

HORIZON

**MES'S PILLAI COLLEGE OF EDUCATION AND RESEARCH,
CHEMBUR NAKA, CHEMBUR, MUMBAI- 400071**



FROM THE PRINCIPAL'S DESK



Amidst several lock down and re-opening of colleges, PCER, Chembur paved way through a plethora of activities, celebrating national and international days of significance. It is important to understand the importance of the B.Ed journey as the students stepped into their final semester of batch 2020-2022. Campus interviews kept buzzing around and students were getting an opportunity for Group interviews, personal interview, group discussion, lesson demonstration and many more. It is the right to explore your professional career and move forward to your dream job/ profession - a journey undertaken by all B.Ed students, a decision that makes a difference in the life of children in their class. The Placement Cell of PCER, Chembur conducted orientation sessions, Add On course, Alumni Interaction, Skill Development Programmes that kept sharpening the skills of the B.Ed students to a better and brighter future ahead. We wish our students success in all their endeavours in bringing about a change in the society.

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EDITORIAL

Whether it is our health or the precious time we have, we truly come to appreciate these, like most other things in life, when we have less of it.

When we're sick, we think of all the things we would do if we were healthy. When we study for examinations, we keep wishing we had more time. What if we used our time more wisely and effectively? Appreciate your good health and do the things that you say you want to do. Appreciate the time you have today and use it to do the things you need to do.

Yes we've heard this all before, but how do we actually do this?

Start by making a list of things that are important to you - the things you like to do and the things you need to do. If some of them have a deadline, you will want to dedicate more time to them in the short run. For things that are important to you but do not have a due date, they can be spread over a longer period of time. DO NOT rely on motivation. We all feel very motivated while making our to-do lists, but find several other distractions when the time actually arrives to do the things on that list. The only way we can actually get all those things done is if we build a daily routine that schedules a time for all the activities. This applies to activities that need to be done daily and not one off activities where the tasks keep changing from time to time.



The important thing to remember is that you have to do a little bit each day towards completing these tasks. How do you do this without losing steam after a few days?

1. Create a tracker and track the usual tasks that you do daily. Example, brush teeth, have your morning/evening cup of coffee/tea, have lunch/dinner, watch your favorite TV show/the news, take a nap etc. Track these for a few days.
2. Next, stack/hook a task you need to do to a previous task(your daily routine activities). Example, after I finish my tea I will read 2 pages(notes/book) OR after I have breakfast I will spend time lesson planning OR after dinner I will revise what was taught in lectures today.
3. Do the activity only for 25 minutes and then take a 5 minutes break. Ensure that you get up and move from your workspace to another space. This will help condition your mind that your work space is for working. So when you come back from your break, it's easier for your brain to shift back into work mode.
4. Follow this routine for a few days irrespective of how you feel at that point. Convince yourself to at least do the task for 10 minutes if 25 minutes feels like too much. More often than not, you will see that once you begin, you will reach the 25 minute mark very easily.
5. Keep repeating the habit stacking method for any new good habits that you want to incorporate into your life.

Happy Studying!! And keep building good habits!

FACULTY ACHIEVEMENTS

INTERACTIVE METHOD OF TEACHING SCIENCE



Dr. Reni Francis

We are happy to announce that our Principal Dr. Reni Francis has published yet another book. Interactive Method of Teaching Science is meant to encourage interactive science learning experiences in classrooms. Students need to be involved in the learning process, and teaching should be more interactive and lead to achievement of learning outcomes.

In observance of National Science Day 28th February, 2022 the book on Interactive methods of Teaching Science is an attempt to share Science lesson plans for primary classes to enable holistic learning.

