



**Mahatma Education Society's
Pillai College of Education and Research**

Chembur

NAAC 'A' Grade

'Sustainable Goals...Sustainable Future'



HORIZON

PRINICIPAL'S MESSAGE



Dr. Reni Francis

With every step that we take we are advancing towards growth and fulfilment. PCER, Chembur had planned a lot of events and activities in March, 2023 and we successfully completed each of them. Technology, Women empowerment and quality sustenance were key aspects that was focussed. We need to foster a feeling of growth among our students through EMPOWER

E- Enhance

M- Mindful

P- Persistent

O - Opportunities towards

W- Welfare

E - Emancipation and

R- Resilience

This will enable them to be self reliant and train the society with coping skills for a better future. As teachers we need to imbibe these skills among our students. Efforts through the curriculum and through various activities was taken. A sense of fulfilment helps in attaining growth and pride. Let us understand each aspect of EMPOWER and work towards achieving the same.

March 2023 Horizon

- 1.Principal's Message**
- 2.Editorial**
- 3.Faculty Achievements and Institutional Update**
- 4.Student Achievements**
- 5.Q-EST Series- Session on Effective Communication Skills for Teachers.**
- 6.Inter-collegiate Fest: FELIZIA**
- 7.Special Assembly- International Women's day, 8th March 2023**
- 8.Donation drive -Sanitary Pad distribution, Women's Day contribution**
- 9.Research Methodology Course 13 march-24 march**
- 10.Expert Talk - International Pi Day, 14th March, 2023**
- 11.Free oral Cancer Screening and dental check-up camp, 21st March**
- 12.Special Assembly- World Water Day and Poetry Day, 22nd March**
- 13.Workshops for science Teachers using Low-Cost Teaching Aids -Training The Teachers**
- 14.Photography Contest- International Day of Happiness**
- 15.First Term Training program of Department of Lifelong learning & Extension (DLLE)**
- 16.Alumni Corner**
- 17.Student Corner**

TEACHER EDITORS

Dr. Reni Francis (Principal)
Dr. Jaya Cherian
Mr. Rajendra Deshmukh
Ms. Achala Bhor
Ms. Diandra Pinto
Ms. Surekha Chidambaranath
Dr. Vithoba Sawant
Ms. Athira S. R.

STUDENT EDITORS

Ms. Sonali Jana
Mr. Deepak Sharma
Mr. Sayed Haider

EDITORIAL



Dr. Vithoba C. Sawant
Asst. Professor
PCER, Chembur

“You must be the change you wish to see in the world.”— Gandhi

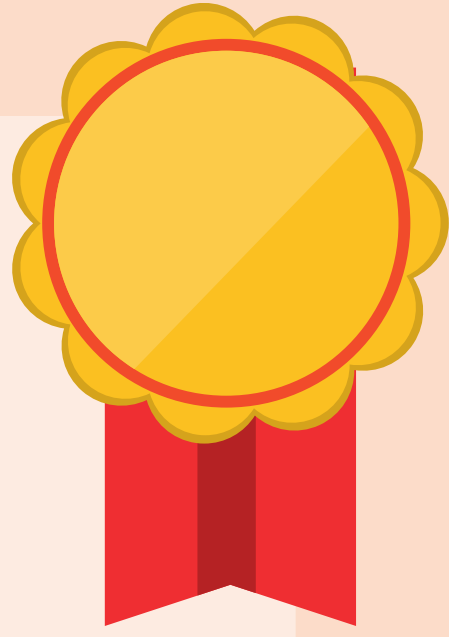
March marks the beginning of a new season, a time of renewal and growth. As the winter season fades away, we look forward to the longer days and warmer weather that spring brings. It is a time to shed the old and welcome the new, to embrace change and the possibilities that come with it.

Moreover, March is a month of observance and commemoration. International Women’s Day is celebrated on 8 th March, which is a reminder of the contributions of women to society and a call to action for gender equality. It is a time to recognize the achievements of women in all fields, including science, politics, arts, and sports, and to advocate for the rights of women around the world. It is also recognized as National Nutrition Month, a time to focus on healthy eating habits and the importance of a balanced diet. It is a time to educate ourselves on the nutrients that our bodies need and to make conscious choices that benefit our health and wellbeing.

March also marks the beginning of spring, a time of renewal and growth. It is a time to embrace change and look forward to the opportunities that lie ahead.

As we move forward into the rest of the year, let us remember the lessons we have learned, the progress we have made, and the work that still needs to be done. Let us continue to support each other, celebrate diversity, and work towards a brighter future for all.

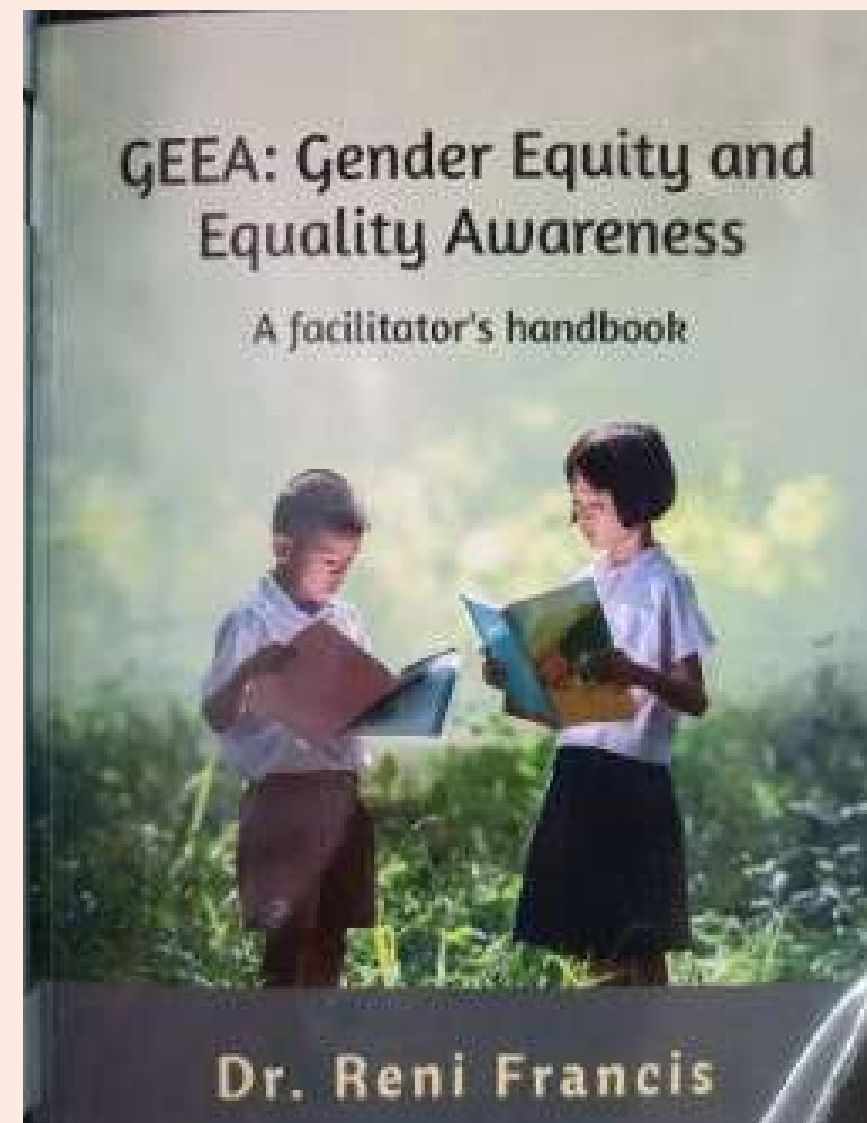
Faculty Achievements



ICON OF INDIA presented the award for Best Principal to Dr. Reni Francis on the Occasion of International Women's Day - 2023.



