



MAHATMA EDUCATION SOCIETY'S
PILLAI COLLEGE OF EDUCATION & RESEARCH(Autonomous)
CHEMBUR
NAAC Accredited 2023 'A' Grade - 4th Cycle CGPA: 3.13

'Sustainable Goals...Sustainable Future'



HORIZON

PRINCIPAL'S MESSAGE

**LEARNING
NEVER
ENDS**



DR. RENI FRANCIS

As we welcome the month of June, we embark on a new academic journey filled with fresh aspirations, renewed enthusiasm, and endless opportunities to learn, lead, and serve. Every new beginning reminds us that education is not merely about acquiring knowledge but about nurturing values, developing character, and inspiring meaningful change in society. At Pillai College of Education and Research, we remain committed to creating an environment that empowers future educators to become reflective practitioners, compassionate leaders, and lifelong learners.

The month of June also marks the reopening of academic activities, bringing together students, faculty, and staff with renewed energy and purpose. It is a time to set new goals, strengthen collaborations, and foster a culture of curiosity, creativity, research, and professional excellence. Through academic enrichment programmes, community engagement, skill development initiatives, and experiential learning opportunities, we aim to prepare educators who can positively influence generations to come.

Our institutional theme, EHSAAS, continues to inspire us to cultivate empathy, holistic development, sustainability, accountability, and service in every endeavour. Together, let us build a learning community where every individual feels valued, every voice is heard, and every achievement becomes a stepping stone toward excellence.

I extend my heartfelt appreciation to our dedicated faculty, enthusiastic students, supportive alumni, and valued stakeholders for their unwavering commitment to the growth of our institution. May this academic year be filled with purposeful learning, meaningful experiences, and remarkable accomplishments.

Wishing everyone a successful, inspiring, and fulfilling year ahead.

JUNE 2026 HORIZON

1. **Principal's Message**

2. **Editorial**

3. **Faculty Achievements**

4. **B.Ed Sem III Orientation**

5. **EHSAAS**

E- Emotional Wellbeing

Stress Management

H- Holistic Development

Personality Development

International Yoga Day

S- Skill building

Communication Skills

National Reading Day

A- Academic Excellence

Problem Solving Workshop

Workshop on Case Study Method

A- Active Citizenship

Environment Day

S- Social Responsibility

World Elder Abuse Awareness Day

6. **Alumni Corner**

7. **Students Corner**



TEACHER EDITORS

Dr Reni Francis

Dr Jaya Cherian

Ms Achala Bhor

Ms Diandra Pinto

Ms Surekha

Chidambaranath

Dr Vithoba Sawant

Ms Athira S.R.

STUDENT EDITORS

RITU YADAV

JANET SIMON



EDITORIAL



Ms. Achala Bhor



A new academic year gives us another opportunity to learn and grow. As our students prepare for their Semester III internship, they will have the opportunity to spend a long period of time in a school and closely experience the role of a teacher. Practice teaching is not just about completing lessons and assignments, it is about understanding children, working with teachers, and learning how a school functions every day.

Teaching is much more than explaining a subject. Some days will be easy, while others may be challenging. There may be moments when you feel confident and moments when you feel uncertain. But every experience will teach you something valuable and help you grow as a future teacher. At the same time, this journey will help you understand yourself better. You may discover strengths that you did not know you had and learn important lessons from the challenges you face. Every small success and every difficulty will contribute to your personal and professional growth. During your internship, you will also learn the importance of patience, teamwork, and responsibility. You will observe different teaching styles, interact with students from diverse backgrounds, and discover new ways of making learning meaningful. These experiences will help you become more confident and prepared for your future role as an educator.

A new academic year is a time to build confidence, develop patience, and take care of our mental and physical well-being. When our minds and hearts are healthy, we are better prepared to learn and to help others learn.

As you begin this new academic year and prepare for your internship, remember that every lesson you teach, every child you meet, and every challenge you face will shape you into the teacher you wish to become.

Wishing all our students a successful and enriching academic year ahead.



FACULTY ACHIEVEMENTS

- Dr. Reni Francis conducted a session on “Teaching Hearts before Minds” for teachers of St. Charles School, Vakola.



- Dr. Reni Francis conducted a session on “Planning seeds of change” for the teachers of Mount Mary Convent High School, Bandra.



