

CC1-Childhood and Growing Up Question Bank

Unit 1: Growth and Development of a Child

- a) Meaning and principles of growth and development and its difference.
- b) Stages of growth and development (Later childhood and Adolescence)
- c) Role of school in growth and development of a child.

Essay Questions (10 Marks)

1	Explain the meaning and any five principles of development.
2	“School plays an important role in the growth and development of the child.” Justify the role of school in the growth and development of a child.
3	Elaborate the physical, cognitive and social development during later childhood.
4	Explain the physical, cognitive and social development during adolescence.
5	Explain the role of school in the growth and development of a child.
6	“Adolescence is a period of stress.” Elaborate with reference to the emotional and social characteristics during later childhood.
7	“Later childhood is the period of formation.” Explain with reference to social and emotional development during later childhood.
8	Elaborate the physical and emotional development during adolescence.
9	Illustrate the concept and principles of growth and development.
10	“The school is not merely a centre for academic learning but a crucial agency for the holistic development of a child's personality." Justify with reference to the role of the school in the growth and development of a child.

Short Notes (5 marks)

1	Differentiate between growth and development
2	Any five principles of development
3	Any five roles of school in growth and development of a child.
4	Concept of growth and development
5	Any five physical characteristics of later childhood

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6	Any five cognitive characteristics of later childhood
7	Any five emotional characteristics of later childhood
8	Any five physical characteristics of adolescence
9	Any five cognitive characteristics of later adolescence
10	Any five emotional characteristics of later adolescence

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Unit 2: Developmental Process	
a) Genetic background and development.	
b) Trends in development (Developmental direction, Differentiation, and integration and Cumulative influence)	
c) Maturation	
Essay Questions (10 Marks)	
1	Explain the genetic background and development.
2	Explain any two trends in child development.
3	Explain the relationship between maturation and learning.
4	“Learning is possible only when a certain stage of maturation is attained.” Justify with reference to the concept and importance of maturation.
5	“Adolescence is a period of stress.” Elaborate with reference to the physical, emotional and social development of adolescence.
6	Explain the impact of growth genetic background on child development.
7	Explain the concept of maturation with its educational implication.
8	“Learning depends on maturation.” Justify with reference to the concept and importance of maturation.
9	Explain the impact of genetic background on the development of a child with the help of two research studies.
10	‘Maturation and learning are inter-related.’ Justify the statement with reference to the characteristics and educational implications of maturation.

Short Notes (5 marks)	
1	Any five importance of maturation
2	Any two impacts of maturation on learning.
3	Concept of maturation
4	Any five impact of heredity and environment on development
5	Concept of developmental direction

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Unit 3: Context of Development:

- a) Child Development as a multidimensional concept within a pluralistic society (physical, emotional, and Social)
- b) Impact of different parenting styles on child development (4)
- c) Child development in socio-cultural context: Interplay of poverty, caste, gender and tribal communities.

Essay Questions (10 Marks)

1	“Parenting style has a significant impact on child development.” Explain the statement with reference to any two parenting styles.
2	Explain the physical and emotional development of the child within pluralistic society.
3	“Socio-cultural context has a critical influence on child development.” Elucidate with the reference to poverty and gender.
4	“Caste and tribal community play a crucial role in child development.” Justify with reference to caste and tribal communities.
5	Explain the authoritarian and permissive parenting styles with respect to their characteristics and impact on child development.
6	Explain the characteristics and impact of any two parenting styles.
7	Explain the effects of poverty on the development of a child
8	Explain the effects of gender and caste discrimination on child development.
9	Explain the emotional and social development of the child within pluralistic society
10	“Poverty acts as a major barrier to optimal childhood development.” Justify with reference to the impact of poverty on child development.

Short Notes (5 marks)

1	Any five impacts of the caste system on child development
2	Any five importance of maturation
3	Impact of any one parenting style on child development
4	Impact of poverty of child development in social cultural context

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5	Emotional development of child in a pluralistic society
6	Impact of authoritative parenting style on child development
7	Impact of authoritarian parenting style on child development
8	Impact of permissive parenting style on child development
9	Impact of uninvolved parenting style on child development
10	Social development of child in a pluralistic society

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Unit 4: Methods and Approaches of Studying Human Development

a) Methods: Observation (Participatory and Non-Participatory)

b) Experimental & Clinical.

c) Approaches: Cross-sectional, cross-cultural, and longitudinal.

