the Drug-Free Mumbai Pledge on 30th July 2026 and participated in the Nasha Mukh Yuva Bharat programme on 2nd August 2026. Students and teachers enthusiastically took the pledge and conducted awareness activities to educate the community about the harmful effects of drug abuse, promoting a healthy, responsible, and drug-free society.





S- SOCIAL RESPONSIBILITY WORLD POPULATION DAY



On the occasion of World Population Day on 10th July 2026, the student teachers celebrated World Population Day in their respective Practice Teaching Schools by conducting an awareness programme for students of Classes VI to IX. The programme included an educational video and an interactive discussion on population growth, its impact, advantages, and disadvantages. Students also learned about the differences between urban and rural populations. A poster-making activity encouraged creativity and active participation. The programme successfully created awareness about population control, sustainable development, and responsible citizenship among the students

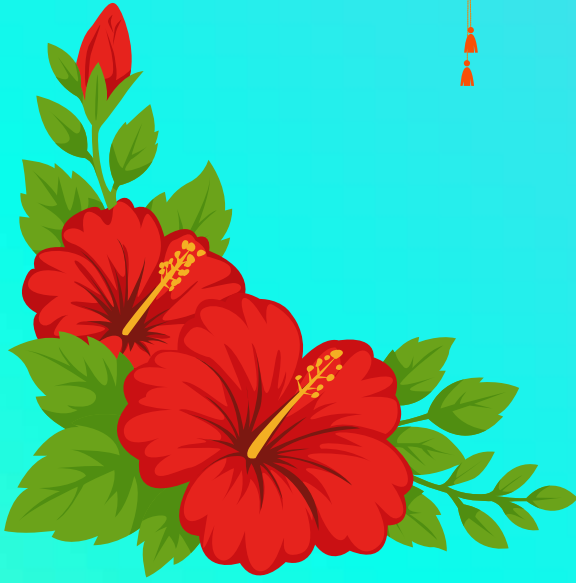


NATIONAL DOCTORS' DAY

On the occasion of National Doctors' Day, on 16th July 2026, the student teachers, as part of their Practice Teaching Programme, celebrated the day in their respective practice teaching schools by organizing awareness programmes for students. The programmes included interactive talks on the importance of doctors, first aid demonstrations, educational videos, quizzes, and health awareness activities. Students participated enthusiastically and gained valuable knowledge about the role of doctors, basic first aid, and appropriate actions during emergencies. The celebration successfully promoted health awareness and encouraged students to appreciate the dedicated service and commitment of medical professionals.



ALUMNI CORNER



**Ms. Vairavalakshmi
Chelliah**

**Alumni
Batch 2020-2022**



STUDENTS CORNER



**Ms. Shaikh Nida Abdul
Rahim
Roll No 76
Batch 2025-2027**

