E- NEWS LETTER JANUARY 2023

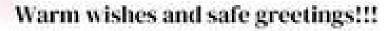


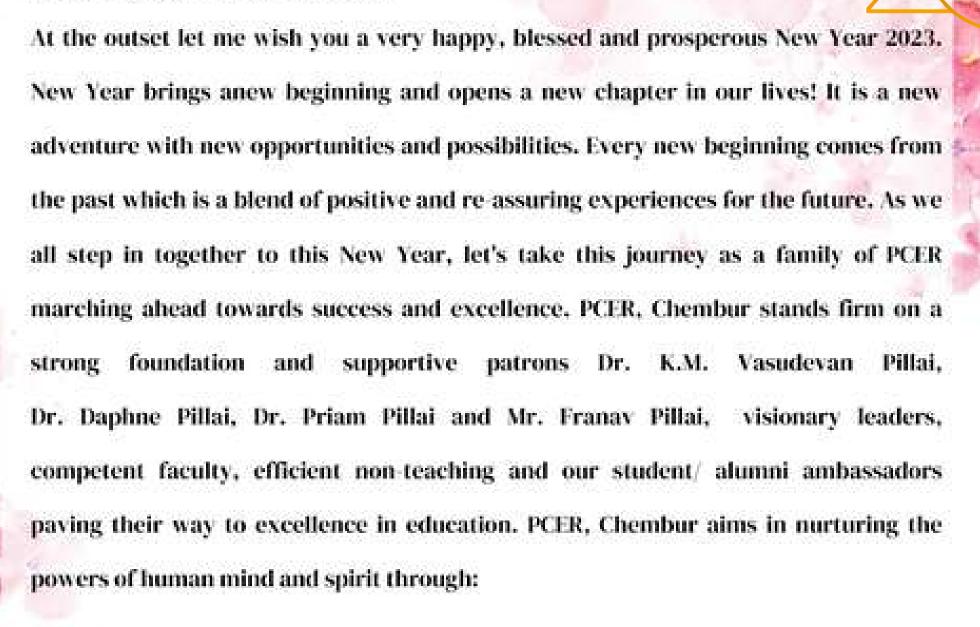


# HORIZON

### PRINCIPAL'S MESSAGE









C-Committed to the endeavours

E-Acknowledge endings—for they precede new beginnings.

R- Make resolutions towards the welfare of the society

As we begin this journey together in making a difference in the society let us 'Take a leap of faith and begin this wondrous new year by believing in oneself and be committed to do our best in this New Year 2023.

Regards

Dr. Reni Francis
Principal
MES's Pillai College of Education and Research,
Chembur







### HIGHLIGHTS OF THE MONTH

- Principal's Message
- Editorial
- Faculty Achievements
- Institutional Milestone
- Freshers Day
- Special Assembly- Makar Sankrati, Lohri, Pongal
- Value Added Course on Creative Art
- Gender Awareness Workshop by Stree Mukti Sanghatana
- Mahindra Pride Classroom Workshop
- NAAC Visit
- Special Assembly-Republic Day and National Girl Child
   Day
- Investiture Ceremony for Council 2022-2024
- Alumni Corner
- Student Corner

### **Teacher Editors**

Dr. Reni Francis (Principal)

