

## HORIZON

### PRINCIPAL'S MESSAGE

Welcome June!!!

We all look forward to June for many reasons - rains, reopening of schools, rejuvenated self and reforms.

As a teacher we are ready to begin the new academic journey with renewed ideas, plans and initiatives. As the month of June flags, international and national days of celebrations and commemorations also set in.



DR. RENI FRANCIS

We begin with Environment Day followed by Yoga Day. As teachers we often think why should we celebrate these days? Is it an additional task to be done? We are a country that strongly believes in transmitting culture and traditions, by celebrating the important days we are spreading the word of awareness and observance. It is important for our young generation to do so, that will make them more responsible for the future.

At PCER, Chembur we believe in transmitting the same to our students and further they will spread the message in the school.

As teachers we begin our new academic journey for the forthcoming year, there is a lot of hope and aspiration that we look forward to rekindling in our classroom. Let's take this step through the process of IDEA in the classroom.

I - Interact

D - Discuss

E - Explore

A - Accept

Interact with students and peers to encourage communication and emancipation

Discuss with students and peers of possibilities, concerns and learnings

Explore with students and peers of new avenues to learning

Accept the diversity among students and make possible learning interventions to make learning more enjoyable and effective.

As we step forward let us make this IDEA change the way we look at things. एक आईडिया आपकी ज़िन्दगी बदल देगी (one idea will change your life).



# Highlights of the Month

- 1. Principal's Message
- 2. Editorial
- 3. Faculty Achievements
- 4. Environment Day
- 5. Yoga Day
- 6. Practice Teaching Orientation
- 7. Teaching Aids Workshop
- 8. International Day against Drug Abuse and Illicit Trafficking
- 9. Bakri-Eid Assembly
- 10. Classifieds
- 11. Alumni Corner
- 12. Student Corner

#### **TEACHER EDITORS**

**STUDENT EDITORS** 

Dr. Reni Francis (Principal)

Dr. Jaya Cherian

Mr. Rajendra Deshmukh

Ms. Achala Bhor

Ms. Diandra Pinto

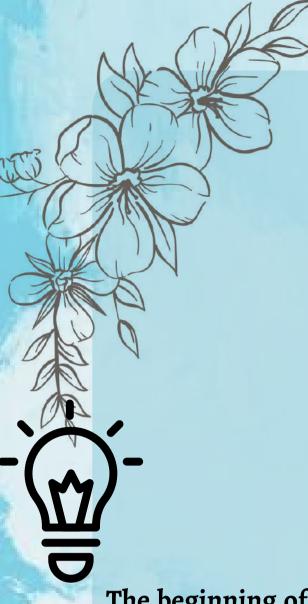
Ms. Surekha Chidambaranath

Dr. Vithoba Sawant

Ms. Athira S. R.

Ms. Rhyma Dsouza

Ms. Sriveni Anjala

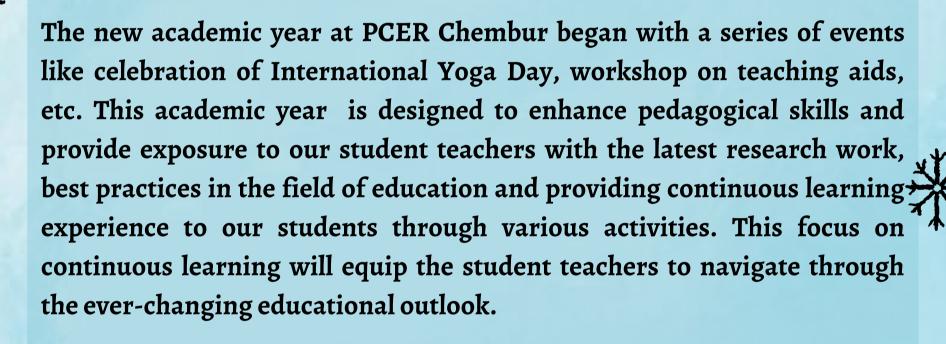


#### **EDITORIAL**





The beginning of an academic year is a time of enthusiasm, and renewed commitment to shaping future teachers. As an esteemed institution dedicated to nurturing future teachers, PCER, Chembur aims to provide a comprehensive learning experience ensuring a supportive and empowering environment and also to prepare for becoming competent and compassionate educators.



With the beginning of the new academic year the students of PCER, Chembur embark on a journey of self-discovery, preparing them to become influential teachers who will make a positive impact on the lives of countless learners with enthusiasm and determination. Our college thus strives to create a vibrant and nurturing environment for the student teachers through various activities including academic programs, workshops, collaborative learning opportunities such as seminars and conferences,



By creating a welcoming and supportive environment, and focusing on professional development our college has set the stage for a successful and fulfilling academic year. Thus, promising the student teachers to provide a holistic learning experience and empower them to become aspiring teachers.







#### **FACULTY ACHIEVEMENTS**



Dr. Reni Francis conducted a Teacher Orientation Session at St. Anthony's Girls High School, Chembur on 13th June, 2023.