Sem III Orientation

On June 15, 2026, MES Pillai College of Education and Research organized a Semester III orientation for second-year B.Ed. students, guided by Ms. Achala Bhor. The session introduced three core theory papers: Assessment for Learning, Pedagogy of School Subject Two, and Language Across Curriculum. Students were briefed on the complete evaluation structure, which includes external exams and internal components like regular assignments and tests. Vital guidance was also provided regarding the upcoming internship, Action Research projects, and mandatory Evaluation Workshops. The informative program successfully cleared academic doubts, effectively preparing and motivating students to approach the semester with diligence.

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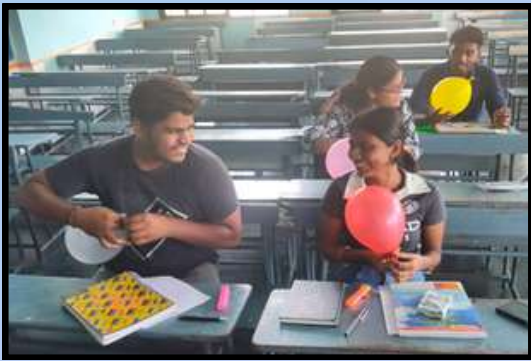


EHSAAAS Series

E-EMOTIONAL WELLBEING STRESS MANAGEMENT



A Stress Management Session was conducted for S.Y. and T.Y. BBA students on Thursday, 18th June 2026, by Dr. Vithoba Sawant. The session focused on understanding stress, its causes, and effective techniques to manage it in daily life. Students actively participated in engaging activities, including a True/False quiz, maths calculation exercise, strengths and weaknesses reflection, and a balloon activity, which demonstrated practical stress-relief strategies. The session also emphasized emotional regulation, positive thinking, and resilience. The interactive programme was informative and inspiring, equipping students with practical skills to enhance their mental well-being and effectively manage stress.



H- HOLISTIC DEVELOPMENT PERSONALITY DEVELOPMENT

A personality development session titled "Building a Personality That Stands Out" was conducted by Ms. Surekha Chidambaranath for the BBA students to emphasize the importance of communication, confidence, emotional intelligence, adaptability, and leadership in today's professional world. Through interactive discussions, role plays, and the engaging "Airport Challenge" activity, students experienced how personality influences first impressions and career opportunities. They also reflected on their strengths and identified areas for personal growth through a self-assessment exercise. The session concluded with a 7-Day Personality Growth Challenge, encouraging students to develop one key personality skill through consistent daily practice. The session inspired students to recognize that personality development is a continuous journey of self-awareness, positive attitude, and lifelong learning.





INTERNATIONAL YOGA DAY



PCER Chembur in collaboration with Soroptimist India Bombay Chembur (SIBC) celebrated International Yoga Day on 20th June 2026 with a special yoga session conducted by alumna Ms. Siddhi Pathak, assisted by Ms. Riddhi Maru. The programme began with a prayer and highlighted the importance of yoga in promoting physical, mental, and emotional well-being. Students actively participated in warm-up exercises, Pranayama, Yogasanas, and a relaxing Shavasana session while learning their health benefits. Principal Dr. Reni Francis felicitated the resource persons with Tulsi Plants and appreciated their valuable contribution. The session concluded on a positive note, inspiring students to embrace yoga as a part of their daily lives.

Soroptimist International Bombay Chembur (SIBC)
in collaboration with
MES's Pillai College of Education & Research (Autonomous), Chembur
celebrates
International Yoga Day

Date: 20th June 2026
Time: 11a.m.
Venue: Multipurpose Hall,
MES Chembur Campus

*Ms. Siddhi Pathak
Alumna, Batch 2021-2023*

Guidelines for participants:

- Wear comfortable clothing suitable for yoga practice.
- Bring a yoga mat and water bottle.
- Practice on an empty stomach or at least 1 hour after a meal.



S- SKILL BUILDING COMMUNICATION SKILLS



Communication Skills sessions were conducted on Tuesday, 16th June and Friday 19th June by Dr. Reni Francis and Ms. Diandra Pinto. Session one was on understanding the meaning, importance and communication process. Session two was a functional session that included vocabulary and articulation. Students actively participated in a game of Taboo where they have to explain a concept without using taboo words. The students were divided into two groups to play the game. It was an enjoyable experience with students helping each other and reinforcing the rules of the game. Through the game the students got an opportunity to practice their vocabulary, listening, speaking and reading skills.