Dr. Jaya Cherian

Mr. Rajendra Deshmukh

Ms. Achala Bhor

Ms. Diandra Pinto

Ms. Surekha Chidambaranath

#### **Student Editors**

Ms. Ankita Singh

Ms. Asma Shaikh

Mr. Deepak Sharma

Ms. Nikitha John

Mr. Pramod Pandey

Mr. Robert Fernandes

Mr. Sayed Haider

Ms. Sana Shaikh

Ms. Santhana Preetha

Ms. Shannen Rodrigues

Ms. Shilpa Sharma

Ms. Siddhi Kundalia



#### EDITORIAL



Ms. Athira S. R. Visiting Faculty PCER, Chembur

"January is the month for dreaming" - Jean Hersey

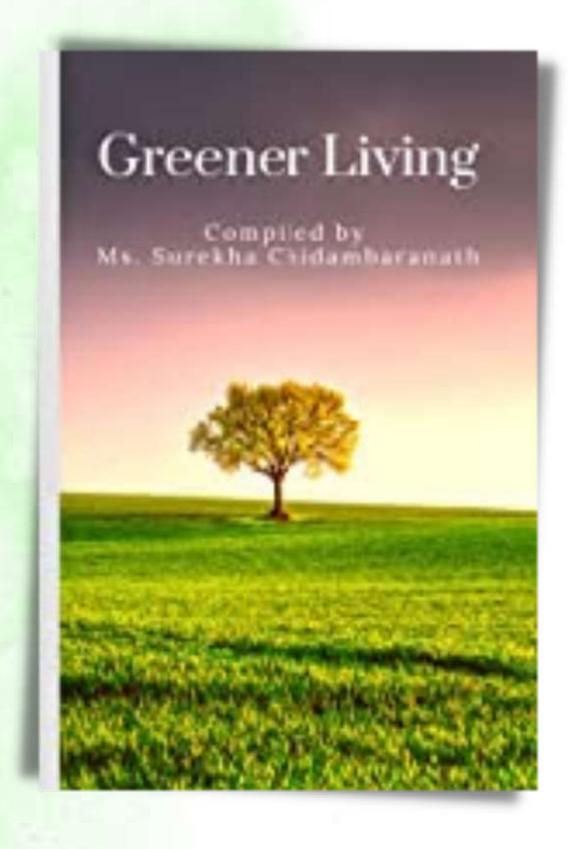
Welcome to 2023 !! A new year marks a new beginning, new possibilities, new adventures, new challenges and new opportunities. Happy new year to you all and a very warm welcome to 2023, which I believe will be a year of increased blessings for all of us. January has always been about fresh beginnings and positive changes. It is a great time to remind yourself of your achievements from the past year. Moreover, it is a new chapter to start off with a great adventure as the age old saying goes.." Make hay while the sun shines". It is the time to think of new goals you want to achieve for the whole year.

This month presents an opportunity to leave all your mistakes behind and start fresh on a clean slate with renewed motivation to do your best. Its a contagious thing, and you should take advantage of this drive.

A life spent in achieving and realizing our dreams makes life meaningful. It is because of our dreams that we get inspired to keep on working and striving harder to achieve our life's purpose. We, at PCER are committed to support students to not only dream big but also to give it wings and come out with flying colors.

Let us welcome this new year with new energies and new hope to experience new things and to learn things you never knew before. May you make the best of this new year with your hard work and patience. May you all shine bright and happy with your efforts. Once again wishing you all a Happy Year 2023.

### FACULTY ACHIEVEMENTS



Ms. Surekha Chidambaranath, Assistant Professor at MES's Pillai College of Education and Research published a book - Greener Living, a compilation of articles by students and teachers.

Our world is facing a severe environmental crisis. These days, it's incredibly important to figure out how to live more sustainably and greener. Discovering sustainable and environmentally friendly ways to live is crucial in the modern world. This book is an attempt to create better understanding about the importance of sustainable living in our life and environment.

### INSTITUTIONAL MILESTONE



SUCCESSFULLY COMPLETED
4TH CYCLE OF
NAAC ACCREDITATION
BY SECURING AN
'A' GRADE



### FRESHERS DAY

The hardest part is starting. Once you get that out of the way, you'll find the rest of the journey much easier. - Simon Sinek

Joining a new institution can make one jittery. To calm the nerves of the F.Y.B.Ed students, the S.Y.B.Ed student council planned a fun and entertaining Fresher's Day Event. The event had prayer, thought for the day, SDG, songs, dance & games. Some S.Y.B.Ed students shared their memories they also made and shared a video of their 1 year journey with PCER Chembur. They introduced the teaching and non-teaching staff of PCER Chembur in a very fun way. The event was a success and it was evident from the feedbacks given by the F.Y. students.







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# SPECIAL ASSEMBLY MAKAR SANKRANTI, PONGAL LOHRI







On 14th of January 2023, Mahatma Education Society's Pillai College of Education and Research, Chembur celebrated Makar Sankranti, Lohri and Pongal festival. the program consisted of prayer, thought for the day, SDG, speech and song. the students focused on unity in diversity through the programme and also spoke about the importance of the harvest festival. At the end of the programme Dr. Reni Francis, Principal PCER, Chembur addressed the students with her enlightening words and gave her best wishes for the upcoming future ahead.

