# MES'S PILLAI COLLEGE OF EDUCATION AND RESEARCH, CHEMBUR 2017 - 2022

# 6.5.1 DOCUMENTS UPLOAD

# Action Taken Report 2019-2020

#### Enhance Teaching & Learning

> Five-day Faculty Development Programme was organized in collaboration with Mahatma Gandhi National Council of Rural Education, Ministry of Human Resource Development on Nai Talim, Experiential Learning and Work Education in School and Teacher Education Curriculum.

Mahatma Gandhi National Council of Rural Education in collaboration with MES's Pillai College of Education and Research, Chembur organised a Faculty Development Programme for 5 days from 19th August 2019 to 23rd August 2019 for transacting curriculum on Community Engagement, Nai Talim and Work education through community engagement in Higher education institutions under the flagship programme of Mahatma Gandhi Nai Talim Abhiyan. This programme aimed at familiarizing the academics towards the rural community and enhancing skills related to the rural community engagement. It is in this context that a faculty development programme has been proposed to include both classroom training and field exposure.



➤ Add on courses conducted for students -Skill Development Programme -Communication, Language Enhancement, Social Graces (October 2019)

A vital aspect that every candidate needs to prepare themselves with respect to job interviews is language and social skills. The student teachers were provided an orientation on enhancing their language and social graces. Some of the aspects covered with regard to language enhancement included the following: · Correct usage of plurals · Word contractions · Correct use of modals · Use of capital letters · Importance of Punctuations · Spelling & pronunciation references The session also highlighted the importance of social graces to be observed with respect to various areas of social interactions including the following: · General Manners · Introductions · Punctuality

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Communication Body language Personal space Dining Workplace etiquettes Mobile and email etiquettes The session concluded with a discussion on the various queries raised by the student teachers. It was a very interesting and interactive session overall.

# ➤ One Day National Seminar on 'Ki & Ka — Gender Equality and Sustainable Development' was organized in collaboration with SIES College (18th January 2020)

National Seminar 2020 MES's Pillai College Of Education And Research in collaboration with SIES College Of Arts, Science And Commerce, Sion West along with SIES Institute Of Comprehensive Education, Sion West, organized a National Seminar on 18thJan,2020. The theme of the seminar was KI & KA - GENDER EQUALITY AND SUSTAINABLE DEVELOPMENT. The key note speaker was Ms. Meghna Ghai Puri (women entrepreneur and Educationist) and the Panelist were Ketan Bhagat (author), Kiran Manral (Author), Elsa Marie Dsilva (social entrepreneur), Vimala Nandakumar (Educationist), Neeta Kedia (Lawyer) & Farzana Dohadwala (Educationist). After the panel session there were Paper Presentations by student teachers, professors etc from different institutions. The Seminar witnessed over 100 participants and 45 paper presentations. The valedictory address was given by Ms. Bina Pillai (writer). The seminar was indeed a successful one by raising a voice for "Equality".

# > Faculty participated in Refresher, Short Term courses, webinars 2019-2020

#### Dr. Reni Francis

- Convenor for Five day Faculty Development Programme sponsored by MGNCRE from 19th to 23rd August, 2019.
- Convenor for National Level Seminar on Ki and Ka Gender Equality on 18th January, 2020
- Convenor for Digital Literacy Workshop sponsored by MSCW on 20th January, 2020
- Convenor for One day Training Programme sponsored by NHRC on 20th February, 2020.
- Convenor for Online Webinar on Effective Leadership Skills and Reviving Educational Practices from 27th to 29th April, 2020
- Resource person for FDP on Online Teaching and Learning from 22nd to 29th May, 2020 for Ponda Education Society
- Attended Webinar organised by PCER. Chembur in collaboration with University of Mumbai, Thane Sub Campus, on the topic 'Effective Leadership Skills Post Covid-19 Pandemic – Effective Leadership' on 27th April, 2020
- Attended Webinar organised by PCER. Chembur in collaboration with University of Mumbai, Thane Sub Campus, on the topic 'Effective Leadership Skills Post Covid-19 Pandemic - Leadership in the present context' on 28th April, 2020
- Attended Webinar organised by PCER, Chembur in collaboration with University of Mumbai, Thane Sub Campus, on the topic 'Effective Leadership Skills Post Covid-19 Pandemic – Ethics and Strategy in Leadership' on 29th April, 2020
- Attended Webinar organised by PCER. Chembur in collaboration with University of Mumbai, Thane Sub Campus, on the topic 'Reviving Educational Practices Post Covid-19 Pandemic -- Enrich Behavioral Management Strategies' on 27th April, 2020
- Attended Webinar organised by PCER, Chembur in collaboration with University of
   Mumbai, Thane Sub Campus, on the topic 'Reviving Educational Practices Post Covid-19

Pandemic - Innovative Classroom Management Techniques' on 28th April, 2020

 Attended organised by PCER, Chembur in collaboration with University of Mumbai, Thane Sub Campus, on the topic 'Reviving Educational Practices Post Covid-19 Pandemic

- Create Interactive Educational Resources' on 29th April, 2020

- Attended National Level Online Workshop on 'Digital Teaching for Smart Learning' by IQAC, TITUS II Teachers College, Tiruvalla, Kerala organized a in collaboration with MES's Pillai College of Education and Research. Mumbai from 27th April to 2nd May, 2020.
- Attended Webinar on "Reshaping Education in the New World Pandemic Effect" organised by PCER, Chembur in association with MIT-ADT University School of Education & Research, Pune on 1st May, 2020.
- Attended Faculty Development Programme on Online Teaching and Learning organised by MES's Pillai College of Education & Research. Chembur and Ponda Education Society's College of Education, Goa from 22nd – 29th May, 2020.
- Attended Faculty Development Programme on Comprehensive Study of NAAC Criterion in RAF organised by Rubrics Softeon Private Limited, Pune from 4th -- 8th May, 2020.
- Attended a webinar on Stress Management during and post Covid-19 organised by Wholisticcare on 9th April, 2020.
- Attended a Webinar on Covid-19 Psycho-Social Issues, Challenges and Interventions organised by Indian Institute of Teacher Education, Gujarat on 23rd and 24th April, 2020.
- Attended a Webinar on Impact of Lockdown on Economy organised by St. Xaviers College for Women, Aluva, Kerala on 5th May, 2020.
- Attended Webinar on NAAC Revised RAF 2020 organised by Rubrics Softcon Private Limited, Pune on 30th April, 2020.
- Completed 33 courses on COURSERA an online platform offering courses from International Universities.
- Convenor: National Seminar 'Ki and Ka Gender Equality and Sustainable Development, on 18th January, 2020.
- Convenor for Value Added Course on Digital Literacy sponsored by Maharashtra State Commission for Women (MSCW)
- Convenor for Value added course on Introduction to Disability and Inclusion on 30th January, 2020.
- Convenor for Twitter Meet Up with SLN Global Network on 3rd January, 2020.
- Co-ordinated and attended five day Faculty Development Programme organized by Mahatma Gandhi National Council of Rural Education, Ministry of Human Resource Development, Government of India in collaboration with MES's Pillai College of Education and Research Nai Talim, Experiential Learning and Work Education in School and Teacher Education Curriculum from 19th August 2019 to 23rd August 2019.

#### Dr. Mary Devakumar

- Participated in a five day Faculty Development Programme organized by Mahatma Gandhi National Council of Rural Education, Ministry of Human Resource Development, Government of India in collaboration with MES's Pillai College of Education and Research Nai Talim. Experiential Learning and Work Education in School and Teacher Education Curriculum from 19th to 23rd August. 2019.
- Participated and Presented paper titled A Study of Life Skills of secondary school

students from different boards of education of Greater Mumbai and development of an Adolescent Empowerment Program on 27th September, 2019 at the Research forum at Dr. K. M. Vasudevan Campus, Panvel.

Participated in the Consultation Meeting for the Post graduate Certificate programme for Teacher Educators organised by Centre for Education, Innovation and Action Research, TISS in collaboration with PCER, Chembur on 27th September, 2019.

#### Dr. Sunita Jain

- Attended Short Term Course on Inclusive Learning Environment from 10th to 18th June, 2020 organised by Inter University Centre for Disability Studies – Mahatma Gandhi University, Kerala in collaboration with MES's PCER, Chembur
- Attended Short Term Course on 'Connecting Classroom through Online Learning' organised by SLN Global Network in association with MES's PCER, Chembur from 1st – 8th July, 2020.
- Participated in Live Webinar on 'Ethical Teacher Behaviour Modifications for Enhancing Professionalism' organised by PCER, Panvel on 24th July, 2020.
- Participated in Live Webinar on 'World Population Day Take a Stand', Raise Awareness' on 11th July, 2020 organised by MES's PCER, Chembur in collaboration with the University of Mumbai, Department of Lifelong Learning and Extension.
- Completed 3 courses on COURSERA an online platform offering courses from International Universities.
- Attended Webinar organised by PCER, Chembur in collaboration with University of Mumbai. Thane Sub Campus, on the topic 'Effective Leadership Skills Post Covid-19 Pandemic - Effective Leadership' on 27th April, 2020
- Attended Webinar organised by PCER, Chembur in collaboration with University of Mumbai, Thane Sub Campus, on the topic 'Effective Leadership Skills Post Covid-19 Pandemic – Leadership in the present context' on 28th April, 2020
- Attended Webinar organised by PCER, Chembur in collaboration with University of Mumbai, Thane Sub Campus, on the topic 'Effective Leadership Skills Post Covid-19 Pandemie - Ethics and Strategy in Leadership' on 29th April, 2020
- Attended Webinar organised by PCER. Chembur in collaboration with University of Mumbai. Thane Sub Campus, on the topic 'Reviving Educational Practices Post Covid-19 Pandemic - Enrich Behavioral Management Strategies' on 27th April, 2020
- Attended Webinar organised by PCER, Chembur in collaboration with University of Mumbai. Thane Sub Campus, on the topic 'Reviving Educational Practices Post Covid-19 Pandemic - Innovative Classroom Management Techniques' on 28th April. 2020
- Attended organised by PCER, Chembur in collaboration with University of Mumbai, Thane Sub Campus, on the topic 'Reviving Educational Practices Post Covid-19 Pandemic - Create Interactive Educational Resources' on 29th April, 2020
- Attended National Level Online Workshop on 'Digital Teaching for Smart Learning' by IQAC, TITUS II Teachers College, Tiruvalla, Kerala organized a in collaboration with MES's Pillai College of Education and Research, Mumbai from 27th April to 2nd May, 2020.
- Attended Webinar on "Reshaping Education in the New World Pandemic Effect" organised by PCER. Chembur in association with MIT-ADT University School of

Education & Research, Pune on 1st May, 2020

 Attended Faculty Development Programme on Online Teaching and Learning organised by MES's Pillai College of Education & Research, Chembur and Ponda Education Society's College of Education, Goa from 22nd – 29th May, 2020

Attended One Day National Seminar on 'Ki & Ka - Gender Equality and Sustainable
Development' on 18th January, 2020 organised Pillai College of Education &
Research, Chembur in collaboration with SIES College of Arts, Science & Commerce
and SIES Institute of Comprehensive Education, Sion (W)

 Participated in the Value Added Course conducted on Digital Literacy on 20th January, 2020 at MES's Pillai College of Education & Research, Chembur

 Participated in a Five Day Faculty Development Programme organized by Mahatma Gandhi National Council of Rural Education. Ministry of Human Resource Development, Government of India in collaboration with MES's Pillai College of Education and Research, Nai Talim, Experiential Learning and Work Education in School and Teacher Education Curriculum from 19th to 23rd August, 2019.

 Attended One Day State Level Workshop for teacher educators on Gandhiji's Nai Talim — experientaial learning organised by Ministry of Human Resource Development, Govt. of India in collaboration with H.B.BEd. College, Vashi on 17th July, 2019.

 Attended One Day Seminar on 'New Dimensions of NAAC Accreditation: Revisiting the SSR and AQAR in the revised Accreditation Framework on 8th August, 2019 organised by VES College of Arts, Science and Commerce, Mumbai.

#### Dr. Mary George Varghese

 Coordinator for National Seminar 'Ki and Ka = Gender Equality and Sustainable Development, on 18th January, 2020.

 Attended One Day National Seminar on 'Ki & Ka - Gender Equality and Sustainable Development' on 18th January, 2020 organised Pillai College of Education & Research, Chembur in collaboration with SIES College of Arts. Science & Commerce and SIES Institute of Comprehensive Education, Sion (W)

 Participated in the Value Added Course conducted on Digital Literacy on 20th January, 2020 at MES's Pillai College of Education & Research, Chembur

 Participated in a Five Day Faculty Development Programme organized by Mahatma Gandhi National Council of Rural Education, Ministry of Human Resource Development, Government of India in collaboration with MES's Pillai College of Education and Research, Nai Talim, Experiential Learning and Work Education in School and Teacher Education Curriculum from 19th to 23rd August, 2019.

 Participated in a Five Day Faculty Development Programme organized by Mahatma Gandhi Antarrashtriya Hindi Vishwavidhyalaya Wardha, Ministry of Human Resource Development, Government of India in collaboration with University of Mumbai, Thane Sub-Campus from 10th to 15th February 2020.

 Participated in Annual Extension Activities related to values of National Integration, secularism, Democracy, Socialism, Humanism, peace Scientific norms' organized by Department of Lifelong Learning and Extension during the academic year 2019-20.

 Attended and Presented paper on 'Meta-Cognition in Teaching skills-A better approach to Teacher-Training Program' at The Commonwealth of Learning (COL. Canada) from 9-12 September 2019 @ BT Murray Field Stadium Edinburgh, Scotland

#### Ms. Jaya Cherian

- Attended Online Webinar Series on 'Effective Leadership Skills Post-Covid 19 Pandemic' from 27th - 29th April, 2020 organised by MES's Pillai College of Education & Research, Chembur in collaboration with University of Mumbai, Thane Sub-Campus.
- Participated in a National Level Online Workshop on 'Digital Teaching for Smart Learning' conducted from 27th April to 2nd May, 2020 by the IQAC, Titus II Teachers College, Kerala in collaboration with MES's Pillai College of Education and Research, Chembur.
- Participated in Live Webinar on 'Reshaping Education in the New World Pandemic Effect' conducted on 1st May, 2020 by MES's Pillai College of Education and Research, Chembur in collaboration with MIT-ADT University School of Education & Research.
- Attended an Online Faculty Development Program on 'Online Teaching and Learning' organised for Ponda Education Society's College of Education, Farmagudi, Ponda from 22nd to 29th May, 2020 by Mahatma Education Society's Pillai College of Education and Research, Chembur.
- Attended One Day National Seminar on 'Ki & Ka Gender Equality and Sustainable Development' on 18th January, 2020 organised Pillai College of Education & Research, Chembur in collaboration with SIES College of Arts, Science & Commerce and SIES Institute of Comprehensive Education, Sion (W)
- Participated in the Value Added Course conducted on Digital Literacy on 20th January, 2020 at MES's Pillai College of Education & Research, Chembur
- Participated in a Five Day Faculty Development Programme organized by Mahatma Gandhi National Council of Rural Education. Ministry of Human Resource Development, Government of India in collaboration with MES's Pillai College of Education and Research Nai Talim, Experiential Learning and Work Education in School and Teacher Education Curriculum from 19th to 23rd August, 2019.

#### Mr. Rajendra B. Deshmukh

- Published the paper entitled 'Learning Quotient imperative towards holistic development' in the International Journal of IT & Knowledge Management (ISSN: 0973-4414) Volume 12, Issue 2 pp. 174-180 Jan -- June 2019.
- Presented the paper entitled-'Career Selection motivations for women police officers and activities for inspiring girl students in the schools'in One Day National Seminar on 'Ki & Ka - Gender Equality and Sustainable Development' on 18th January, 2020 organised Pillai College of Education & Research, Chembur in collaboration with SIES College of Arts, Science & Commerce and SIES Institute of Comprehensive Education, Sion (W).
- Participated in a Five Day Faculty Development Programme organized by Mahatma Gandhi National Council of Rural Education, Ministry of Human Resource Development, Government of India in collaboration with MES's Pillai College of Education and Research Nai Talim, Experiential Learning and Work Education in

School and Teacher Education Curriculum from 19th to 23rd August, 2019.

#### ➤ Best Practice SDG 2019-2020

The United Nations in 2015 gave the Sustainable Development Goals, a universal call of action to end poverty, protect the planet and ensure that all people enjoy peace and prosperity. The goals are interconnected – often the key to success. These goals have become the key indicators in schools, colleges, educational institutions etc. Since the B.Ed course caters to the needs of the students in school and colleges we need to align the Course structure to the SDG's. The college has kept the SDGs as the core theme in all its activities.

# ➤ Webinar on Effective Leadership Skills Post COVID -19 Pandemic

In collaboration with University of Mumbai, Thane Sub Campus. PCER. Chembur organized a Webinar via YouTube Live on the topic 'Effective Leadership Skills Post Covid-19 Pandemic'. The three day webinar on 27th, 28th and 29th April, 2020 was hosted by Principal Dr. Reni Francis. Mr. Willibrord George and Dr. Antara Sonawane were the speakers for the first day of the webinar. Mr. Willibrord George, the Director of St. Willibrord Group of Schools, began the session with an immensely fresh and thought-provoking perspective about leadership strategies that need to be adopted in the changing times post the Covid-19 pandemic.Dr Antara Sonawane, Vice Principal, KPB Hinduja College of Commerce is an accomplished orator. She spoke about effective leadership skills post COVID-19 pandemic. Dr. Priam Pillai, the COO of MES was the speaker for the second day of the Webinar and he raised some very pertinent points. He pointed out that this was the time to focus on the impact that we, as an institution are having not only on our stakeholders i.e. the students and teachers but also on the immediate community around us.



# ➤ Webinar on Reviving Educational Practices Post COVID-19 Pandemic (27th, 28th and 29th April 2020)

A Webinar on 'Reviving Educational Practices Post Covid-19 Pandemic' was organized by University of Mumbai, Thane Sub Campus in association with Pillai College of Education and Research.

# > Session on Disability and Inclusion (30th January)

Session on Introduction to Disability and Inclusion was conducted on 30th Jan,2020. It was an effort initiated by PCER Chembur in addressing the need for Creating an Inclusive School (SEM IV). The session included the difference between visible and invisible disability followed by few interactive discussion on few questions raised on disability. An activity was conducted which actually highlighted on how a child with disability actually faces problem in a normal classroom if utmost care is not taken. For this activity few students came up and were asked to display a normal classroom including a student with disability. Later, based on the activity discussions took place. By the end of the session a feedback form was given. PCER expressed heartfelt gratitude to Soroptimist International Bombay, Chembur for collaborating in this initiative & a huge thankyou to our speakers, M s . B h a v a n & Ms.Leela for a great interactive session.

Digital Literacy workshop (20th January 2020)

MES's Pillai College of Education and Research, Chembur, conducted a Digital Literacy Workshop sponsored by Maharashtra State Commission for Women, Bandra on 20th Jan, 2020. The resource person Ms. Rupali Kapase was very effective and gave information with utmost clarity. MSCW Member (Konkan region) Ms. Ridha Rashid graced the occasion. The session

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was attended by 230 B.Ed and D.Ed students. By the end of the session, students were asked to share their experience, views on digital literacy and the feedback was positive. Vote of thanks was given by Dr. Reni Francis (Principal of B.Ed). Thereafter, lunch was served. The session gave a positive note to the students on Women Empowerment towards Education.

#### **Strengthen Training & Placements**

# Content Enrichment Programme was conducted across June 2019

The Content Enrichment programme included an in-depth look at a concept or topic, approaching it with a different perspective, or connecting the subject to a more meaningful or rewarding facet of the real world. In order to enhance the content knowledge of their subject a content enrichment programme was conducted in the month of June. Various learning materials that included PowerPoint presentations, documents, relevant to the content from Commerce, Economics, History, English, Mathematics and Science pedagogy were provided to the students. During the session discussions were held on the various aspects related to respective pedagogy. The content with respect to the school syllabus was discussed. The student teachers were also oriented regarding certain basic concepts in all the pedagogies. Student teachers participated in the discussion and also clarified some of their doubts. Each session was followed with an assignment related to it. The sessions helped the students in preparing for their content test as well as strengthening their content knowledge for their practice teaching. The content enrichment programme provided an opportunity to the student teachers to gain sound knowledge of their subject and build their confidence with respect to their pedagogy.

# Campus to School session in collaboration with GEMS group Dubai

'Campus to School' an initiative of Mahatma Education Society's Pillai Colleges of Education and GEMS Group of Dubai was conducted on 13th July, 2019. The representatives of GMES, Dubai interacted with the student teacher of MES towards career opportunities in the UAE in their various GEMS schools. Mr. Michael Guzder, Executive Principal/CEO of The Millennium School, Dubai and Vice President Indian Schools and Ms. Nargish Khambatta, Principal of GEMS Modern Academy, Dubai interacted with the students and the alumni and introduced their group, its vision and mission and elaborated upon what they are looking for in the teachers they would recruit and also highlighted the recruitment process that they would follow in the month of October and January every year.



# ➤ Workshop on Fevicryl Mould It activity -Preparation of learning resources

The FEVICRYL Mould It Activity was conducted in MES Pillai College of Education and Research with S.Y.B.Ed student teachers. Mrs.Aparna Sheth guided it. Students were divided into pairs. Further they were instructed to make human heart, brain, tortoise etc. Students were also given information on Colour Theory to paint the prepared moulds.



> Add on course Job Perfect- sessions on Interview Skills, Resume Writing

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This was held on the 25th of June, 2019 for the students of S.Y. B. Ed. that is, the Batch of 2018-20, Semester III students. The workshop was conducted by Dr. Swasti Dhar. The purpose of a Resume is to ensure that a person is selected for an interview call. The students were introduced to the concept of a Resume and how it differs from a CV. They learnt that a complete Resume includes a CV as well as a Covering Letter. They were also taught the format of a typical resume which is used in the teaching profession. The session was interactive and supplemented by a

powerpoint presentation.



#### ➤ Workshop on Storytelling

The Workshop on "Storytelling" was conducted by Dr. Mary Devakumar, Asst. Professor, PCER on 16th December, 2019. The students were oriented about the concept of Storytelling, the components of Storytelling and the benefits of Story telling. A demonstration of incorporating story telling method in school subjects was carried out and the students were made to discuss how they would teach lessons of their method using story telling.

#### ➤ Placement Fair

A placement fair was held on 4th JAnuary, 2020 from 2pm to 5pm on the 4th floor of the college campus building. The following five schools representatives had come to orient and interview the student teachers.

- Orchid International.
- Universal Education
- Kotak Education Foundation.
- The Akanksha Foundation and
- SVM Ratnagiri

Schools submitted their criteria of appointment and fee structure beforehand. So our students were well versed with the schools and based on their preferences attended the interviews. The Placement

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Cell of PCER had conducted a lot of workshops both theoretically and practically regarding facing interviews. So our students were confident while presenting themselves before the interviewer.

#### Creative Talks (March 2020)

Student teachers were oriented about the 'Creativity Talks'. The teacher educator gave a model creative talk to make them understand the intricacies of talks. A topic was chosen of personal interest. The objective of it was that anybody expresses themselves best when some topic is given to them which is close to their heart. Moreover, the student teachers who are listening should also gain some piece of advice. The time limit of the talk was 3-4 minutes. The entire process was video recorded and shown to the students. This helped in building up confidence. They rectified their errors and worked on getting better and better next time. Second chance was given so that they improvise on the same.







# ➤ Online Career Guidance (4th April, 2020)

On 4th April, 2020 a Google Meet Session was held for the S.Y. B.Ed. students in order to guide them as to the various options available to them after B.Ed. and how they should prepare themselves for the same. Prior to the Meet, the students had submitted their queries and doubts via an online survey through Survey Monkey and the Meet focused on clearing the Second Year students' vocation and career doubts. The resource person also touched upon how the time period during this lockdown could be used effectively in order to enhance their skills and knowledge.

# Expert Talk Educational Policy (July 2019)

An expert talk was organized for the students of S.Y.B.Ed. on the topic Boom - Up Policy Approach In Re-viewing Educational Policy'. The speaker was Mathew A. Witenstein (Ph. D. Assistant Professor, Department of Educational Administration, University of Dayton, Ohio). We acquired a lot of information about the changes in the education system and his point of view regarding the Indian Educational System. The session was quite interactive and the students got an opportunity to share their views on the educational system.

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# > Session on Why you should choose teaching as a profession

PCER, chembur took the initiative to discuss the topic Why you should choose teaching as a profession on 17th May, 2020. The panelists were from different backgrounds of the teaching profession. Master Sharvesh Bharat, a class 9 student from Chembur English High School; Ms.Chandrani Banerjee, a B.Ed Aspirant; Ms.Sherry Jose, F.Y B.Ed student of PCER Chembur & Ms. Sabrina Mukadam, Primary teacher from Don Bosco International School were the panelists for the discussion. Principal, Dr Reni Francis hosted the panel discussion on an online portal. The discussion was live on YouTube and Facebook page of PCER. The discussion was riveting and it ended with questions posed by the viewers. The panel discussion was appreciated by all and the response of the viewers was overwhelming.



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# > Session on Journey to be a teacher - Student Teacher's Viewpoint

On 21st May 2020, a live panel discussion was organized on the journey to be a teacher by MES's Pillai College of Education and Research. The panel comprised of second year student speakers - Ms. Tanmayee and Ms. Niharika. The panel discussion was anchored by first year student - Ms. Cristin. Through a series of questions and answers, the panelists walked their audience through the journey of transforming into an efficient teacher. Starting with choices and ambitions to highlight the important aspects of the course, the speakers provided a wholesome picture of the Bachelors of Education course. The speakers' passion and enthusiasm towards teaching was well reflected throughout the discussion. The panel discussion was attended by student teachers, teachers and those aspiring to take up teaching as a profession in the future. Under the steady guidance of Dr. Reni Francis, Principal of Pillai college, the session proved to be fruitful in covering all the key aspects and efforts that go into the journey of becoming a teacher.



#### Research Initiatives

# ➤ Panel Discussion on Reflective Practices (August 2019)

A Panel Discussion on Reflective Practices for Teachers was organized by the Practice Teaching department on 29th Aug, 2019. The resource persons were Ms. Parveen Shaikh, Principal-The Somaiya School, Ms. Namrata Saxena, Certified IB Coordinator and Mr. Rajendra Deshmukh, Senior Teacher CEHS. During the discussion each expert presented from the perspective of different school boards their views, personal examples and ways for teachers to follow reflective practices to improve and grow as individuals and as teachers.