World Cancer Day



MES's Pillai College of Education and Research, Chembur and Mahatma Junior College, Chembur in collaboration with Soroptimist Welfare Association(SIBC) observed World Cancer Day with the theme "Close the care gap". On 4th February 2022 on the occasion of World Cancer Day, an expert talk "World Cancer Day, Focus - Breast and Cervical Cancer" was organized by MES's Pillai College of Education and Research, Chembur in collaboration with Soroptimist Welfare Association(SIBC). The aim was to inform and encourage people on its prevention, early detection, and treatment. Keeping in mind this aim, an eminent speaker Dr. Jay Anam, a Consultant Surgical Oncologist at Saifee Hospital, HN Reliance Hospital, Nanavati Hospital and an Honorary Visiting Surgical Oncologist at K.J Somaiya Medical College was invited to deliver a talk. The talk focused on Breast and Cervical Cancer in raising the awareness about early detection, prevention and care including surgical options for treatment of cancer. There were 141 participants both from B.Ed. batch of student teachers, and faculty from PCER and SIBC who attended the program wholeheartedly. This event was aligned with SDG 3, Good Health and Well being.

Women Development Cell of MES's Pillai College of Education and Research, Chembur
in collaboration with
Soroptimist Welfare Association (SIBC)
organises
Expert Talk on World Cancer Day
Topic: Breast and Cervical Cancer

Fight Cancer!

Friday, 4th February, 2022

Dr. Jay R. Anam
M.Ch Surgical Oncology from Tata Memorial Hospital,
Mumbai; Fellowship in Breast Cancer Surgery and Oncoplasty - Centre Oscar Lambret,
Lille (France).
Consultant Breast Oncosurgeon : Saifee Hospital, HN Reliance Hospital, Nanavati
Hospital, Mumbai.
Director : Specialty Surgical Oncology Hospital and Research Centre, Mumbai

Time: 2.30 pm - 3.30 pm

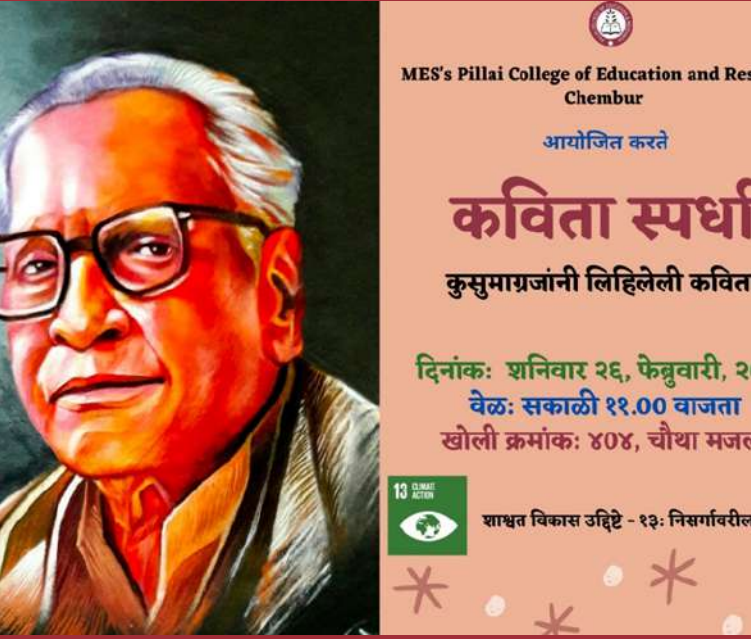
#SDG 3

www.PCERChembur

Expert Talk on Breast and Cervical Cancer observing World Cancer Day, 2022
MAHATMA EDUCATION SOCIETY'S
PILLAI COLLEGE OF EDUCATION & RESEARCH, CHEMBUR



Marathi Bhasha Diwas



Marathi Diwas is celebrated on February 27th every year across the Indian states of Maharashtra. This day is regulated by the State Government. It is celebrated on the Birthday of eminent Marathi Senior poet Kusumagraj. Kusumagraj has made significant contributions in the cultural field of Maharashtra and tireless efforts have been made to make Marathi the language of knowledge. Maharashtra Government decided to celebrate his birthday as 'Marathi Language Pride Day' as a salutation to the mother tongue and Kusumagraj's memory. On this occasion our college celebrated Marathi Bhasha Diwas. The event host, Callista introduced the programme and the Chief Guest, Ms. Seema Kajale and addressed the audience. Miss Yogita gave an introductory speech on Marathi Bhasha Diwas and its significance. There was a poetry recitation competition, where six participants recited the poems of the famous marathi poet Kusumagraj. The names of the participants are Ms Preeti Darveshi, Siddhi Surve, Bhakti Sawant, Mangal Chikane, Yogita Pervi who participated in the competition. The first prize was won by Ms Preeti Darveshi, Second prize was won by Bhakti Sawant and the third prize was won by Mangal Chikane. After announcing the winners, Ms. Seema addressed the students and shared her thoughts about the event. It was followed by a speech of our principal Dr. Reni Francis and the event was concluded with the Thank you speech by Miss Preeti. It was a very wonderful event and everyone enjoyed it.