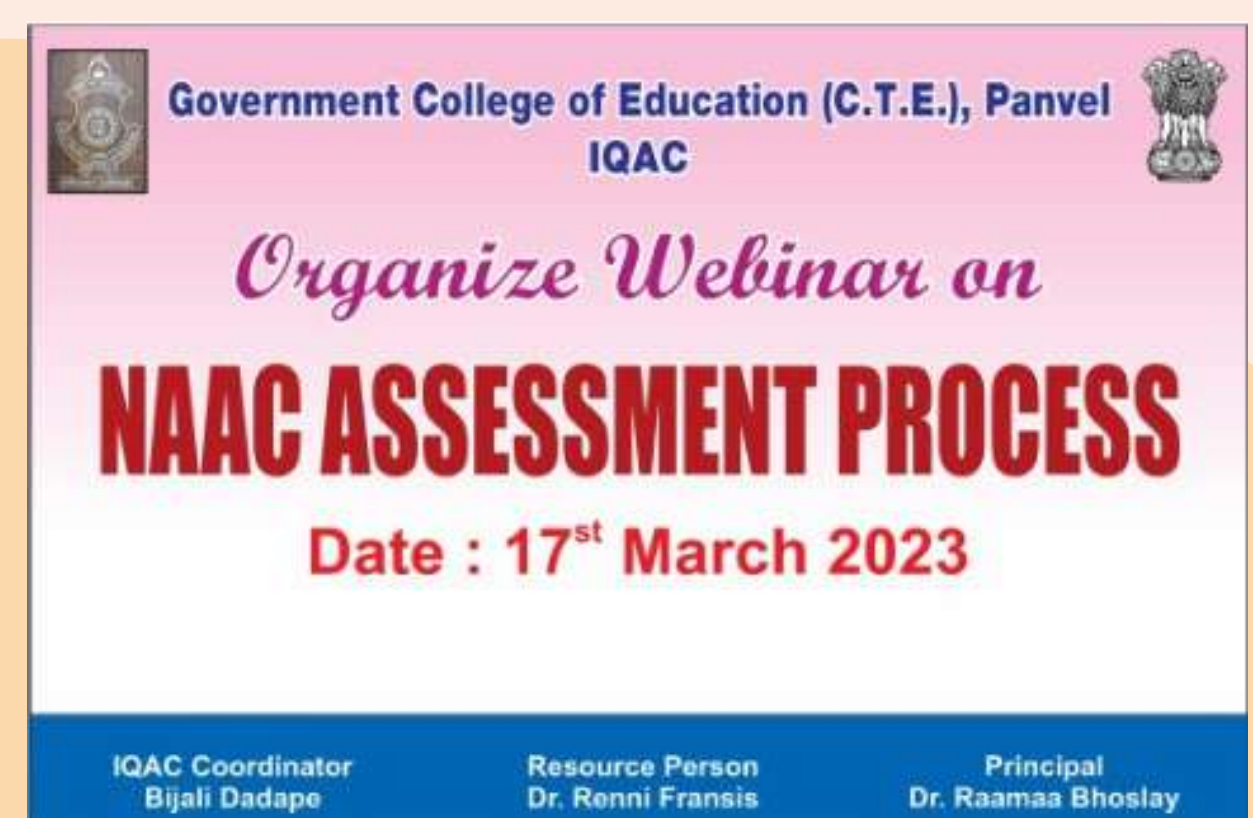
Dr. Reni Francis published a book on Gender Equity and Equality Awareness.



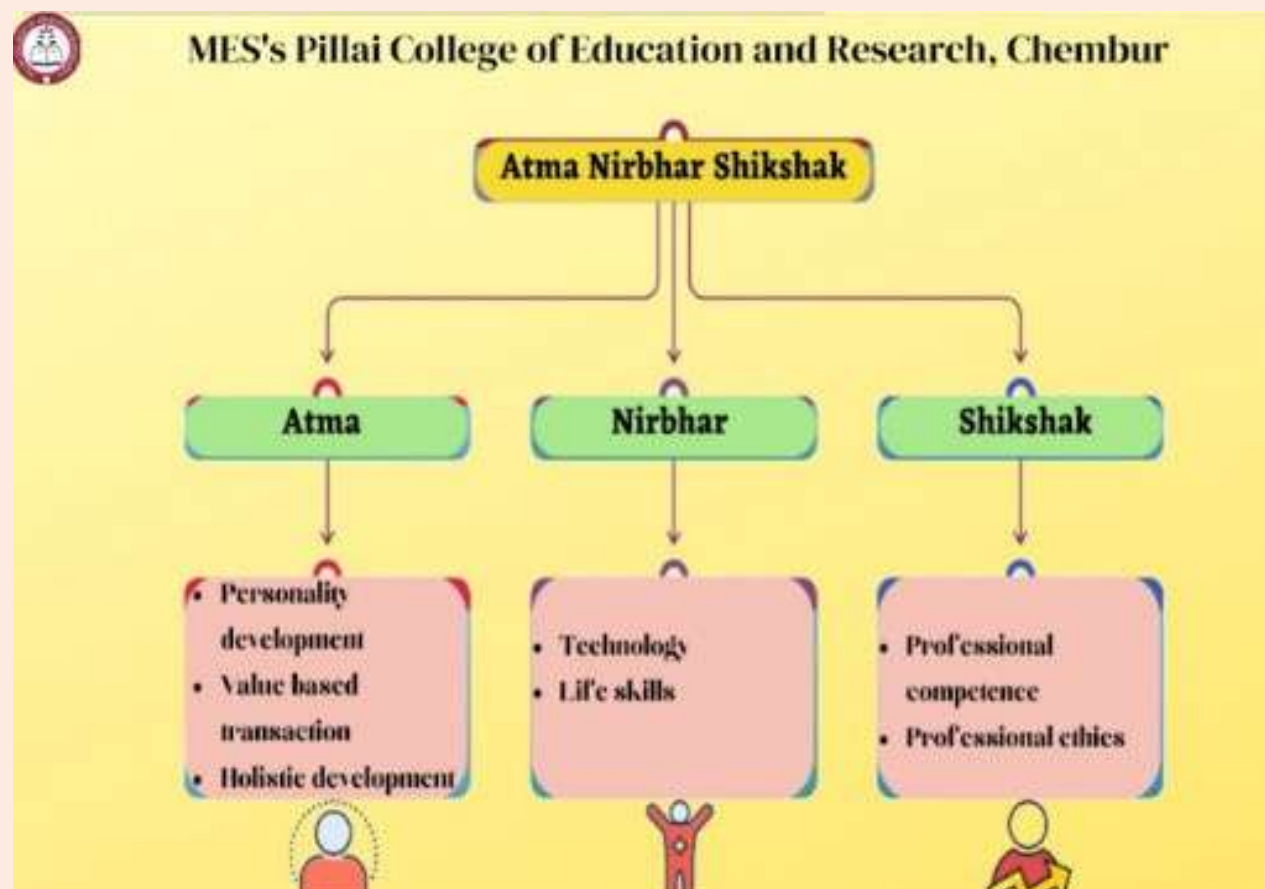
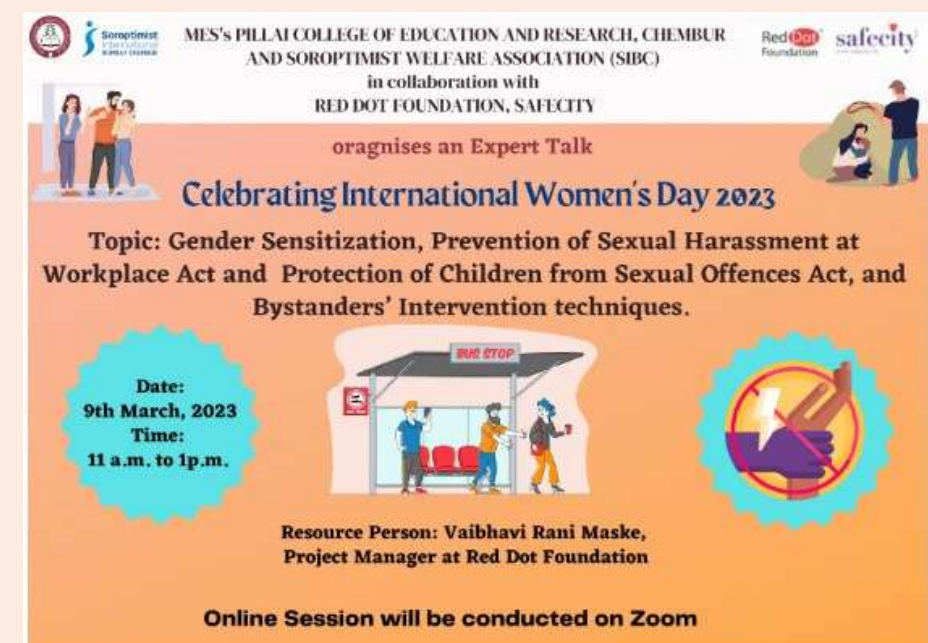
Dr. Reni Francis conducted a session on Fostering Interest and Communication Skills through Experiential Learning Approach and also chaired the session for paper presentations at BTTC College, Colaba of HSNC University Mumbai.



