



**Mahatma Education Society's
Pillai College of Education and Research**
Chembur
NAAC 'A' Grade

'Sustainable Goals...Sustainable Future'



HORIZON

Principal's Message



Dr. Deni Francis

As we conclude every academic year, we look back and feel satisfied and blessed of the immense successful achievements that we have had during the last year. The success is a reflection of the hard work, zeal, enthusiasm and dedicated efforts by each one who edges out of their comfort zone in embarking on new milestones. PCER Chembur took a huge leap in the academic year 2022-2023 by embracing its achievement in NAAC 4th Cycle with an A grade. This was only possible for the continued efforts by all the stakeholders at every step in taking PCER, Chembur to the next level.

As a 33 year young college, we have always been progressive in our approach. The dynamic and progressive facets in education have brought about a big shift in the teaching, learning and evaluation process. The usual norms of learning are broader and wider. No longer classrooms and teachers the custodian of knowledge, the digital learning spaces have gained prominence too. This just highlights the need of colleges to adapt and adopt the trends in education.

Keeping abreast to the new phases of education, PCER, Chembur aims in providing quality endeavours during the training programme. As we conclude this academic year we look forward to a meaningful and resource filled year ahead.

Best wishes and thank you for the support.

Happy vacations



Highlights of the Month

- **Principal's Message**
- **Editorial**
- **Faculty Achievements**
- **Expert Session: Safety & Health at Work**
- **National Level Online Educational Conference**
- **Gender & Academic Audit**
- **Alumni Corner**
- **Student Corner**

Teacher Editors

Dr. Reni Francis (Principal)

Dr. Jaya Cherian

Mr. Rajendra Deshmukh

Ms. Achala Bhor

Ms. Diandra Pinto

Ms. Surekha Chidambaranath

Dr. Vithoba Sawant

Ms. Athira S. R.

Editorial



Ms. Surekha Chidambaranath
Assistant Professor

Be kind, for everyone you meet is fighting a harder battle. - Plato

Each and every problem that we face in life seems bigger than the earlier one. And dealing with them needs a great amount of patience, strength, agility and persistent. All this comes from within us, but what we expect from others while overcoming our hardships is support and empathy.

Empathy is our feeling of awareness toward other people's emotions and an attempt to understand how they feel. We often desire understanding and compassion from others when facing our own challenges, but we tend to avoid being in the position where we must extend compassion to others.

As educators, we experience moments when the demands of our profession weigh heavily on us, leading to burnout. During such times, we hope for empathy from our students and wish they wouldn't burden us with insignificant problems. However, we often overlook the fact that they too have their own struggles to contend with.

Students could potentially come from families facing difficulties, such as strained relationships, financial hardships, or other challenging circumstances. Additionally, they may be navigating their own adolescent challenges, including heartbreak, depression, peer pressure, substance abuse, obesity, and academic struggles. Even a minor disagreement with their beloved teacher could profoundly affect their mental well-being.

As our S. Y. B.Ed. Batch 2021-2023 prepares to embark on their journey as full-time teachers, we want to emphasize the importance of cultivating empathy and compassion towards your students. It is crucial to recognize that we may not be aware of the internal battles they might be fighting. Additionally, we should teach them the value of empathy. Beyond possessing strong content knowledge and teaching skills, we must also strive to become better mentors, counsellors, and guides for our students. In the words of Carl Rogers, "When someone genuinely listens to you without judgment, without assuming responsibility for you, and without attempting to shape you, it is an incredibly empowering experience."

"Great teachers empathize with kids, respect them, and believe that each one has something special that can be built upon." - Ann Lieberman

Faculty Achievements

- All faculty members attended the National Level Online Educational Conference, organised by the IQAC of MES's Pillai College of Education and Research in collaboration with the All India Association for Educational Research (AIAER), focused on the theme of "Enhancing Quality for a Better Tomorrow."



- Dr. Reni Francis has been appointed as a member of the committee for the B.Ed evaluation process under the Board of Examination and Evaluation, University of Mumbai.



- All faculty members of PCER, Chembur completed the Faculty Enrichment Program on Concerns of Academic Research in Social Sciences conducted from 10th to 16th May 2023.

- Dr. Reni Francis conducted a Training Workshop as a part of the Leadership Programme at Rahul Education Society, Mira Road, for Leaders and Executive Heads on 24th May, 2023.

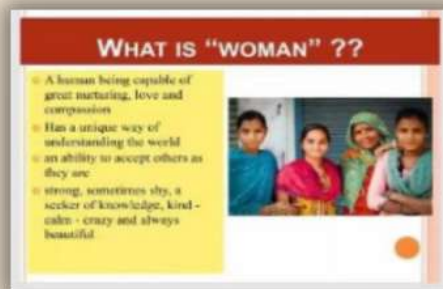


- Dr. Reni Francis was a part of a Panel discussion on 'Safety, Diversity and Inclusion' organised by Red Dot Foundation and spoke on Inclusion and Diversity in College Campuses on 30th May, 2023.

Expert Session Safety & Health at Work



On 1st May, 2023 Mahatma Education Society's Pillai College of Education and Research organised a special session for World Day for Safety and Health at Work. The session featured Dr. Sandhya Khedekar, Principal of Gokhale Education Society's College of Education, Sangamner, as the guest speaker. Dr. Khedekar focused on women's safety and health, discussing the physical, mental, and emotional impact of the workplace on women. She highlighted the progress of women in India and addressed the issue of women's safety, shedding light on various crime cases and factors contributing to women's health concerns. Dr. Khedekar emphasised promoting women's participation without gender discrimination and shared essential self-defence tips to empower individuals for personal safety. The session concluded with a discussion on the impact of self-defence training programs for women. Through this session, students gained a deeper understanding of the significance of safety, health, and self-defence.