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# > Faculty published research papers, books

#### Dr. Reni Francis

- Published the book Decoding SDG's in Classroom
- Authored a book Creating an Inclusive School, published by Himalaya Publishing House, January 2020
- Published articles in AMIERJ, Peer Reviewed Multidisciplinary Journal, ISSN 2278-5655.
   Vol. IX Special Issue 1
- Published 3 chapters in ISBN: 978-81-932809-6-6, a book on NaïTalim: Pedagogical Perspectives
- Authored a book 'Decoding SDGs in Classroom'
- Authored a book 'Language Enhancement'

#### Dr. Mary George Varghese

- Published an article on Intentional Self-Regulation among the Female Student Teachers' in AARHAT Multidisciplinary International Education Research Journal (AMIERJ), A Peer Reviewed Multidisciplinary Journal SJIF Impact Factor 6.236 IISN: 2278-5655 Vol. IX Special Issues
- Published an article on 'Metacognition –A Theoretical overview' International Journal of Advance Research in Education & Literature. ISSN: 2208-2441 Volume-5 | Issue-7 | July,2019.
- Authored a book on 'Learning and Teaching', ISBN: 978-1-67817-288-6 published by Amitesh Publishers and Company, Pune.

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 Authored a book on 'Environmental Education', ISBN: 978-1-67800-901-4 published by Amitesh Publishers and Company, Pune.

#### Dr. Sunita Jain

- Authored a book on Guidance and Counselling, ISBN: 978-93-89951-55-4 published by Himalaya Publishing House.
- Published a paper on Gender Socialization through Developmental Assets in AMIERJ, A Peer Reviewed Multidisciplinary Journal SJIF Impact Factor 6.236 IISN: 2278-5655 Vol. IX Special Issues

#### Dr. Swasti Dhar

 Authored a book on Guidance and Counselling, ISBN: 978-93-89951-55-4 published by Himalaya Publishing House.

#### Ms. Jaya Cherian

 Co-authored a book 'Language Enhancement' published by Lambert Academic Publishing.

#### Mr. Rajendra B. Deshmukh

Published the paper entitled : 'Learning Quotient imperative towards holistic development' in the International Journal of IT & Knowledge Management (ISSN: 0973-4414) Volume 12, Issue 2 pp. 174-180 Jan 2019 – June 2019.

#### > Working towards Phd centre

The college has started working towards setting up a PhD center including reviewing the prerequisites and putting together documentation.

#### > Online session on Action Research

Zoom Session for SY B.Ed. student teachers during COVID – 19 Lockdown was done on the topic 'Preparing for your Action Research Viva'. The session was attended by 95 student teachers through the Zoom App. The session highlighted various questions such as: 1. What is the topic of your research? 2. Why did you choose to take this topic for research? 3. Who were the samples for your research? 4. Which method did you use for research? 5. How did you collect your data for the research? 6. How did you analyze the data? 7. What are your findings for the research? 8. What are your suggestions with respect to the research? 9. Share your any one positive and negative experience during the research. 10. Is research important for teachers in the teaching-learning process?

# Research papers were presented by student teachers

Student Teachers are encouraged to present papers at various seminars and conferences. Several students presented papers at the Interdisciplinary National Conference on Entrepreneurship Education. Several others attended and presented papers at the national seminar of Environmental Awareness-An Avenue for a Better tomorrow.



#### Integrating Technology in the Classroom

# ➤ Workshop on Innovative Teaching Aids (July 2019)

Our college had organised a workshop on innovative teaching aids for the S.Y.B.Ed. batch. The workshop was conducted by Dr. Samita Shetty. In this workshop she showed us teaching aids like flashcards made of waste materials and the use of flashcards to narrate a story to make the lesson interesting. Ma'am also showed us 3D shapes pattern blocks that will be helpful for teaching mathematical units, and to put 3D effects in the charts & flash cards using waste materials, she also taught us to make use of table top calendars which can be used as ip cards. At the end of the workshop ma'am passed her teaching aids to the class for reference so that we can get a clear idea on how to incorporate these innovative teaching aids in our lessons.

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Value Edited Course - Integrating Technology in the Classroom

# ➤ Digital Literacy workshop was conducted in collaboration with Maharashtra State Commission for Women

MES's Pillai College of Education And Research, Chembur, conducted a Digital Literacy Workshop sponsored by Maharashtra State Commission for Women, Bandra on 20th Jan,2020. The resource person Ms. Rupali Kapase was very effective and gave information with utmost clarity. MSCW Member (Konkan region) Ms. Ridha Rashid graced the occasion. The session was attended by 230 B.Ed and D.Ed students. By the end of the session, students were asked to share their experience, views on digital literacy and the feedback was positive. Vote of thanks was given by Dr. Reni Francis (Principal of B.Ed). Thereafter, lunch was served. The session gave a positive note to the students on Women Empowerment towards Education.

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# ➤ In collaboration with SLN Global Network and Twitter Organised One Day Twitter India Meet-Up

MES's Pillai College Of Education And Research, Chembur in collaboration with SLN Global Network & Twitter India had organised a session on 3rdJan,2020. The session was conducted by Mr. Francis Joseph(Educator), Mr. Husien Dohadwalla and Ms. Ansha Fernandes. This was the first time that Twitter & SLN conducted a session with student teachers of B.Ed in India. The highlight of this session was how to use a twitter, how to tweet, use different hastags (#), use of @, precautions to be taken etc. During the session, the student-teachers were asked to tweet with #my first tweet #twitter India #sln global on twitter and the response was awesome.



# ➤ National Level Online Workshop On Digital Teaching For Smart Learning (2<sup>nd</sup> May 2020)

IQAC, TITUS II Teachers College, Tiruvalla, Kerala organized a National Level Online Workshop on 'Digital Teaching For Smart Learning' in collaboration with MES'S Pillai College Of Education and Research, Mumbai. The workshop was conducted from 27th April,2020to 2nd May 2020. The topics covered during the sessions included introduction to Digital Teaching and Learning, Creating and Working on Documents Online, Synchronizing and sharing Documents, Virtual Classrooms, Information Publishing, Engaging Interactive

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Classrooms and E-content Development. The workshop also conducted an Online Test. E-certificate was given to the participants.

# Strengthening Alumni Engagement

# ➤ Workshop on Classroom Management (July 2019)

Ms. Rakhi Pandey is currently working as the Head of English – Primary at The GEMS Winchester School in Jebel Ali, UAE. She was invited to give the student teachers effective strategies for student engagement and classroom management. She also gave insights regarding making teaching and learning more practical and activity based rather than theory-based learning. Following are some of the strategies shared by her1. Teacher must walk in with confidence and must have good subject knowledge. 2. Teacher should know learning objectives and should convey learning outcomes based on skill. 3. In the teaching-learning process, the task or activity what we set is important. Students should be given lot of opportunities for visible thinking.



# Session on Collaborative Learning (29th August, 2019)

As a part of Alumni Returns, we had Ms. Parveen Shaikh, Principal of The Somaiya School, Vidyavihar and an alumna of the Batch of 2013-14 who interacted with the B. Ed. students and spoke about Collaborative Learning on 29th August, 2019. She engaged the class with lot of techniques of collaborative learning. These hands on experience was of practical benefit to our prospective teachers. She spoke about Collaborative Learning and using various interactive techniques, introduced the students to 6 techniques which can be used in a classroom in order to ensure collaborative learning.

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> Publication of book by Alumni-Decoding SDG

Book launch, 18th August 2019: 'Decoding SDG in Classroom' is a book authored by the Alumni Association of MES's Pillai College of Education and Research, Chembur. It is an attempt in understanding the classroom dynamics in relation to the need of the hour in our society and world at large. It unleashes the potentials of a teacher to incorporate SDGs in our classroom. The book is written by 9 alumnus of MES's Pillai College of Education and Research, Chembur, they have taken deep interest and keen efforts in preparing these lesson plans. It provides guidelines in transacting and transmitting the ideas, thoughts of SDGs in classroom through various activities, discussion and showcasing the impact in the cognitive, affective, and psychomotor domain. The author and co-authors Dr. Reni Francis – Principal MES's Pillai College of Education and Research, Chembur and her team of alumni Bhakti, Nanda, Jincy, Shubashri, Sophia, Sabrina, Sivaranjani and Yasmin take pride in authoring and releasing this book.

# Nai Talim Week/Gandhi Jayanthi celebration

"Peace is the most powerful weapon of mankind. It takes more courage to take a blow than to give one." Mahatma Gandhi. Gandhi Jayanthi was celebrated on 1st October 2019. The programme began with lighting of the lamp followed by prayer song. The Seniors presented many cultural programme. Each and every student was involved in some way or the other to make the event a great success. The event ended with vote of thanks. The entire week was observed as Nai Talim week with various activities.

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# ightharpoonup Learning Q-EST(Emotional, Social, and Teaching) online sessions by PCER Alumni $-6^{th}$ May 2020

The Alumni Association of PCER, Chembur in collaboration with PCER, Chembur reached out to the students and alumni via a three-day value-added course organised and delivered by the alumni themselves. This was conducted via YouTube Live hosted by PCER Chembur on the 4th, 5th and 6th of May, 2020. The three-day course focussed on the three quotients that are needed for any teacher, viz. the Emotional Quotient (EQ), the Social Quotient (SQ) and the overall Teacher Quotient (TQ). The resource persons were our own alumni Ms. Priti Roy from the Batch of 2014-15, now a neuro-linguistic programming (NLP) practitioner and a Prevention of Sexual Harassment (POSH) and Protection of Children from Sexual Offences (POCSO) enabler spoke on EQ and elaborated how necessary it is for a teacher to be aware of his/her own emotions and then pass on the same skill to each child she teaches. Ms. Sneha Shah from the Batch of 2014-15, a Senior Faculty & Content Writer at Collegepond Education Pvt. Limited spoke about how a teacher may develop her SQ as the school is a miniature society, children should learn the skill to live well in a society. Ms. Parveen Shaikh, from the Batch of 2013-14 and the Principal of The Somaiya School, Ghatkopar collated all the skills together and spoke about the need and strategies for a teacher to connect with her students.

Alternati Achievers Award - No award for this neadowne year https://www.pear.ac.in/sformi/alternati-awards

**Community Outreach** 

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#### > Newspaper sale drive for social cause

PCER in association with SIBC conducted Newspaper Drive on 29th Aug, 2019. The proceeds amounting to Rs. 5000 was handed over to the SIBC Secretary.



#### > Distribution of sanitary napkins

Under the aegis of Women Development Cell of PCER, Chembur, we distributed sanitary napkins to the women support staff. It was conducted as a welfare measure to maintain health and hygiene among the underprivileged section of the society.



➤ Jumble Sale

Dr. Reni Francis
Principal

Principal

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'Jumble Sale' is an event organized by MES's Pillai College in collaboration with Soroptimist International Bombay Chembur for the underprivileged sections of society. Many categories of stalls were arranged. It continued for two days and was very well co- ordinated by the teachers and students. With all effective purpose, our mission was complete and could collect an amount of 20.780/-0.



#### ➤ Fistful of Grains project

Team PCER donated grains to the needy children in our vicinity. This inculcates the habit of sharing and caring among all.



#### Extension activity- food mela

PCER students are encouraged to carry out the extension activities wholeheartedly every year. As a part of the APY project, the FY B. Ed students organized a food mela on 13th March 2020. This activity is conducted with the objective of developing organizing skills and the basic selling skills among students. The students were provided with the space for stalls and basic furniture to put-up the food stalls. The students spread the message through display on the notice board, what app groups and word of mouth. The food items included were Chinese bhel, sandwiches, Cup-cakes, lemon juice, chaas etc. The students of Chembur English School, Mahatma Junior college, D.Ed,

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Marathi Madhyamik shala and teaching and non-teaching staff from Chembur campus were the potential customers of the food mela. The PCER students conducted the food mela successfully and generated decent profit out of it also. Moreover, Food mela introduced a good networking among students and gave them the opportunity to learn finance and business economics practically.





#### > Juhu Beach Clean-up

On 13th of September, 2019, Ganpati Visarjan, there was a beach cleanup drive conducted by DNA ECO GANESHA. The Principal of Pillai College of Education and ResearchChembur (B.Ed section), Dr. Reni Francis was present at this event along with few of her students. Substances from the rituals of Visarjan, tons of plastics, parts of the Ganesha idol were seen lying around in vain. Actor Mr.Nandish Sandhu was also a part of the cleanup drive, helping with the cleaning, interacting, and motivating others. Just the way every drop makes an ocean similarly every individual's contribution towards the environment makes a difference.

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#### ➤ Mangrove Clean Up

The Environmental Club collaborated with the Mangrove Marshalls on their 39th weekend Clean Up drive on the 23rd of November 2019 to clean the mini beach of Vashi and the mangroves. The student teachers were divided in batches and small groups were formed and were given gloves and other equipment by the Navi Mumbai Muncipal Corporation. The Clean Up drive began at 7.15 am and wound up at 9am. Nearly five truck loads of plastic and non - biodegradable wastes were cleaned from the assigned areas. The Clean Up activity had a two fold purpose- one to clean up the areas around the mangroves and beaches, secondly to generate awareness among the student community regarding the harm done to the environment and how each of us should behave responsibly.





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#### ➤ Felicitation of Local Worker

On 25th September, 2019 PCER Chembur conducted a program to felicitate Mr. Ramkumar Yadav. Mr. Ramkumar Yadav works as a security personnel for the Chembur Campus of Mahatma Education Society and is the first person whom the students meet when they enter the Chembur campus. Mr. Yadav also spoke to the gathering. He emphasised the importance of education, the respect that should always be shown towards teachers and explained the importance of wearing ID cards.



# > National Human Rights Commission sponsored Workshop on Human Rights

PCER, Chembur on 21st February 2020, organized one day training program for B. Ed students on 'Human Rights Towards Reduced Inequalities' sponsored by National Human Rights Commission (New Delhi). The workshop was divided into four sessions guided by the following resource persons.

I - Dr. Subhash Avate, IPS(Retd) Human Rights Institutions in India

II - Dr. Maiful Hussain Former secretary, MSHRC Introduction to Human Rights

III -Dr. Chandrasekhar Chakradeo Ex-Incharge Principal, CSSSM Rights of Women and Children

IV-Dr. Shamim Modi Prof. & Chairperson Centre Rights of Other Vulnerable Groups

Student teachers understood about the need for strengthening knowledge, skills and attitudes of future teachers, and for creating human rights ethos and learning environment in schools as the best safeguard of human rights lies in the positive role of the teacher who generates public awareness and builds up an alert mind. Principal Dr. Reni Francis inspired young student teachers to change the world and have an ideology that stands for the welfare of everyone in the society.

# > Community service by student teachers through academic support at Navjeevan Centre, Murbad

PCER team is quite active at serving the society as per the requirements and demands of the community. This academic year students were taken to Navjeevan Centre, a place where the children of sex workers from red street are taken care. Navjeevan centre has 120 intractes from the

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age of 5-15. The students were taken to Navjeevan Centre on 2nd December 2019 and served them till 4th December .Activities: The students of PCER were divided into different groups for teaching and other co-curricular activities. As teaching buddies they engaged different classes. Students conducted both curricular and co-curricular activities for the Navjeevan School as well as for the Navjeevan Centre. The PCER team stayed at Navjeevan Centre for 2 days and 2 nights. Dr. Mary George Varghese conducted sessions to the teaching faculty and also to volunteers of the centre. The visit by the principal and staff to the Navjeevan centre on the second day 3 rdDec elated the spirit of participants. The interaction with the Navjeevan students and staff and experience sharing by the teacher-trainees have given a sense of fulfillment. Overall, the 3-day stay-in community service programme was one such activity which created a sense of accomplishment to PCER students.



# > Participation in Chembur Festival highlighting cultural diversity

Chembur Festival presents Connect Create Celebrate on 15th February 2020. Students of PCER (B. Ed) took part in the colorful inauguration and traditionally dressed to give an enriched touch to the multicultural ramp. The student teachers represented Kerala on a colorful parade from Diamond Garden to Chembur Gymkhana with dance forms that surely caught the heart of many. The main purpose was to inculcate values of different cultures and also inculcate tolerance, acceptance, respect, and affirmation.

> Or, Reni Francis Principal.

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## ➤ Session on Mental Health (11th March, 2020)

Ms. Yvette Lee, a Counsellor at Mahatma Education Society took a session on Mental Health with the students of FY as well as the SY. She laid special emphasis on the use of Rational Emotive Behaviour Therapy (REBT) as proposed by Carl Rogers and gave examples of how the ABCDE Model can be applied to real life situations. The ABCDE model speaks about focusing on identifying the activating event (A) which is triggered by a belief (B) resulting in a consequence (C). Generally, this consequence is harmful or unhealthy and the individual wants to change the consequence (for the better). This leads to disputing the existing belief (D) and the launch of newer and better events (E).

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# > Street plays for Awareness of Women Rights, Gender sensitization

On the 13th of March, 2020, the students of F.Y. B.Ed. participated in a 'Street Play Competition' on the occasion of Women's Day. The event was jointly organized by PCER and SIBC. Ms. Suprada Phaterpekar, Ex/Municipal Counsellor and Shiv Sena leader was the Chief Guest for the occasion and so optimists Ms. Preeti Pawar and Ms. Parveen Arif acted as the judges for the competition. Traditionally, the street plays are performed on the streets but this year, as a precautionary move for COVID-19, the play was held indoors in the form of a competition. The plays focused on issues of domestic violence, effects of tobacco and alcohol abuse and gender-equality.

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# ➤ Street play, poster making at Udaan Festival

MES Pillai College Of Education & Research, Chembur had participated in the Udaan Festival organized and headed under Mumbai University on 25thJan,2020. The festival held a lot of competitions like poster making, street play, etc. The students of F.Y.B.Ed had participated in poster making & street play. The issue highlighted was acid attack. The skit was well appreciated by everyone.

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> Preparation of teaching aids for children with special needs

A teaching aid competition was conducted for the students of S.Y. B.Ed. particularly to sensitize them with the need to cater to students with special needs. The student teachers were taught about identifying the children with special needs- their characteristics and also were given orientation of creating learning resources leading to curricular adaptation, curricular accommodation and curricular modification for CWSN. This orientation and content was useful to them in creating a teaching aid for CWSN. The student teachers were asked to create teaching aids for children with special needs. All the students participated in the same and created models, working models, in order to cater to different needs — visually challenged, deaf, dumb etc. The winners of the competition were judged by two experts- from the field of special education and education.

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#### Establishing a Eco-friendly Campus

Juhu Beach Clean up Drive

On 13th of September, 2019, Ganpati Visarjan, there was a beach cleanup drive conducted by DNA ECO GANESHA. The Principal of Pillai College of Education and ResearchChembur (B.Ed section), Dr. Reni Francis was present at this event along with few of her students. Substances from the rituals of Visarjan, tons of plastics, parts of the Ganesha idol were seen lying around in vain. Actor Mr.Nandish Sandhu was also a part of the cleanup drive, helping with the cleaning, interacting ,and motivating others. Just the way every drop makes an ocean similarly every individual's contribution towards the environment makes a difference.

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#### > Swachh Abhiyan

Was conducted in the community through beach and mangrove clean ups. The Environmental Club collaborated with the Mangrove Marshalls on their 39th weekend Clean Up drive on the 23rd of November 2019 to clean the mini beach of Vashi and the mangroves. The students teachers were divided in batches and small groups were formed and were given gloves and other equipments by the Navi Mumbai Muncipal Corporation. The Clean Up drive began at 7.15 am and wound up at 9am. Nearly five truck loads of plastic and non - biodegradable wastes were cleaned from the assigned areas. The Clean Up activity had a two fold purpose- one to clean up the areas around the mangroves and beaches, secondly to generate awareness among the student community regarding the harm done to the environment and how each of us should behave responsibly.





Swachhata Abhiyaan in the college premises

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Swachhata Abhiyan is conducted a couple times a year on the college campus. Students pick up litter from the campus and do their bit on a daily basis to contribute to a cleaner campus environment. This is in addition to the clean up drives organized outside of the college campus.

Cloth bag making activity

PCER, Chembur is celebrating 150 years of Rashtrapita Mahatma Gandhi Jayanti from 23rd September to 2nd October, 2019 in this celebration we organized a Cloth Bag Making Competition on 24th September, 2019, the objective of this competition was to encourage self-reliance, basic stitching skills, wealth from waste. The students formed a group and prepared cloth bags. Each group had an unique idea of preparing and presenting the cloth bags.





# ➤ Teaching aid competition

On 11th March 2022, a teaching aid competition was conducted for the students of S.Y. B.Ed. particularly to sensitize them with the need to cater to students with special needs. The student teachers were taught about identifying the children with special needs- their characteristics and also were given orientation of creating learning resources leading to curricular adaptation, curricular accommodation and curricular modification for CWSN. This orientation and content was useful to them in creating a teaching aid for CWSN. The student teachers were asked to create teaching aids for children with special needs. All the students participated in the same and created

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models, working models, in order to cater to different needs – visually challenged, deaf, dumb etc. The winners of the competition were judged by two experts- from the field of special education and education.



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# Action Taken Report 2020-2021

## Enhancing Teaching and Learning

Short Term Course on Inclusive Learning Environment. 10th to 18th June, 2020

Inter University Centre for Disability Studies - Mahatma Gandhi University, Kerala in collaboration with MES's PCER, Chembur organised a week-long short-term course on Inclusive Learning Environment from 10th to 18th June, 2020. The objective of the course was to highlight on Inclusion as a universal human right. This course was in line with the Sustainable Development Goal # 10: Reduced Inequality. The aim of inclusion is to embrace everyone irrespective of race, gender, disability (medical or otherwise), giving equal access and opportunities to all and getting rid of any discrimination or intolerance. It enables every learner to participate equally, confidently and independently in everyday activities. The course was self-paced through Google Classroom and topic-wise sessions and assignments were uploaded every day on to the same. The students were expected to see the videos provided, read the references and resources provided and complete and submit the day's assignment by midnight each day. Certificates were provided after course completion. Link to the short term course:- https://forms.gle/8HRUShHQb8MJksnS6

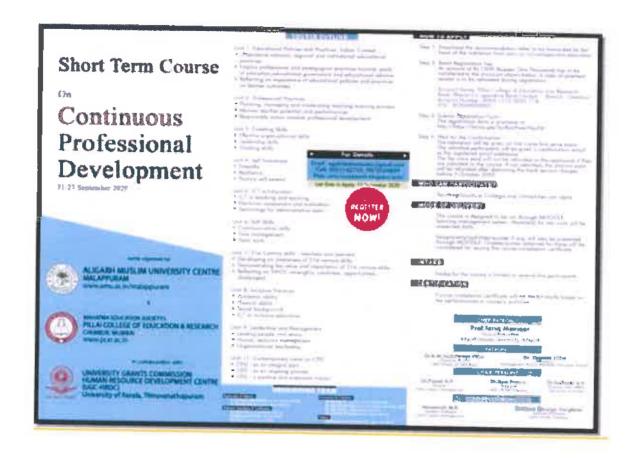
# • Short Term Course on Continuous Professional Development. 21st September 2020

Short Term Course on Continuous Professional Development in collaboration with UGC HRDC, University of Kerala and AMU Centre, Malappuram MES's PCER, Chembur organized a One week Short Term Course on Continuous Professional Development in collaboration with UGC HRDC, University of Kerala and AMU Centre, Malappuram Dr.Faisal K.P., Director, AMU Centre, Malappuram, inaugurated the Course on Continuous Professional Development on 21st September 2020. The objective of the program is to improve the skills of academicians from various institutions through this course. During the inaugural program Dr.Reni Francis, Principal, PCER highlighted the importance of such programs and significance of collaborative academic endeavors. Dr. Mary George Varghese, Assistant Professor, MES's Pillai College of Education and Research, Mumbai expressed gratitude to AMU for their cooperation in organizing the program. The course was designed to be run through a MOODLE learning management system. Course content and related learning experiences were presented in two sessions a day during the course duration. Mr. Naseer Ali M.K., Assistant Professor, Department of Education, AMU MC and Dr. Mary George Varghese, Assistant Professor, MES's Pillai College of Education and Research were the course coordinators. More than 45 academicians from various institutions participated in the course. The course received positive feedback from all the participants. The above course is covered in Times Headline on 24th September, 2020. Visit the site for more details https://bit.ly/367M8gP

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 National Level Live Webinar on NEP 2020 - Vision for a Prospective Nation. 8th September, 2020

Center of Education, Indian Institute of Teacher Education, Gandhinagar in collaboration with MES's PCER, Chembur organised a National Level Live Webinar titled NEP 2020-Vision for a Prospective Nation on 8th September, 2020. There were 415 registered participants who viewed the live program. The session was in alignment with Sustainable Goal 4: Quality Education. There were five eminent speakers touching on different aspects of NEP-2020. The first speaker, Dr. Kalpesh H Pathak, Principal & Director, Center of Education, IITE, Gandhinagar, Gujarat highlighted his perspectives of NEP-2020 from the point of teacher education. Not just changes in TET and BEd courses, NEP also suggests policies for teachers who have already been hired including mandatory courses, setting up of national professional standards, no transfer policy and digital management of hiring and vacancies in schools across the country.

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Center of Education,
Indian Institute of Teacher Education, Gandhinagar, Gujarat
in collaboration with
MES's Pillai College of Education & Research, Chembur, Mumbai
Organises



# National Level Live Webinar

NEP 2020-Vision for a Prospective Nation





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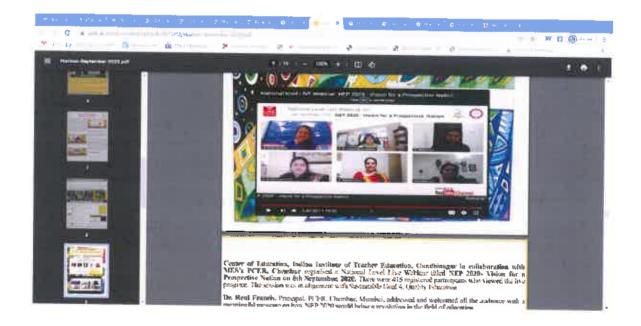
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## Date:8th September, 2020

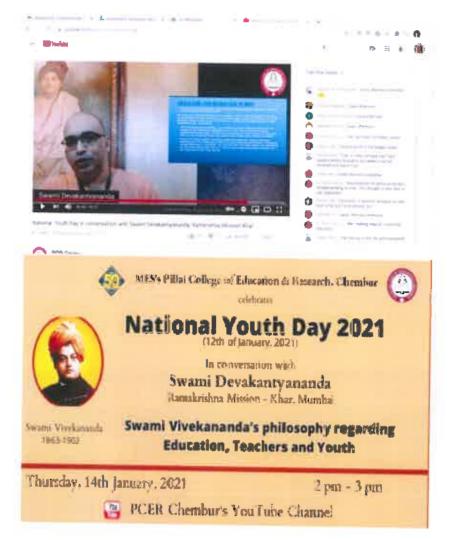
Last date of registration is 5th September, 2020. To register thick the link below:

https://forms.gle/aCOHBRsdALVDPMuH9



Expert Talk on Swami Vivekananda's Philosophy on Education with Ramkrishna Mission. 14th January 2021

To impart more knowledge about the relevance of Swami Vivekananda to the youth of the nation, PCER Chembur was fortunate to be in conversation with Swami Devakantyananda from Ramakrishna Mission, Mumbai who spoke to us about Swami Vivekananda's philosophy on Education, Teachers and Youth. This conversation took place on the 14th of January, 2021 and was streamed live over PCER, Chembur's Youtube channel.