Dr. Reni Francis conducted a session at Government College of Education, New Panvel on NAAC Assessment Process - SSR procedure.



- Dr. Reni Francis conducted a session on Revised Bloom's Taxonomy in classifying educational objectives at the Faculty Development Programme on the theme Outcome Based Education organised by Rahul Education Trust on 24th March, 2023.
- Rahul College of Law's Internal Quality Assurance Cell In Collaboration with Research and Development Cell organised a 15 Days Certificate Course on Research Methodology presented a session on Review of Literature and Gap Analysis on 21st March, 2023.
- All faculty attended an Expert Talk on Gender Sensitization by the RedDot Foundation in association with the US Consulate. The session was engaging, interactive and covered the important issues in gender sensitization as well as Prevention of Sexual Harassment in the Workplace.
- Dr. Vithoba Sawant presented a paper titled 'Effectiveness of Zoom as a Collaborative Tool for Learning' at the International Conference on Enriching Education: Integrating SEE Learning organized by BTTC.
- Dr. Reni Francis is on the panel as a course writer for MA in Education at the University of Mumbai.



- Dr. Reni Francis won 1st prize for a Poster Competition at a NAAC sponsored State Level Seminar on Ensuring Social Equity, Diversity and Inclusion through Accreditation: Opportunities and Challenges organized by Internal Quality Assurance Cell Wilson College.

- Dr. Vithoba Sawant conducted a state level Workshop on Research Methodology conducted by Gurukrupa College of Education and Research, Thane.



- Dr. Reni Francis was a jury member of the Elysium festival at MKLM's B.L Amlani College of Commerce and Economics in association with M.R Nathwani College of Arts.

- Dr. Reni Francis published a paper with the title 'Is Chat GPT A Disruptive Technology Or Constructive Technology?' in the Journal of the Oriental Institute.

- Dr. Reni Francis, Dr. Jaya Cherian and Ms. Dharti Latke published a paper on Learning Q-EST: Strengthening Alumni Initiatives to Nurture and Motivate Students in the Scholarly Research Journal For Humanity Science & English Language.



- Dr. Reni Francis, Mr. Rajendra Deshmukh and Ms. Athira S R published a paper on Fostering Green Practices towards Sustainable Environment in Scholarly Research Journal for Interdisciplinary Studies in the Scholarly Research Journal for Interdisciplinary Studies.
- Dr. Reni Francis and Ms. Diandra Pinto published an article on Enhancing Professional Acumen through Curricular Experiences in Aarhat Multidisciplinary International Education Research Journal.
- Dr. Reni Francis and Ms. Surekha Chidambarnath published a paper on Enhancing Student Learning through Multiple Mode Approach to Teaching and Learning in the Scholarly Research Journal for Interdisciplinary Studies.
- Dr. Reni Francis was a resource person for a National Level Online Conference on Innovative Learning Environments organized by ISS College of Teacher Education, Perinthalmanna in association with UGC- HRDC University of Kerala, Thiruvananthapuram.
- Dr. Reni Francis published a paper titled 'Student's Perception towards Women health in a Welfare State' in a Peer Reviewed Refereed Journal at the National Seminar on "Women Empowerment: Looking Back, Looking Forward".
- Ms. Surekha Chidambarnath published a paper on Overcoming Socio-Economic Barriers Of Women With Education in a Peer Reviewed Refereed Journal at the National Seminar on "Women Empowerment: Looking Back, Looking Forward".
- Ms. Diandra Pinto published a paper on Traditional Gender Roles as a Challenge to Women Empowerment in a Peer Reviewed Refereed Journal at the National Seminar on "Women Empowerment: Looking Back, Looking Forward".

MOU

- MES's Pillai College of Education and Research, Chembur signed a MOU with Bombay Teachers Training College, Colaba of HSNC University.