Dr. Reni Francis was a Resource Person for the MOOC short-term course on 'Guidance and Counselling' conducted during 20-27 June 2023 jointly organised by Inter University Centre for Disability Studies (IUCDS), MG University, Kottayam & ISS College of Teacher Education, Perinthalmanna In Collaboration With Farook Training College, Kozhikode & Gandhi Shikshan Bhavan's Smt. Surajba College of Education, Mumbai and developed an e-content module on the topic 'Tools and Techniques of Counselling'.





#### **ENVIRONMENT DAY**

## E-WASTE MANAGEMENT SESSION ON THE OCCASION OF WORLD ENVIRONMENT DAY 2023

On June 5th, 2023, PCER Chembur organized a session on E-waste Management led by Ms. Kalpana Andhare from Mukti Stree Sanghatana. She discussed the environmental impact of urbanization and modernization, emphasizing the production of non-biodegradable materials and its pollution consequences.





Ms. Andhare also highlighted e-waste management challenges in India and proposed the adoption of the 5R principle: Refuse, Reduce, Reuse, Recover, and Recycle. She stressed the significance of waste segregation at the source for effective waste management.

#### **BEACH CLEANLINESS DRIVE**

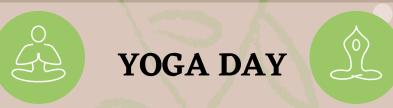
On 5th June 2023, Pillai College of Education and Research, Chembur, organized a Beach Cleanliness Drive in collaboration with Stree Mukti Sanghatana and United Way of Mumbai to celeberate World Oceans Day. The event at Dadar beach, near Kirti College aimed to raise awareness about ocean conservation. Students cleaned the beach, collecting and segregating different types of waste, highlighting the importance of cleanliness.





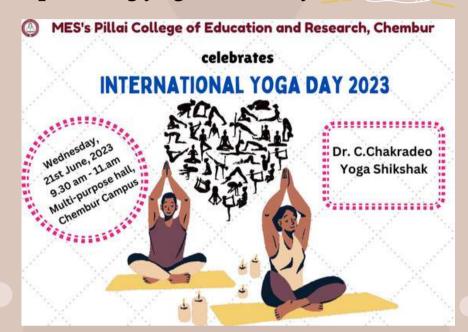






PCER Chembur held a special session on International Yoga Day, June 21st, 2023. The session was open to FY students and faculty members. Dr. Chandrashekhar Chakradeo, Principal of Chembur Sarvankash Shikshanshatra Mahavidyalaya, conducted a live yoga practice session. With his expertise in Yoga, he explained its importance and incredible benefits for the body, mind, and spirit.

The campus was filled with enthusiasm as students, faculty, and the principal gathered to celebrate this global event promoting yoga. The session showcased different asanas and yoga postures, emphasizing the importance of incorporating yoga into daily life for overall well-being.









#### PRACTICE TEACHING ORIENTATION

Dr. Vithoba Sawant conducted an orientation for F.Y.B.Ed. Sem. II on June 21, 2023. He explained the three-week internship, from June 26 to July 15, where students will present lessons in their assigned schools and observe activities. Students were instructed to follow school rules, collect timetables, and distribute units among their peers. Dr. Sawant emphasized the importance of maintaining records and adhering to regulations during the internship period.

#### **TEACHING AIDS WORKSHOP**



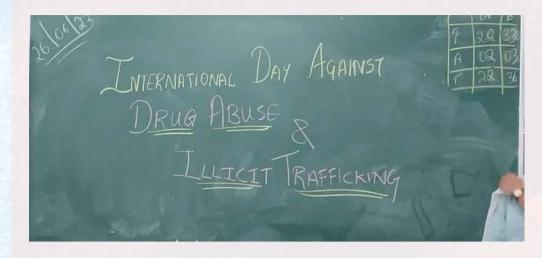
PCER Chembur, in collaboration with the Agastya International Foundation, conducted a 'Teaching Aids Workshop' on June 23, 2023. Led by Mr. Pandurang Jadhav, the workshop aimed to enhance the creativity and confidence of F.Y.B.Ed. student-teachers. It provided hands-on training in creating effective teaching aids for engaging instructional materials. The workshop included demonstrations of activities like explaining atmospheric pressure and the human brain using creative teaching aids.

Interactive games and group activities further enriched the learning experience. The workshop successfully combined theory with practical applications, igniting curiosity and passion among the student-teachers.





### INTERNATIONAL DAY AGAINST DRUG ABUSE AND ILLICIT TRAFFICKING





The global problem of drug abuse is a multifaceted issue impacting millions of individuals worldwide. Those who use drugs often face societal prejudice and unfair treatment, which exacerbates their physical and mental well-being and hinders their access to necessary support. In light of this year's theme, "People first: stop stigma and discrimination, strengthen prevention," PCER in Chembur recognized the importance of raising awareness among adolescents about this serious matter. Consequently, the first-year Bachelor of Education students at PCER, Chembur, organized role plays and skits at their Practice Teaching Schools on June 26th, 2023, targeting 9th and 10th grade students. The students actively engaged with the skits and comprehended the underlying message conveyed by their student teachers. Some even shared personal experiences involving friends and relatives. The school students made a commitment to distance themselves from drugs and ensure the safety of their peers.