22, Swastic Chambers, Sion - Trombay Road. Chembur,, Gulmarg Society, Sindhi Society, Chembur, Mumbai, Maharashtra 400071, India

Latitude
19.0535425°

Longitude
72.8937504°

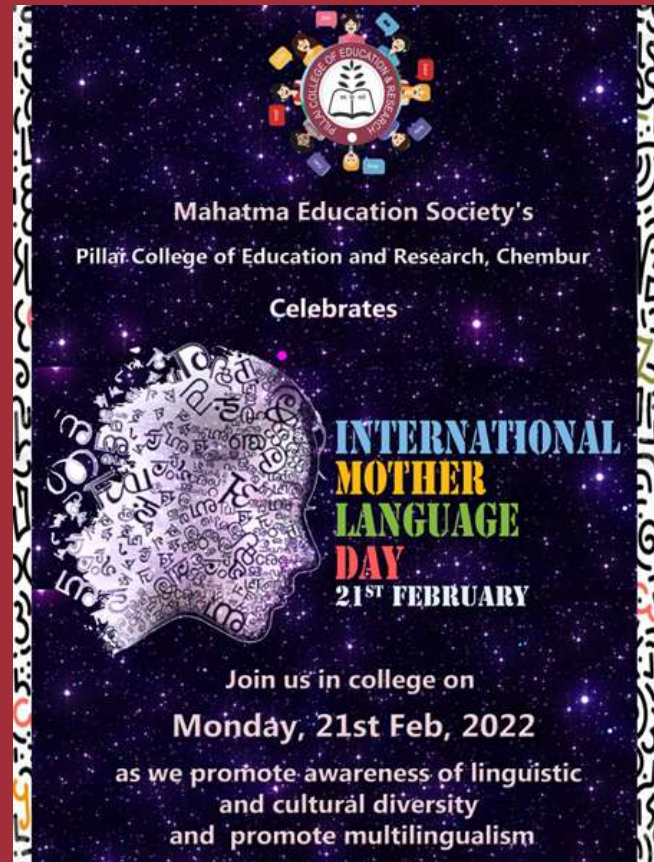
Local 01:28:57 PM
GMT 07:58:57 AM

Altitude -55.7 meters
Saturday, 26-02-2022



International Mother Language Day

On 21st February, 2022, PCER Chembur observed Mother Language Day to promote awareness of linguistic and cultural diversity and promote multilingualism. The program was blessed with the presence of Dr. K.M. Vasudevan Pillai the founder of Mahatma Education Society, Dr. Reni Francis the Principal of PCER Chembur and B.Ed teachers. The event started with a warm welcome to everyone and a small introduction about Mother Language Day by the host, Sarnaya. After that there was a prayer by Prinseela Nadar. Sudha Gupta gave a speech about the importance of Mother Language Day and about multilingualism in India. A quiz was conducted on languages of the world to introduce students to a few basic words in different Indian and international languages. Principal Dr. Reni Francis said few words about the assembly and about the diversity and multilingualism of India. The event ended with a vote of thanks to everyone present and students left with some information on Mother Language Day



Freshers Day

'Fresher's Party' in any college is an event which every student eagerly awaits from their time of admission. The 25th of February 2022 was a memorable day for the incoming B.Ed batch of 2021-2023 at PCER Chembur Campus. The fresher's day was filled with excitement, joy, music, enthusiasm, laughter and happiness.