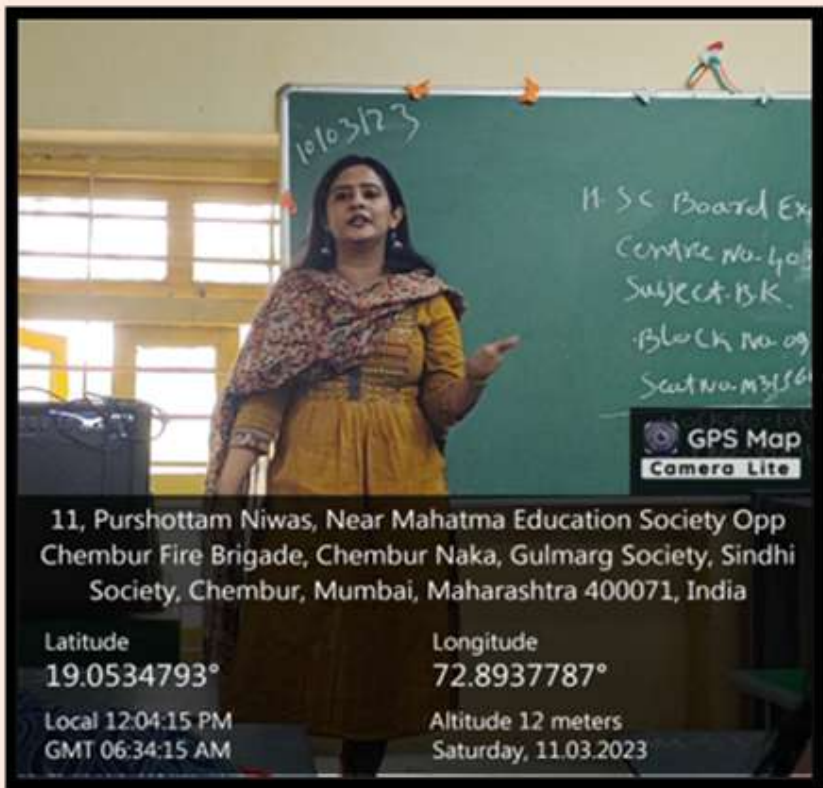


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Q-EST Series- Session on Effective Communication Skills for Teachers.

On 11th March 2023, Pillai College of Education and Research, Chembur organized a session for the S. Y. B. Ed students with its alumna Ms Krupa Talekar D'Mello. She conducted an interesting session on 'How to be a Teacher in this New Age World'. She oriented the teachers regarding effective communication skills for a teacher. She provided informative insights on classroom management, bonding with students, creating a conducive learning environment and setting a benchmark for oneself as an educator. She highlighted the aspects and skills to be developed by the student teacher as they attend interviews and enter the professional world. It was indeed a fruitful learning session for the student teachers.



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Inter-collegiate Fest: FELIZIA

On the occasion of International Women's Day, PCER organized an inter collegiate fest named "FELIZIA " on March 8, 2023. The theme of the fest was "DigitALL: Innovation and Technology for Gender Equality". The fest aimed to exhibit the creative work of students by participating in various events related to digital media. The fest was open for registration to students from Arts, Science, Commerce, Junior and Degree College, Law and Management College, and B.Ed, D.Ed, and B.P.Ed colleges. The events included digital poster making, a digital creative lesson plan, online video creation, and an online slogan reel. The participants were judged on the basis of their creativity, originality, and relevance to the theme of the fest. The winners were awarded Amazon gift coupons as prizes. Three best prizes were given for each event. The fest received an overwhelming response from the students, and their participation was commendable. The use of digital media to highlight the importance of gender equality was an innovative way to spread awareness and encourage the participation of young minds. The fest was a great success and provided an opportunity for students to learn and grow.



MES's Pillai College of Education and Research,
Chembur

FELIZIA: INTER-COLLEGIATE FEST

Celebrating International Women's Day 2023

WINNERS

Digital Poster

1st - Jiya Doshi : SIES Institute of Comprehensive Education

2nd - Rekha Karwa : SIES College, Sion

3rd - Shivangi Yadav : VPMRZ Shah College of Arts, Science and Commerce.

3rd - Rasika Bhoir: H.B.B.Ed College, Vashi

Online Slogan

1st - Anchal Maurya : Vidhya Varidhi Degree College of Arts, Commerce and Science

2nd - Kinjal Dayaji : RR. Educational Trust

3rd - Mansi Kaushik : Pushpanjali College of Education.

Online Lesson Plan

1st - Deepthi Peter : SIES Institute of Comprehensive Education

Special Assembly - International Women's Day, 8th march 2023

“The success of every woman should be the inspiration to another. We should raise each other up. Make sure you're very courageous: be strong, be extremely kind, and above all be humble.”

– Serena Williams

PCER, Chembur celebrated International Women's Day with a special assembly and a gallery walk of some extraordinary women achievers. The chief guest for the day was Dr. Sunita Magre, Associate Dean- Interdisciplinary Studies, Professor & Head, Department of Education, University of Mumbai & Dr. Sunita Londhe, Associate Professor, Government College of Education. The special assembly was conducted by the S.Y. B.Ed. Students consisted of a prayer, thought for the day, SDG, speech on women empowerment, and news about women achievers. A video of the FY students interviewing the female support staff of the MES Chembur Campus was shown to the audience. It was a very beautiful initiative taken by the students where after the interview, they gave them a rose, wished them Happy Women's Day, and touched their feet to take their blessings. The video is available on the PCER, Chembur YouTube Page.

The session was then followed by the Book Launch Ceremony of 'GEEA: Gender Equity and Equality Awareness' written by Dr. Reni Francis, Principal of PCER, Chembur. She spoke about the book and mentioned how the book would be helpful for student teachers.

The special assembly concluded with the chief guest's address. Dr. Sunita Magre, since she could not attend the assembly, joined the audience through Zoom Meet. Dr. Sunita Londhe spoke about the role women play in the development of the society and how women play a big role in achievements of other women and how women need to uplift and empower each other.

