



MAHATMA EDUCATION SOCIETY'S  
**PILLAI COLLEGE OF EDUCATION & RESEARCH(Autonomous)**  
CHEMBUR

NAAC Accredited 2023 'A' Grade - 4th Cycle CGPA: 3.13

*'Sustainable Goals...Sustainable Future'*



## HORIZON

### Principal's Message



#### DR. RENI FRANCIS

As we welcome the arrival of June and the first showers of monsoon in Mumbai, we are also stepping into a brand-new academic year filled with hope, opportunities, and the promise of meaningful learning. June always marks a symbolic moment of renewal and reflection—a time to pause, breathe, and prepare ourselves for the journey ahead.

At Pillai College of Education and Research, Chembur, we believe that education is not confined to the classroom; it is a dynamic, evolving process that encompasses academic growth, emotional intelligence, critical thinking, and an ethical outlook. With this spirit, I extend a heartfelt welcome to our students and offer my deepest appreciation to our dedicated faculty members who continue to nurture a culture of excellence and compassion.

For our new learners, this is the beginning of a transformative chapter. You are not just stepping into a noble profession—you are stepping into a vocation that carries immense social responsibility. The foundation you build today will shape the learners you influence tomorrow.

As we begin the year, let us take time to reflect on what it means to be an educator in the 21st century. We live in times of rapid change, and as future teachers, your role is not only to impart knowledge but to foster curiosity, creativity, and care. Education must now become a bridge—between generations, communities, and disciplines.

As we reflect and prepare to grow, I leave you with a motivational mnemonic to guide your journey:

**GROW**

**G** – Gather wisdom with humility

**R** – Reflect on your learning and your learners

**O** – Open your mind to new possibilities

**W** – Walk the path with purpose and passion

Let this be a year where you **GROW** as educators and individuals—rooted in values, driven by vision.

This month, let's sow the seeds of thoughtful action, empathetic engagement, and enduring learning.

Wishing you all a refreshing, inspiring start to the academic year.



## JUNE 2025 HORIZON



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  - A - International Day of Yoga
  - S - Internship Preparation
5. Alumni Corner
6. Students Corner

### TEACHER EDITORS

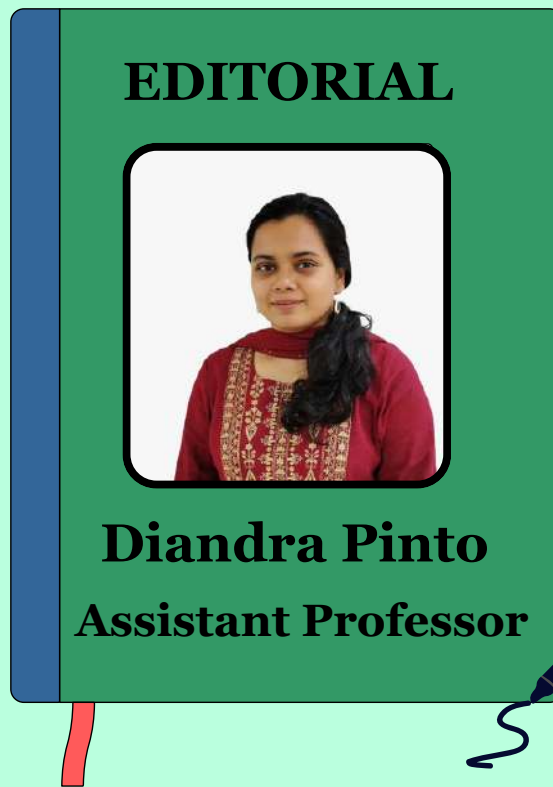
**Dr. Reni Francis (Principal)**  
**Dr. Jaya Cherian**  
**Ms. Achala Bhor**  
**Ms. Diandra Pinto**  
**Ms. Surekha Chidambaranath**  
**Dr. Vithoba Sawant**  
**Ms. Athira S. R.**



### STUDENT EDITOR

**Agnes Michael**





**As students gear up for their school internships, it's a time to reflect on the kind of teachers we had, and the kind of teachers we would like to become.**

**For many student teachers, the experience of their school lives greatly shapes their outlook to their profession. It is said that we teach as we were taught. And this is something that is seen time and again when observing lesson presentations during the school internships.**

**Students' approaches to classroom management almost always is a result of their own experiences during their school life. As much as teacher educators try to provide effective strategies, when under pressure, we always revert to behaviours that are most comfortable and known to us. More often than not, that involves old outdated modes of maintaining discipline in classrooms. One cannot out run years of observing teachers bang dusters and scales on the table to silence classrooms. Awareness of this behaviour is the first step to attempting to change these old dysfunctional patterns of behaviour.**

**Failing to plan is planning to fail. Whether practising and preparing for teaching the subject matter or planning and using appropriate classroom management techniques, it is imperative that student teachers give themselves the best advantage. That best advantage comes from practising a lesson as many times as possible.**

**Wishing all FY students an engaging, exciting and fruitful internship experience filled with memorable learning experiences!**