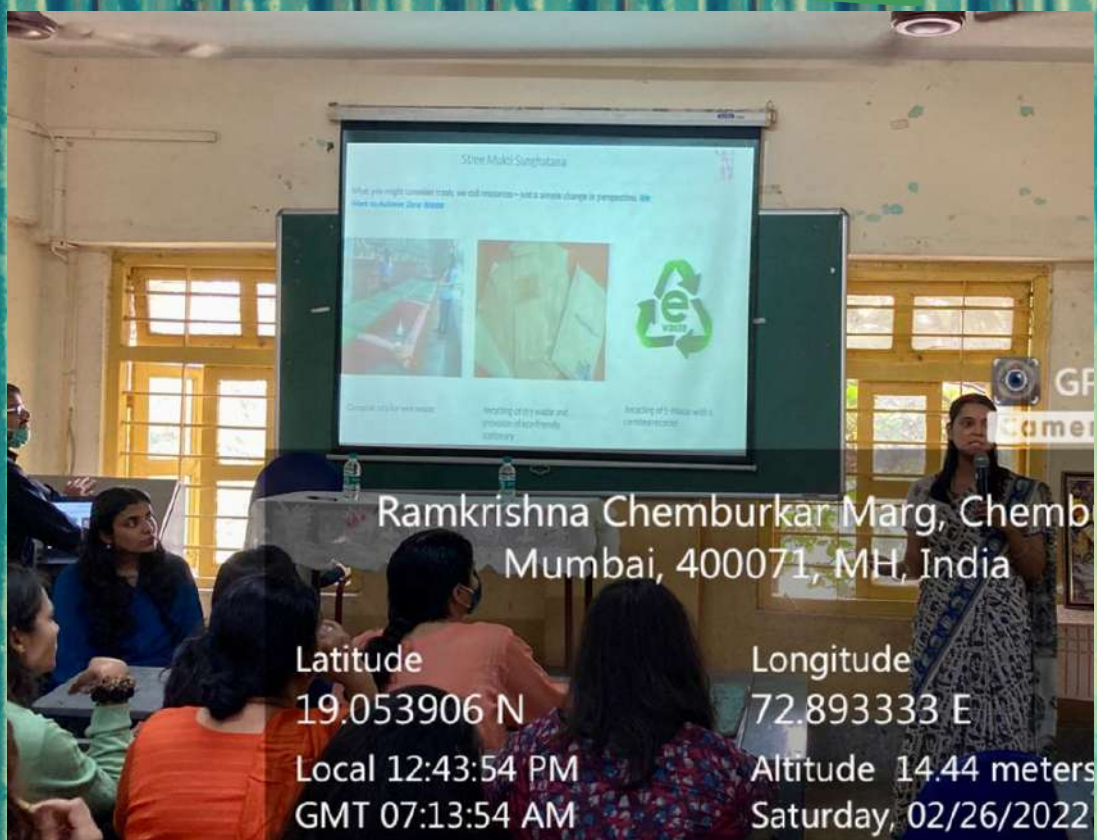
Anchors Beverley and Callista welcomed the guests, teachers and batch of 2021-2023 to the function. This was followed by the lamp lightening by the dignitaries and teachers. The prayer was recited by Beena Jadeja after which, the thought of the day was announced and presented by Sahana. The librarians and the administrative staff as well were introduced to the students. The cultural events started with a dance performance by the senior student Mamta, followed by a beautiful rendition of a song by Saili.

The Fresher's Day celebration included the college 'Marathi Bhasha Diwas' Poetry Recitation Competition as well as an Expert Talk on Waste management by Sindhu Iyer. Finally, the students of the Second Year B.Ed shared their positive experiences, insights and words of encouragement and advice with the first year students.

The event ended on a happy note with the Principal sharing a few words of encouragement for both the batches and the faculty.



Expert Talk on Waste Management





Mrs Sindhu Iyer, Project Coordinator of Stree Mukti Sangathan (NGO) was the guest speaker as part of the Fresher's Day Event held on 21st February. She spoke on the issue of waste management- the current situation, what we can do to dispose of waste more responsibly, and the work done by Stree Mukti Sangathan.