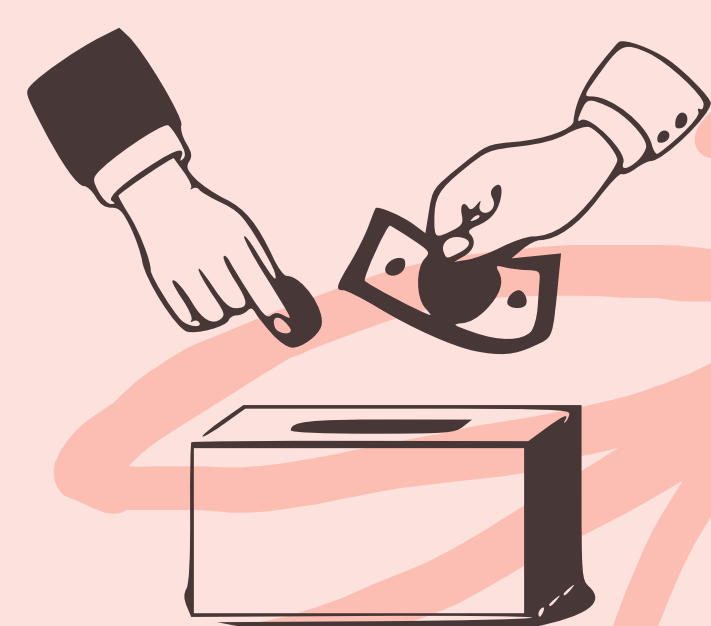
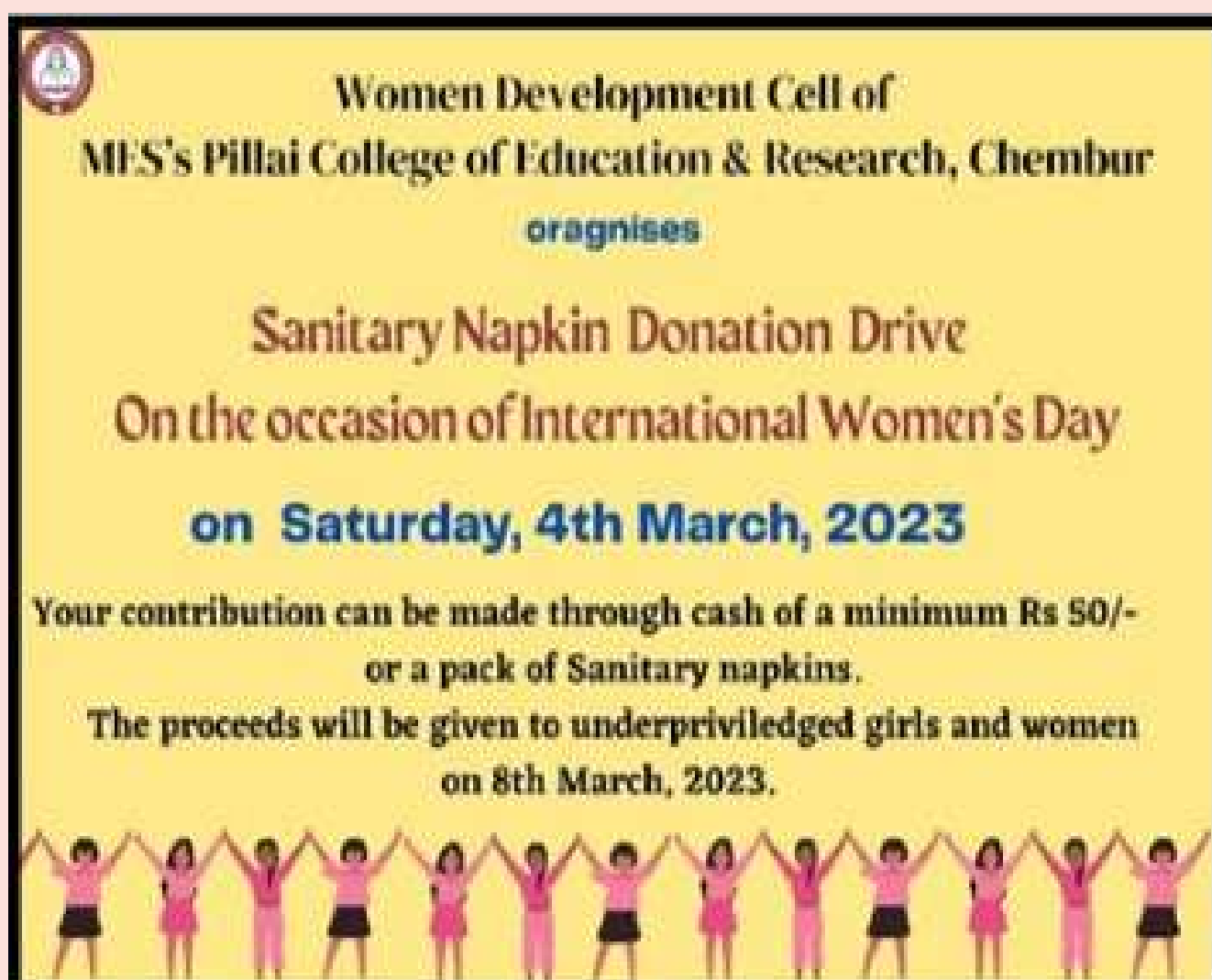


The celebration continued with a gallery walk presented by the F.Y. B.Ed. Students. The students were divided according to their tutorial groups and were given woman role model to present. They did a splendid job in doing presenting the work of some amazing women achievers.



Donation drive - Sanitary Pad distribution, Women's Day Contribution

On the occasion of International Women's Day, PCER, Chembur organized a Women's Day Donation Drive. The objective of the Donation drive was to distribute sanitary napkins to girls and women from underprivileged communities. PCER Chembur collected donations from staff and students in the form of cash of minimum Rs.50/- or a pack of sanitary napkins. The proceeds were then distributed to the women catered to by Stree Mukti Sanghatana in Chembur. Stree Mukti Sanghatana (SMS) works to empower women by creating awareness about equality, gender justice, development and peace. The Principal and faculty of PCER visited the family counseling center of the organization located in Chembur. A small interactive session was conducted during which the staff of Stree Mukti Sanghatana shared their experiences and objectives of their area of work in the organization and the needs of the women that they focused on. Following this the sanitary napkins were distributed among the women present there. It was a small step on the part of PCER to highlight gender related issues and challenges and to spread awareness on the importance of menstrual health of women.



Research Methodology Course

13 March - 24 March



A good research methodology is essential for producing high-quality research results. To put this vision into action, PCER, Chembur organised a 10 Day virtual Research Methodology Course sponsored by ICSSR-WRC.

The course was conducted for 10 days from 13/03/2023 to 23/03/2023 from 1 p.m. to 4 pm. and on 24/03/2023, participants were expected to submit their assignment given to them.

The content covered through the 10 days were:

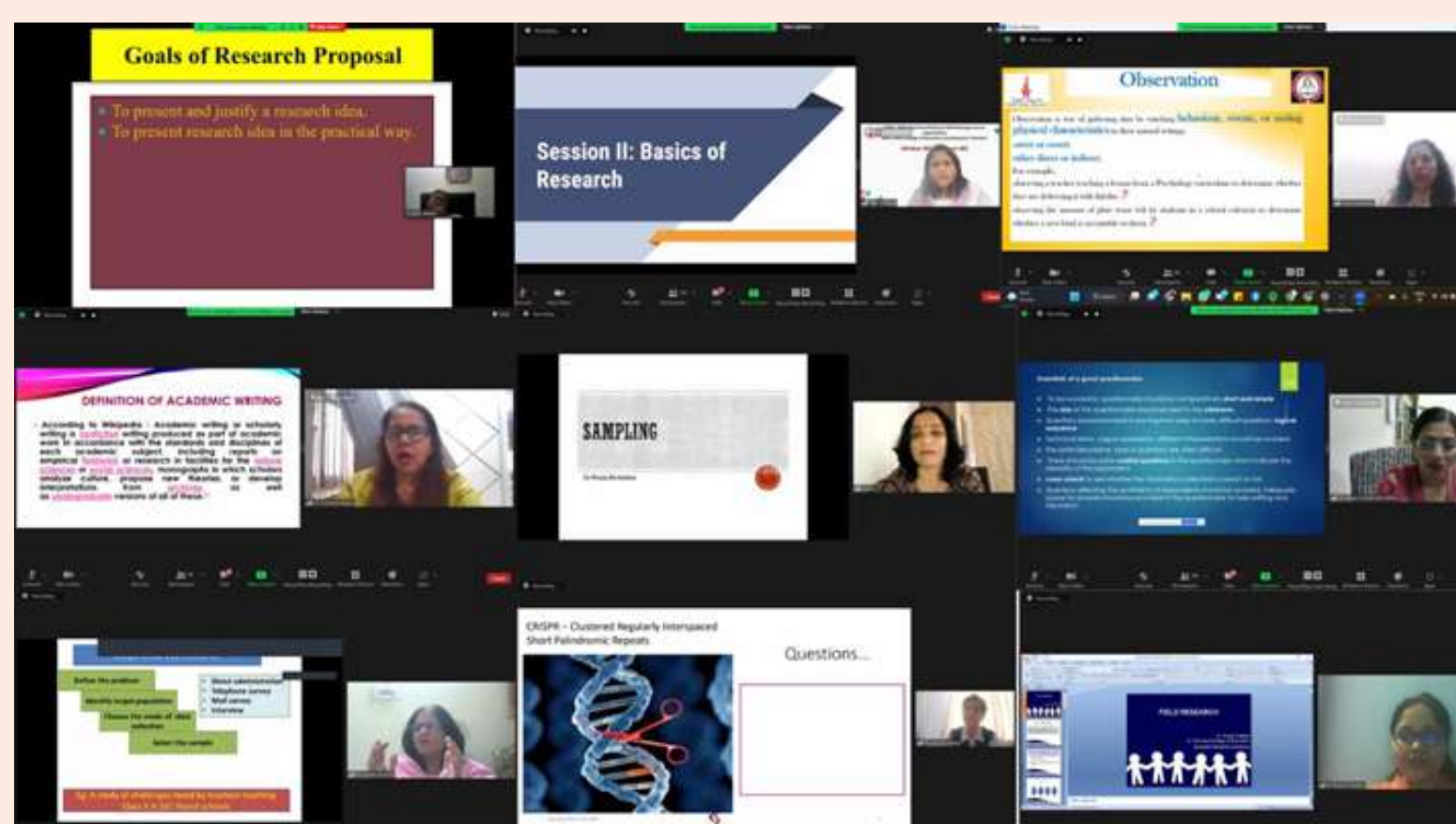
1. Basics of Research
2. Research Proposal
3. Observation & Case study
4. Research Design
5. Academic Writing
6. Questionnaire
7. Sampling
8. Interview & Survey Method
9. Ethics in Academic Writing