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# Expert Lecture Series through Youtube Live (6th April 2021 to 13th April 2021)

PCER Chembur organized an Expert Lecture Series for F. Y. B. Ed. students through Youtube Live from 6th April 2021 - 13th April 2021 from 5.00 pm-5.45 pm. The lecture series organised by the Internal Quality Assurance Cell was conducted to provide students with an opportunity to interact with eminent senior faculty in the field of education and to gain from their expertise in various subject areas.



- Dr. Agnes Ronald D'Costa, Associate Professor, Pushpanjali College of Education Vasai, conducted the session on 6th April 2021 on the topic 'Cyber Bullying' from IC 1 Gender, School and Society.
- Dr. Francis Vaidya, Associate Professor, Gandhi Shikshan Bhavan's Surajba College of Education Juhu, conducted the session on 7th April 2021 on the topic 'Activity Method (M. K. Gandhi)' from CC2-Knowledge and Curriculum.
- Dr. Sheela Philips, Associate Professor, St. Teresa's Institute of Education conducted the session on 9th April 2021 on the topic 'Discovery Method by John Dewey' from CC2 Knowledge and Curriculum.
- Ms. Suman Ananthanarayan, Assistant Professor, Shree Narayan Guru College of Education, conducted the session on 13th April 2021 on the topic 'The theory of Urie Bronfenbenner' from CC1 Childhood and Growing Up.

The sessions provided detailed and systematic coverage of the various topics. The lectures were highly interactive with the resource persons encouraging and ensuring the steady participation of the students in the development of the topic. The students were asked to post their views and questions which were addressed by the resource persons. The students immensely benefited from these interactive sessions and all the sessions were highly appreciated by them. The lecture series was in keeping with the SDG 4 Quality Education. The Youtube links for the lectures are as given below:

- https://www.youtube.com/watch?v=9HzfOPJAWTM&t=2105s
- https://www.youtube.com/watch?v=LqZkcJtlsBA
- https://www.youtube.com/watch?v=atXSIPMtDCs
- https://www.youtube.com/watch?v=CMNEcjIjv2o

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Best Practice NEP 2020:

Web Link https://www.pcer.ac.in/iqac/institutional-values-best-practices/

1. Title of the practice: PCER's TQM - Based on NEP 2020 Perspective

T-Teaching through Interdisciplinary Approach

Q - Quality and Equity in Education

M - Outcome Based Education

2. The context that required the initiation of the practice: The B.Ed. the course aims to

develop the highest quality teachers. In order to do this, student teachers who enroll are

assessed for the basic competencies and the gaps are filled to equip them with the necessary

skills. They are taught through an interdisciplinary approach by focusing on student outcomes

as they are expected to do the same in their subsequent roles as educators. This best practice

in student support and progression -- TQM is a structured plan to cater to the various

baselines of student teacher competency differences while ensuring an experiential learning

environment.

3. Objectives of the practice: The objectives of this practice were:

1. To assess students on basic competencies to check for those who may require additional

support.

2. To provide mentoring and support for those students who may be functioning at a sub par

level at the start of the course,

- 3. To orient students to STEAM education.
- 4. To develop the teacher competencies for STEAM education.
- 5. To model outcome-based education
- 4. The practice:

## T-Teaching through Interdisciplinary Approach

- Orientation to STEAM: The interdisciplinary approach to steam education begins
  with an orientation to STEAM. The foundations of STEAM are discussed while
  asking students to draw on their own subject method they have come with.
- Lesson Plan: Once students have developed an understanding of the interdisciplinary nature of STEAM subjects, they are supported to include this approach in the lesson plans they write. This helps them to put into practice what they learn about correlation during the course of the B.Ed program.
- Learning Resource for Steam: The students are expected to create appropriate and effective learning resources for their lessons. They attempt to bring the interdisciplinary nature of their lessons to their learning resources to develop the topics more effectively.

## Q - Quality and Equity in Education

• Identification of Learner: Incoming students are assessed on basic competencies that are required for the successful completion of the B.Ed. course. Those who are found to have sub-par levels of competencies on account of any reason (low language proficiency, poor exposure due to limiting socio-economic background) are identified. Apart from basic teaching and learning competencies, the pandemic has made it imperative that everyone has a level of digital competence in order to be able to fully participate in the online mode of education. This category is also checked and students who need support are identified.

Student Support: The students who need support in the identified areas were provided
with the same through extra classes, simplified notes(where applicable), digital
assistance, tutoring and mentoring.

#### M - Outcome Based Education

 Program, Course Outcomes and College objectives: All teaching and learning is conducted in accordance with the program and course outcomes against the backdrop of the college objectives. Feedback is gathered from all stakeholders; principal, teachers, students and alumni.

#### 4. Impact of the study:

This practice aims to ensure equitable teaching learning practices that emphasize the interdisciplinary nature of STEAM while focussing on the programme and course objective.

- Developing an in depth understanding of STEAM education
- Improving interdisciplinary nature of lesson plans
- Developing STEAM related learning resources
- Evaluating for a baseline of student abilities and competencies
- Student support in the identifies areas for improvement
- Modelling outcome-based education
- Using feedback from various stakeholders

#### 5. Resources required:

Teacher educators to prepare the assessment tools, plan for intervention activities and materials, Library resources, institutional premise as a resource.

## 6. Feedback mechanism and future plans:

Comprehensive feedback collected from the various stakeholders involved to check progress and effectiveness of the practices.

# Best Practice in Practice Teaching - VENTEL for Holistic Learning

- 1. Title of the practice: VENTEL Towards Holistic Learning
- 2. The context that required the initiation of the practice: Mahatma Gandhi's philosophy and ideals had a great impact on our freedom movement. His ideals and values were with respect to education was focused on the whole development of a child and not just the mind. Mahatma Gandhi believed in the physical, spiritual, and intellectual growth of students. According to him education should inculcate skills in the students to earn their livelihood as well as help them to become healthy and happy individuals who understand their place and roles in the society, countryand the world and contribute to its growth. Gandhi said education is an all-round drawing of the best in the child and man in body, mind, and spirit. Literacy is not the end of education, not even its

Student teachers are prospective teachers who will be absorbed in various schools and will touch the lives of millions of children. So, it is important that they are made aware of Gandhi's ideas on educational values, basic education, vocational education which has a significant impact on today's educational context too.

beginning. It is only one of the means whereby man and woman come to be

Due to Covid -19 lockdown all the activities were planned on a virtual platform. The following sessions were conducted:

- VENTEL Workshop
- o NaiTalim Week
- 3. Objectives of the practice:

educated.

The objectives of this practice are as follows:

- o To create awareness of Gandhian Values among student teachers
- o To enhance communication skills of student teachers
- To have sessions on Gandhian educational values
- To have a review and give feedback to student teachers

4. The practice: Workshop on VENTEL (Vocational Education Nai Talim Experiential Learning).

"The Indian youth needs to be empowered, and it can be done through good education and vocational training."

M. M. Pallam Raju

Mahatma Gandhi National Council of Rural Education, Dept of Higher Education, Ministry of Education, Govt of India and University of Mumbai – BOS in Education in association with MES's Pillai College of Education & Research organized a Workshop on VENTEL (Vocational Education NaiTalim Experiential Learning) on 27th September, 2020 from 3.00 p.m. to 6.00 p.m.. The program began with a formal welcome to all to the Workshop on VENTEL followed by

the University Song. Dr. Sunita Magre, Chairperson- BOS in Education, University of Mumbai welcomed all the participants and thanked the patrons of MGNCRE, University of Mumbai and PCER, Chembur for collaborating and making this workshop possible for all the participants. Dr. Reni Francis, Principal, PCER, Chembur also stressed upon the teachings of Mahatma Gandhi which is so relevant in today's times. She spoke on the coordination of Head, Heart and Hand for being self-reliant in life. Ms. Manisha Karape, Organiser MGNCRE, MoE, GOI emphasized the various initiatives under VENTEL and highlighted the objectives of the workshop. The resource persons for the workshop were:

Dr. Ketki Satpute, Assistant Professor, Sree Narayana Guru College of Education

Dr. Dnyaneshwar Magar, Principal, Navjeevan Education Society, College of Education

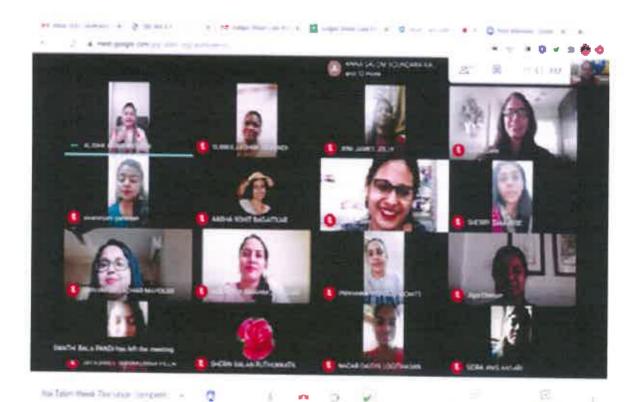
Dr. Rajeshri Joshi, Assistant Professor, Seva Sadan College of Education

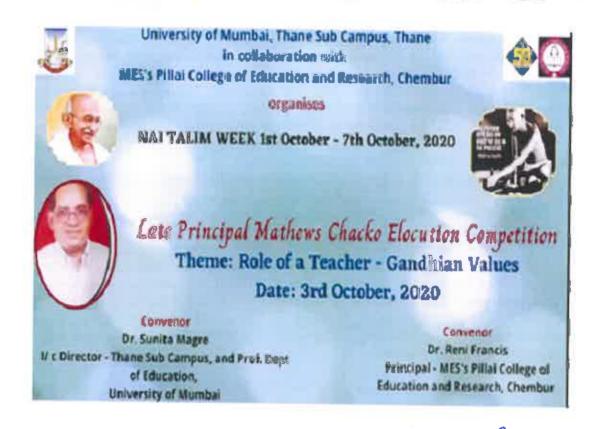
The workshop was highly appreciated by all the participants and it laid the foundation and gave direction for VENTEL activities to be adopted and practiced by each institution.

There were 80-90 registered participants who had filled the form mentioned below for their confirmation: <a href="https://forms.gle/AK2qw4KiUWiiGCaQA">https://forms.gle/AK2qw4KiUWiiGCaQA</a>

The participants had joined the program in Google Meet Link with the following details:

meet.google.com/mwv-ktwd-aah





NAI TALIM WEEK

Or. Reni Francis
Principal
Mahatma Education Society's
Pillal College of Education & Factorial

Chembur, Mumbai - 40:

University of Mumbai, Thane Sub Campus, Thane in collaboration with MES's Pillai College of Education & Research, Chembur organised NaiTalim Week from 1st October – 7th October, 2020. There were a variety of sessions conducted for students of Chembur English High School.

Day 1: 1st October, 2020

Knowing our Mahatma (Online Quiz)

This quiz focused on Mahatma Gandhi, Father of the Nation whose values, ideals and leadership provided direction to the Indian Freedom Movement. The objective of this quiz is to create awareness about Mahatma Gandhi. Each question carries one mark. There were 15 questions in all.

Day 2: 2nd October, 2020

Session on Swachhata Diwas

The objective of this initiative was to highlight the Life of Mahatma Gandhi and the philosophy that our young students need to imbibe in their lives. The students were oriented on Waste segregation through a detailed activity and gave them an understanding of dry and wet waste. The 10 Golden rules of maintaining and practising Swachh Bharat were also shared. Slogan writing competition and Knowing our Mahatma Quiz was also done with the students.

Ms. Annanma Paul — Principal, Chembur English High school congratulated the efforts of the Student teachers of PCER, Chembur and emphasized the importance of Clean City Green City. She also said that cleanliness begins from us and we need to take the right steps in keeping our city and country clean. Dr. Reni Francis quoted the words of Gandhiji 'the future depends on what you do today' and told the students that our actions today will lead to a bright and beautiful future tomorrow. Be wise in using our natural resources and careful in protecting our resources for the well-being of mankind. She thanked Dr. Sunita Magre, I/C Director Thane Sub Campus- University of Mumbai and the Management of Mahatma Education Society for their support and encouragement. The programme ended with a motivational song and vote of thanks. The teachers of both the institutions and student teachers had conducted the programme effectively. The participants enjoyed the event and gave positive feedback of the programme.

The session can be viewed by clicking the below link:

https://drive.google.com/file/d/1\_c-0SUUE6KpVFKYeBcjbCKewML5VKXu/view?usp=sharing

Day 3: Late Principal Mathews Chacko Online Elocution Competition

**Elocution Competition** 

The Late Principal Mathews Chacko Online Elocution Competition was conducted as part of the activities held during the NaiTalim Week on 3rd October at 11.00 a.m.. The elocution competition was conducted by the student council of PCER, live online via Google Meet and the participants were Second Year B.Ed students. The theme for the elocution competition was 'Role of a Teacher with respect to Gandhian Values'. The competition was judged by Ms. Suma Lerin and Ms. Sivaranjini Ganeshan. The winners received e-certificates. The winners of the competition were:

First Prize: Ms. Shivani Mayekar Second Prize: Ms. Benazeer Jamadar

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The anchors for the programme were student council members Ms. Jeni James and Ms. Alisha Memon who ensured the smooth flow of the event. The judges appreciated the efforts of the participants, the smooth conduct of the programme and also encouraged the audience to take up such opportunities as good communication skills were an important aspect of a teacher's competencies. Principal Dr. Reni Francis motivated the students to keep learning

and take part in such events which would enable the holistic development of their personalities. The activity was in alignment with SDG 4 Quality Education. The Google Meet Link for the competition:

https://meet.google.com/grp-sbbt-zcg

Day 4: 4th October, 2020

Sessions on Yoga

The yoga practitioners, Ms. Hansa Mamtora and Mr. Anup Thomas had pre-recorded warm up sessions and basic yoga sessions. These videos were sent to 5th-9th standard students who benefited a lot. Due to the COVID\_ 19 pandemic, people across the world are in a lockdown stage. So this was a big opportunity for the students to understand and practice yoga staying back home and relate it with Gandhiji's principles.

The following links were shared with the students:

Session 1: https://www.youtube.com/watch?v=D WoVRIJEL4 Session 2: https://www.voutube.com/watch?v=t4apW88bmKO Session 3: <a href="https://www.voutube.com/watch?v=NMMu754zedY">https://www.voutube.com/watch?v=NMMu754zedY</a>

Day 5: 5th October, 2020

Session on Health Guide and Post Covid-19 Sanitization

The session included games, quiz, videos on precautionary measures against Covid-19, importance of precautionary measures on Covid-19 and managing mental health. The various activities to foster physical and mental health were also provided during the session. Posters related to Post Covid health Practices were also shown to students. Ms. Rimita who recovered from Covid-19, shared her story which was very useful to the participants as it gave insight to various things to be taken care of during this pandemic.

The session can be viewed by clicking the below link:

https://drive.google.com/file/d/1JAuvSkYtROnW04ChLPYeKFg4MX2fcppL/view?usp=shar

Day 6: 6th October, 2020

#### **Story Telling Competition**

Story Telling Competition was organised for 5th-7th standard students of Chembur English High School on 6th October, 2020. The theme of the competition was 'Gandhian Values'. There were 21 participants in total. Each participant was given a platform to showcase their story telling skills. The stories were narrated with a lot of confidence. The judges were Ms. Sherry Jose, Ms. Benazeer Jamadar and Ms. Rashmi Shinde. The judges shared their expertise after the participation from the students. The winners of the competition were:

7th Grade, First position: Miss Bhargavi Sonawane 7th Grade, Second position: Master Anurag Gaikwad

6th Grade, First Position: Miss Azeen Hashmi 6th Grade, Second Position: Miss DrushtiKarkar 5th Grade, First Position: Miss Arya Shinde

Dr. Reni Francis, congratulated all the participants, winners and the organisers of the programme.

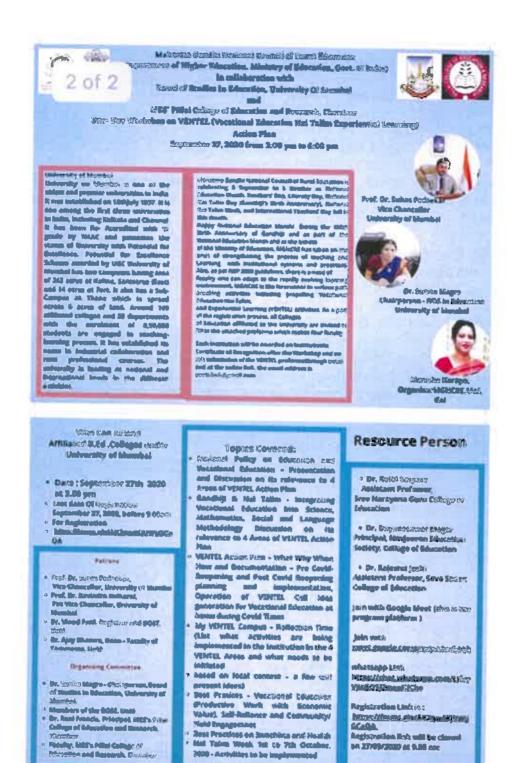
The session can be viewed by clicking the below link:

https://drive.google.com/file/d/1zzzMeAYnsMVAz0tw1z4cO6efAnbHU9xq/view?usp=shari ng

Day 7: 7th October, 2020 Mask Making Session

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Students from the tutorial group of Dr. Swasti Dhar conducted a session on Mask Making with the Ninth standard students of Chembur English High School. After welcoming everyone, the students threw light about the importance of masks with a talk on General Awareness about Masks which answered questions such as why one should wear a mask, where the mask is worn, who should not wear masks and general do's and don'ts about mask-wearing. This was followed by a talk on the different types of masks and who should wear them.

Students of CEHS were then taught how to make a simple unstitched mass from a piece of

cloth at home. Instructions were given and the students followed the instructions and made the mask side by side. A video on how to make a cloth mask was shown and shared with the students.

Students were also told about the correct way to maintain and/ or dispose of a mask after its use. A quick recap test was taken via Google Form.

The session ended with a vote of thanks to all the patrons, Principals, teachers and students. The session can be viewed at:

https://drive.google.com/file/d/1OwjtKVMHOjOsLL-Lpv4hR6T3bb0KiA-Q/view?usp=sharing

- 5. Obstacles faced if any and strategies adopted to overcome them:
  - o Internet connectivity
  - o Experiential learning through virtual meet
  - o Keeping learners motivated
- 6. The responsibilities of conducting Nai- Talim experiential learning were shared among the student teachers. So if any one student teacher faced any connectivity issue then her peer took over the task. The sessions included various activities, videos, pictures and learners were constantly encouraged to share their views and their creative work.
- 7. Impact of the Best Practice:

Through this activity student teachers were oriented towards the importance and necessity of acquiring new knowledge and skills that were productive. They learnt new skills that would enable them to be self-reliant, as it had economic value and that would also develop their creative talents, and were environment friendly.

- 8. Resources required:
  - Digital tools
  - Videos
  - Craft materials
- 9. Feedback mechanism and future plans:

Formative Feedback was given on a regular basis to the student teachers as and when they conducted the session. Moreover, feedback was also sought from the principal and teachers of Chembur English High School. This holistic feedback gave an impetus to the students to face the camera and conduct meaningful activities with confidence and precision.

Since we were in a period of COVID-19 lockdown, all the activities were carried out in virtual mode. Our future plans are to have more activities spread to more schools on a physical platform. This will give more exposure to our student teachers as well as the impact of Gandhian week will be to a larger audience.

Title of the Practice: Edu- 2030

The context that required the initiation of the practice: The United Nations 2015 gave the

Sustainable Development Goals, a universal call of action to end poverty, protect the planet

and ensure that all people enjoy peace and prosperity. The goals are interconnected - often

the key to success. These goals have become the key indicators in schools, colleges,

educational institutions etc. Since the B.Ed course caters to the needs of the students in

school and colleges we need to align the Course structure to the SDG's Since the mission and

vision of PCER focuses on global challenges, this best practice can be included in Criteria

VII as Edu-2030 an attempt to cater to the needs of the global society.

Objectives of the practice:

1. To create awareness of the 17 Sustainable Development Goals.

2. To develop competencies among student teachers on SDG's.

3. To develop activities for sustainability of SDG's

The practice:

The students will be oriented about the need for Sustainable Development Goals to be

addressed in meeting our global challenges. This will include a detailed understanding of the

17 SDG's and their impact on the society. The key competencies for sustainability will be

focused through activities which will make each of the student teacher to take decisions

judiciously.



#### Competencies are:

Critical Thinking competency: The ability to question norms, practices and opinions, to reflect on one's own values, perceptions and actions and to take a position in these situations.

Anticipatory competency: The ability to understand and evaluate multiple, possible and desirable actions and assess the consequences of these actions in dealing with risks.

Normative competency: The ability to understand and reflect on the norms and values that underline one's actions and to negotiate sustainable values, principles and goals.

Strategic competency: The ability to design and develop social initiative towards SDG's

Collaborative competency: The ability to learn from others, respect their needs, be sensitive to other's needs and facilitate collaborative problem solving.

Or. Reni Francis
Principal

Mahatma I treation Society's Pillai College of Education & Research Chembus Allambas April 971. Self-awareness competency: The ability to reflect on one's own role in the local community towards SDG's and witness the global impact.

Problem-solving competency: The ability to apply different problem solving approaches and develop viable solutions to promote sustainable development.

These competencies will be addressed through movies, role play, scenario based learning, drama, field visit, expert talk, case study etc. All the 17 SDG's will be catered and the student-teachers will be given an in-depth understanding by focusing on the specific learning objectives – cognitive learning objective, socio-emotional learning objective and behavioral learning objective.

Impact of the study:

This study will focus on developing the student teacher competencies about the SDG's through the various learning objectives

- Be sensitive about SDG's
- Foster SDG's in their practice teaching lessons
- Augment the knowledge of SDG's and its impact in life.

Resources required:

The resources such as the arrangement of movies, role play and other teaching methods that will be needed in fostering the competencies of SDG's.

Feedback mechanism and future plans:

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Comprehensive feedback will be taken on the competencies of SDG's inculcated by the teacher educator.

# Expert Talk on Teacher Education Practices Across Boundaries (Jun 18, 2020)

MES's PCER, Chembur organized an Expert Talk via You Tube Live on the topic Teacher Education Practices Across Boundaries by Dr. Matthew A. Witenstein on 18 th June 2020. The session was hosted by Principal Dr. Reni Francis. Dr. Matthew A. Witenstein , Ph.D., Assistant Professor, Department of Educational Administration, School of Education and Health Sciences, University of Dayton focused on the Teacher Education Practices that need to be adapted in this pandemic. During this period of pandemic we should support our students mentally. He observed that it is important for a teacher to be engaged with the community because when you engage with the community you can connect with them in the classroom. He stated that teacher education and teacher training that provide adaptable framework can really help in guiding the practices. Follow the link below for more details: <a href="https://youtu.be/xp\_9YfpkxsM">https://youtu.be/xp\_9YfpkxsM</a>



#### Virtual Lectures & Activities:

The faculty of the college extensively use google classrooms, EDModo, E-learning and Digital Learning platforms to deliver the course content in an effective way. Faculty also use an educational application Edmodo as part of the course delivery. The teachers give assignments and share e-resources through this application. The faculty members use Kahoot and poll everywhere platforms for online quizzes. Faculty and students are provided with MES email IDs with unlimited storage. Hence at PCER, multiple mode approach to teaching-learning is adopted by teachers for enhancing student learning

#### Value added course -

Job Perfect Session: A workshop series/add-on course, "Job Perfect" preparing students for Campus Placement was conducted over three sessions. The sessions covered common communication errors, SWOC analysis and resume writing skills and interview skills. MES's PCER, Chembur in association with Placement Cell organized an Add on Course on the topic 'Being Job Perfect' in November 2021. The course is in sync with SDG # 4: Quality Education.

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The course consisted of 30 hours and was divided into four modules: 1. Common Errors in Communication 2. SWOC Analysis 3. Resume Writing 4. How to face an interview

# Online Crash Course on MAHA TET:

MES's Pillai College of Education and Research, Chembur launched an Online Crash Course in preparation towards the MAHA TET Exam 2021. This online crash course received an overwhelming response from the budding teachers and began from 31st July, 2021 with an orientation session regarding the schedule, syllabus and resources for the course.

# Launch of New Website - Upscale your Communication Quotient:

Under its new initiative, PCER Chembur started a new website on Google Sites named Upscale your Communication Quotient. This Google Site is power packed with video lessons on how one can become a better communicator. The video lessons have been contributed by the teacher educators of PCER, Chembur.

# Expert Talk on Translating Texts and Ideas:

PCER Chembur celebrated International Translation Day with an online conversation on the topic 'Translating Texts & Ideas' with Mr. Kumar Vikram – Publishing Editor, Translator and Bi-lingual poet.

## Colloquium on "Best Practices in VENTEL":

The Board of Studies in Education, University of Mumbai in collaboration with MES's Pillai College of Education and Research, Chembur organised an Online Colloquium on "Best Practices in VENTEL – MGNCRE Azadi Ka Amrit Mahotsav" for Student Teachers of VENTEL Cell on 1st October 2021 from 2.00 p.m. to 3.30 p.m. on Zoom platform.

## Lend a Book Activity on Vachan Prerna Divas:

The Board of Studies in Education, University of Mumbai in collaboration with MES's Pillai College of Education and Research, Chembur observed Vachan Prema Divas on 15th October, 2021 with an activity, "Lend a Book" wherein an ebook can be downloaded from the digital library portal of PCER. The objective behind this is to encourage reading across all age groups.

# Best Practice in Student Support and Progression – RISE:

Emancipation is the hallmark of a good counselling programme. Keeping this paradigm in mind, PCER, Chembur initiated its programme – RISE or Re-assuring Impactful Sociable Emancipation. RISE plans to hold a number of sessions through which the youth can be impacted.