# FACULTY ACHIEVEMENTS

**Dr. Reni Francis, Principal of MES's PCER Chembur took various sessions for teachers from different institutions.**



- On 5th June 2025, Dr. Reni Francis conducted a session for the teachers at MES's HOCL School, Rasayani on the topic 'Teacher's Role in Classroom'

- On 10th June 2025 and 12th June 2025, Dr. Reni Francis conducted the Faculty Development Program for teachers of Mumbai Pradesh Arya Vidya Sabha's Gurukul Educational Institutions on the topics of Transforming Evaluations using Revised Bloom's Taxonomy and Teaching 360 Degree



- Dr. Reni was also the Resource Person for the 3rd Online Faculty Induction Programme [FIP]—GURU-DAKSHTA, organised by MMTTC-SRCC under the Malaviya Mission Teacher Training Programme (MMTTP), Ministry of Education, Government of India. She took a session on Academic Integrity on 24th June 2025.





# KHAS SERIES



## K - World Environment Day

MES's Pillai College of Education and Research, Chembur, along with Soroptimist

International Bombay Chembur (SIBC), celebrated World Environment Day on 5th June 2025 with excitement and a sense of responsibility. Various activities were conducted as part of the Environment Day celebration. As part of a Value-Added Course on Environment Day, a curated series of educational and inspirational videos was shared in Google Classroom. Students were encouraged to observe and reflect on the content, gaining deeper insight into environmental sustainability, climate change, afforestation, and responsibility in protecting the environment. Each student was instructed to plant a tree or sapling either at home, in their community, or in any accessible green space. They also had to take a photo while planting or after planting and upload it using a Google Form. This celebration helped raise awareness among student teachers about the environment and student teachers were motivated to care for the planet and become role models for their future students. All the activities were aligned with SDG 13: Climate Action, SDG 15: Life on Land, and SDG 4: Quality Education.

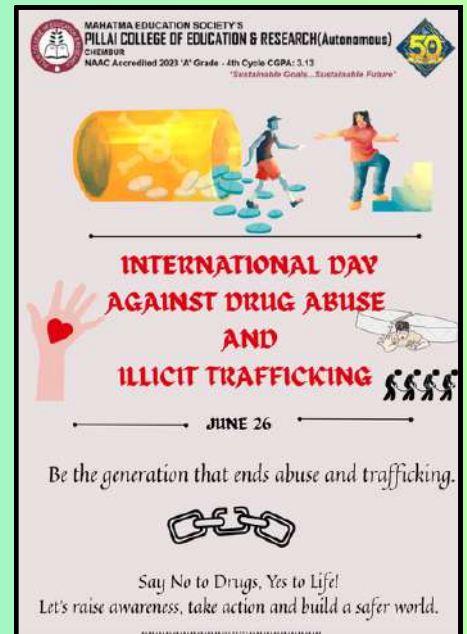


# SAVE the PLANET



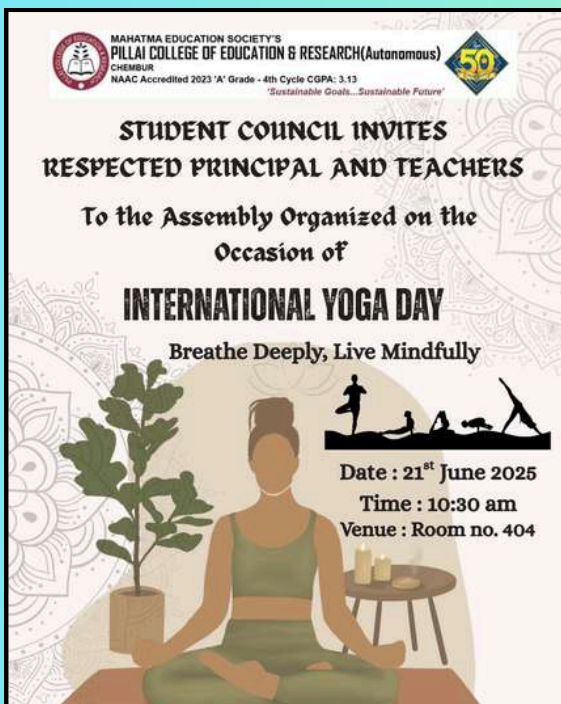
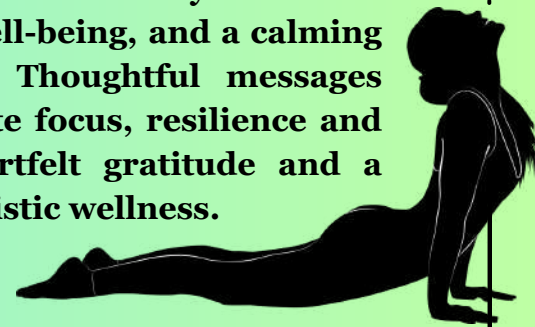
# H - International Day Against Drug Abuse and Illicit Trafficking

MES's Pillai College of Education and Research (PCER), Chembur observed the International Day Against Drug Abuse and Illicit Trafficking by launching a series of creative activities aimed at raising awareness about the dangers of substance abuse and illicit trade. Students were invited to design digital posters, short reels, poems and personal reflections on themes such as Say No to Drugs and Stop Illicit Trafficking. The initiative encouraged learners to reflect deeply on their role as educators and responsible citizens committed to positive change. The activities provided an opportunity for students to engage thoughtfully with this critical social issue.