## SPECIAL ASSEMBLY BAKRI-EID

MES's Pillai College of Education and Research, Chembur conducted a special assembly on 27th June, 2023 to celebrate Bakra- Eid. The purpose of the assembly was to foster cultural diversity and understanding among the students. The host welcomed everyone with warmth and enthusiasm.



The assembly commenced with a prayer, followed by an inspiring thought of the day. The Sustainable Development Goal No. 02, emphasizing the need to achieve zero hunger and ensure food security for all was also focused during the assembly





A speech was delivered during the assembly, addressing the audience on the significance of the Festival. Overall, the assembly was a huge success ,the assembly promoted cultural diversity and unity among the students and staff.

#### **CLASSIFIEDS**



National Education Society for Tribal Students (NESTS), an autonomous organization under Ministry of Tribal Affairs, Government of India, is inviting online applications for the recruitment of the teaching and non-teaching staff for Eklavya Model Residential Schools (EMRSs) across the country. For details visit <a href="https://emrs.tribal.gov.in/">https://emrs.tribal.gov.in/</a>



IQAC of MES's Pillai College of Education & Research, Chembur in collaboration with Council for Educational Administration and Management (CEAM), Kerala organizes INTERNATIONAL HYBRID LEVEL CONFERENCE ON ENABLING EXCELLENCE IN ENTERPRISE EDUCATION. Interested participants contact us on pceriqac@mes.ac.in

#### **ALUMNI CORNER**

#### Youth and Junks...

Today while I was having a chat with my dad, I asked him how people back in his days used to counter the urge to eat something which today rests on our fingertips.



He told me something very profound. In those days, people didn't have many options. They would eat freshly home-cooked meals. If the desire to munch something arose, it would get checked with either fruits, raw vegetables or nuts.

In this day and age, taste has taken the front seat and health has gone into overdrive. We can order momos - made from maida, ice cream - contains too much sugar, pizza - maida again, noodles - maida + trans fat etc. instantly laying on our couch. If we stroll around the town, we would find something or the other that will instill hunger within us. It's actually pleasure that is hiding behind the closet of hunger if we pay close attention.

Now, let's consider that you take me at my word and decide to abstain from the junk. What will happen? Society will drag you to be a part of it! You will be accused of not having a life and spoiling the 'vibe' of the group that you are in.

Quotes like "You live only once" or "Ek din se kya hi ho jaayega?" (What will happen if you eat it only once?) will be used in the wrong context against you which will in turn make you doubt your decision and ultimately shake your will.

Rising globalisation, humongous marketing because of internet penetration, movies and OTTs, taking inspiration from the west without weighing the plus and the minus are the prime reasons behind the shift in society's mindset.

It is not only limited to the food but other aspects as well. Ayurveda and now Science too vouches for the fact that one should sleep before 10 at night. Today, staying up late even beyond midnight is the new cool.

Smoking and drinking have been normalized. No movement has been normalized. Everything I mentioned above has been normalized. And then we ask questions like, "Why are so many youths depressed today?" or "Why are so many young people getting heart attacks?" Guess the answer boils down to the basics. It's sad to admit that we indeed have become a product of our environment.

MELVIN CHACKO
PCER Alumni Batch-2020-22
Teacher, Chabildas English High School (CBSE)



#### **STUDENT CORNER**

### गुरु



गुरु म्हणजे ज्ञानाचे भांडार, गुरु म्हणजे जीवनाचा शिल्पकार गुरु म्हणजे परीस आणि शिष्य म्हणजे लोखंड, गुरु म्हणजे मार्गदर्शनाचा झरा अखंड गुरु म्हणजे अखंड कौतुकाची थाप, गुरु म्हणजे सत्याचे अमर्यादित माप गुरु म्हणजे ज्यामुळे जीवन होते साकार,

गुरु म्हणजे कुंभार जो मडक्याला देतो जो आकार गुरु म्हणजे सगळे रस्ते बंद झाल्यावर दिसणारे एकमेव दार, गुरु म्हणजे जीवनाचे अखंड सार गुरु म्हणजे जो शिकवतो जीवनाचे तंत्र, गुरु म्हणजे वाट चुकल्यावर दिशा दाखवणारे होकायंत्र सर्व गुरून ना समर्पित

-Mamata Kokaje

Aaye hain akele
Jaayenge akele
Aaye hain akele
Jaayenge akele
Raaste mein mile kitne hi raahi
Andhera hote hi sab chod jaate akele
Bheed mein to sab chalte hain
Akele chalne mein hai maza
Bheed mein koi pehchane na
Akele ko koi chede na
Aaye hain akele
Jaayenge akele

- Yanshika Ved Prakash