Fxpert Talk on Menstrual Health & Hygiene: On the 22nd of July, 2021, an Expert Talk on the topic 'Menstrual Health & Hygiene' by Ms. Ankita Sukhwal, CSR Executive - Unicharm India, was conducted under this initiative. The hour-long online session from 4:30 pm to 5:30 pm on the topic was broadcast live over PCER Chembur's YouTube channel. Ms. Sukhwal emphasised the importance of the menstrual cycle and how everyone should be open about this topic. This activity was

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conducted under SDG # 3: Good Health and Well Being and can be viewed at <a href="https://www.youtube.com/watch?v=D-5KCvegTKE&t=2290s">https://www.youtube.com/watch?v=D-5KCvegTKE&t=2290s</a>

- Expert Talk on Wellness Happiness And the Science behind it!: On the 31st of July, 2021 an online Expert Talk was conducted on the elusive topic 'Happiness The Science behind it!' from 4:00pm-5:00pm. The talk was delivered by Dr. Tina Roy, an alumna of PCER Chembur from the Batch of 2009-10. Dr. Tina encapsulated the major research findings on happiness and also added her experience from conducting Happiness classes and encouraged all participants to try following these steps. This activity was conducted under SDG # 3: Good Health and Well Being and can be viewed at <a href="https://www.youtube.com/watch?v=5JPprLubuV4&t=1901s">https://www.youtube.com/watch?v=5JPprLubuV4&t=1901s</a>
- Expert talk on Diet for Wellness: The session on 20th August was on the topic "Diet for Wellness". The resource person for the session was Ms. Jennifer Dhuri, Consultant Dietician. The session was very smoothly anchored by the General Secretary of the Student Council of PCER. Ms. Dhuri gave a very comprehensive and relevant exposition on the importance of diet and nutrition in the holistic wellbeing of the individual. The presentation was followed by a question-and-answer session wherein Ms. Jennifer provided clear and needful information to the participants. The link for the session is given below: <a href="https://www.youtube.com/watch?v=MKEp">https://www.youtube.com/watch?v=MKEp</a> hpV-A
- Expert talk on Mental Health about Healthy Living: The topic for the session on 24th August was on Mental Health- "Let's Talk about Healthy Living". Dr. Sheryl Senthilnathan, Consultant Psychiatrist was the resource person for the YouTube Live session. Dr. Sheryl gave a very pertinent presentation on the contemporary scenario highlighting the factors that affect the mental health of people and what lifestyle changes and habits one needs to cutivate to address the issue. The link for the session is given below: <a href="https://www.youtube.com/watch?v=LtKItTg8RBU">https://www.youtube.com/watch?v=LtKItTg8RBU</a>

#### Best College Award:

Global Intellect Educational Award appreciated the contribution of PCER Chembur in the field of education by presenting the 'Best College Award for the year 2021'

# Participation of Faculty in Refresher, Short Term courses, Webinars:

- o Dr. Reni Francis:
  - Resource person for FIP at Rani Durgavati Vishvadilaya for several topics
  - Was invited as the resource person for the online Faculty Development Program on 'Mentoring Teaching & Pedagogy in Technical Education', organised by Dr. M. G. R. Educational and Research Institute in association with the Academic Staff College.

#### o Dr. Mary George Varghese:

- Attended National webinar on making the research visible organised by Hashu Advani College of Special Education, Mumbai on 12th August, 2021
- Attended one-day national webinar on an educational leap with artificial intelligence organised by IQAC St. Joseph's College of Education Mysore on 14th July, 2021

Completed AICTE and IST approved refresher programme on the learner-oriented teaching methods held during 19th to 25th May, 2021 organised by IPS College of Technology and Management Gwalior Madhya Pradesh

#### o Dr. Jaya Cherian:

- Attended webinar on World Population Day Rise for a Better Living organized by Women Development Cell (WDC), University of Mumbai in collaboration with MES's Pillai College of Education and Research, Chembur 11th July, 2021.
- Attended an online Workshop on 'Filing of Income Tax Returns' conducted by MES's Pillai College of Education and Research, Chembur in collaboration with Mahatma Night Degree College of Arts & Commerce on 31st August, 2021.
- Attended an online workshop on Effective Communication Strategies in the Classroom organized by MES's Pillai College of Education and Research, Chembur on 13th October, 2021.
- Participated in an Online National Webinar on "Enabling a perfect research ecosystem with Scopus, Science Direct and Mendeley" organised by Internal Quality Assurance Cell of MES's Pillai College of Education and Research, Chembur, with ELSEVIER on 16th – 17th November, 2021.

# o Mr. Rajendra. B. Deshmukh:

- Completed the Orientation Programme conducted by the University Grant Commission, Human Resource Development Centre [UGC HRDC] University of Mumbai from 19th July to 7th August, 2021 and obtained 'A' Grade.
- Attended an online Workshop on 'Filing of Income Tax Returns' conducted by MES's Pillai College of Education and Research, Chembur in collaboration with Mahatma Night Degree College of Arts & Commerce on 31st August, 2021.
- Attended an online workshop on Effective Communication Strategies in the Classroom organized by MES's Pillai College of Education and Research, Chembur on 13th October, 2021.
- Participated in an Online National Webinar on "Enabling a perfect research ecosystem with Scopus, Science Direct and Mendeley" organised by Internal Quality Assurance Cell of MES's Pillai College of Education and Research, Chembur, with ELSEVIER on 16th 17th November, 2021.
- Presented a research paper titled 'An overview of comparative primary science curriculum studies and their importance' in the National Level Multidisciplinary E-conference organised by the Mahatma Night Degree College of Arts and Commerce.

#### o Ms. Achala Bhor:

Ms. Achala Bhor successfully completed an Online Short-term Course on Research Paper Writing from 24th to 30th May, 2021 organised by UGC-Human Resource Development Centre, Gujarat University, Ahmedabad. The Short-term Course on Research Paper Writing was conducted through Google Classroom as an Online Course following MOOCs pedagogy like SWAYAM.

https://www.pcer.ac.in/faculty/seminars-conferences-paper-presentations-extension/

### **Strengthen Training & Placements**

 Add on course Job Perfect- sessions on Communication Skills, Interview Skills, Resume Writing, Soft Skills (January, 2021- February, 2021)

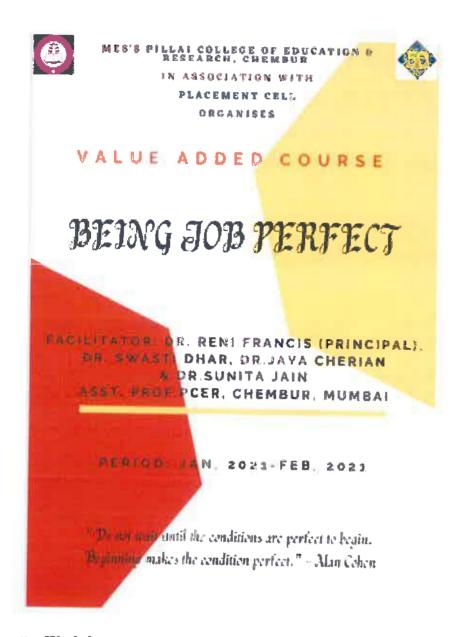
MES's PCER, Chembur in association with Placement Cell organised an Add on Course on the topic 'Being Job Perfect' from January, 2021. February, 2021. The course was in sync with SDG # 4: Quality Education. The course consisted of 30 hours and was divided into four modules: 1) SWOT Analysis 2) Grooming Session 3) Resume Writing 4) How to face an interview.

SWOT Analysis - The best way to succeed in life is to know oneself well. One should be very versed with one's strengths and weaknesses along with what are the opportunities one can utilise as well as any threats which one should beware of. This knowledge is a big advantage in one's professional life and is the foundation of preparation for one's career.

2) Grooming sessions dealt with personal grooming, body language and professional etiquette. It is the process of making yourself look neat and presentable. Grooming is important for a positive self-image and to encourage and maintain a pleasing and attractive appearance.

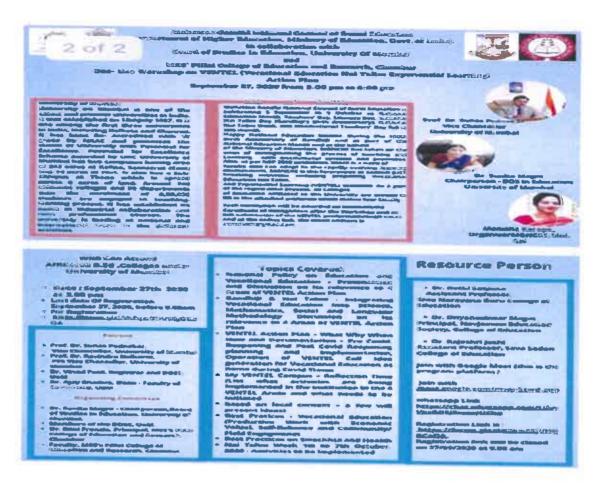
3) Resume Writing focused on familiarizing the students on the various formats in which a student can write one's curriculum vitae and write corresponding cover letters. It was emphasized that the purpose of a Resume is to ensure that the institution contacts the participant with an interview call. So, a resume is an opportunity for the one to present oneself in the best possible light so as to ensure a best fit for the school or college applied to.

4) How to Face an Interview session focused on the various aspects that are part of a job interview. It oriented the students regarding the things to be kept in mind during the pre-interview stage, the day of the interview and post-interview. In the pre-interview stage the candidate should focus on personal aspects such as health, hygiene, grooming etc and mental aspects such as strengthening content knowledge, updating current affairs knowledge, etc. On the day of the interview the candidate should be mindful of the following —being punctual, confident, courteous and positive, carrying necessary documents etc. Post interview it is desirable for the candidate to mail a thank you to the organization and reiterate their interest in the job.



# Workshop on VENTEL (Vocational Education Nai Talim Experiential Learning) - 27th September, 2020

Mahatma Gandhi National Council of Rural Education, Dept of Higher Education, Ministry of Education, Govt of India and University of Mumbai - BOS in Education in association with MES's Pillai College of Education & Research organized a Workshop on VENTEL (Vocational Education Nai Talim Experiential Learning) on 27th September, 2020 from 3.00 pm to 6.00 pm. The program began with a formal welcome to all to the Workshop on VENTEL followed by the University Song. The workshop was highly appreciated by all the participants and it laid the foundation and gave direction for VENTEL activities to be adopted and practiced by each institution.



# Webinar titled 'Prerequisites for being an Educator'

# Session on Set Induction in a Virtual Classroom. (13th June, 2020)

The 'Alumni Returns' is a lecture-series where PCER alumni come back to the college and share their expertise with the students. This academic year due to the prevailing situation of the pandemic and the lockdown, PCER commenced the programme in its online form. This is in line with SDG #4 Quality Education. On 13th June, 2020, Ms. Shubadra Shenoy, Alumna from the Batch of 2010-11 and at present the founder Principal of Little Angels' International School, Sion enthralled the students and alumni by holding a session on Set Induction in a Virtual Classroom via a Zoom Meet. With 95 live participants, this session focused on the various ways in which teachers can provide innovative and interesting learning experiences to students. The games, strategies and concepts shared by Ms. Shubadra were short, simple and can be used across age-groups and subjects. They can be used to start lessons, during recap and even in the middle of the lessons as energisers. The participants benefited immensely from the session as it threw light on the various possibilities for conducting interactive and effective online teaching learning experiences. Follow the link below for more details: <a href="https://drive.google.com/file/d/1TKtAfSfOFJPprcVf">https://drive.google.com/file/d/1TKtAfSfOFJPprcVf</a> xvb7E5iCKPwxMRv/view?usp=sharing



# ALUMNI쥬

The Alumai Assosciation of PCER Chembur invites you to an online session

# SET INDUCTION IN A VIRTUAL CLASSROOM

RETURNS

13th June, 2020

4:00 PM

via Zoom Meeting

**Registration Compulsory** 

<u>Click here to</u> <u>register</u> Ms. Shubadra Shenoy



- Founder Principal Little Angels International School, Sion
- Ev Principal Shushuvan School, Matunga

Mahatma Education Society's Pillai College of Education & Research Chembur

- · Internship activities through online mode were organised
- Students participated in Coursera courses

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· Content Enrichment Programme was conducted (15th to 24th June, 2020)

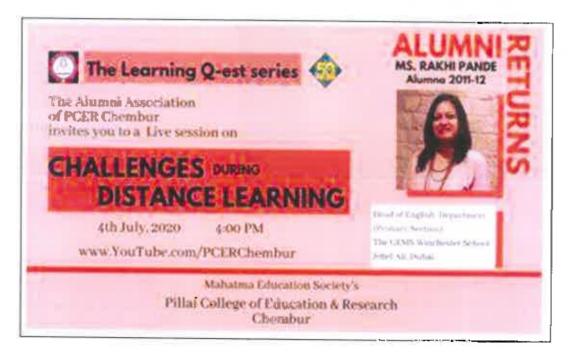
Content knowledge is an indispensable component of effective teaching and with the lockdown firmly in place during this unfortunate COVID-19 pandemic, PCER, Chembur conducted online Pedagogy-wise CEP for the students from the Batch of 2019-21 from 15th to 24th June, 2020. Individual subject-wise Google Classrooms were created and Google Meets were held for interactive discussions in all the subjects. Various pedagogical topics were discussed and doubts, if any, were cleared and clarified. The students were assessed by means of two content tests. These sessions helped the students to become more assured and updated with their

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content-knowledge and to look forward to the upcoming practice teaching in the third semester with confidence.

Session on Challenges During Distance Learning (4th July, 2020)

As a part of the Learning Q-est series organised through the Alumni Returns programme, PCER alumna Ms. Rakhi Pande, from the batch of 2011-12, interacted with the students and alumni of PCER, Chembur over YouTube live on the 4th of July, 2020 from 4:00 to 5:00 pm. This series was in line with SDG #4: Quality Education. As the Head of the Primary Section (English) of the Winchester School in Jebel Ali, Dubai, Ms. Rakhi and her team of around 75 teachers experienced the chaos of online teaching with the onset of the Covid-19 pandemic. Ms. Rakhi shared the challenges they faced and overcame, the pitfalls they had overlooked and thus had to conquer and the triumphs, which made the entire journey worthwhile. She hoped that by sharing her experiences, the students of PCER would be able to understand the various practical difficulties and challenges faced in real life teaching and take the help of some of the solutions which her team and she used in order to improve their own understanding of teaching online. The link for the session is: <a href="https://www.youtube.com/watch?v=TiureHZCS2Y&t=1390s">https://www.youtube.com/watch?v=TiureHZCS2Y&t=1390s</a>



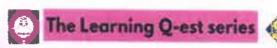
Reni Francis





# Session on CoRT Tools (27- July 2020)

PCER alumna Ms. Sheeba Chikodi from the batch of 2012-13, spoke to the student-teachers and the alumni of PCER Chembur about the various CoRT tools popularised by Edward de Bono. The session was conducted on the 27th of July, 2020 via YouTube live at 5.00pm. This talk was organised by the Alumni Association of PCER Chembur as a part of The Learning Q-est Series as a part of the Alumni Returns programme. Ms. Sheeba spoke about the importance of teaching children to think and how teachers need to provide them with the tools for thinking. Like any other skill, these need to be taught and practiced regularly. She spoke at length about some of the tools and gave many examples as to how these can be used in the classrooms. The session ended with Ms. Sheeba answering various questions from the participants. The series was in line with SDG#4: Quality Education and was streamed live over PCER Chembur's Facebook and Youtube channels. It can be viewed at: <a href="https://www.youtube.com/watch?v=D8jpanj68gg">https://www.youtube.com/watch?v=D8jpanj68gg</a>



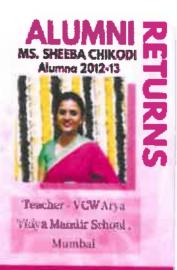
The Alumni Association of PCER Chembur invites you to a Live session on

# LET'S THINK -THE CORT TOOLS

27th July, 2020

5:00 PM

www.fooTube.com/PCERChembur



Mohatma Education Society's Pillai College of Education & Research Chembur

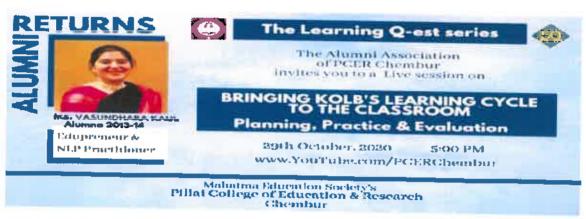




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# Session on Kolb's Learning cycle. (29th October 2020) as conducted, (13th June, 2020)

On the 29th of October, 2020, Ms. Vasundhara Kaul, our alumna from the batch of 2013-14 participated in 'The Learning Q est Series' as a part of the Alumni Returns programme to speak about the practical applications of Kolb's Learning Cycle in the classroom. Educational theories are of a lot of importance in teachertraining and it falls upon the experienced teachers to throw light upon how these can be practically applied to the teachinglearning process. The talk demystified the four learning styles as given by David Kolb and simplified the corresponding learning cycles. Ms. Vasundhara spoke about how the awareness about the four stages in the learning cycle can be used by the teacher in order to ensure that all learning is brought into the experience of the learner. The talk was hosted by Dr. Swasti Dhar and streamed live on PCER Chembur's Youtube Channel. This activity is in accordance #4: SDG **Ouality** Education and can https://www.youtube.com/watch?v= GOcfuwLuLO





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Coursera online Courses were completed by faculty

https://www.pcer.ac.in/faculty/seminars-conferences-paper-presentations-extension/

Faculty participated in Refresher, Short Term courses, webinars (Put in the last meeting)

https://www.pcer.ac.in/faculty/seminars-conferences-paper-presentations-extension/

#### Dr. Reni Francis

- Convenor for Live Webinar on "World Population Day Take a Stand, Raise Awareness" on 11th July, 2020 organised by MES's PCER, Chembur in collaboration with the University of Mumbai, Department of Lifelong Learning and Extension.
- Attended Online Live Webinar organized by NAAC on 8th July, 2020 on the topic "NAAC Assessment and Accreditation Process for Affiliated / Constituent Colleges".
- Convenor for Online Live Webinar on "Different Approaches in Management Research" on 4th June, 2020 organised by University of Mumbai (Thane Sub Campus) in association with Vivekanand Education Society. Institute of Management Studies & Research and MES's Pillai College of Education & Research, Chembur.
- Convenor for National Level Live Webinar on "Nep-2020 Vision for a Prospective Nation" organised by MES'S Pillai College of Education and Research, Chembur in collaboration with Centre of Education, Indian Institute of Teacher Education, Gandhinagar, Gujarat on 8th September, 2020.
- Convenor for Workshop on "VENTEL (Vocational Education Nai Talim Experiential Learning)" organised by Mahatma Gandhi National Council of Rural Education, Dept. of Higher Education, Ministry of Education, Govt. of India and University of

Mumbai — BOS in Education in association with MES's Pillai College of Education & Research on 27th September, 2020.

- c Convenor for Online Webinar on "Digital Stree Shakti", Webinar on "Online Safety of Girls" organised by MES's Pillai College of Education and Research, Chembur in collaboration with Maharashtra State Commission for Women and Responsible Netism along with Soroptimist Welfare Association (SIBC) on 10th October, 2020
- Convenor for Online Research Colloquium on "Trends in Education" organised by University of Mumbai Thane Sub Campus and Doctor Pandita Ramabai Girls Hostel in collaboration with Mahatma Education Society's Pillai College of Education and Research Chembur on 25th November, 2020.
- Convenor for Online One Day International Conference on "Innovative and Sustainable Education Practices in Higher Education" organised by MES's Pillai College of Education and Research in collaboration with the International Science Community on 3rd December, 2020.
- Convenor for Online Seminar on Student Teacher's Action Research organized by the University of Mumbai, Thane Sub Campus in collaboration with MES's Pillai College of Education and Research, Chembur organised on 5th April, 2021.

Coursera Courses completed by Dr. Reni Francis from May, 2020 - August 2020

- Firm Level Economics: Consumer and Producer Behaviour University of Illinois
- Science of Exercise University of Colorado Boulder
- Performance Assessment in the Virtual Classroom University of California, Irvine
- Introduction to Google Docs Coursera Project Network
- Intelligence Tools for the Digital Age IE Business School
- Communication Strategies for a Virtual Age University of Toronto
- Fundamentals of Management University of California, Irvine
- Essentials of Entrepreneurship: Thinking and action University of California, Irvine
- The Art of Negotiation University of California, Irvine
- Organizational Behaviour: How to manage people IESE Business School
- Communication in the 21st century Workplace University of California, Irvine
- Effective Problem solving and Decision Making University of California, Irvine
- Teamwork Skills: Communicating Effectively in Groups University of Colorado Boulder
- Initiating and Planning Projects University of California, Irvine
- Managing Project Risks and Changes University of California, Irvine
- Mindshift: Break through obstacles to learning and Discover your Hidden Potential - McMaster University
- Finding Purpose and Meaning in Life: Living for what matters Most University of Michigan
- Successful Presentation University of Colorado Boulder
- Agile meets Design thinking University of Virginia
- High Impact Business Writing University of California, Irvine
- Personality Types at Work University of Florida
- Managing Talent University of Michigan
- Leading Teams -- University of Michigan

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- Converting Challenges into Opportunities University of California, San Diego
- Leadership and Emotional Intelligence Indian School of Business
- Moralities of Everyday Life Yale University
- Managing the Company of the Future University of London
- Outbreaks and Epidemics Johns Hopkins University
- Design-Led strategy: Design thinking for business strategy and entrepreneurship University of Sydney
- Work smarter, not Harder: Time Management for Personal and Professional Productivity University of California, Irvine
- Problem- Solving skills for University Success The University of Sydney
- Introduction to Psychology Yale University
- Teaching character and creating positive classrooms Relay Graduate School of Education
- Creative Problem solving University of Minnesota
- Inspiring and Motivating Individuals University f Michigan

#### Dr. Mary George Varghese

- Participated in the National Workshop on highlights and Implementation of National Education Policy 2020 organised by Bangalore University Bengaluru on 24th and 28 August, 2020
- Attended National level Online Workshop on Online AAssessment tools organised by Tumkur University Teacher Educator's Association and Council for Teacher Education Foundation Karnataka chapter on 27th September, 2020
- Attended two days' National Webinar on National Education Policy in NEP-2020 a way forward organised by Rajiv Gandhi University Arunachal Pradesh on 20th & 21st August, 2020
- Attended National Webinar on Challenges and Opportunities of Higher Education in present scenario organised by Sandipani Academy, Chhattisgarh on 29th August, 2020
- Participated in the National Webinar on a critical analysis of teacher education programme as envisaged in the in NEP 2020 organised by Rajaji Nagar College of Education, Bangalore on 12th September, 2020
- Attended Webinar on understanding learning disabilities in the classroom organised by my trusted tutor.com on 3rd October, 2020

#### Dr. Sunita Jain

- Attended Short Term Course on Inclusive Learning Environment from 10th to 18th June, 2020 organised by Inter University Centre for Disability Studies – Mahatma Gandhi University, Kerala in collaboration with MES's PCER, Chembur
- Attended Short Term Course on 'Connecting Classroom through Online Learning' organised by SLN Global Network in association with MES's PCER, Chembur from 1st to 8th July, 2020.
- Participated in Live Webinar on 'Ethical Teacher Behaviour Modifications for Enhancing Professionalism' organised by PCER, Panvel on 24th July, 2020

Participated in Live Webinar on 'World Population Day - Take a Stand', Raise Awareness' on 11th July, 2020 organised by MES's PCER, Chembur in collaboration with the University of Mumbai, Department of Lifelong Learning and Extension.

#### Dr. Jaya Cherian

- Participated in Live Webinar on 'World Population Day Take a Stand', Raise Awareness' on 11th July, 2020 organised by MES's PCER, Chembur in collaboration with the University of Mumbai, Department of Lifelong Learning and Extension.
- Attended online Live Webinar organized by NAAC on 8th July, 2020 on the topic 'NAAC Assessment and Accreditation Process for Affiliated / Constituent Colleges.'
- Attended online live Webinar 'Different Approaches in Management Research' on 4th June, 2020 organised by University of Mumbai (Thane Sub Campus) in association with Vivekanand Education Society, Institute of Management Studies & Research and MES's Pillai College of Education & Research, Chembun.
- Participated in National Level Live Webinar on Nep-2020 Vision for a Prospective Nation organised by MES'S Pillai College of Education and Research, Chembur in collaboration with Centre of Education, Indian Institute of Teacher Education, Gandhinagar, Gujarat on 8th September, 2020.
- Attended workshop on VENTEL (Vocational Education Nai Talim Experiential Learning) organised by Mahatma Gandhi National Council of Rural Education, Dept of Higher Education, Ministry of Education, Govt of India and University of Mumbai BOS in Education in association with MES's Pillai College of Education & Research on 27th September, 2020.
- Attended online webinar on 'Digital Stree Shakti-Webinar on Online Safety of Girls' organised by MES's Pillai College of Education and Research, Chembur in collaboration with Maharashtra State Commission for Women and Responsible Netism along with Soroptimist Welfare Association (SIBC) on 10th October, 2020.
- Attended online Research Colloquium on Trends in Education organised by University of Mumbai Thane Sub Campus and Doctor Pandita Ramabai Girls Hostel in collaboration with Mahatma Education Society's Pillai College of Education and Research Chembur on 25th November, 2020.
- Participated in an online One Day International Conference on Innovative and Sustainable Education Practices in Higher Education organised by MES's Pillai College of Education and Research in collaboration with the International Science Community on 3rd December, 2020.
- Attended an online seminar on Student Teacher's Action Research organized by the University of Mumbai, Thane Sub Campus in collaboration with MES's Pillai College of Education and Research, Chembur organised on 5th April, 2021.

#### Mr. Rajendra Deshmukh

- Attended Online Short Term Course on Connecting Classroom through Online learning from 1st - 7th July, 2020 organised by MES's Pillai College of Education & Research, Chembur in collaboration with SLN Global Network.
- Participated in Live Webinar on 'Ethical Teacher Behaviour Modifications for Enhancing Professionalism' organised by PCER, Panvel on 24th July, 2020.
- Attended Short Term Course on Inclusive Learning Environment from 10th to 18th June, 2020 organised by Inter University Centre for Disability Studies – Mahatma Gandhi University, Kerala in collaboration with MES's PCER, Chembur.
- Attended an online Workshop on 'Filing of Income Tax Returns' conducted by MES's Pillai College of Education and Research, Chembur in collaboration with Mahatma Night Degree College of Arts & Commerce on 31st August, 2021.
- Attended an online workshop on Effective Communication Strategies in the Classroom organized by MES's Pillai College of Education and Research, Chembur on 13th October, 2021.
- Participated in an Online National Webinar on "Enabling a perfect research ecosystem with Scopus, Science Direct and Mendeley" organised by Internal Quality Assurance Cell of MES's Pillai College of Education and Research, Chembur, with ELSEVIER on 16th – 17th November, 2021.
- Presented the paper 'Cross-national comparison of the learning outcomes in primary science' in online Research Colloquium on Trends in Education organised by University of Mumbai Thane Sub Campus and Doctor Pandita Ramabai Girls Hostel in collaboration with Mahatma Education Society's Pillai College of Education and Research Chembur on 25th November, 2020.