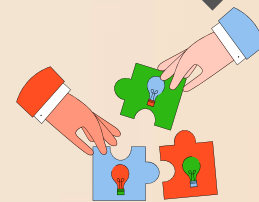
NATIONAL READING DAY



The students of PCER, Chembur commemorated National Reading Day which is observed annually on June 19 to honor P.N. Panicker, the "Father of India's Library Movement". The day promotes literacy, digital reading, and the lifelong habit of reading. There is a month-long reading festival that will extend into July with the students and teachers spending time together in the college library reading books of their choice.



A- ACADEMIC EXCELLENCE PROBLEM SOLVING WORKSHOP



On June 17, 2026, an interactive workshop on "Problem Solving and Decision Making Skills" was conducted by Ms. Athira S R for SY and TY BBA students to connect academic learning with real-world corporate skills. Engaged students using practical activities like "Decision-Making Bingo" for encouraging open debates and the "Problem Tree" framework to help them identify root causes over basic symptoms. The session also included a "Dream Startup Pitch" to simulate business funding rounds and a fast-paced "Business Crisis Challenge" to build quick thinking under pressure. The workshop ended with a personal reflection exercise, allowing students to map out actionable solutions for their own academic and professional challenges.



WORKSHOP ON CASE STUDY METHOD

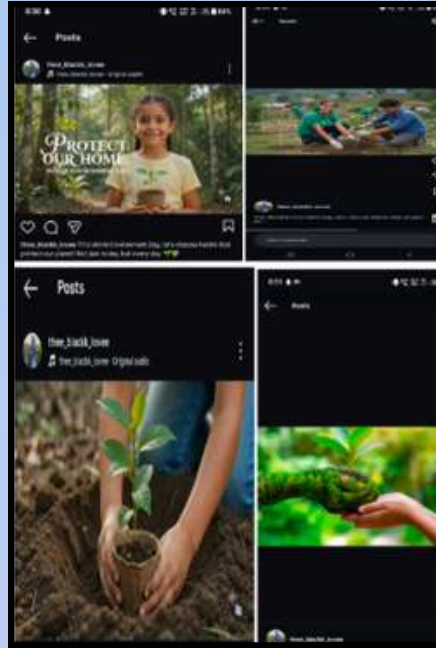


A workshop on the Case Study Method was conducted for the Second Year B.Ed. students as a part of the paper CC4 – Assessment for Learning to familiarize student teachers with the use of case studies as an effective teaching strategy for understanding the psycho-social implications of assessment practices in schools. Students were divided into small groups and provided with different case studies based on the above topics. Each group analysed the case, identified the issues involved, discussed possible consequences, and suggested appropriate measures to address the concerns. The use of the case study method promoted active participation, critical reflection, and deeper understanding of the psycho-social concerns associated with assessment for learning.



A- ACTIVE CITIZENSHIP ENVIRONMENT DAY

MES's Pillai College of Education and Research, Chembur, celebrated World Environment Day 2026 by encouraging students to participate in various eco-friendly activities. Students planted saplings in their neighbourhoods, schools, gardens, and housing societies, created social media videos and reels to spread environmental awareness, and visited places such as botanical gardens, nature parks, and sanctuaries to learn about biodiversity and conservation. They also prepared reflective journals, made useful items from waste materials, developed kitchen gardens at home, and participated in an environmental awareness programme using theatre. Students submitted reports along with photographs of the activities they conducted.



S- SOCIAL RESPONSIBILITY WORLD ELDER ABUSE AWARENESS DAY

On the occasion of World Elder Abuse Awareness Day, students participated in a reflective film review activity aimed at creating awareness about the challenges faced by older adults. Students watched a film of their choice from a curated list of regional, Hindi, and international movies portraying themes of ageing, elder abuse, neglect, and family relationships. They submitted their reviews on Padlet, sharing their insights, reflections, and suggestions for promoting dignity, respect, and compassionate care for the elderly. The activity encouraged empathy, critical thinking, and meaningful discussions on the importance of safeguarding the rights and well-being of senior citizens.



ALUMNI CORNER



Ms. Ruma Saha
Homeroom Teacher of Grade 1
School: NES International School,
Mulund, Mumbai



STUDENT'S CORNER



Ms. Priyanka Panchal
F.Y B.Ed -Roll No. 49
Batch 2025-2027