National Level Online Educational Conference



The National Level Online Educational Conference, organised by the IQAC of MES's Pillai College of Education and Research in collaboration with the All India Association for Educational Research (AIAER), focused on the theme of "Enhancing Quality for a Better Tomorrow." Esteemed guest speakers, Dr. Sunita Magre and Dr. S. Mani, shared their insights on educational excellence. The conference commenced with traditional rituals and welcoming speeches from the Principal and the chief guest, Dr. Sunia Magre. Dr. S. Mani delivered a keynote speech, emphasising the crucial role of teachers in improving educational quality. He highlighted the importance of accountability among all stakeholders and stressed the need for autonomy and collaboration in the field of education.

The conference concluded with the announcement of awards by Dr. Reni Francis. Mary Sebastian received the Best Progressive Teacher Award, Shiny Jacob was honoured with the Best Educational Innovator Award, and Dr. Sangeetha Nath was recognized as the recipient of the Best Research Practitioner Award. The National Level Online Educational Conference brought together educators and researchers to explore ways to enhance educational quality.



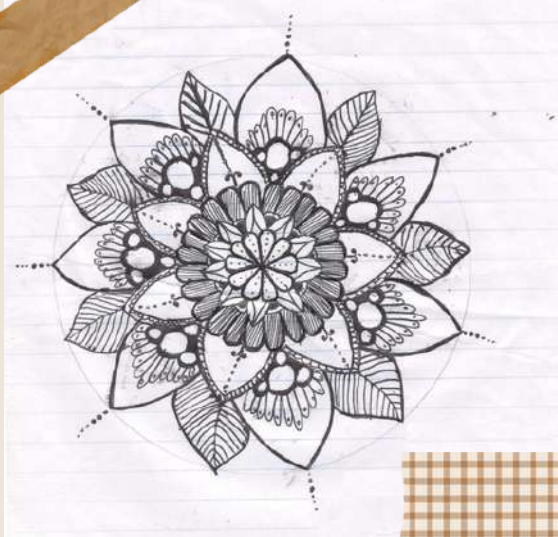
Gender & Academic Audit



Understanding educational institutions, especially higher educational institutions, through a gender lens is essential. The inclusion of a gender equality perspective is considered crucial for implementing a gender mainstreaming strategy, which highlights the systematic pursuit of women's needs and interests in the formulation and implementation of policies and programs. Conducting a gender audit is a valuable tool to evaluate and ensure the institutionalisation of gender equality within organisations. This includes assessing policies, programs, projects, services, structures, procedures, and budgets. On 22nd May, 2023, MES's Pillai College of Education and Research, located in Chembur, successfully completed its gender audit for the year 2022-2023.



Alumni Corner



Ms. Bhakti Sawant
Batch 2020-2022



Student Corner

बदललेली लाईफस्टाईल

बदलत चाललंय आयुष्य वाढलाय सगळीकडे स्पीड,
घट्ट गुंफलेल्या नात्यांची आता कोणालाच राहिली नाही नीड,
कौलारू घरांची रचना आता वाटू लागले ओल्ड फॅशन,
स्वार्थीपणाच्या प्रतिमेला सुचू लागलेत नवीन कॅप्शन,
माठातलं पाणी आता वाटत नाही कुल,
नदी ओढ्यांपेक्षा आता वाढू लागलेत स्विमिंग पूल,
वाहनांच्या हौसे पोटी कमी होतेय वॉकिंग,
प्रत्यक्ष संवाद कमी व्हॉट्सअप वर होतंय भरपूर चॅटिंग,
भाजी भाकरी सुद्धा आता वाटू लागलेय बोअर,
फास्ट फूडच्या जमान्यात पिझ्झा मिळू लागलाय डोअर टू डोअर,
पूर्वीसारखे मैदानातून येत नाहीत खेळ गड्यांचे व्हॉईस ,
कारण आता व्हिडिओ गेम च आहे ज्याचा त्याचा चॉईस ,
काय कळणार आताच्या मुलानं ना चणे, शेंगदाणे आणि लिमलेटच्या गोळीची टेस्ट,
कारण आइस्क्रीम , पेस्ट्री हाच आहे त्यांच्यासाठी फेस्ट ,
वेगळच असायचं तेव्हा चोरून कैऱ्या , चिंचा मिळवायचं श्रील,
बदलत्या जमान्यात आता फक्त वाढत चाललंय बील,
गुणवत्ता घसरते वस्तूंची वाढतेय फक्त कॉस्ट,
स्पर्धेच्या या दुनियेत खरा ज्ञानार्थी होतोय लॉस्ट,
नवी नवरीसुद्धा सध्या गजय्याने व्हायची सॅटिसफाइड,
पालटलय चित्र आता गैरसमजांनी होतायत दोघंही डिव्हाइड,
खरच वाटत पूर्वीसारखे दिवस यावेत रिटर्न,
दुःख चिंता आणि महागाईचा भस्मासुर व्हावा यात बर्न.



Ms. Mamta Kokaje
F. Y. B.Ed Batch 2022-24