#### Research Initiatives

Webinar on YouTube titled Different Approaches in Management Research (4- June 2020)

University of Mumbai (Thane Sub Campus) in association with Vivekanand Education Society Institute of Management Studies & Research and with MES's Pillai College of Education & Research, Chembur organized an online live Webinar on YouTube titled 'Different Approaches in Management Research' on 4th June, 2020 from 3pm to 5pm in the evening. The key speakers were Dr. Ashish Pandey, Associate Professor, Shailesh. J Mehta School of Management, IIT Bombay and Dr. Sanjeev Varshney, Professor, XLRI, Jamshedpur. Dr. Ashish Pandey spoke about Social Sciences in general and Management and Research in particular. He illustrated what is the source of research and what constitutes theoretical contribution based on originality and utility factors. He further covered topics namely; building blocks of theoretical contribution and approaches in research. in detail. Dr. Sanjeev Varshney shared his expertise and practical applications of Research Methodology. He deliberated on topics such as 'the three kinds of knowledge', scientific knowledge, research paradigm, range of management research, data analysis techniques and more. The webinar witnessed high participation and was greatly appreciated by all the participants. Link to the YouTube video — https://www.youtube.com/watch?v=q5hizSCXfh4





# Research Colloquium on Trends in Education (25th November 2020)

University of Mumbai Thane Sub Campus and Doctor Pandita Ramabai Girls Hostel in collaboration with Mahatma Education Society's Pillai College of Education and Research Chembur, organised a Research Colloquium on Trends in Education on 25th November 2020 from 2 p.m. to 4 p.m. Dr. Sunita Magre, I/C Director, University of Mumbai, Thane Sub Campus introduced the theme of the research colloquium. There were six research scholars who presented on various topics- Ms. Aditi Bhushan, Ms. Sheetal Aditya Ms. Farah Sheikh, Mr. Narseerali M.K, Mr Rajendra Deshmukh, Dr. Reni Francis. Dr. Swarnalata Chari, Dr. Prakash Kale, Dr. Frances Ketan Vaidya and Dr. Mary George Varghese chaired the sessions effectively. The colloquium was in sync with SDG # 4 Quality Education The research colloquium provided a very good scholarly platform for the research scholars to share their research work and experiences. The zoom meeting link is given below: https://pillai-edu-in.zoom.us/j/89288988553?pwd=ODhta0IDK2dIRTBzcFM1b1ZqMml3dz09

Or. Reni Francis
Principal
Mahatma Education Society's
Pillai College of Education & Research
Chembur, Mumbai - 400 071.

Satpute — Best Action Research on Online Teaching-Learning 5. Ms. Alisha Khan, Kalpana Sanghvi—Best Action Research on COVID-19 pandemic Student Teacher's Action Research Seminar The Student Teacher's Action Research Seminar gave insights on various action research work undertaken by the student teachers. The student teachers benefited extremely through this activity since at this stage of their learning, research work will help them to be committed towards developing as a practitioner, thus becoming an agent and source of change in the field of education. The Student Teacher's Action Research Seminar was in accordance with SDG4 Quality Education. An important outcome of this seminar was the publication of all the research papers presented by the student teachers. These papers were compiled by Dr. Sunita Magre, Professor and I/c Director, University of Mumbai Thane Sub Campus and Dr. Reni Francis, Principal, Pillai College of Education, Chembur in a book entitled, "Classroom Dynamics: Action Research" and published by Lambert Academic Publishing ISBN: 978-620-3-84797-0. Following is the link of the recording for the Student Teacher's

Action Research Seminar:

https://drive.google.com/file/d/1Pvo4CpRdLUiM37VdEpa\_kwa0V6\_MVuNS/view?usp=sharing
Here are some glimpses of the seminar:





Or. Reni Francis
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### Student Teacher's Action Research Seminar

A seminar on Student Teacher's Action Research was organised on 5th April, 2021 from 11:00a.m. 1:00p.m. on the online platform Zoom. The University of Mumbai, Thane Sub Campus in collaboration with MES's Pillai College of Education and Research, Chembur conducted this seminar with the objectives to help and make student teachers understand the importance of research. This activity enlightened all the participants by helping them understand the importance of research for a teacher in disseminating the knowledge and looking at all the aspects of the classroom. After the insightful inaugural address by Dr. Reni Francis, Principal, PCER Chembur and Convenor of the seminar, 15 participants presented their research work as per the schedule. Each one of them stated the Title, Objectives, Methodology and Tools used, Data Analysis, Inferences and Conclusion of their study. Every participant explained their research work in a detailed and systematic manner. After all the presentations, the chairpersons of the seminar Ms. Vasundhara Kaul and Ms. Anita Shinde gave their valuable feedback and appreciated the efforts put in by all the student teachers for their research work. After which coordinator of the seminar, Dr. Mary Vargese, declared the results for this event. Following are the winners. Winners 1. Ms. Alka Kathania – Best Action Research SDG's 4 Ms. Pooja

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Principal
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Philai College of Education and Research, managed by Mahadina Education Society was established in the year 1990 with the sole objective of producing teachers with noble and elevating quality. nike in turn, will echeno extraprilinary merits and attanzements PCEA, prestigious institucios às an agent for dissessimption of laserholes and culture and is an epitome of hopes and aspiration for numerous budding teachers. Today PCER institution beauty of being one of the leading Institutions impacting high Stalify education, interrated with values and technology. The nervits are laudable and it can be proudly said that the credit of taking the optitution to di pismacle of mexess goes to the management. Principal and the faculty members, who werk in

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> Or. Reni Francis Principal Mahatma Education Society's

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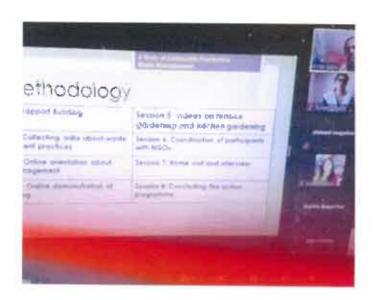
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Or. Reni Francis

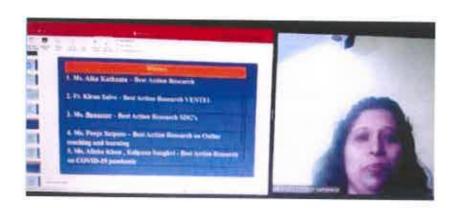
Principal

Mahatma Education Society's

Chembur, Mumbai - 400 071.







Working towards Ph. D centre

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Or. Reni Francis
Principal
Mahatma Education Society's
Pillal College of Education & Research
Chembur, Mumbai - 400 071.

MES's Pillai College of Education and Research, Chembur

### Ph.D. Research Centre

(Interdisciplinary Studies - Education)



# • Faculty published research papers, books

#### Dr. Reni Francis

- Published book Classroom Researches by Lambert Academic Publishing ISBN-13:978-620-2-68064-6 in July 2020
- Published book Classroom Dynamics by Lambert Academic Publishing ISBN-13: 978-6203847970 in April 2021
- Published Effective Classroom Management published by Notion Press
- Published a book of compilation of stories and movie review 'Moral of the Story...
  published by Notion Press
- Dr. Reni Francis (Principal) published a Book on 'Pedagogy of Commerce' by Himalaya Publishing House (ISO 9001:2015 Certified) with ISBN:978-93-90436-88-0
- Authored a book Student Teachers Action Research published by Lambert Academic Publishing, UK in August, 2020
- Published a research article titled "Students Perception on Online Learning during COVID-19 Lockdown in International Journal of Multidisciplinary Educational Research" ISSN: 2277-7881, August, 2020
- Published a research article titled "Yoga Wellness for Life during COVID-19 Lockdown in Mukt Shabad" Journal ISSN: 2347-3150, June 2020

#### Dr. Sunita Jain

 Dr. Sunita Jain published a book on 'Pedagogy of Economics' by Himalaya Publishing House (ISO 9001:2015 Certified) with ISBN: 978-93-90436-72-9

Dr. Sunita Jain published a paper on 'A Perceptual Study to Find Out The Causes of Female Illiteracy in Mumbai's Suburban District By the B.Ed. Students' on Online ISSN 2278-8808, SJIF 2019 = 6.380, www.srjis.com, Peer Reviewed and Refereed Journal, SEPT-OCT, 2020, VOL- 8/61. http://www.srjis.com/issues\_data?issueId=162

Or. Cent Francis
Principal
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Chembur, Mumbai - 400 071.

9 Dr. Sunita Jain published a paper on 'A Study to find out the effect of CoronaVirus Pandemic on the Mental Health of B.Ed. Students' on Aarhat Multidisciplinary International Education Research Journal (AMIERJ), Peer Reviewed Journal, SJIF Impact Factor 6.236, ISSN-2278-5655, Volume-VIII, Issues-III, May-June 2020

#### Dr. Jaya Cherian

- e Contributed two articles in the book Classroom Researches by Lambert Academic Publishing ISBN-13:978-620-2-68064-6 in July 2020
- e Contributed an article in the book Classroom Dynamics by Lambert Academic Publishing ISBN-13: 978-6203847970 in April 2021

### Integrating Technology in the Classroom

Online classroom and virtual lectures through G-Suite

PCER Chembur created Google classrooms. Each student was provided with an email id with the credentials ending with @mes.ac.in. Virtual lectures were conducted through G-suite using google meet during the entire lockdown period when the colleges were offering online mode of education

 Endeavor towards paperless transactions through promoting online assignments and submissions

PCER Chembur created Google classrooms. Students were given the assignments through these classrooms for each paper. Students were asked to upload the pdf of the assignment in the respective classroom.

Institution has its own YouTube channel

Link :- https://www.youtube.com/c/PCERChembur

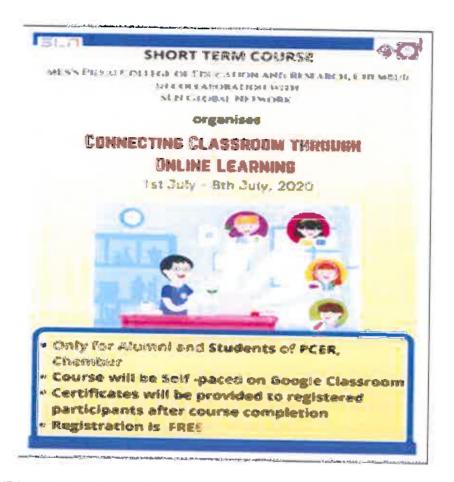
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Short-term course on 'Connecting Classroom through Online Learning' (1st to the 8th of July 2020)

In commemoration of Mahatma Education Society's Golden Jubilee Year, PCER, Chembur in collaboration with SLN Global Network organized a short-term course on 'Connecting Classroom through Online Learning' for the students and alumni of PCER, Chembur. Online teaching learning has become the buzzword during this pandemic. This programme gave an excellent opportunity to sharpen the participants' online skills in meeting the need of the hour. This free, week-long, selfpaced course was conducted over Google Classrooms from the 1st to the 8th of July 2020. 131 registered participants learnt about various ways to enhance their skills of teaching by learning about techniques for student engagement and assessment. The following link was used for registration for the course: https://forms.gle/TWVKhUmAs6Giv7i97

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· 'Digital Stree Shakti-Webinar on Online Safety of Girls' (10th October 2020)

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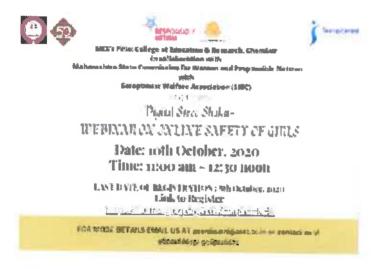
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On account of International Day of the Girl Child and World Mental Health Day, 'Digital Stree Shakti-Webinar on Online Safety of Girls' was held on 10th October by MES's Pillai College of Education and Research, Chembur in collaboration with Maharashtra State Commission for Women and Responsible Netism along with Soroptimist Welfare Association (SIBC). The webinar focused on the online safety of girls prioritizing security measures, online protection and cyber wellness. There were 120 female participants both from B.Ed. and D.Ed. batch of student teachers who had registered and attended the program wholeheartedly. The Session was in sync with SDG 5: Gender Equality and SDG 17: Partnerships for the Goals. The host of the webinar, Ms. Sherry Jose (GS, PCER) welcomed the attendees and introduced the organisers and speakers for the day. The event commenced with the inaugural speech of the Chairperson of Management Board of Mahatma Education Society and Co-founder of the Pillai Group of Institutions, Dr. Daphne Pillai, congratulated the organizers for this great initiative. Ms. Yvette Lee, President of Soroptimist Welfare Association, stressed on the theme of International Day of the Girl Child - "My voice - our equal future" and threw light on the need to recognize girls' rights and the unique challenges faced by girls. "Little girls with dreams become women with vision" - quoting this the Principal of PCER, Dr. Reni Francis explained the importance of use of technology in today's time and addressed the necessity for awareness of security of women and the sensitization towards digital safety. The speakers for the webinar were - 1. Ms. Sonali Patankar, founder of Responsible Netism and President of Ahaan Foundation, who has 25 years of experience in the field of social work and mental health. 2. Mr. Unmesh Joshi, co-founder of Responsible Netism, who specializes in the field of cyber law.

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Ms. Sonali Patankar displayed a presentation listing and describing the various forms of cyber harassment such as hacking, creating fake profiles, stalking, morphing, body shaming and trolling. Sharing her experience and case studies, Ms. Patankar emphasized on the dangers and after effects of such kinds of harassment on mental health. Special stress was laid on the need to stand up against such harassment and report them to guard oneself. Mr. Unmesh Joshi dealt with the concept of cyber safety. He urged the participants to continuously update themselves about the various cyber safety measures. Mr. Joshi gave some quick tips to be cyber safe and explained the steps for security settings of major social sites such as WhatsApp, Facebook, Instagram and Snapchat. He explained the nature of different cybercrimes, sections under which they are charged and the corresponding punishments. Highlighting the importance of responsible online behaviour, they shared the contact information of Responsible Netism, Mahila Aayog helpline and cyber cells, Mumbai and Thane in case of facing instances of cybercrimes.





# Lesson demonstration, planning, guidance, lesson delivery through online format

Session for student teachers on creating quiz through google forms (4th September, 2020)

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The Practice Teaching Department organised a session via Google Meet on the topic 'Create Quiz through Google Forms' on 4th September, 2020. All the steps mentioned below were thoroughly discussed as well as demonstrated. Step 1: Setting up a new quiz form Go to forms.google.com or to your Gmail account. In your Gmail account, go to the 9 dots application. Go to Forms Click on a quiz form to open Step 2: Edit and format a quiz form Student teachers can add, edit, or format text, images, or videos in a Form. Edit your form Create a quiz with Google Forms Make it correct as well as creative Use different question format to make it interesting Choose where to save form responses Step 3: Send your form for students to fill out After the form is ready, they can send their form to students and collect their responses. This helped the student teachers to learn a new google application which they will use in their Internship Period to assess their students. Dr. Reni Francis congratulated the Practice Teaching Department for conducting the session smoothly and efficiently.





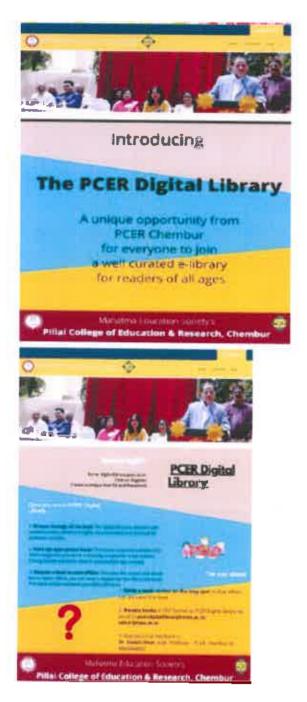
### · Launch of Digital Library

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PCER, Chembur is proud to announce its new initiative - the launch of the PCER Digital Library - which was launched on 19th October, 2020. This e-library is a free to use website for anyone who is interested in good, well curated content. This initiative was launched in order to inculcate sound reading habits, especially, among the youth of India. The library is well stocked with books which have an appeal for all age-groups, with a special section dedicated to very young readers.

In order to become a member, one must go to digitallibrary.pcer.ac.in and register as a user. This will give the user unlimited access to all the books in the library and one is free to read online. In case one wants to read the book offline, they can request for the PDF which would be sent to them within a day. This initiative is in line with SDG# 12 - Responsible Consumption & Production and has been appreciated by all! The e-library can be visited at <a href="https://digitallibrary.pcer.ac.in/">https://digitallibrary.pcer.ac.in/</a>

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e-LMS begun for add on courses, value added courses (pcer.e-lms.co.in)

Teaching-learning in PCER has always incorporated an element of online teaching methodologies which many teachers incorporating various educational platforms. With the onset of the Pandemic, the college moved on to using the G-Suite seamlessly and could complete all the commitments to the students via Google Classroom and other Google Apps. With online education now looking to becoming an integral part of the learning process, PCER Chembur is happy to announce its own e-LMS. The portal has been acquired and the teachers have undergone training in the use of Moodle. Short term add-on courses and other value-added courses will soon be available initially, for our students and alumni and PCER hopes to expand this soon. Here's to an exciting new beginning!

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• Enhanced social media presence of institution through Facebook, Instagram Instagram Link: <a href="https://www.instagram.com/pcerchembur/?hl=en">https://www.instagram.com/pcerchembur/?hl=en</a>
Facebook Link: <a href="https://www.facebook.com/ChemburPCER/">https://www.facebook.com/ChemburPCER/</a>

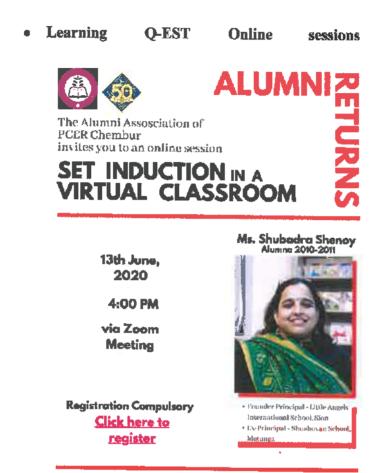
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### Strengthening Alumni Engagement

by

**PCER** 

Alumni



Viahatma Education Society's Pillai College of Education & Research Chembur

### 1. 13th June 2021, Set Induction in Virtual Classroom

The 'Alumni Returns' is a lecture-series where PCER alumni come back to the college and share their expertise with the students. This academic year due to the prevailing situation of the pandemic and the lockdown, PCER commenced the programme in its online form. This is in line with SDG #4 Quality Education. On 13th June, 2020, Ms. Shubadra Shenoy, Alumna from the Batch of 2010-11 and at present the founder Principal of Little Angels' International School, Sion enthralled the students and alumni by holding a session on Set Induction in a Virtual Classroom via a Zoom Meet. With 95 live participants, this session focused on the various ways in which teachers can provide innovative and interesting learning experiences to

Dr. Reni Francis

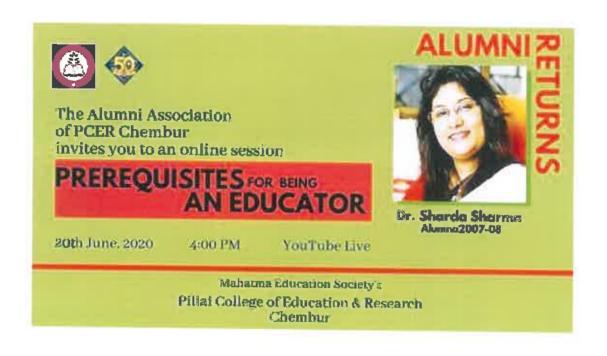
Misi Iducation Society's Pillai College of Education & Research Chembur, Mumbai - 400 071. students. The games, strategies and concepts shared by Ms. Shubadra were short, simple and can be used across age-groups and subjects. They can be used to start lessons, during recap and even in the middle of the lessons as energisers. The participants benefited immensely from the session as it threw light on the various possibilities for conducting interactive and effective online teaching learning experiences.

## 2. 20th June, 2020 Prerequisites For Being An Educator

The Alumni Association of PCER Chembur conducted an online session through YouTube Live on 20th June, 2020 on Prerequisites For Being An Educator by Dr. Sharda Sharma, alumna from the batch of 2007-08. This session was aligned to SDG 4 - Quality Education. The focus of the session was on the various international boards in India. Dr. Sharda's expertise is in the study of IB schools which is also the area of study of her doctoral thesis. She explained how the two main international boards accepted in India are the Cambridge and the IB. She provided details about the structure of the two boards and comparisons on the basis of their learner profiles. Dr. Sharda introduced the students to apps and online platforms such as Voice Thread, Speeko and Orai and also recommended the book 'The Art of Talking to Anyone' by Rosalie Maggio. At the end of the session, Dr. Sharda answered the queries put up by the audiences. She emphasized that one should be a master in one's discipline, have good content knowledge, have insight about the working of international skills and constantly upgrade oneself especially in the use of communication skills. The session can be viewed at:

https://www.youtube.com/watch?v=qZ7fdr8OGgM&t=2575s

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# 1. 4th July 2020, Alumni Returns Programme on "Challenges during Distance Learning"

As a part of the Learning Q-est series organised through the Alumni Returns programme, PCER alumna Ms. Rakhi Pande, from the batch of 2011-12, interacted with the students and alumni of PCER, Chembur over YouTube live on 4th July, 2020 from 4:00 to 5:00 p.m. This series was in line with SDG #4: Quality Education. As the Head of the Primary Section (English) of the Winchester School in Jebel Ali, Dubai, Ms. Rakhi and her team of around 75 teachers were also thrown into the chaos of online teaching with the onset of the Covid-19 pandemic. Ms. Rakhi shared the challenges they faced and overcame, the pitfalls they had overlooked and thus had to conquer and the triumphs which made the entire journey worthwhile. She hoped that by sharing her experiences, the students of PCER would be able to understand the various practical difficulties and challenges faced in real life teaching and take the help of some of the solutions which her team and she used in order to improve their own understanding of teaching online.

The link for the session is: https://www.youtube.com/watch?v=TiureHZCS2Yot=1390s

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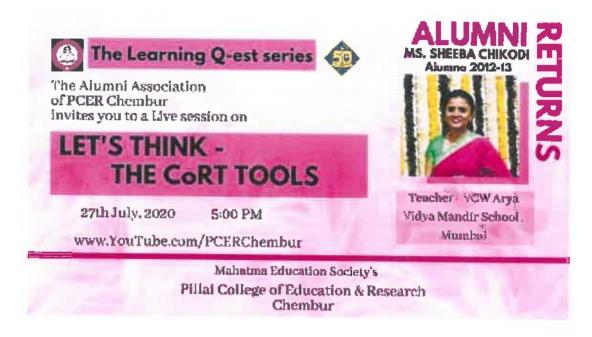
# 2) 27th July 2020, Session on "The Learning Q-est Series: Let's Think - The CoRT Tools"

PCER alumna Ms. Sheeba Chikodi from the batch of 2012-13, spoke to the student-teachers and the alumni of PCER Chembur about the various CoRT tools popularised by Edward de Bono. The session was conducted on the 27th of July, 2020 via YouTube live at 5.00 pm. PCER alumna Ms. Sheeba Chikodi from the batch of 2012-13, spoke to the student-teachers and the alumni of PCER Chembur about the various CoRT tools popularised by Edward de Bono. The session was conducted on the 27th of July, 2020 via YouTube live at 5.00 pm. This talk was organised by the Alumni Association of PCER Chembur as a part of The Learning Q-est Series as a part of the Alumni Returns programme.

Ms. Sheeba spoke about the importance of teaching children to think and how teachers need to provide them with the tools for thinking. Like any other skill, these need to be taught and practiced regularly. She spoke at length about some of the tools and gave many examples as to how these can be used in the classrooms. The session ended with Ms. Sheeba answering

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various questions from the participants. The series was in line with SDG#4: Quality Education and was streamed live over PCER Chembur's Facebook and Youtube channels. It can be viewed at: https://www.youtube.com/watch?v=D8jpanj68gg



3) 8th August 2020, Session on "Secrets from the Classroom – Dynamics that Classroom Experiences can Teach You"

On the 8th August, 2020, Ms. Elvira Castelino, our alumna from the batch of 2011-12 spoke to the students and the alumni of PCER, Chembur about the dynamics which exist in every classroom and how a new teacher can prepare for it.

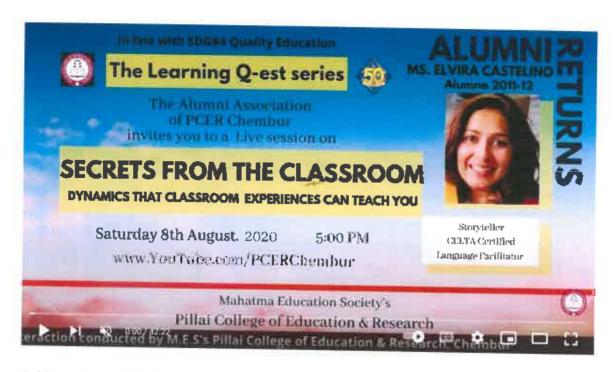
Drawing on her vast experience in visiting many classrooms as a part of teaching a 'Reading Programme' while working with The Pomegranate Workshop, an Arts in Education organisation, Ms. Elvira spoke about how a student should always be kept at the centre of the process. She explained the practicalities of the teaching profession which are not always spelt out for a new teacher and what they should know and how they may prepare.

The Learning Q-est series is in line with SDG#4: Quality Education and the entire discussion can be viewed at <a href="https://www.youtube.com/watch?v=7CzwZSLYt41">https://www.youtube.com/watch?v=7CzwZSLYt41</a>

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# 4) 28th August 2020 Online Session on "Experiences in Today's Challenging Times"

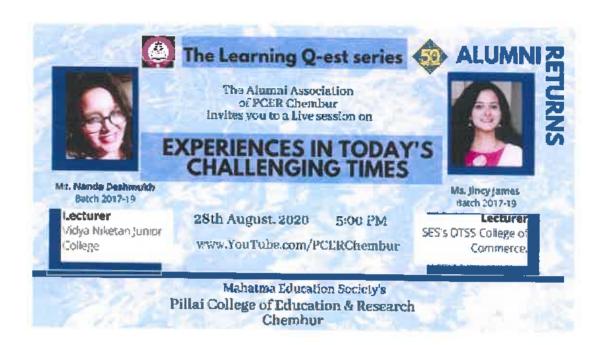
On the 28th August, 2020 PCER alumni from the batch of 2017-19, Ms. Jincy James and Ms. Nanda Deshmukh addressed the students and the alumni of the college via an online session of the Alumni Returns where we carried forward the 'Learning Q-est Series' in line with SDG#4: Quality Education.

They spoke about their Experiences in Today's Challenging Times and shared the perspective of teaching at the Junior College and Degree College level and also the challenge of teaching a number-loaded subject like Accountancy.

The Pandemic has forced the entire education system to adapt and adopt at a very fast rate but the college students, who stand at the cusp between adolescence and adulthood need special care and support from their teachers and so teachers had to step up not only with content and subject knowledge but also with providing emotional support.

The complete session can be viewed at <a href="https://www.youtube.com/watch?v=-1s0BkoZ51s">https://www.youtube.com/watch?v=-1s0BkoZ51s</a>

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### 5) 8th March 2021, Alumni Awards

PCER Chembur had initiated the Alumni Award in 2013 in order to felicitate our alumni who have displayed excellence in their professional field during the previous academic year. This year too, the awards were conducted but with a difference as we took it online.

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Pillai College of Education & Research, Chembur



THE PCER Alumni AWARD 2020-21

Congratulations to



Mr. Mahesh Jain

Batch 2015-14 Academic Enrichment through ICT

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Ms. Sheeba Chikodi

Batch 2012-13

Professional Excellence



Fr. Sebastian Gomes

Batch 2014-15 Contribution to Knowledge Building

Join us in felicitating them on 8th March, 2021 at 5:00 pm on PCER Chembur's and for channels





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Alumni were invited to nominate themselves via a Google Form. The self-nomination form for the awards was displayed on the PCER website (1st to 28th February, 2021) and was circulated via WhatsApp among the various alumni groups. A total of 8 responses were received in 3 categories.