10. Field Research
11. Literature Review & Plagiarism
12. Ethics in Social Science Research
13. Mixed Method Research
14. Structure of Paper
15. Basic Quantitative Analysis
16. Experimental Research
17. Quantitative Research

Eminent & experienced professors and associate professors from different institutions of Maharashtra and other states were invited to be the resource persons for the course. The participants were a blend of teachers and students of B.Ed., M.Ed., & research scholars.

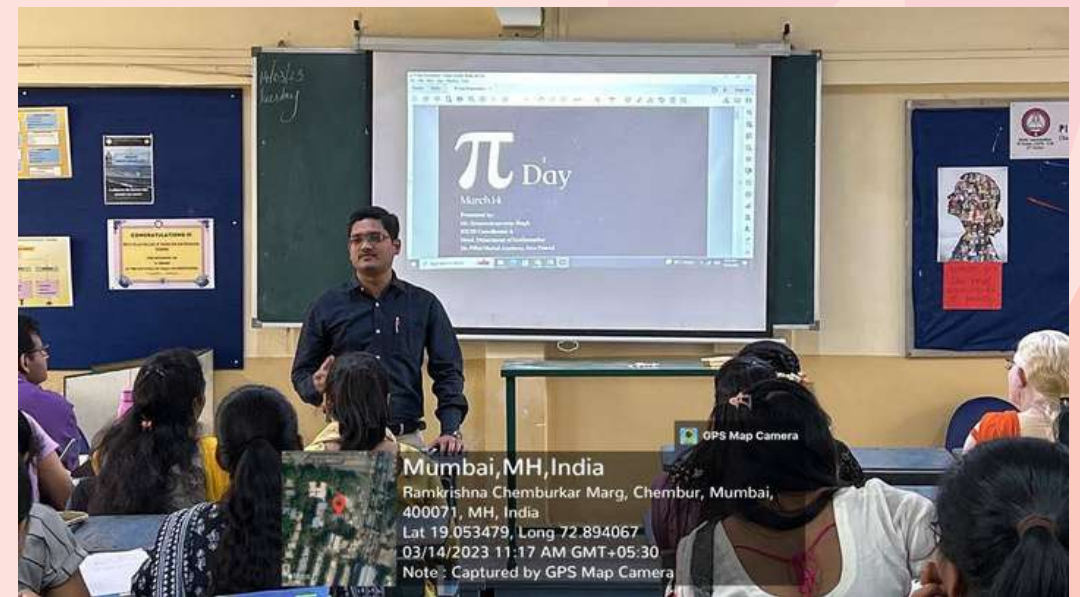
The course started with an inaugural session on 13th March, 2023 with Dr. Sunita Magre as the Chief Guest. Sessions were conducted everyday and an assignment was shared with the participants to evaluate their understanding. The course ended with a Valedictory Session on 23rd March, 2023 and the guest of honour was Dr. Daphne Pillai



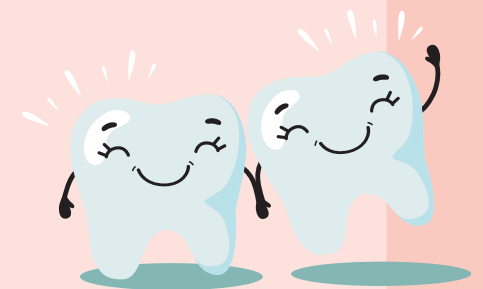
Expert Talk on International Pi Day by π Mr. Gyanendra Pratap Singh

Mahatma Education Society's Pillai College of Education and Research, Chembur celebrated 'The International Pi Day' on 14th March 2023 on this year's theme 'Mathematics is everywhere' by organizing an expert talk by Mr. Gyanendra Pratap Singh, HOD of the Department of Mathematics of Dr. Pillai Global Academy, New Panvel.

Mr. Gyanendra Pratap Singh described the history and origin of the π (Pi). He explained about the concepts related to π like the irrational and infinite numbers. He also discussed the contribution of various scientists like Archimedes, Aryabhatta, Sir Isaac Newton and discussed their research work. He also highlighted uses of π in the real world, including its use in engineering, physics, and astronomy. The session was very interactive and encouraged student teachers to learn about mathematics and promote math education.