Essay Questions (10 Marks)

1	Illustrate the clinical method of studying human development.
2	“A cross-sectional approach facilitates the study of child development.” Illustrate with reference to cross-sectional and cross-cultural approaches.
3	Explain the process of clinical methods.
4	Elaborate the concept and process of the observation method.
5	“Experimental method is a scientific method to study human development.” Explain with reference to the experimental method.
6	Elaborate the experimental method with its procedure and merits.
7	Illustrate the use of a cross-sectional and cross-cultural approach in an educational institution.
8	Explain the process and demerits of clinical method
9	Illustrate the steps of the experimental method.
10	Elucidate the three approaches of studying human development.

Short Notes (5 marks)

1	Any five merits of clinical method
2	Differentiate between participatory and non-participatory observation methods.
3	Any five merits of observation method
4	Any five merits of clinical method
5	Any five advantages of of observation method
6	Any five advantages of experimental method
7	Concept of cross-sectional and cross-cultural approaches of studying human

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	development.
8	Any five characteristics of the experimental method of studying human development
9	Any five characteristics of the clinical method of studying human development
10	Concept of the longitudinal approach of studying human development.

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Unit 5: Theoretical Perspectives:

- a) Piaget’s Theory of cognitive development.
- b) Kohlberg’s & Erickson’s theory
- c) Urie Bronfenbrenner theory on Ecological System

Essay Questions (10 Marks)

1	Elucidate Piaget’s theory of cognitive development.
2	Explain Kohlberg's theory of moral development.
3	Elaborate Urie Bronfenbrenner's theory of ecological systems.
4	Elucidate Erickson’s theory of psychosocial development.
5	“Children construct an understanding of the world around them, then experience discrepancies between what they already know and what they discover in their environment.” Justify with reference to Piaget’s theory of cognitive development.
6	“An individual's moral reasoning progresses through a series of universal, sequential stages as they confront moral dilemmas.” Justify with reference to Kohlberg’s Theory of Moral Development."
7	“An individual's identity and social self evolve through a series of universal, life-stage crises from infancy to late adulthood.” Justify with reference to Erikson’s Theory of Psychosocial Development."
8	“A child's development cannot be understood without looking at the entire ecosystem of their life.” Justify with reference to Urie Bronfenbrenner's ecological systems theory.
9	Explain Piaget’s theory of cognitive development and its educational implications.
10	Explain Erickson’s theory of psychosocial development and its education implications.

Short Notes (5 marks)

1	Any five educational implications of cognitive development theory
2	Any two environmental systems
3	Stages of Piaget’s theory of cognitive development

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4	Any two stages of moral development theory
5	Any five educational implications of Kohlberg's theory
6	Any five educational implications of psychosocial development theory.
7	Any two stages of Erickson's theory.
8	Pre-conventional stage of Kohlberg's theory.
9	Post-conventional stage of Kohlberg's theory
10	Any four stages of Erickson's psychosocial development theory.

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Unit 6: Self and Emotions

a) Formation of self (Self-concept, self-esteem, Self-efficacy)

b) Emotions: Goleman's Theory of Emotional Intelligence

c) Identity crisis- Marcian Theory

Essay Questions (10 Marks)

1	“Self-esteem and self-efficacy play a significant role in the formation of self.” Justify with reference to the concept of self-esteem and self-efficacy.
2	Elaborate Goleman's theory of emotional intelligence.
3	Illustrate Marcia's theory of identity crisis.
4	“Emotional intelligence is key to success in life.” Justify with reference to emotional intelligence theory.
5	“Self-concept and self-esteem play a significant role in the formation of self.” Elaborate with reference to the concept of self-concept and self-esteem.
6	“Managing emotions is as important as understanding them.” Justify with reference to Goleman's Theory of Emotional Intelligence."
7	“Self-concept and self-efficacy are foundational to how an individual perceives their own capabilities and worth.” Justify with reference to the concepts of self-concept and self-efficacy.
8	Explain the educational implications of Goleman's theory of emotional intelligence.
9	Explain Goleman's theory of emotional intelligence and its educational implication.
10	Explain ways of developing self-efficacy and self-esteem in students.

Short Notes (5 marks)

1	Concept of Self-concept
2	Any five educational implications of self-concept
3	Concept of self-esteem
4	Educational implications of self-esteem

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5	Concept of self-efficacy
6	Educational implications of self-efficacy
7	Emotional competencies
8	Any five educational implications of emotional intelligence theory
9	Any five educational implications of Marcian theory
10	Difference between self-concept and self-esteem