Among these the winners chosen were as follows:

Area	Name of the Recipient	Batch
Professional Excellence	Ms. Sheeba Chikodi	2012-1 3
Academic Enrichment through ICT	Mr. Mahesh Jain	2013-1 4

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Chembur, Mumbai - 400

Contribution to Knowledge Building	Fr. Sebastian Gomes	2014-1
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### 12th March 2021, Teacher Assistant Programme

PCER, Chembur in collaboration with the Alumni Association of PCER, Chembur initiated the Student Mentor and the Teacher Assistant programme, whereby students of the current Second Year could act as mentors for their juniors in the curricular and the co-curricular fields. The Teacher Assistant programme is open to all alumni of PCER, Chembur who wish to teach either the first or the second years on any academic or co-academic topic of their choice. The programme kickstarted on 12th March, 2021 with Ms. Palak Shah from the batch of 2019-21 acting as a student mentor for the first years (Batch 2020-22) by taking up a topic for Course AB1 - Critical Understanding of ICT on the topic 'Video Editing and Compilation'. The class was held via Google Meet.



# **Community Outreach**

Online session on Mental Health titled 'Here I am to Hear you' (1st July 2020)

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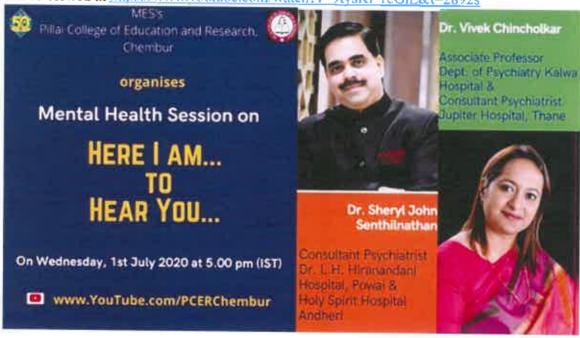
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Dr. Reni Francis Principal Mahatma Education Society's Pillal College of Education & Research Chembur, Mumbai - 400 071.

In order to celebrate National Doctor's Day, the Extension Department of PCER, Chembur organised an online session on mental health titled 'Here I am to Hear you' on 1st July, 2020. The speakers for the session were Dr. Sheryl John Senthilnathan, Consultant Psychiatrist, Dr. L.H. Hiranandani Hospital, Powai and Dr. Vivek Chincholkar, Associate Professor, Department of Psychiatry, Kalwa Hospital, Thane.

Dr. Sheryl spoke about various mental health practices that can be useful for an individual to remain positive and active during this pandemic scenario. She also shared some of her clinical experiences as a practitioner. She described many techniques such as keeping a gratitude journal, following a good diet, sleeping well etc. for one to remain positive. She emphasized that mental health is not a destiny, it is a process that one should try to attain it on a day-to-day basis.

Dr. Vivek spoke about his experience as a Clinical Practitioner. He gave insights about psychiatry and its treatment and how it is very important for one to focus on mental health. The session was attended by the students, faculty and alumni and there were more than 150 viewers for the live session. The Session was very useful and informative with a lot of practical approaches. The activity was in line with SDG#3: Good Health and Well-being and can be viewed at <a href="https://www.voutube.com/watch?v=9tysKFYeGiE&t=2892s">https://www.voutube.com/watch?v=9tysKFYeGiE&t=2892s</a>



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# Yoga for Wellness sessions (1st June 2020 to 21st June 2020)

Pillai College of Education and Research, Chembur in association with SIBC launched its 21 days Yoga: Wellness for Women programme on 1st June, 2020. In this initiative, the Yoga sessions is broadcasted on YouTube every day and later a quiz on basic understanding of Yoga is also shared with the participants in the form of a Google Form. This enabled the participants to practise Yoga at their time and space and gain basic knowledge of Yoga. This initiative aimed at Wellness for Women and Girls especially during this period of Lockdown and staying at Home, with busy work and home schedule a personal time for fitness, mediation and relaxation is often neglected. These sessions helped them to bounce back to rejuvenate and revitalise themselves.

These 21-day sessions culminated on 21st June, 2020 to commemorate International Day of Yoga proclaimed by the United Nations. The session was broadcasted as a Live Chat with Yoga practitioners Mr. Anup Thomas and Ms. Sneha Pandey who discussed the importance of Yoga in our daily life.

A total number of 280 participants enrolled for this programme.

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# YOGA: WELLNESS FOR WOMEN

Premiere of our 21 days Yoga
Sessions at Home
at 10.00 a.m. IST today at
www.YouTube.com/PCERchembur





Webinar on Population challenges 'Take a Stand, Raise Awareness' (11th July 2020) MES's PCER, Chembur organised a live webinar on the occasion of World Population Day 'Take a Stand, Raise Awareness' on 11th July, 2020. The webinar was in alignment with SDG#11: Sustainable Cities and Communities. The session was organised in collaboration with the University of Mumbai, Department of Lifelong Learning and Extension. The programme commenced with the University prayer song and Dr. Reni Francis, Principal, PCER welcomed the Chief Guest, the resource persons and the viewers. Dr. Reni Francis

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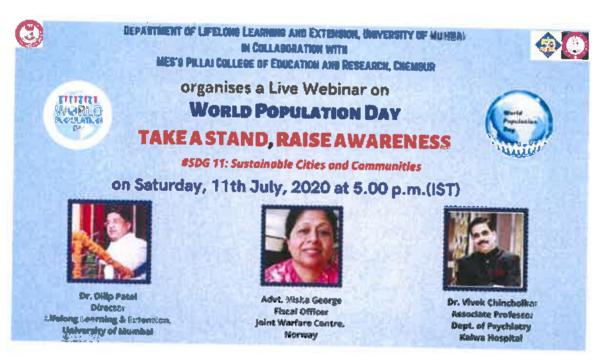
introduced the webinar theme Take a Stand, Raise Awareness. The webinar was inaugurated by Dr. Dilip S. Patil, Hon. Director, Department of Lifelong Learning and Extension. Dr. Patil spoke about the importance of girls' education to improve their social status. The main speakers for the session were Dr. Vivek Chincholkar, Associate Professor, Department of Psychiatry, Kalwa Hospital, Thane and Adv. Ms. Neesha George, Fiscal Officer, Joint Warfare Centre, Norway.

Dr. Vivek Chincholkar spoke about the relationship between mental health and growing population and the importance of having privacy and personal space in today's scenario.

Adv. Ms. Neesha George spoke about her views and experience as a law person and she also shared the importance of educating girls on family planning and sex education.

The Webinar was attended by nearly 490 live participants and some of the viewers raised questions. The webinar was helpful in creating awareness regarding the urgency of educating people on the challenges of increasing population. The session can be viewed on

http://https://www.youtube.com/watch?v=0NVvI4A3p1E



Expert talk titled 'Your Courage - Your Asset' on 'PoSH (Prevention of Sexual Harassment) and the Legal Rights of Teachers. (174 July 2020)

In order to mark the World Day for International Justice, the Department of CoCurricular Activities organized a talk titled 'Your Courage – Your Asset' where we interacted with Ms. Meenakshi Mukherjee, a legal consultant and PoSH (Prevention of Sexual Harassment) enabler who spoke about 'PoSH and the Legal Rights of Teachers.' The event was in line with SDG #5: Gender Equality and had 95 live views on PCER's YouTube channel. The discussion started with Ms. Meenakshi speaking about the importance of the day as well as the need for justice. She also spoke about the history of the PoSH Act in India as the workplace is one of the main areas where justice is required. Teachers, therefore, needed to be aware about what constitutes harassment, whether sexual or not, and in case the harassment is sexual in nature, what is the legal recourse available to them. Few of the things which came out of the discussion were: Under the umbrella of the PoSH Act 2013, every school or college can frame their own guidelines for PoSH. The UGC has also published

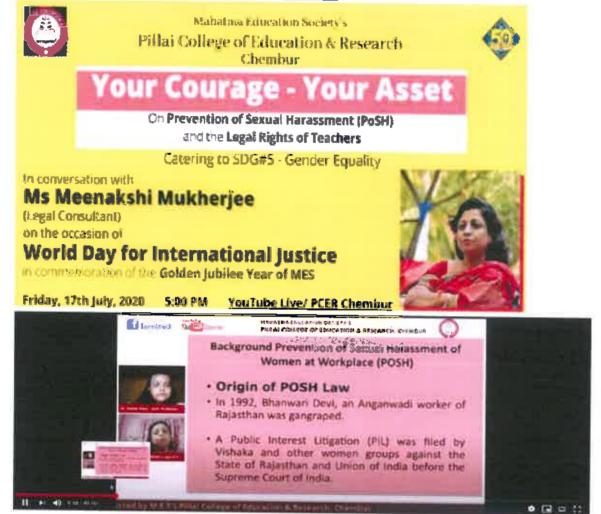
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guidelines for the same and these are gender-neutral and all encompassing. Every HEI should set up guidelines and practices to enable gender equality and promote good practices among all stakeholders. The role of a PoSH enabler becomes very crucial in setting up such guidelines. All trainee-teachers should know their legal rights in case they are harassed and this will begin with being able to understand when and how they are being harassed and how they can collect evidence regarding the same. The session can be viewed at <a href="https://www.youtube.com/watch?v=E0TMsv9cXWo">https://www.youtube.com/watch?v=E0TMsv9cXWo</a>



Your County- Your Asset' ALIVE interaction on 17th July 20 World Day for International Junice.

# National Level Inter-Collegiate Essay Competition for a Social Cause. (15 August 2020)

In Commemoration of the Golden Jubilee year of Mahatma Education Society, PCER, Chembur in association with Leo Club of Mumbai Ghatkopar Galaxy organised National Level Inter-Collegiate Essay Competition for a Social Cause. The theme of the Essay competition was Freedom to India from Corona Virus. The objectives of this competition were: 1) To enhance literary skills among the students 2) To be a source of helping hand for the underprivileged during this pandemic. The registration link was https://forms.gle/ko9b33uugB3mRXs88 This aligns with SDG 3: Good health and well-being and SDG: 17 Partnerships for the goals We received 51 entries for the competition. The

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winners are as follows: First Prize: Ms. Shivangi Parekh (H.R. College of Commerce and Economics) Second Prize: Ms. Disha Karkera (PCER, Chembur) Third Prize: Master Ryan Francis (SIES College of Arts, Science and Commerce) Third Prize: Ms. Priyanka Mohite (PCER, Chembur) The money received through our registration helped us to buy masks and benefitted 250 underprivileged families in Bhandup, Mulund and Govandi slums.



MES's Piliai College of Education & Research, Chembur, MAAC Accredited 'A' Grade

in association with Lee Club of Mumbal Ghatkopar Galaxy



National Level Inter-Collegiate Essay Competition for a Social cause

Theme: Freedom to India from Corona Vicus

Register for a Social cause in providing masks to the underprivileged

Pay your registerium fans of Minimum Bo. 100 or more of. hips://farma.glafkelblipmyfintXaft

Lost date of registrationsigth Aug. 2020

Winners will be announced on 15th August, 2020 Cash Prizes will be awarded to the Winners



MES's Fillal College of Education & Research, Chembur NAAC Accredited 'A' Grade



in association with Leo Club of Mumbai Ghatkopar Galaxy

Certificate of Appreciation

This is to certify that Ms. Shivangi Parekh has secured First Prize at the Matienal Level Intercollegiate Essay Competition Thems: Freedom of India from Corona Virus on 18th August, 2020



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> Dr. Reni Francis Principal

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Online quizzes and slogan writing to raise awareness on social issues (June, 2020)

### 1. ENVIRONMENT QUIZ

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MES's PCER Chembur, in its Golden Jubilee Year of Mahatma Education Society organised an online Environmental Quiz and Slogan Writing, on World Environment Day on 5th June. The Online Quiz and Slogan Writing was organised by the Environment Club of MES's PCER, Chembur to emphasize Sustainable Development Goal 15: Life on Land. It was open to all educators and students who were interested to join in. The main objective was to sensitize and create interest and awareness about our Green Planet. The Quiz consisted of 15 compulsory questions; each question carried two points. There was space provided for individuals to express their creativity in the form of Slogans. The theme for the Slogan writing was 'Mother Earth'. Overall, there were 740 responses, the major respondents were

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students and various professionals. The link used for the online quiz was :- https://forms.gle/NmBvGi33HJZ3zJGf7



#### FOOD FOR WELLNESS

In commemoration of the Golden Jubilee Year of Mahatma Education Society as slogan writing competition 'Food for Wellness' was organized by the Student Council of MES's PCER, Chembur on the occasion of World Food Safety Day on 7th June,2020. In keeping with the SDG goal 3- Good Health and Well Being, the objective of the slogan writing was to create awareness of the importance of food safety and its impact on our well being. The registration was free and participants included students and professionals. The slogans had to be original, theme based and not exceeding 2-3 lines. There were 85 participants. The participants received their e-certificates through mail. The link for the online slogan writing was: <a href="https://forms.gle/OyJV6kTSPnFxfYrG9">https://forms.gle/OyJV6kTSPnFxfYrG9</a>



### OCEAN DAY QUIZ

In commemoration of the Golden Jubilee Year of Mahatma Education Society, a fun quiz was conducted by the Department of Co-curricular Activities (CCA) of MES'S PCER, Chembur to celebrate the global event of World Oceans Day on 8th June, 2020. The aim of this quiz was to create awareness among people about life in the oceans in line with the Sustainable Development Goal 14- Life Below Water. This quiz was open to all and registration was free. It encouraged as many as 140 participants who took the quiz, which comprised 15 mandatory MCQ type questions.

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These questions entailed general trivia about oceans, marine life, pollution in oceans, etc. It also gave some information in the beginning of the quiz about the importance of Oceans Day celebration and how it is a dire need to conserve and sustainably use the oceans and save the majestic and mysterious marine life which is hugely unexplored even today. All participants received a certificate via email from the college. Link to the online quiz - <a href="https://forms.gle/pTSR5PzwgyUXUNyn8">https://forms.gle/pTSR5PzwgyUXUNyn8</a>



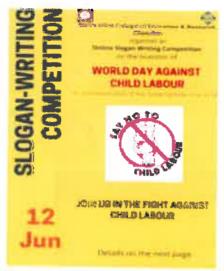
### WORLD DAY AGAINST CHILD LABOUR - SLOGAN COMPETITION

Every childhood is important but in India, as all over the world, it is the child and his childhood that is abused by bonding them into labour. The International Labour Organization (ILO) defines child labour as work that is mentally, physically, socially or morally dangerous and harmful to children and has dedicated 12th of June, every year to be commemorated as World Day against Child Labour. This is in line with SDG 10 - Reduced Inequalities. This year, the Department of Co-curricular Activities (CCA) organized a pan-India Slogan-writing competition for junior and senior college students to raise awareness against this terrible practice.

This was done via sharing the details of the competition on the 12th of June, 2020. Students were given 5 days to create a slogan less than 30 words and submit it as a PDF. Slogans could be created in English, Hindi or Marathi. These entries were judged and the results declared on the 20th of June, 2020. Every participant received a participation certificate and the winners were awarded certificates of achievement. This event helped highlight and sensitise students towards the terrible practice of child labour. The link for the quiz was: <a href="https://docs.google.com/forms/d/1lugY0I1bBTu">https://docs.google.com/forms/d/1lugY0I1bBTu</a> 6w1DO509cyABXO14R-asHa-WF T27Yg/edit

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Expert Talk session on Cancer Awareness, Early Detection Towards Protection (7th November, 2020)

National Cancer Awareness Day is observed on November 7thevery year to raise the awareness of cancer and encourage its prevention. According to the World Health Organization (WHO), cancer is the second leading cause of death globally. In 2018, approximately 18 million cases were there globally, of which, 1.5 million were in India alone. In view of these alarming signs, PCER Chembur organised an Expert Talk on National Cancer Awareness Day. The Resource person for the session was Shaini Joy, Doctorate in Nursing Practice, Oncology and works as a practitioner at MD Anderson Cancer Center which is ranked No. 1 in cancer care in U.S. News & World Report's annual "Best Hospitals" survey. The session was conducted on YouTube Live - https://youtu.be/kJmhhc0JyXo The session highlighted on aspects of Cancer such as the meaning, risk factors, myths of cancer, common cancers in India, the statistics of the alarming growth of Cancer, Cancer screening and protections, reducing the risk of cancer through early detection and treatment. The risk factors included Family history, Smoking and Tobacco, High alcohol consumption, Poor diet, Low physical activity, Sun and other types of radiation, Viruses, and other infections. Few early warning signs for different types of Cancers were indicated such as

- Unexplained weight loss, loss of appetite (stomach, colon, bone, lung cancer)
- Feeling tired or fatigue (most cancers)
- Fever, easy bruising (blood cancer or leukaemia)

· Pain (colon, ovary, bone) · Skin changes like moles (skin cancer)

• Lumps (breast, bone, head & neck, testicular) • Changes in stool or urine habits (colon, bladder, prostate)

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- Sores that don't heal (oral, rectal)
- Unusual vaginal bleeding or discharge (vaginal, cervical)
- Cough with phlegm (lung)
- Night sweats (Blood cancer like Leukaemia)
- Trouble swallowing (oral, lung, oesophageal)
- · Headaches, confusion, vision changes, weakness (brain)

As an early detection of Cancer, Screening is the most important aspect that can help in saving one's life. The Cancers that can be screened are Breast, Cervical, Colorectal. As a prevention measure for Cancer, it is important to exercise, eat a healthy and balanced diet, quit smoking, reduce alcohol intake etc. The session was highly informative and well appreciated by the viewers, various questions were posed such Are the HPV vaccines efficient? Which age group of girls or women can take this vaccine? We keep phones under our pillow while sleeping, is there some risk of radiation?

The session was in sync with SDG 3: Good Health and Well Being



## Special Assembly on World Health Day (7th April, 2021)

On the 7th of April, 2021, the VENTEL Cell of PCER, Chembur celebrated World Health Day by conducting a special assembly. The assembly was organized by the Student Council, Batch of 2020-22 and was organized via Google Meet. The special guest for the day was Dr. Shruti Khanna, a doctor working tirelessly at the BKC Covid Centre who gave a message of safety and the importance of sanitation, wearing the mask and maintaining social distance during the Pandemie. The students of F.Y. elaborated upon the importance and need of good health for everyone in the society.

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but worked 24X7 voluntarily. Most of the time they even worked at night due to high sample load.

The grand finale was scheduled on 8th March, 2021 as a live program streamed on PCER Chembur's YouTube channel and was appreciated by everybody.





YouTube session by experts from various fields on the importance of Health and Safety at Work. (28\* April 2021)

Women Development Cell of MES's PCER Chembur organised a live session on 'World Day for Safety and Health at Work' on 28th April, 2021. Speakers from the field of medicine, law and self-defence spoke about the importance of health and safety at work. Dr. Kristina Mathew, MBBS graduate, Admin at Switch India - a pan India Medical NGO., enlightened us on how vitamin D deficiency affects the efficiency and productivity at work. She also shared her medical opinion on the various areas to care for people who are having long working hours. Ms. Karolina Mathew, a Law student at Jindal Global School of Law, Haryana and Advt. Dipsikha Tiwari, M.Com., LL.B. from the University of Mumbai elaborated on Safety at work. Ms. Karolina spoke about how the Indian Judiciary safeguards the women at the workplace and also spoke on various rules for protection. Advt. Tiwari shared how to create awareness regarding the rights and various employee benefits among the female

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In association with Lions Club of Mumbai Ghatkopar Galaxy and Leo Club of Ghatkopar Galaxy organised the Corona Women Warriors Award, 2021. (8th March, 2021)

MES's Pillai College of Education & Research, Chembur in association with Lions Club of Mumbai Ghatkopar Galaxy and Leo Club of Ghatkopar Galaxy organised the Corona Women Warriors Award, 2021. Lockdown was beyond our control and to face the adversities of the lockdown along with the fear of the virus was a challenging task for everybody. The idea of Corona Women Warrior Award was to choose those extraordinary women who have fought with all the fears and have emerged victorious by walking the extra mile, helping the underprivileged and those in need. It was the brainchild of our Principal, Dr. Reni Francis to initiate this unique idea of felicitating the awardees. Lion Dimple Mehta, the President of Lions Club of Mumbai Ghatkopar Galaxy and Leo Club of Mumbai Ghatkopar Galaxy and Lion Rekha Sanghani, the Past President coordinated seamlessly to make the event a successful one. Registration began from 25th January, 2021 and the message was shared in social media groups. The registration link was: https://forms.gle/KZec2L7qJ3htwVeA7 We received more than 30 entries. The jury selected four Corona Women Warriors from three different categories. Community Personnel: Dr. Frances Vaidya Teacher: Ms. Mansii Thakker Medical Staff: Dr.Shilpa Nellikka & Ms.Pooja Prakash Mandviya

Dr. Frances Vaidya was able to touch the lives of around 10,000 people. As a President of Inner Wheel Club of Bombay Film City, she felt it was her prime duty to reach out to the society in the Pandemic situation keeping the theme HOPE in mind

H- Health n Hygiene

O- Old age and Orphans

P- Patriotism E- Environment

Miss Mansi Thakker could reach 12,000 beneficiaries. She Conducted free online Leadership development (Chanakya Arthashastra), business psychology, personal growth training sessions and mental health counseling for more than 12000 youth and women in different sectors, mandals, companies and individuals.

Dr. Shilpa Nellikkal has made a remarkable contribution towards society. She impacted 79,766 beneficiaries. She led the team for conducting voluntary awareness sessions for Health care workersmainly staff of KEM (nursing staff and class 4 workers).

Ms. Pooja Prakash Mandviya touched 80,000 beneficiaries. She is working as a covid analyst in covid-19 laboratory Sant Gadge Baba Amravati University. She worked fearlessly to step ahead and help other people. They had a very small team of 7 people

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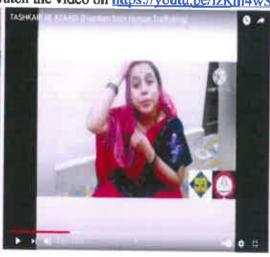


Short movie created and enacted by student teachers on Human Rights, Human Trafficking. (11th January 2021)

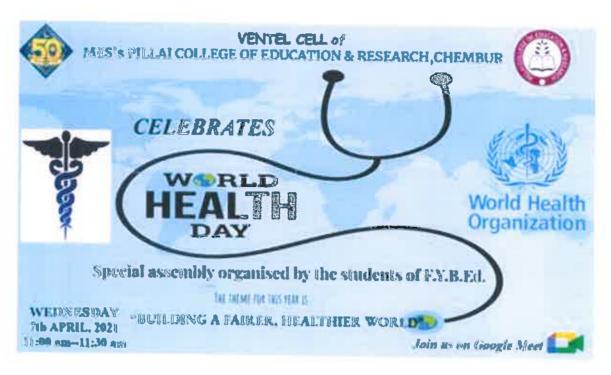
PCER, Chembur students put their hands together to raise awareness against human trafficking. Each student watched a movie on human trafficking and wrote a review on the same. This helped the students to get a better insight of the background, ways and how humans are being tortured by the humans only. This was also followed by releasing a short movie enacted by our student teachers. 'Tashkari se Azaadi... Freedom from Human Trafficking' is a short movie created by MES's PCER, Chembur on 11th January, 2021 to sensitize \*Human Trafficking \*. The objective is to spread awareness on violation of Human Right and also coincide with SDG # 10-Reduced Inequalities. Watch the video on <a href="https://youtu.be/lzRm4w8\_UJs">https://youtu.be/lzRm4w8\_UJs</a>



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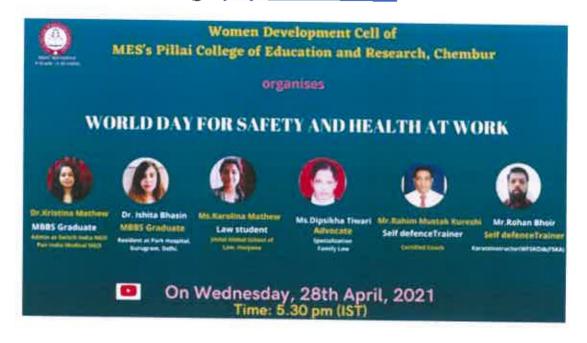


### Fistful of Grains project (17th October 2020)

On the occasion of the 'International Day for the Eradication of Poverty' MES's PCER, Chembur in collaboration with Soroptimist Welfare Association (SIBC) organised the Project - Fistful of Grains to donate food items to the marginalized sections of the society. The items were placed in the Amazon Registry (link of Amazon Registry and video for transaction is provided). There were hundreds of well-wishers including students, alumni, teaching and non-teaching staff MES and many others who generously donated for the social cause. The delivery point was Chembur Campus. The people were allowed to make their purchases till 7th November, the items received were donated to orphanages. The various items collected included various types of Dal, Poha, Rawa, Rice, Wheat flour, Sugar, Cooking Oil, Salt etc. The collected items were segregated into 4 packages and despatched to various orphanages. The total quantity of items purchased; Rice -51 Kg worth INR- 31,462/-, Oil -51 Litres worth INR-6150/-, Tea powder- 23Kgs worth INR-5980/-, Wheat Flour-300kg, worth INR12,744/-, Rawa-22kg worth INR-726/-, Poha-51 kg worth INR-2091/-, Green Gram-40 kg worth INR-4800/-Chickpeas-31kg, worth INR-3410/-, Sugar-20 kg, worth INR-836/-, Split pigeon peas, 54 kg worth INR-6318/-, Orange Lentils-33 kgs worth INR-3300/-, Salt-53 kgs worth INR-954/-. There were 4 gift cards worth INR- 20000/-. Through Fistful of Grains project we collected INR- 81,155/- These food grains were distributed among Navjeevan Centre Kalyan, Prerana Naunihal Children's Home, Kharghar, Sisters Adorers, Marol and Manav Jeevan Seva Trust Ghatkopar. The Project - Fistful of Grains was tuned to the SDGs# | Eliminate Poverty. Link to buy through Amazon Registry https://www.amazon.in/baby-reg/fistfulof-grains-november-2020-mumbai/IKOCDCP **13VMO7** 

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professionals. Mr. Rohan Moreshwar Bhoir, Karate Instructor (WFSKO) & (FSKA) and Mr. Rahim Kureshi shared a few activities for self-defence and they demonstrated some of the simple techniques for self- protection. There were more than 120 viewers for the live session The session can be viewed @ <a href="https://youtu.be/R5MeldZ1us8">https://youtu.be/R5MeldZ1us8</a>

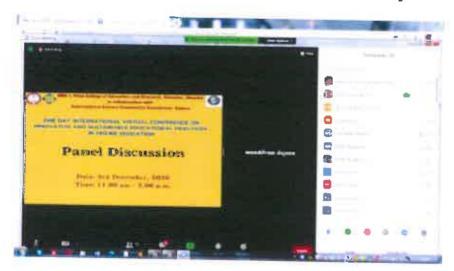


# Establishing an Eco-friendly Campus

• International Conference on Innovative and Sustainable Educational Practices in Higher Education. (3rd December, 2020.)