Free oral Cancer Screening And Dental Check up Camp, 21st March



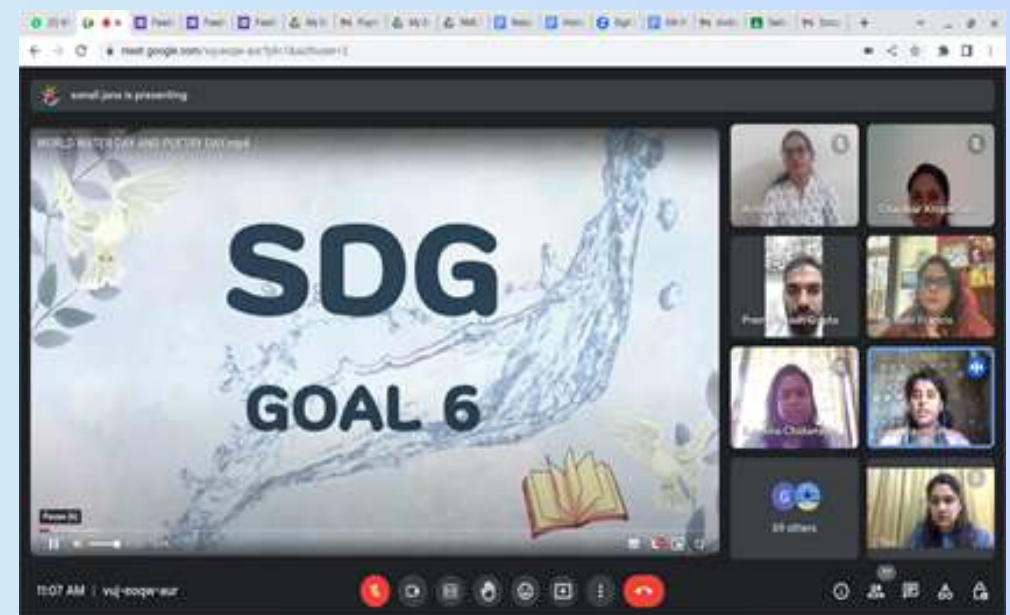
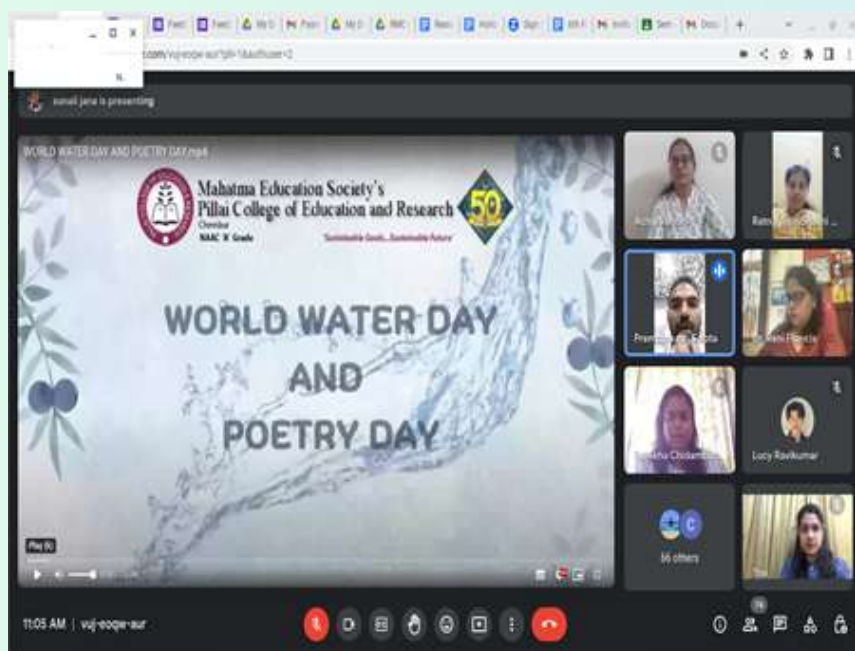
Free oral cancer screening and dental checkup camp were organized by PCER, Chembur, collaboration with MGM hospitals, Kalamboli, dated 21st March, 2023. The main aim is to raise awareness about oral cancer and promote oral health. These camps typically provide free oral cancer screening, dental checkup etc. During these camps, trained healthcare professionals perform a visual and physical examination of the oral cavity to look for signs of cancer. They referred for further treatment or follow-up care if necessary. They may also provide education and street play on oral health and cancer prevention.

Overall, this camp was a valuable resource for individuals who may not have regular access to oral health care or who may be at risk for oral cancer. These camps help to identify dental issues early on, which can lead to better outcome and lower costs in the long term.

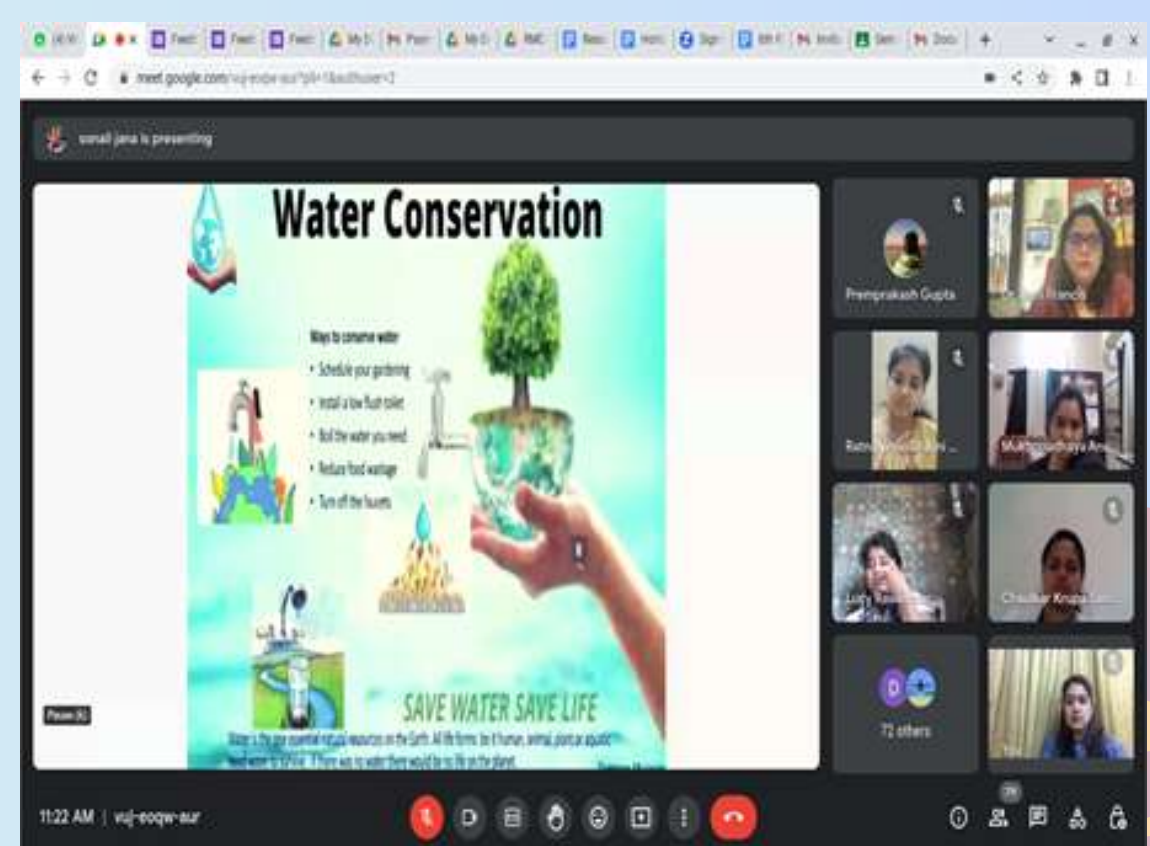


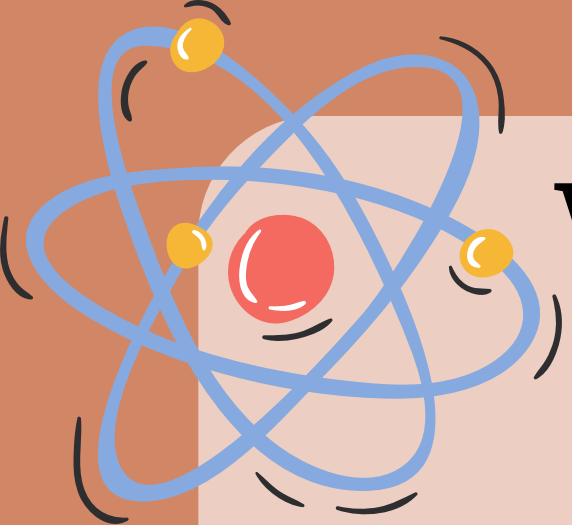
Special Assembly - World Water Day and Poetry Day

Mahatma Education Society's Pillai College of Education and Research celebrated world water day and poetry day on 20th March 2023. The program was conducted by the FY.B.Ed students on a virtual platform. The Assembly started with a prayer by Ms. Krupa, thanking the almighty for providing safe drinking water. Next, the SDG Goal number 6 was delivered by Ms. Lucy, where she highlighted the importance of clean water and sanitation. Subsequently, the thought of the day was delivered by Ms. Lubna and news for the day was presented by Ms. Mehjabeen. After the assembly there was a short speech by Ms. Nikita and a video created by the FY.B.Ed students was shown, touching upon topics like water wastage, contamination of water, causes of water pollution and preservation of water.