# A - International Day of Yoga

21st June, International Yoga Day 2025 was celebrated with purpose and positivity at MES's Pillai College of Education and Research, Chembur, under the theme "Breathe Deeply, Live Mindfully." The assembly combined soulful prayer, inspiring reflections on health and well-being, and a calming Pranayama session led by Ms. Saloni Prajapati. Thoughtful messages highlighted how yoga empowers teachers to cultivate focus, resilience and emotional balance. The day concluded with heartfelt gratitude and a powerful call to embrace yoga as a lifelong path to holistic wellness.



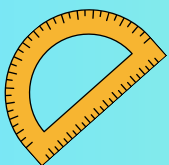
*With every breath and gentle movement, we embraced calmness, focus and inner strength - Pranayama in practice, peace in progress.*



## S - Internship Preparation



Students were oriented in detail on their roles and responsibilities in the internship schools. They also had practice lessons in peer groups. Students practiced in peer groups and were given detailed feedback on what they needed to improve. Students were also given detailed instructions and taught important classroom management skills and teaching skills.





## ALUMNI CORNER

**Melvin Varghese Chacko**

**Alumni, Batch 2022-26**

**Teacher, Chhabildas English High School**

**There are moments when words feel too small to hold the weight of sorrow.  
The recent tragedy at Pahalgam, Kashmir, has left scars on hearts near and far. Innocent lives – workers, guides, mothers, visitors – were lost to senseless violence. Today, through this poem, we remember them.**

**We mourn with the valley, and we carry their stories forward – in our voices, in our prayers, and in our promise never to forget.**

**Whispers Over Pahalgam**

**The Lidder river runs heavy now,  
no longer with songs of children,  
or the laughter of shawl-sellers weaving dreams at the bazaars,  
but with the cries of a valley mourning its own.**

**Pahalgam – the village of shepherds,  
the land where horses carry promises across pine-scented trails –  
witnessed today a cruelty  
that even the snow refused to cover.**

**The morning began with tea boiling on stoves,  
with prayers whispered before work,  
with children pressing faces to frosted windows –  
dreaming of the warmth of a day's honesty.  
But by noon, the sky cracked open –  
and bullets rained where petals once fell.**

**Tourists who had come to marvel at Aru's glaciers,  
to dip fingers into the Lidder's rushing silver,  
fell – strangers in a land that had embraced them,  
their cameras and smiles crushed under the sudden weight of terror.**

**A local guide, boots muddy from a life of leading others through paradise,  
tried to shield a family he did not even know.**

**He died with their names still on his lips.**

**A woman — a mother of two —  
who stitched Pahalgam's stories into every shawl she sold,  
lies now under a white sheet,  
threads of her life cut too soon.**

**Young dreamers, laborers from villages nearby,  
who had walked miles for work,  
now sleep a sleep too still,  
their hopes abandoned on blood-stained stones.**

**And the marketplace —  
that once smelled of kahwa and roasted corn —  
stands frozen, shutters pulled down like closed eyelids  
too afraid to witness the brokenness again.**

**The mountains, helpless,  
watched as sons were lifted by trembling hands,  
and daughters cried rivers that the Lidder could not contain.**

**Pahalgam, your green pastures are drenched not in dew today,  
but in the anguish of fathers who have no graves yet to visit,  
of mothers who have no lullabies left to sing.**

**In every cracked window,  
in every house where the fire has gone cold,  
the silence howls louder than any storm.**

**Yet, hear this —  
your people, battered but not broken,  
will light candles where blood was spilled.  
They will chant peace where hatred cracked open the sky.**

**The river will remember every name —  
not as victims,  
but as stars stolen too soon,  
whose memory will ripple  
across generations of a Kashmir still dreaming of dawn.**

**We will not forget —  
not the dreams left unfinished,  
nor the innocence stolen mid-breath.**

**We mourn with you, Pahalgam.  
And we promise —  
your wounds will be sung into history  
as scars of strength, not surrender.**

## STUDENT'S CORNER



**Anusha Murugan**  
F. Y. B.ED

### **Tamil – The Soul of Our Identity**

**Tamil is strong, old, and bright,  
A language that shines like light.  
Spoken for years, yet fresh today,  
It will never fade away.**

**Every word is sweet and pure,  
With deep meaning, rich and sure.  
From old poems to modern lines,  
Its beauty forever shines.**

**Oldest of all, yet young and free,  
A language of pride for you and me.  
Through time and change, it stands so tall,  
A language that unites us all.**

**Proud to be Tamilan, with love so deep,  
With Tamil in soul, our legacy we keep!**