MES's PCER, Chembur in collaboration with the International Science Community organized a One Day International Conference on Innovative and Sustainable Educational Practices in Higher Education on the 3rd December, 2020. This was in sync with SDG #11: Sustainable Cities and Communities. The conference was on a virtual

platform using the following the zoom link 'Zoom Meeting https://pillai-edu-in.zoom.us/j/88921266602?pwd=NmpPYThlaVlhUFY5cnJ5ZEZvM0t0 QT09 Meeting ID: 889 2126 6602 Passcode: 516577. The inaugural session was followed by a panel discussion. The first panelist was Dr. Chris Prince Udochukwu Njoku, from the Computer Communication Centre, University of Nigeria and he spoke on Innovation in Teaching, Learning and Evaluation. The second panelist was Dr. Wondifraw Dejene Chala, Curriculum Development and Review Expert, Dire Dawa University, Ethiopia. Sir spoke about Digital Tools for Sustainable Educational Practices. There were nearly 20 paper presentations and nearly 40 papers were submitted for publication. The selected papers will be published in the "Research Journal of Educational Sciences" which is an international peer reviewed journal: ISSN 2321-508.

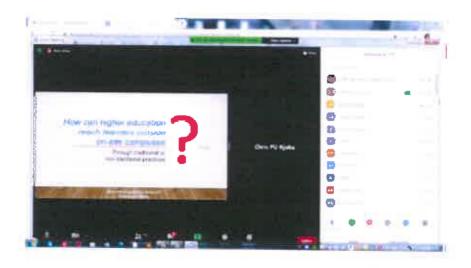




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Quizzes, slogan writing to raise awareness on environmental issues

# Sessions were conducted on Swachhata, Paper Bag making, kitchen gardening. (2nd October 2020)

University of Mumbai, Thane Sub Campus, Thane in collaboration with MES's Pillai College of Education & Research, Chembur organised a Nai Talim Week from 1st October-7th October, 2020. There were a variety of sessions conducted for students of Chembur English High School.

Day 1: 1st October, 2020 Knowing our Mahatma (Online Quiz) This quiz focused on Mahatma Gandhi, Father of the Nation whose values, ideals and leadership provided direction to the Indian Freedom Movement. The objective of this quiz is to create awareness about Mahatma Gandhi. Each question carries one mark. There were 15 questions in all.

### Day 2: 2nd October, 2020 Session on Swachhata Diwas

The objective of this initiative was to highlight the Life of Mahatma Gandhi and the philosophy that our young students need to imbibe in their lives. The students were oriented on Waste segregation through a detailed activity and gave them an understanding of dry and wet waste. The 10 Golden rules of maintaining and practising Swachh Bharat were also shared.

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Slogan writing competition and Knowing our Mahatma Quiz was also done with the students. Ms. Annamma Paul Principal, Chembur English High school congratulated the efforts of the Student teachers of PCER, Chembur and emphasised the importance of Clean City Green City. She also said that cleanliness begins from us and we need to take the right steps in keeping our city and country clean.

Day 3: Late Principal Mathews Chacko Online Elocution Competition Elocution Competition The Late Principal Mathews Chacko Online Elocution Competition was conducted as part of the activities held during the Nai Talim Week on 3rd October at 11.00 am. The elocution competition was conducted by the student council of PCER, live online via Google Meet and the participants comprised of Second Year B.Ed. students. The theme for the elocution competition was 'Role of a Teacher with respect to Gandhian Values'. The competition was judged by our alumni, Ms. Suma Lerin and Ms. Sivaranjini Ganeshan. The winners received e-certificates. The winners of the competition were: First Prize: Ms. Shivani Mayekar Second Prize: Ms. Benazeer Jamadar The anchors for the programme were student council members Ms. Jeni James and Ms. Alisha Memon who ensured the smooth flow of the event. The judges appreciated the efforts of the participants, the smooth conduct of the programme and also encouraged the audience to take up such opportunities as good communication skills were an important aspect of a teacher's competencies. Principal Dr. Reni Francis motivated the students to keep learning and take part in such events which would enable the holistic development of their personalities. The activity was in alignment with SDG 4 Quality Education. The Google Meet Link for the competition: https://meet.google.com/grp-sbbt-zcg

Day 4: 4th October, 2020 Sessions on Yoga The yoga practitioners, Ms. Hansa Mamtora and Mr. Anup Thomas had pre-recorded warm up sessions and basic yoga sessions. These videos were sent to 5th -9th standard students who benefited a lot. Due to the COVID-19 pandemic, people across the world are in a lockdown stage.

So this was a big opportunity for the students to understand and practice yoga staying back home and relate it with Gandhiji's principles. The following links were shared with the students:

Session1:https://www.youtube.com/watch?v=D\_WoVRIJEL4
Session2:https://www.youtube.com/watch?v=t4apW88bmKQ
Session3:https://www.youtube.com/watch?v=NMMu754zedY

Day 5: 5th October, 2020 Session on Health Guide and Post Covid -19 Sanitization The session included games, quiz, videos on precautionary measures against Covid-19, the importance of precautionary measures on Covid-1 and managing mental health. The various activities to foster physical and mental health were also provided during the session. Posters related to Post Covid health Practices were also shown to students. Ms. Rimita Dutta, a B. Ed. student, who recovered from Covid19, shared her story which was very useful to the participants as it gave insight to various things to be taken care of during this pandemic. The session can viewed be by clicking the below link: https://drive.google.com/file/d/1JAuySkYtROnW04ChLPYeKFg4MX2fcpp L/view?usp=sharing

Day 6: 6th October, 2020 Story Telling Competition Story Telling Competition was organised for 5th-7th standard students of Chembur English High School on 6th October, 2020. The theme of the competition was 'Gandhian Values'. There were 21 participants in total. Each participant was given a platform to showcase their story telling skills. The stories were narrated with a lot of confidence. The judges were Ms. Sherry Jose, Ms. Benazeer Jamadar

and Ms. Rashmi Shinde. The judges shared their expertise after the participation from the students. The winners of the competition were: 7th Grade, First Prize: Miss Bhargavi Sonawane 7th Grade, Second Prize: Master Anurag Gaikwad 6th Grade, First Prize: Miss Azeen Hashmi 6th Grade, Second Prize: Miss Drushti Karkar 5th Grade, First Prize: Miss Arya Shinde

Day 7: 7th October, 2020 Mask Making Session Students from the tutorial group of Dr. Swasti Dhar conducted a session on Mask Making with the Ninth standard students of Chembur English High School. After welcoming everyone, the students threw light about the importance of masks with a talk on General Awareness about Masks which answered questions such as why one should wear a mask, where the mask is worn, who should not wear masks and general do's and don'ts about mask-wearing. This was followed by a talk on the different types of masks and who should wear them. Students of CEHS were then taught how to make a simple unstitched mask from a piece of cloth at home. Instructions were given and the students followed the instructions and made the mask side by side. A video on how to make a cloth mask was shown and shared with the students. Students were also told about the correct way to maintain and/ or dispose of a mask after its use. A quick recap test was taken via Google Form. The session ended with a vote of thanks to all the patrons, Principals, teachers and students. The session can be https://drive.google.com/file/d/1OwjtKVMHOjOsLL-Lpv4hR6T3bb0KiAQ/view?usp=sharin

Dr. Reni Francis quoted the words of Gandhiji 'the future depends on what you do today' and told the students that our actions today will lead to a bright and beautiful future tomorrow. Be wise in using our natural resources and careful in protecting our resources for the wellbeing of mankind. She thanked Dr. Sunita Magre, I/C Director Thane Sub Campus-University of Mumbai and the Management of Mahatma Education Society for their support and encouragement.

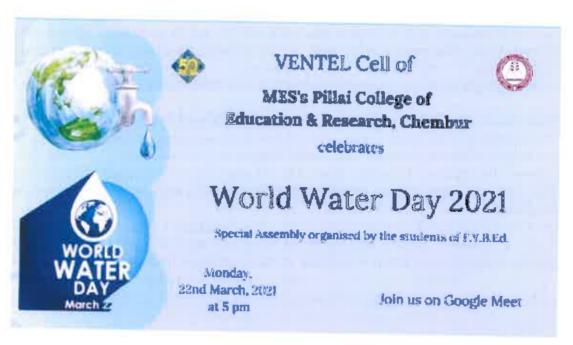
The programme ended with a motivational song and vote of thanks. The teachers of both the institutions and student teachers had conducted the programme effectively. The participants enjoyed the event and gave positive feedback of the programme. The session can be viewed by clicking the below link: <a href="https://drive.google.com/file/d/1\_c-0SUUE6KpVFKYeBcibCKewML5VKXu/view?usp=sharing">https://drive.google.com/file/d/1\_c-0SUUE6KpVFKYeBcibCKewML5VKXu/view?usp=sharing</a>



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Mahatma Edecation Society's Pillai College of Education & Research Chembur, Mumbai - 400 071. Special Assembly on World Water Day to raise awareness (22- March 2021)

The VENTEL Cell of PCER, Chembur organized a special assembly on the occasion of World Water Day, 2621. The special assembly was organized by the students of the first year (Batch 2020- 22). The assembly began with a prayer by Ms. Lyzandra Rebello followed by 'Thoughts on Water Conservation' by Ms. Lincy Perera. Ms. Maitree Vora then presented her views on the importance of water conservation and the United Nations Sustainable Development Goal (SDG) 6 which focuses on Clean Water and Sanitation. A short film on how we can individually contribute to save water was presented by Ms. Mamata Jain. The host for the evening, Ms. Maitree Vora, concluded the assembly by inviting our Principal, Dr. Reni Francis to speak about the VENTEL Cell of PCER, Chembur and also about World Water Day. Apart from the special assembly, a quiz was created and shared via Google Form to raise awareness about the World Water Day. The quiz consisted of 15 questions each carrying 2 points. Students and teachers could attempt the Quiz and earn themselves a Certificate.





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## Action Taken Report 2021-2022

### **Enhance Teaching & Learning**

#### ➤ Virtual Lectures & Activities:

The faculty of the college extensively use google classrooms, EDModo, E-learning and Digital Learning platforms to deliver the course content in an effective way. Faculty also use an educational application Edmodo as part of the course delivery. The teachers give assignments and share e-resources through this application. The faculty members use Kahoot and poll everywhere platforms for online quizzes. Faculty and students are provided with MES email IDs with unlimited storage. Hence at PCER, multiple mode approach to teaching-learning is adopted by teachers for enhancing student learning

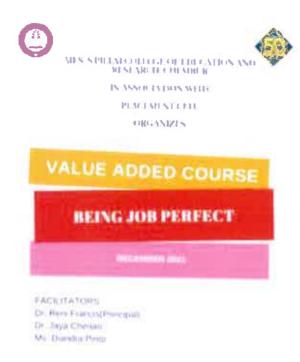
#### Value added course -

o Job Perfect Session: A workshop series/add-on course, "Job Perfect" preparing students for Campus Placement was conducted over three sessions. The sessions covered common communication errors, SWOC analysis and resume writing skills and interview skills. MES's PCER, Chembur in association with Placement Cell organized an Add on Course on the topic 'Being Job Perfect' in November 2021. The course is in sync with SDG # 4: Quality Education. The course consisted of 30 hours and was divided into four modules: 1. Common Errors in Communication 2. SWOC Analysis 3. Resume Writing 4. How to face an interview

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### ➤ Online Crash Course on MAHA TET:

MES's Pillai College of Education and Research, Chembur launched an Online Crash Course in preparation towards the MAHA TET Exam 2021. This online crash course received an overwhelming response from the budding teachers and began from 31st July, 2021 with an orientation session regarding the schedule, syllabus and resources for the course.



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# ➤ Launch of New Website - Upscale your Communication Quotient:

Under its new initiative, PCER Chembur started a new website on Google Sites named Upscale your Communication Quotient. This Google Site is power packed with video lessons on how one can become a better communicator. The video lessons have been contributed by the teacher educators of PCER, Chembur. The link to the website is <a href="https://sites.google.com/mes.ac.in/upscaleyourcq-communicationguo/home">https://sites.google.com/mes.ac.in/upscaleyourcq-communicationguo/home</a>

### Expert Talk on Translating Texts and Ideas:

PCER Chembur celebrated International Translation Day with an online conversation on the topic 'Translating Texts & Ideas' with Mr. Kumar Vikram – Publishing Editor, Translator and Bi-lingual poet.



### Colloquium on "Best Practices in VENTEL":

The Board of Studies in Education, University of Mumbai in collaboration with MES's Pillai College of Education and Research, Chembur organised an Online Colloquium on "Best Practices in VENTEL – MGNCRE Azadi Ka Amrit Mahotsav" for Student Teachers of VENTEL Cell on 1st October 2021 from 2.00 p.m. to 3.30 p.m. on Zoom platform.

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### Lend a Book Activity on Vachan Prerna Divas:

The Board of Studies in Education, University of Mumbai in collaboration with MES's Pillai College of Education and Research, Chembur observed Vachan Prerna Divas on 15th October, 2021 with an activity, "Lend a Book" wherein an ebook can be downloaded from the digital library portal of PCER. The objective behind this is to encourage reading across all age groups.

### ➤ Best Practice in Student Support and Progression – RISE:

Emancipation is the hallmark of a good counselling programme. Keeping this paradigm in mind, PCER, Chembur initiated its programme – RISE or Re-assuring Impactful Sociable Emancipation. RISE plans to hold a number of sessions through which the youth can be impacted.

- Expert Talk on Menstrual Health & Hygiene: On the 22nd of July, 2021, an Expert Talk on the topic 'Menstrual Health & Hygiene' by Ms. Ankita Sukhwal, CSR Executive Unicharm India, was conducted under this initiative. The hourlong online session from 4:30 pm to 5:30 pm on the topic was broadcast live over PCER Chembur's YouTube channel. Ms. Sukhwal emphasised the importance of the menstrual cycle and how everyone should be open about this topic. This activity was conducted under SDG # 3: Good Health and Well Being and can be viewed at <a href="https://www.youtube.com/watch?v=D-5KCvegTKE&t=2290s">https://www.youtube.com/watch?v=D-5KCvegTKE&t=2290s</a>
- Expert Talk on Wellness Happiness And the Science behind it!: On the 31st of July, 2021 an online Expert Talk was conducted on the elusive topic 'Happiness - The Science behind it!' from 4:00pm-5:00pm. The talk was delivered by Dr. Tina Roy, an alumna of PCER Chembur from the Batch of 2009-10. Dr. Tina encapsulated the major research findings on happiness and also added her experience from conducting Happiness classes and encouraged all participants to try following these steps. This activity was conducted under SDG # 3: Good Health and Well Being and can be viewed at https://www.youtube.com/watch?v=5JPprLubuV4&t=1901s



Saturnay, 31st July 2021 at 4:00 p.m.



www.YouTube.com PCERChembur

Expert Talk by



Dr. Tina Roy

o Expert talk on Diet for Wellness: The session on 20th August was on the topic "Diet for Wellness". The resource person for the session was Ms. Jennifer Dhuri, Consultant Dietician. The session was very smoothly anchored by the General Secretary of the Student Council of PCER. Ms. Dhuri gave a very comprehensive and relevant exposition on the importance of diet and nutrition in the holistic wellbeing of the individual. The presentation was followed by a question-andanswer session wherein Ms. Jennifer provided clear and needful information to the participants. The link for the session given below: https://www.youtube.com/watch?v=MKEp hpV-A



Or. Reni Francis
Princh A

Mahatma Edelution Society's Pillai College of Education & Research Chembur, Mumbai - 400 071, Expert talk on Mental Health about Healthy Living: The topic for the session on 24th August was on Mental Health- "Let's Talk about Healthy Living". Dr. Sheryl Senthilnathan, Consultant Psychiatrist was the resource person for the YouTube Live session. Dr. Sheryl gave a very pertinent presentation on the contemporary scenario highlighting the factors that affect the mental health of people and what lifestyle changes and habits one needs to cutivate to address the issue. The link for the session is given below: <a href="https://www.youtube.com/watch?v=LtKltTg8RBU">https://www.youtube.com/watch?v=LtKltTg8RBU</a>



### ➤ Best College Award:

100

Global Intellect Educational Award appreciated the contribution of PCER Chembur in the field of education by presenting the 'Best College Award for the year 2021'



Or. Reni Francis
Principal
Mahatma Education Society's
Pillai College of Education & Research
Chembur, Mumbai - 400 071.

# > Participation of Faculty in Refresher, Short Term courses, Webinars:

#### o Dr. Reni Francis:

- Resource person for FIP at Rani Durgavati Vishvadilaya for several topics
- Was invited as the resource person for the online Faculty Development Program on 'Mentoring Teaching & Pedagogy in Technical Education', organised by Dr. M. G. R. Educational and Research Institute in association with the Academic Staff College.

### Dr. Mary George Varghese:

- Attended National webinar on making the research visible organised by Hashu Advani College of Special Education, Mumbai on 12th August, 2021
- Attended one-day national webinar on an educational leap with artificial intelligence organised by IQAC St. Joseph's College of Education Mysore on 14th July, 2021
- Completed AICTE and IST approved refresher programme on the learner oriented teaching methods held during 19th to 25th May, 2021 organised by IPS College of Technology and Management Gwalior Madhya Pradesh

### Dr. Jaya Cherian:

- Attended webinar on World Population Day Rise for a Better Living organized by Women Development Cell (WDC), University of Mumbai in collaboration with MES's Pillai College of Education and Research, Chembur 11th July, 2021.
- Attended an online Workshop on 'Filing of Income Tax Returns' conducted by MES's Pillai College of Education and Research, Chembur in collaboration with Mahatma Night Degree College of Arts & Commerce on 31st August, 2021.

- Attended an online workshop on Effective Communication Strategies in the Classroom organized by MES's Pillai College of Education and Research, Chembur on 13th October, 2021.
- Participated in an Online National Webinar on "Enabling a perfect research ecosystem with Scopus, Science Direct and Mendeley" organised by Internal Quality Assurance Cell of MES's Pillai College of Education and Research. Chembur, with ELSEVIER on 16th 17th November, 2021.

### Mr. Rajendra. B. Deshmukh:

- Completed the Orientation Programme conducted by the University Grant Commission. Human Resource Development Centre [UGC HRDC] University of Mumbai from 19th July to 7th August. 2021 and obtained 'A' Grade.
- Attended an online Workshop on 'Filing of Income Tax Returns' conducted by MES's Pillai College of Education and Research, Chembur in collaboration with Mahatma Night Degree College of Arts & Commerce on 31st August, 2021.
- Attended an online workshop on Effective Communication Strategies in the Classroom organized by MES's Pillai College of Education and Research. Chembur on 13th October, 2021.
- Participated in an Online National Webinar on "Enabling a perfect research ecosystem with Scopus, Science Direct and Mendeley" organised by Internal Quality Assurance Cell of MES's Pillai College of Education and Research, Chembur, with ELSEVIER on 16th 17th November, 2021.
- Presented a research paper titled 'An overview of comparative primary science curriculum studies and their importance' in the National Level Multidisciplinary E-conference organised by the Mahatma Night Degree College of Arts and Commerce.

#### o Ms. Achala Bhor:

Ms. Achala Bhor successfully completed an Online Short-term Course on Research Paper Writing from 24th to 30th May, 2021 organised by UGC-Human Resource Development Centre, Gujarat University, Ahmedabad, The Short-term Course on Research Paper Writing was conducted through Google Classroom as an Online Course following MOOCs pedagogy like SWAYAM.

https://www.pcer.ac.in/faculty/seminars-conferences-paper-presentations-extension/

### Strengthen Training & Placements

- ➤ Add on Course Job Perfect: A workshop series/add-on course, "Job Perfect" preparing students for Campus Placement was conducted over three sessions. The sessions covered common communication errors, SWOC analysis and resume writing skills and interview skills. MES's PCER, Chembur in association with Placement Cell organized an Add on Course on the topic 'Being Job Perfect' in November 2021. The course is in sync with SDG # 4: Quality Education. The course consisted of 30 hours and was divided into four modules: 1. Common Errors in Communication 2. SWOC Analysis 3. Resume Writing 4. How to face an interview
- > Content Enrichment Programme: Content Enrichment programme include an in-depth look at a concept or topic, approaching it with a different perspective, or connecting the subject to a more meaningful or rewarding facet of the real world. It is essential for student teachers to have a sound knowledge of their content especially for their practice teaching activities. In order to enhance the content knowledge of their subject a content enrichment programme was conducted in the month of June 2021. The content enrichment programme was conducted through Google Classroom and sessions were held through Google Meet. Various learning materials that included PowerPoint presentations, documents, YouTube video links and website links relevant to the content from Commerce, Economics, History, English, Mathematics and Science pedagogy were uploaded in the classroom. During the session discussions were held on the various aspects related to respective pedagogy. The content with respect to the school syllabus was discussed. The student teachers were also oriented regarding certain basic concepts in all the pedagogies. Student teachers participated in the discussion and also clarified some of their doubts. Each session was followed with an assignment related to it and was uploaded in the classroom. The sessions helped the students in preparing for their content test as well as strengthening their content knowledge for their practice teaching. The content enrichment programme provided an opportunity to the student teachers to gain sound knowledge of their subject and build their confidence with respect to their pedagogy.

- Sessions on Micro skills by the Faculty, PCER, Chembur: As part of orienting student teachers with respect to the various skills of teaching, sessions on microskills such as set induction, explanation and stimulus variation questioning, illustration were conducted. The session was conducted through google meet. The students were oriented about the importance of these microskills in providing effective teaching learning experiences to learners. The various components of each skill were explained in detail to the student teachers along with classroom examples. The student teachers were shown a video of a small demonstration of each microskill to provide clarity with respect to the skill. After the demonstration student teachers participated in a discussion on the various aspects of the skill.
- ➤ Workshop on Effective Communication Strategies in the classroom: PCER College Chembur, organized this workshop through Zoom. The objective of this workshop was to encourage teachers to use effective communication skills and strategies that are required for being an efficient teacher. This activity was aligned with SDG4: Quality Education.
- ➤ Session on Skill Development in collaboration with Management, Entrepreneurship, and Professional Skills Council, New Delhi: MES's Pillai College of Education and Research, Chembur in association with MEPSC, New Delhi organised a Session on "Enhancing Your Skills Towards Better Tomorrow" on 17th January, 2022 at 11: 30 a.m. through Zoom.
- Design your IDEA Competition: The Board of Studies in Education, University of Mumbai in collaboration with MES's Pillai College of Education and Research, Chembur organised a Design your IDEA competition. This competition was open for school teachers, teacher educators and student teachers. In this competition school teachers, teacher educators and student teachers from various schools and colleges across Mumbai participated
- Campus Placement, Placement Orientations, Interaction with Schools: PCER organized placement interviews during the month of December. Schools such as Avalon Heights, Shishuvan, Little Angels International School etc came to the campus to interact

with the students. The schools conducted brief orientation sessions for the students regarding their institutions and their expectations. They answered the queries raised by the students. Candidates were called to the institution for further stages of the interview process.

#### Research Initiatives

# ➤ Expert Talk on IPR - Nurturing Culture of Excellence:

PCER, Chembur organised an expert session on the topic Nurturing culture of excellence: IPR perspective. The inspiring session was conducted by Prof. (Dr.) B. K. Sarkar. The session was attended by all the teachers of Mahatma education Society's Chembur Campus on 21st September, 2021. The principal of PCER, Chembur, Dr. Reni Francis introduced the guest and also shared her experience of registering for the patents. Dr. Sarkar explained the concept of patent, its types i. e. design and utility and the process of registering for the patents. The inaugural address by the chairman and CEO of MES respected Dr. K. M. Vasudevan Pillai and the expert session motivated all the faculty members to innovate and come up with patentable designs and products.

### Innovation Patents received by Faculty:

#### o Dr. Reni Francis:

- Received Australian innovation patent for- Analyzing the role of Shanti Model of Teaching for fostering peace among secondary school students. August 2021.
- Certified Apple Teacher on 4th July, 2021
- Inventor for Australian Patent on Analyzing the Edu-2030 Model in developing competencies with respect to SDGs among student teachers.

### Dr. Jaya Cherian:

Received Australian innovation patent for = Analyzing the role of Shanti Model of Teaching for fostering peace among secondary school students, August 2021.

# > Webinar on 'Enabling a perfect research ecosystem with Scopus, Science Direct and Mendeley':

Internal Quality Assurance Cell of MES's Pillai College of Education and Research, Chembur, organized an online national webinar on 'Enabling a perfect research ecosystem with Scopus, Science Direct and Mendeley'. The resource person for the webinar was Customer Consultant, ELSEVIER Dr. Vinita Saroha. The two day event held on 16th and 17th November attracted participants from different institutes all over India. The webinar empowered the participants in underpinning the basics of research, research planning and ethics in publication.

# Approval received for Ph.D centre from Mumbai University:

PCER, Chembur took a step towards strengthening educational research. PCER, Chembur is now a Ph. D centre from Mumbai University.

# ➤ Faculty published Research Papers, Books:

#### o Dr. Reni Francis:

- Published book Death is Defeated by Notion Press
- Published book Teachers as Nation builders

#### Dr. Jaya Cherian:

 Authored a book 'Nai Talim in Classroom' published by Notion Press; 1st edition (28th September 2021), ISBN 1685636209.

### Mr. Rajendra Deshmukh;

Published the paper entitled = 'Career Selection motivations for women police officers and activities for inspiring girl students in the schools' in the International Journal of Multidisciplinary Research and Technology ISSN 2582-7358, Volume 2 Issue 2.

#### Ms. Achala Bhor:

- Publication of a book. "Teachers as Nation Builders": On the occasion of Independence Day on 15th August, 2021, Ms. Achala Bhor, Asst. professor. PCER Chembur, alongwithDr. Reni Francis, Principal, and Dr.Swasti Dhar. Asst. Professor. PCER Chembur published book 'Teachers as Nation builders' a tribute to the contribution of teachers towards nation building. This book is a compilation of articles written by the Alumni of MES's Pillai College of Education and Research, Chembur.
- Publication of an article: On the occasion of Gandhi Jayanti, Ms. Achala Bhor. Faculty, PCER published an article, "Education from Mahatma Gandhi's Perspective" in a book titled, Gandhi: The Hidden Power"

### ➤ Online sessions on Action Research:

Students were oriented about action research on Google meet.

Incubation Centre Skill Set: The students are then encouraged to hold an exhibition of their creative work during Jumble Sale or APY/ Wealth from Waste exhibition. The institution provides financial support to the students in the initial preparation and sale of the

The APY was conducted on 14th of December, 2021. This activity was conducted to make students understand the concept of small scale business and increase self reliance approach. Principal Dr.Reni Francis, Teachers and all the students of S. Y.B.Ed. were gathered at the college campus for the same. The preparation of this event started weeks ago. The event took place in the multipurpose hall ground floor. All together there were 8 stalls. Due to the pandemic the food items were not allowed to sell, other than food items stationery items, handmade soaps, purses, masks, jewellery, party decorations items, hair accessories,

etc. were sold. There was a game stall for the students wherein students were participating enthusiastically. Everyone was very excited to buy and sell the things made by them. Students conducted and participated in this activity with great zeal and excitement. This activity helped students to understand the importance of team work and develop entrepreneurship skills.