## VALUE ADDED COURSE CREATIVE ART WEEK

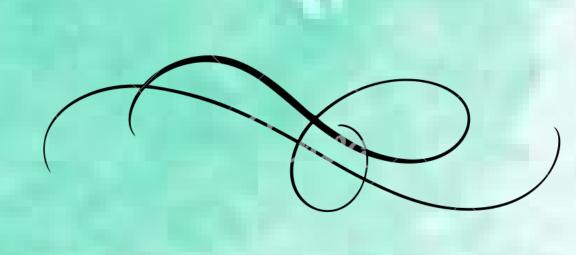
# Quilling Art







O9/01/2023: Day 1 was Quilling Art. The session was conducted by Mr. Ramdas Kondilkar, Arts Teacher from Mahatma International School, Panvel. Students were taught various paper quilling techniques and made some impressive quilling designs including flowers, insects, patterns, vines and leaves. Mr. Ramdas encouraged students on using waste items like recycled magazines, newspaper or quilling paper to make more functional items such as jewelry, creative bookmarks, pins etc.



Calligraphy



10/01/2023: Day 2 was "Calligraphy" and the resource person Mr. Roshan Gharat shared his wide knowledge about calligraphy. It was an informative session for the budding studentteachers. While teaching he explained how calligraphy when used in class can grab young student's attention. Mr. Roshan Gharat started from the basics i.e. how to hold the marker, pen made and brush. He also attractive calligraphies which inspired of names, students to create their own.







# VALUE ADDED COURSE CREATIVE ART WEEK

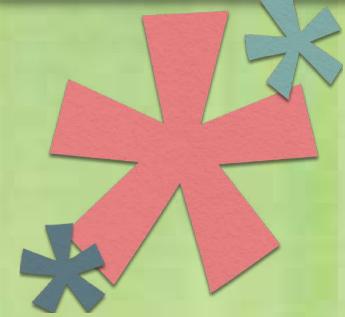
# Creative Bulletin Board







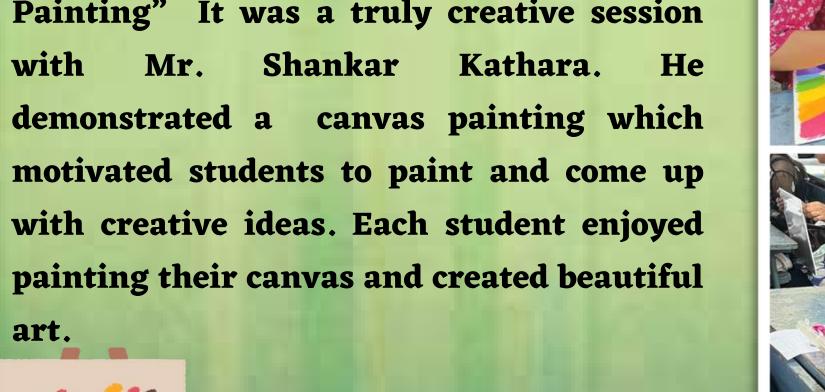




11/01/2023: Day 3 was "Creative Bulletin Board" by Mrs. Reshma Nair. The aim of the workshop was to acquaint student teachers with creative techniques required for bulletin board decoration. workshop began with a presentation by Ms. Reshma which made the students understand why bulletin boards are powerful tools for classroom ranging from preschool to high school and beyond. Students got an idea of how to combine different colors, how 3 dimensional object/design can be done in an easy way with creativity. All students in the class collectively made a bulletin board of CO2 cycle. It was an interactive and insightful workshop.

# Canvas Painting

12/01/2023: Day 4 was for "Canvas Painting" It was a truly creative session Mr. Shankar Kathara. art.





## GENDER AWARENESS WORKSHOP STREE MUKTI SANGHATANA

PCER Chembur in association with the Stree Mukti Sanghatana organised two days Premarital Workshop on 13th and 16th January, 2023. On 13th Ms. Sangeeta Saraf, an ardent teacher and member of the Stree Mukti Sanghatana conducted a session on Gender Equality and Selection of Partner. She started the session with the introduction of the Stree Mukti Sangathana. She spoke on sex education, female foeticide, women in sports and a crucial topic of rape. She also discussed the women's position in a joint and nuclear family. Mr. Chandrakant Sarvagod a writer, activist and member of the Stree Mukti Sanghatana conducted a session on Marital Adjustment and Sexuality on 16th January, 2023. He discussed about post marital problems and the myths and misconceptions circulated and even accepted regarding the reproductive system and the related issues which are not addressed.





## EMPLOYABILITY ENHANCEMENT PROGRAM







PCER, Chembur collaborated with Naandi Foundation for Employability Enahncement Program called 'Naandi Foundation's Mahindra Pride Classroom – Employability Enhancement Program. This is a unique CSR initiative of the Mahindra group of companies, as part of their mission to skill and make employable the young men and women across the country. The 40hrs online program focused on many skills and abilities essential for the S. Y. B.Ed students of PCER.