After this, Ms. Payal, Ms. Shraddha and Ms. Ratna recited poems in Marathi, Hindi and English respectively. This was followed by an enlightening speech by our beloved Principal Dr Reni Francis who highlighted the importance of water and shared tips on saving water by relating it to the story of 'The Ant and the grasshopper'. Ma'am appreciated the efforts of the students. The program concluded with a vote of thanks by the General Secretary. The Water Day and Poetry Day assembly was a huge success, with students showcasing their creativity and enthusiasm for these important topics.





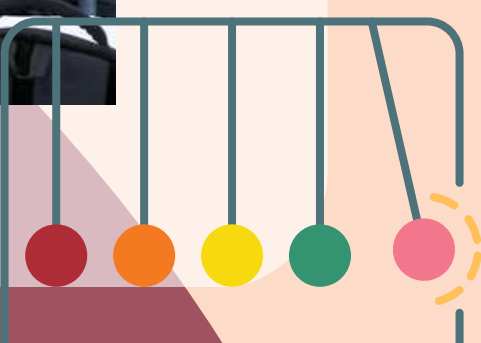
Workshop for science and non-science Teachers using Low-Cost Teaching Aids -Training The Teachers

Mahatma Education Society's Pillai College of Education and Research Chembur organized an insightful workshop for student teachers in collaboration with the Vigyan Setu Foundation on 24th March and 1st April, 2023. The workshop focused on educating budding teachers on how to use low-cost teaching aids to teach science concepts effectively and making science education more engaging.

Dr. Meena Sharma, retired head of the Physics department from K. J. Somaiya College of Science and Commerce, Vidya Vihar, and Dr. Lalit Sharma, managing trustee of Vigyan Setu Foundation, conducted the workshop. The resource persons demonstrated to the participants how low-cost teaching aids can be used to teach physics concepts related to mechanics, optics, and sound. The participants were introduced to various concepts such as Newton's laws of motion, atmospheric pressure, surface tension, center of gravity, Bernoulli's effect, and many more, using simple and cost-effective means.

The participants were encouraged to create the teaching aids themselves using the materials provided by the Vigyan Setu Foundation. Through hands-on activities, the teachers learned how to create simple and effective teaching aids that could be used in their classrooms to teach science concepts. The session was filled with fun activities such as making a self-made helicopter with just paper and scissors and flying it, understanding concepts using cups, balloons, matchbox, and coins.

The student teachers' enthusiasm and active participation were laudable. They appreciated the efforts and left the workshop with newfound knowledge and inspiration to make science education more enjoyable for their students.



Photography Contest- International Day of Happiness



MES's Pillai College of Education and Research organized a photography contest on the occasion of International Day of Happiness. The event was aimed at promoting the theme of happiness and encouraging the students to explore their creativity through photography. Out of few entries, two were selected as winners. The first prize was awarded to Ms. Sayed Saaniya, FY Batch 2022-2024, the photograph captured a heartwarming moment of a father holding his baby girl in his arm, with both of them waving goodbye and smiling as if saying "tata". The second prize was awarded to Ms. Riddhi Maru, SY Batch 2021-2023 The photograph was taken from a low angle view of her classmates who were smiling and posing for the camera. It showcased the joy and happiness of being surrounded by good company.



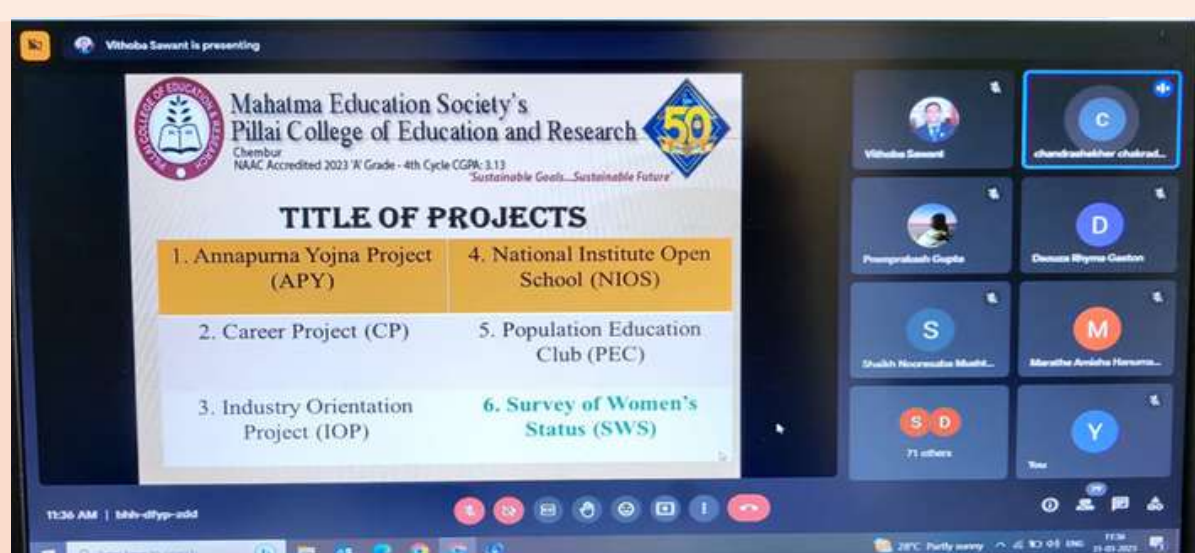
"Father-Daughter Duo"



"Smiles of togetherness"

First Term Training program of Department of Lifelong learning & Extension (DLLE)

The Department of Life Long Learning and Extension (DLLE) conducted its first term training at the college level on 31st March 2023. The program was organized under the guidance of Dr. Chandrashekar Chakradev, the field coordinator of DLLE, and Principal of Chembur Comprehensive College. The training program aimed to promote community development through the Survey of Women's Status (SWS) and aimed to develop the students' abilities to engage with social issues. The training sessions focused on the SWS, which is a tool used to assess women's socio-economic status in society. The program was a great learning experience for the students.



Alumni Corner



Mr. Dale D'Silva
PCER Alumni - Batch-2020-22

WOMEN

Everybody laughs.
She is ignored when she sobs and when she attempts to be kind.
She only smiles when the world degrades her.
But she guides them for miles when they need it.
The unclean world tries to tear her apart even though
she has buried all of her anxieties in her heart.
But she, the woman, is often taken for granted;
In this world dominated by men, she is frequently despised.
Yet she demands it anyway because she frequently suffers from
ignorance and amusement.

Why?! Why?!

Why is that?

Why is the woman's estimation always so low?
Let's put an end to this callous action and reject it!
Let's treat her like a friend rather than a threat.





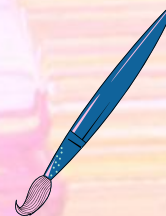
Student Corner



C.Shreya Sanal

Roll no: 11

S.Y.B.Ed



-C.SHREYA SANAL