### > Research papers were presented by student teachers:

• Student Teachers Action Research Seminar: Board of Studies in Education in collaboration with Chembur Sarvankash Shikshanshastra Mahavidyalaya & MES's PCER, Chembur organised a Student Teacher Action Research Seminar where students from different colleges participated and presented their Action Researches. It was a great learning opportunity for the students as not only did they get to present their action researches in front of a larger audience but also got the opportunity to interact and answer queries ask by the audience.



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#### ➤ Best Research Award:

PCER Chembur was awarded with the 'Best Research Award for the year 2021' by the Asian Society for Scientific Research.



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### Integrating Technology in the Classroom

#### Virtual Lectures & Activities:

The faculty of the college extensively use google classrooms, EDModo, E-learning and Digital Learning platforms to deliver the course content in an effective way. Faculty also use an educational application Edmodo as part of the course delivery. The teachers give assignments and share e-resources through this application. The faculty members use Kahoot and poll everywhere platforms for online quizzes. Faculty and students are provided with MES email IDs with unlimited storage. Hence at PCER, multiple mode approach to teaching-learning is adopted by teachers for enhancing student learning

# > Student teachers anchored programmes on institution's YouTube channel:

Student teacher Ms. Beverly D'Souza anchored an Expert talk on 'Mental Health
 - Let's talk about Healthy Living' by Dr. Sheryl Senthilnathan, Consultant

 Psychiatrist.

https://youtu.be/LtKItTg8RBU

 Student Teacher Ms. Chrysll D'Souza anchored an Expert talk on 'Diet for Wellness' by Ms. Jennifer Dhuri, Consultant Dietician.
 <a href="https://youtu.be/MKEp\_hpV-A">https://youtu.be/MKEp\_hpV-A</a>

# > Student teachers integrated online tools, platforms in their lessons and activities:

Student teachers used online tools like Edmodo, Prabal MOOC, E-Library, Classmarker, YouTube, etc. and platforms like Google meet and zoom for their lessons and activities.

# > Short-term course - 'Connecting Classroom through Online Learning':

PCER, Chembur in collaboration with SLN Global Network organized a short-term course on 'Connecting Classroom through Online Learning' for the students and alumni of PCER, Chembur. This free, week-long, selfpaced course was conducted over Google Classrooms from the 1st to the 8th of July 2020.

# > Lesson demonstration, planning, guidance, lesson delivery through online format:

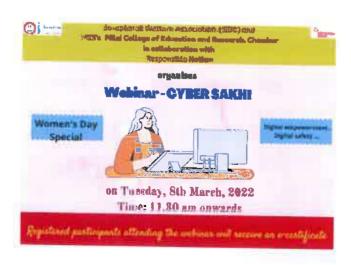
Demonstration of lessons of all pedagogy was done by the teachers, peers and alumni of the institution on Google Meet. Some of the Demo Lessons were done live and some were recorded. The recordings of the demo lessons were uploaded in the respective classrooms. Lesson plan guidance was also provided through either google meet or zoom.

# ➤ MOOC programme on Empowering Teachers with Counseling Skills:

MES's Pillai College of Education and Research, Chembur & Carpe Diem EdPsych Consultancy LLP launched a first MOOC programme on Empowering Teachers with Counselling Skills for Online & EdPsych Counselling S

## Expert Talk Session on Cyber Security and Social Media:

On Women's Day, PCER Chembur and Soroptimist Welfare Association (SIBC) in collaboration with 'Responsible Netism' organised a webinar 'Cyber Sakhi' for the students of F. Y. B.Ed and S. Y. B.Ed. The webinar was conducted through a Zoom meeting and the aim of this session was to spread awareness about cybercrimes and cyber security. The host was 'Ms. Steffi Benjamin', who is an active member and project coordinator of 'Responsible Netism'. She spoke about the cyber crimes which are hacking, fake profile, stalking, cyber bullying, morphing, financial frauds, cyber terrorism. This session was an eye opener for many students and a very necessary one as with increasing use of the internet, cyber crimes have been on the rise.



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### Strengthening Alumni Engagement

- ➤ Financial assistance was provided to alumni for start up venture: PCER, Chembur provided financial assistance to its Alumni from Batch 2013-2014 Ms. Vasundhara Kaul to start Carpediem Edpsych Consultancy LLP.
- ➤ Alumni Achievers Award: The Alumni Achievers of PCER were felicitated with Alumni Achiever Award 2022 for professional excellence at the Alumni Meet conducted on 23rd April, 2022. The event organised at Chembur Campus was hosted by the First Year B.Ed. students batch 2021-23. Principal Dr. Reni Francis felicitated the Achievers. The winners of the Alumni Achievers award from the B.Ed. batch 2019-21:
  - Ms. Priyanka Mohite
  - Ms. Aabha Bagaitkar
  - Ms. Shivani Mayekar



➤ Session on Happiness the Science Behind it: On the 31st of July, 2021 an online Expert Talk was conducted on the elusive topic 'Happiness - The Science behind it!' from 4:00pm-5:00pm. The talk was delivered by Dr. Tina Roy, an alumna of PCER Chembur from the Batch of 2009-10. Dr. Tina encapsulated the major research findings on happiness and also added her experience from conducting Happiness classes and encouraged all participants

Or. Reni Francis

Principal

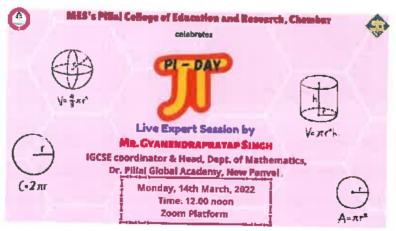
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Chembur, Mumbai - 400

to try following these steps. This activity was conducted under SDG # 3: Good Health and Well Being and can be viewed at <a href="https://www.youtube.com/watch?v=5JPprLubuV4&t=1901s">https://www.youtube.com/watch?v=5JPprLubuV4&t=1901s</a>



Session on Mathematics to celebrate Pi Day: On the occasion of Pi-Day i.e. on 14th March, 2022 PCER Chembur organized a session on the origin, evolution and importance of the magic ratio the pi. Alumni Mr. Gyanendrapratap Singh the IGCSE Co-ordinator and Head, Department of Mathematics of Dr. Pillai Global Academy, New Panvel conducted an engaging session highlighting the past of pi and contribution of Indian and Foreign Mathematicians. The interactive session helped the student-teachers to understand the evolution of the concept of pi.



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### **Community Outreach**

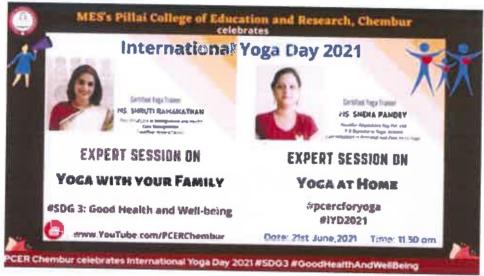
➤ Community service by student teachers NASEOH, Chembur: PCER Chembur encourages students to participate in Community Extension Work and wish to sensitize them with the differently abled and less privileged. This year the students completed their Community work at National Society For Equal Opportunities For the Handicapped [NASEOH]. The students completed the Community Extension Work at the NASEOH from 14th to 19th March 2022. Students visited all the departments of NASEOH, Interacted with the teachers and differently abled learners and helped the inmates in their various activities. The visit sensitized them with the needs of disabled and ways of dealing with the disabled.



Yoga Day was organized to give students a platform to showcase and enhance their talents. This activity was aligned with the Sustainable Development Goal (SDG3), Good Health and Well being. International Yoga Day celebration at PCER began with a one-week yoga therapy session towards health and well-being. In this one week, videos by Ms. Shruti Ramanathan – a certified Yoga trainer, were uploaded on the PCER Chembur, YouTube channel. As a part of Yoga Day celebrations, an online competition was organized for the

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Chembur, Sale 400 071.

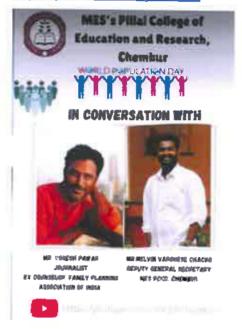
student community to showcase their knowledge of Yoga through display of poses from various asanaas which were posted on Instagram by tagging PCER Chembur with the #pcercforyoga. The competition received entries from schools and colleges across Mumbai. This competition was judged by Ms. Sneha Pandey who is the founder of Abhayankara Yog Pvt. Ltd. International Yoga Day 2021 celebration was an expert session on Yoga at Home and Yoga with your Family which was broadcasted through the PCER Chembur YouTube channel on 21st June, 2021 at 11.30 a.m. The experts of this session, Ms. Shruti Ramanathan and Ms. Sneha Pandey shared their expertise on Yoga at Home and Yoga with your Family. Ms. Sneha Pandey then announced the winners of this competition.



Webinar on World Population Day in collaboration with WDC, University of Mumbai: PCER, Chembur observed World Population Day on 11th July, 2021 by conducting an Expert Talk on the Impact of Rising Population Crisis. This talk was conducted through a Youtube interview with an expert Mr. Yogesh Pawar, Journalist, Social Worker and Ex-counsellor, Family Planning Association of India. The interview was conducted by the Deputy General Secretary of the Student Council Mr. Melvin Chacko. The interview covered a range of questions with respect to the policies, issues, challenges and gender perspectives related to population growth. Mr. Yogesh Pawar gave very clear and pertinent information and suggestions with respect to the challenges faced by our country due to population growth. This activity was in alignment with SDG 11—

Or. Reni Francis
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Sustainable Cities and Communities. The link for the interview: <a href="https://youtu.be/114XqfVDGbk">https://youtu.be/114XqfVDGbk</a>



## > Online quizzes, slogan writing, essay writing to raise awareness on social issues:

- O In order to commemorate the National Students' Day which falls on 15th October, 2021, the Student Council of PCER, Chembur organised an intra-college debate competition. The competition was held live over Zoom and the students participated as tutorial group teams. Each team consisted of two students. The students debated on the following topics: Virtual Learning is more impactful than Classroom Learning (Elimination round); India's Farm Laws: Is it a global problem? (Final round) The debate was judged by: Dr. Ignat Mendes HOD Chemistry Department, Sophia College, Mumbai; Ms. Wilma D'souza Supervisor, Z A Memon English School, Thane; Mr. Yogesh Pawar Journalist and Social Worker. The winners of the competition were: Ms. Callista Rebeira & Ms. Adrieal Fernandes from Dr. Mary Varghese's tutorial group while Ms. Maitree Vora & Ms. Lyzandra Rebello from Dr. Swasti Dhar's tutorial group were the runners-up.
- The Board of Studies in Education, University of Mumbai in collaboration with MES's Pillai College of Education and Research, Chembur organised a Design your IDEA competition. This competition was open for school teachers, teacher.

Or. Reni Francis
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- educators and student teachers. In this competition school teachers, teacher educators and student teachers from various schools and colleges across Mumbai participated.
- PCER observed National Cancer Awareness Day by organising an online quiz on cancer disease. The quiz was conducted through google forms and participants received e-certificates. This activity was aligned with SDG 3 - Good health and Well being.

### Expert talk on rising population crisis:

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- PCER, Chembur observed World Population Day on 11th July, 2021 by conducting an Expert Talk on the Impact of Rising Population Crisis. This talk was conducted through a Youtube interview with an expert Mr. Yogesh Pawar, Journalist, Social Worker and Ex-counsellor, Family Planning Association of India. The interview was conducted by the Deputy General Secretary of the Student Council Mr. Melvin Chacko. The interview covered a range of questions with respect to the policies, issues, challenges and gender perspectives related to population growth. Mr. Yogesh Pawar gave very clear and pertinent information and suggestions with respect to the challenges faced by our country due to population growth. This activity was in alignment with SDG 11 Sustainable Cities and Communities. The link for the interview: <a href="https://youtu.be/l14XqfVDGbk">https://youtu.be/l14XqfVDGbk</a>
- O PCER Chembur also organised a webinar in collaboration with the Women's Development Cell of University of Mumbai. Dr. Aparna Phadke, Assistant Professor at the Department of Geography, University of Mumbai, gave a Talk on the topic "Gender Empowerment and Population Change" and Ms. Chaitali Wadhwa, Faculty of Law at Manav Rachna University spoke on the topic "Public and Private Dichotomy and the Gendered Division of Labor". Link: <a href="https://youtu.be/OtMnZcP35t8">https://youtu.be/OtMnZcP35t8</a>
- > Preparation of teaching aids for children with special needs: Students of Batch 2020-2022 prepared teaching aids for children with special needs and submitted in the college.
- ➤ Nai Talim Week was organized. A variety of activities that highlighted the basic teachings and values of Mahatma Gandhi was conducted through NaiTalim Week. Through participating in these activities student teachers gained greater insight into the

thoughts and beliefs advocated by Gandhiji. The following sessions were conducted in the NaiTalim Week:

- Colloquium on Best Practices in VENTEL: The Board of Studies in Education, University of Mumbai in collaboration with MES's Pillai College of Education and Research, Chembur organised an online Colloquium on Best Practices in VENTEL-MGNCRE Azadi Ka Amrit Mahotsav for Student Teachers of VENTEL Cell. The Colloquium was conducted on 1st October,2021 from 2.00 pm to 3.30 pm on Zoom platform.
- Online Quiz-Know your Mahatma: The student teachers prepared an online quiz on Mahatma Gandhi. The objective of the quiz was to spread awareness about the values and teachings of Gandhiji. The quiz was conducted through google forms.
- Video with Mahatma Gandhiji's thoughts: As a part of NaiTalim Week Celebrations PCER Chembur released a video containing inspiring thoughts of Mahatma Gandhiji. The thoughts are selected with a purpose of educating the audience about the life goals one must have and presented in an attractive manner. With the aim of enlightening the new generation with the noble and inspiring thoughts of Mahatma Gandhiji.
- Virtual session on Ozone Protection: Students of PCER Chembur conducted a virtual session for the students of MES's Chembur English High school on 1st October, 2021. The online Zoom session provided scientific information on formation of ozone layer, causes and effects of ozone depletion and steps students can take to protect the Ozone layer. The interactive session 'Small steps towards the protection of Ozone' was conducted by students of PCER Chembur, Ms. Rasika Bhujabalrao and Ms. Bhakti Sawant as a part of NaiTalim Week Celebrations.
- Books on VENTEL and NaiTalim:

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Dr. Sunita Magre, Professor and Chairperson, Board of Studies, University of Mumbai and Dr. Reni Francis, Principal, PCER Chembur, and BOS Member, University of Mumbai, published a book 'Best Practices in VENTEL' by Notion Press; 1st edition (27th September 2021), ISBN 1685635245. This book is a compilation of the various best practices presented at the online Colloquium on Best Practices in VENTEL-

MGNCRE Azadi ka Amrit Mahotsav for student teachers of VENTEL Cell, organised by Board of Studies in Education, University of Mumbai in collaboration with MES's Pillai College of Education and Research, Chembur on 1st October,2021. The best practices shared in this book is the implementation of VENTEL at the Institution/ Teacher/ Student/ NGO level.

- Dr. Reni Francis, Principal, PCER Chembur and Dr. Jaya Cherian, Asst. Prof. PCER Chembur published a book 'NaiTalim in Classroom' by Notion Press; 1st edition (28 September 2021) ,ISBN 1685636209. This book is a compilation of the Lesson Plans based on Mahatma Gandhi's ideology of NaiTalim. The lesson plans focus on experiential learning, work education, craft centered learning and involving the students in the teaching learning process.
- Training programme by ARPAN Foundation on sexual abuse: SI Bombay Chembur (SIBC) in association with Arpan conducted a Training for two days on the "Understanding Child Sexual Abuse and Personal Safety Education (PSE) Programme". The students of PCER Chembur participated in this training. This training is based on building skills of professionals to enable them to conduct PSE programs with children, adult awareness sessions and handle disclosures effectively and age-appropriately. This program was held on 11th and 12th October on Zoom platform.





### > Street play on Human Rights Commission, Aids awareness

- On 10th December, 2021 Pillai College of Education and Research, Chembur in collaboration with Soroptomist International Bombay Chembur organised a skit on the occasion of World Human Rights Day, for the students of standard 9th of MES's Chembur English High School. B.Ed. students from English method participated in the street play depicting various rights for children laid down in Indian constitution. After each scene questions were asked to the school students to help them understand different rights for children which were depicted through the skit. Various issues like child marriage and child labour were shown through the play. Dr. K. M. Vasudevan Pillai sir, who spoke about Human Rights. Sir interacted with the school students and the student teachers. Sir enlightened the students with his inspirational speech on Human Rights Day conveying the message that the youth should be made aware of the human rights and the effects of violation of rights for children.
- Commemorating World AIDS Day 2021. MES's Pillai College of Education and Research, Chembur in collaboration with Soroptimist Welfare Association (SIBC) organised a Skit on spreading awareness on Aids Lock the Ribbon. at the Chembur campus, Ground floor on 1st December, 2021 at 11.00 a.m.. The student teachers from B.Ed. college presented a skit to create a sense of awareness among the students and also to sensitize them on the alarmingly increasing cases of AIDS in the world and our duties and responsibilities as global citizens to spread awareness to the masses on the same.
- The APY was conducted on 14th of December, 2021. This activity was conducted to make students understand the concept of small scale business and increase self reliance approach. Principal Dr.Reni Francis, Teachers and all the students of S. Y.B.Ed. were gathered at the college campus for the same. The preparation of this event started weeks ago. The event took place in the multipurpose hall ground floor. All together there were 8 stalls. Due to the pandemic the food items were not allowed to sell, other than food items stationery items, handmade soaps, purses, masks, jewellery, party decorations items, hair accessories, etc. were sold. There was a game stall for the students wherein students were participating enthusiastically. Everyone was very excited to buy and sell the things made by them.

Students conducted and participated in this activity with great zeal and excitement. This activity helped students to understand the importance of team work and develop entrepreneurship skills.



# Expert Talk sessions on Cancer Awareness, Mental Health, Menstrual Health, Diet for Wellness, Nutrition and Mental Health:

OMES's Pillai College of Education and Research, Chembur and Mahatma Junior College, Chembur in collaboration with Soroptimist Welfare Association (SIBC) observed World Cancer Day with the theme "Close the care Gap". On 4th February 2022 on the occasion of World Cancer Day, An Expert Talk on "World Cancer Day, Focus – Breast and Cervical Cancer" was organized by MES's Pillai College of Education and Research, Chembur in collaboration with Soroptimist Welfare Association (SIBC). The aim was to inform and encourage people on its prevention, early detection, and treatment. Keeping in mind this aim, an eminent speaker Dr. Jay Anam, a Consultant Surgical Oncologist at Saifee Hospital, HN Reliance Hospital, Nanavati Hospital and an Honorary Visiting Surgical Oncologist at K.J. Somaiya Medical College was invited to deliver a talk.

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The Guidance and Counselling Cell of PCER Chembur through its programme RISE conducted an Expert Talk given by Dr. Sheryl John Senthilnathan — Consultant Psychiatrist. Dr. Sheryl gave a very pertinent presentation on the contemporary scenario highlighting the factors that affect the mental health of people and what lifestyle changes and habits one needs to cutivate to address the issue. The session was very confidently anchored by Ms. Beverley DSouza. After the presentation Dr. Sheryl clarified the queries presented to her by the host. The link for the session is given below:

https://www.youtube.com/watch?v=LtKItTg8RBU



On the 22nd July, 2021, an Expert Talk on the topic 'Menstrual Health & Hygiene' by Ms. Ankita Sukhwal, CSR Executive — Unicharm India, was conducted under this initiative. The hour-long online session from 4:30 p.m. to 5:30 p.m. on the topic was broadcast live over PCER Chembur's YouTube channel. Ms. Sukhwal



emphasised the importance of the menstrual cycle and how everyone should be open about this topic. As a background, she divided adolescence into 3 phases, early adolescence, middle adolescence and late adolescence. She then elaborated the role of hormones and the bodily changes which takes places in the human body during the entire lifetime right from pre-menopausal stage right up to menopause. At the end, she answered the queries put by the participants which were addressed to her via the live chat function. This activity was conducted under SDG # 3: Good Health and Well Being and can be viewed at <a href="https://www.youtube.com/watch?v=D-5KCvegTKE&t=2290s">https://www.youtube.com/watch?v=D-5KCvegTKE&t=2290s</a>



- The session on 20th August was on the topic "Diet for Wellness". The resource person for the session was Ms. Jennifer Dhuri, Consultant Dietician. The session was very smoothly anchored by the General Secretary of the Student Council of PCER. Ms. Dhuri gave a very comprehensive and relevant exposition on the importance of diet and nutrition in the holistic wellbeing of the individual. The presentation was followed by a question-and-answer session wherein Ms. Jennifer provided clear and needful information to the participants. The link for the session is given below: <a href="https://www.youtube.com/watch?v=MKEp-hpV-A">https://www.youtube.com/watch?v=MKEp-hpV-A</a>
- Donation drive for Textbook and school supplies through online platform wonder wheel store: A donation drive was organised by the Soroptimist Welfare Association [SIBC] in collaboration with MES's Pillai College of Education and Research, Chembur and Pillai College of Engineering and Technology. The drive was open from 21st August

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to 5th September in association with the online platform wonderwheelstore.com. The drive successfully collected around 50,000 rupees which were used to provide textbooks and school supplies for the underprivileged and needy students.



- >> Short movie Hungry Pulse created and enacted by student teachers to spread awareness on World Food Day: PCER Chembur commemorated the occasion of World Food Day on 16th October, 2021, by releasing a short film 'Hungry Pulse'. This film was conceived, enacted and directed by the students of PCER Chembur and depicted the deprivation and wastefulness that we see around ourselves. SDG #2- Zero Hunger Link: <a href="https://www.youtube.com/watch?v=P-Z4XN0JIoE">https://www.youtube.com/watch?v=P-Z4XN0JIoE</a>
- ➤ Workshop on Filing of Income Tax Returns: The IQAC Cell of PCER Chembur, in collaboration with Mahatma Night Degree College of Arts & Commerce organised an Online Workshop on the topic 'Filing of Income Tax Returns' from 11:00 am to 1:00 pm on the 31st of August, 2021. This hands-on workshop was open for all the faculty members of MES's Chembur Campus. Many of us outsource the filing of our income tax returns to chartered accountants or other professionals because of a common fear of not filling government forms. Now, with the filing of returns becoming online, the process has become much simplified and no educated person should shy away from it. The Resource Person for the Workshop was Dr. Eknath Zherekar, Principal of MNDC College who took up this seemingly complicated topic and explained it in an extremely simplified manner. The workshop had a total of 51 participants and was in line with SDG#8: Decent Work and Economic Growth
- ➤ Donation drive for a social cause: The Alumni Association of PCER Chembur conducted a Donation Drive from 11th to 28th October, 2021. The Faculty, Alumni and students from

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PCER Chembur came forward to donate generously so that those who are less fortunate could also have something to cheer about during Diwali. The collection was distributed among the needy on 30th October, 2021.



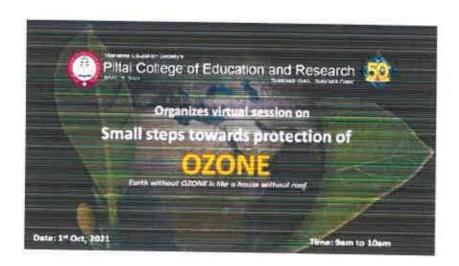
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### Establishing a Eco-friendly Campus

makes the same

- ➤ Video created by student teachers for World Environment Day: the Student Council of the Batch 2020-22 decided to come together and create a video on the year's theme 'Ecosystem Restoration'. They uploaded the video on Instagram and tagged and shared it in order that the message travels far and wide. The video highlighted quotes from famous people who spoke about the need to wake up to the plight that the Earth is facing today and how it is imperative that we align our activities today for a better future. The activity was aligned with SDG 12 (Responsible Consumption and Production) and SDG 13 (Climate Action). The video can be viewed at: <a href="https://www.instagram.com/tv/CPtGs8">https://www.instagram.com/tv/CPtGs8</a> nxDE/?utm medium=share sheet
- Energy audits, Green audits are conducted every year. In the month of September, PCER Chembur went through internal audits of. Electrical Safety Audit, Energy Audit and Green Audit. These audits were held to evaluate an institution's internal controls. The electrical audit was carried out to improve the safety of people and equipment and / or facilities, to detect risks, reduce incidents and resolve inadequate procedures and to reduce operational costs and improve productivity. An energy audit was carried out to inspect and analyze energy flows for energy conservation in a building. The objective behind this audit was to reduce the amount of energy input into the system without negatively affecting the output. The purpose of the green audit was to identify, quantify, describe and prioritize the framework of Environment Sustainability in compliance with the applicable regulations, policies and standards.
- ➤ Greening the campus. PCER Chembur believes in sustainability and greener living. The campus has its own Compost pit where the wet waste is dumped. We also believe in planting trees in the campus.
- > Wet and Dry Waste management: Campus waste is segregated into wet waste and dry waste.
- Session by student teachers with school students on World Ozone Day: The students of PCER organised a Virtual Session with the students of CEHS on "Small Steps towards the protection of OZONE" from 9 a.m. == 10 a.m. on 1st October, 2021.



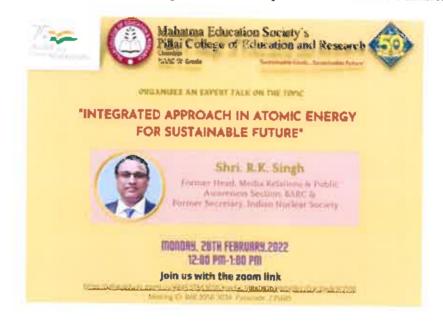
Expert talk session on Waste Management in collaboration with Stree Mukti Sanghatana: A session on the topic Waste Management was conducted on 28th February, 2022 that highlighted the environmental issue of waste accumulation and disposal. Ms. Sindhu Iyer, Project Coordinator of Stree Mukti Sanghatana (NGO) spoke on the issue of waste management — the current situation, what we can do to dispose of waste more responsibly and the work done by Stree Mukti Sanghatana. Mrs. Iyer shed light on the correct method of disposing of electronic waste to reduce the negative consequences for the environment as well as the hazardous health issues that unorganized sector of waste segregation workers suffer from on account of handling these toxic materials.



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Expert Talk on Integrated Approach in Atomic Energy for Sustainable Future: On 28th February, 2022 On the occasion of the National Science Day, PCER Chembur organized an Expert Talk on "Integrated Approach in Atomic Energy for Sustainable Future". Respected R. K. Singh the former Head, Media Relations & Public Awareness Section, BARC & former Secretary, Indian Nuclear Society was invited to Deliver a talk regarding the above mentioned theme. He gave a brief introduction about the BARC, a view about nuclear power and nuclear power for a sustainable future. He highlighted the key features of using nuclear power to prolong shelf life of an item. He also highlighted the fields, like Agriculture, Industries, to control air pollution, to curb environmental damage, where nuclear power is used to promote a sustainable future.



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