### NAAC ACCREDITATION VISIT



PCER Chembur applied for the NAAC accreditation process for the fourth cycle. As part of the process the NAAC Peer Team visited the Chembur Campus on 23rd and 24th January 2022. During the two day visit the Peer Team inspected the various facilities in the institution, verified the documentation and interacted with the staff and students and other stakeholders. The inspirational vision and strong support of the Management, the dedication and dynamic leadership of the Principal and the team work and consistent efforts of the faculty, non-teaching staff, students, alumni and all stakeholders led to the successful completion of the NAAC process with PCER Chembur being accredited with an A grade in the fourth cycle.





# SPECIAL ASSEMBLY REPUBLIC DAY & NATIONAL GIRL CHILD DAY

PCER, Chembur celebrated Republic Day on 27th January 2023. The show was hosted by S.Y. and F.Y. B.Ed students. The event started with a prayer and thought for the day. Ms. Sushmita gave speech on Republic Day focusing on the constitution and how Dr. Ambedkar and his team drafted the constitution. F. Y. B. Ed. students were dressed up as freedom fighters Aruna Asaf Ali, Bhagat Singh, Dr. Babasaheb Ambedkar, Savitri Bai Phule and Rani Lakshmi Bai. They acted out their characters as well while the narrator Ms. Mahjabeen spoke about their contributions towards our country.

The National Girl Child Day was also celebrated on the same day. Ms. Cheryl shared a speech where she spoke about gender discrimination through a short story. She also highlighted the important programmes introduced by the government to help the girls in India and initiatives launched to create a safe environment for the girl child.

The program graced by the Principal, Dr. Reni Francis and the faculty













The Investiture Ceremony for the Student Council of Batch 2022-2024 was held on 27th February, 2023. The event was graced by the presence of Principal Dr. Reni Francis and chief guest and alumna Ms Athira S.R. The ceremony began with the chief guest Ms Athira announcing the names of students nominated for the following posts; the general secretary, the deputy general secretary, assembly in charge, report in charge etc. She awarded the badges to the newly elected council members which was followed by the oath taking ceremony. Ms Athira then gave a short speech where she took the students down memory lane and made them understand the importance of this ceremony and the posts. Finally an enlightening speech was delivered by the Principal, Dr Reni Francis where she highlighted the importance of teamwork and perseverance.

The student council members of Batch 2022-2024 are as follows:

General Secretary - Premprakash Gupta and Marlin Ruby David

Deputy General Secretary - Anupa Mukhopadhaya and Snehal Sharma

Report In-charge - Nidhi Suresh and Rutuja Thombre

Cultural and Sports - Lucy Ravikumar, Ranjini Padadyachi and Damini Singh

Assembly In-charge - Mamata Kokaje and Shraddha Gupta

Academic In-charge - Devika Yadav and Priscilla Kajjar

Photography In-charge - Saniya Sayed and Srushti Yeram

Discipline In-charge - Amisha Marathe and Yanshika Ved Prakash



#### **ALUMNI CORNER**

Art by
Ms. Devshree Sharma
PCER Alumni Batch 2020-2022
Teacher,
Ryan International School,
Kharghar



### STUDENT'S CORNER

A JOURNEY TOWARDS GROWTH & HEALING

It takes courage to accept your past & dive deep in the ocean of self-love, but only with love & acceptance will you heal.

Healing — whether it is from trauma, insecurities, failures, anxiety, etc. is not an immediate outcome. Healing is, in fact a long process which not only requires courage (to ask for help) but also to accept & let go of your past / past mistakes, actions, decisions & doings.

Growth & Healing are two terms which usually go together, they're somewhat complimentary to each other. And somehow everything you choose to do; right from letting go to accepting yourself, your mistakes & your flaws will lead you to growth & healing. You don't just achieve healing, healing comes to you only if you wish to heal. Healing comes to you only if you allow yourself to accept what has happened & move past it. Healing comes to you only if you cleanse your soul from the negativity by drinking the potion of self-love. Healing comes to you only if you let go of toxicity — whether it's a person, an action or a decision.

As easy as it is to say, it might be difficult; both — to accept  $\mathcal{E}$  to shower love upon yourself but it is with the help of these two things will you learn, heal  $\mathcal{E}$  grow.