Rapid technological advancements, economic expansion, urbanization processes, rising demand for consumer electronic equipment, and a lower pricing trend are just a few of the elements that have contributed to the unprecedented growth of E-waste globally over the last two decades. Currently, e-waste is disposed of with solid waste. It poses a greater risk of environmental damage, and the consequences are far bigger than previously thought.

Mrs. Iyer shed light on the correct method of disposing of electronic waste to reduce the negative consequences for the environment as well as the hazardous health issues that unorganized sector of waste segregation workers suffer from on account of handling these toxic materials.

National Science Day - Expert Talk - Integrated Approach for Atomic Energy for Sustainable Future




Mahatma Education Society's
Pillai College of Education and Research
Chembur
NAAC 'A' Grade
'Sustainable Goals...Sustainable Future'



ORGANISES AN EXPERT TALK ON THE TOPIC

**"INTEGRATED APPROACH IN ATOMIC ENERGY
FOR SUSTAINABLE FUTURE"**



Shri. R.K. Singh
Former Head, Media Relations & Public
Awareness Section, BARC &
Former Secretary, Indian Nuclear Society

**MONDAY, 28TH FEBRUARY, 2022
12:00 PM-1:00 PM**

Join us with the zoom link
<https://pillai-edu-in.zoom.us/j/84630563034?pwd=L0JRaDlDb1lWb1FhcUZhK3JlZEt3QT09>
Meeting ID: 846 3056 3034 Passcode: 235689

On 28th of February, on the occasion of the National Science Day, PCER Chembur organized an expert talk on 'Integrated Approach in Atomic Energy for Sustainable Future'.

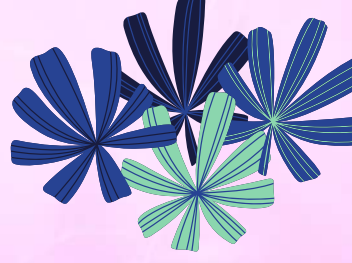
Respected R. K. Singh the former Head, Media Relations & Public Awareness Section, BARC & former Secretary, Indian Nuclear Society was invited to deliver a talk regarding the above mentioned theme. He gave a brief introduction about the BARC, a view about nuclear power and nuclear power for a sustainable future. He highlighted the key features of using nuclear power to prolong shelf life of an item. He also highlighted the fields, like agriculture, industries, to control air pollution, to curb environmental damage, where nuclear power is used to promote a sustainable future.

The event was graced by the respected principal Dr. Reni Francis and all the faculty members. Students of both S.Y.B.Ed and F.Y.B.Ed attended the session.

University Examination

PCER successfully completed the Semester 3 University exams for the batch 2020-22 in the month of February 2022. The exams were conducted on 15th, 16th and 17th of February according to the regulations of University of Mumbai. The students were oriented with respect to the conduct of the exams. The exams were proctored and in the online mode. The question papers consisted of 30 marks MCQ and 30 marks descriptive questions.

Students' Corner



By Siddhi Surve

वसंताची चादल

आला वसंत ऋतू सुष्टी बहरली
लाल केव्ही फुलांची चादल पांघरली
पानवळ संपली उगवली कोवळी पाने
कोकीळ गाऊ लागली कुड कुड गाणे

आंब्याला मोडर फुलला
समोवती सुगंध दरकला

माभ्यावर कडक ऊन लळपले
सांजवेळी शीतल झुडक ओवले

लळपल्या उन्हात पक्षांचा झाडावर विमता
कोवळ्या कोवळ्या पानांचा थंड वारवा
अंगाची लळी लळी उन्हाचे चढके
थंड फळे, लाक, सरबाताचे घुस्के

वसंताल दिन झाला मोठा
मोठी आनंदाला लोटा

असा वसंत ऋतू आगळा
नवनिर्मितीचा जणू सोहळा

- रमेश पांडुरंग जाधव

Marathi Bhasha Diwas Poems

आवण आवा...

हासरा नाचरा, जरासा लाजरा,
व्युदर बाजिरा आवण आवा

तांछुस कुमल पाऊल लाकीत
भिजल्या मालीत आवण आवा
सेधांत लावीत सोनेरी निशाणे
आकाशवाटेने आवण आवा

लपत, छपत हिरव्या बानात,
केडार शिंपीत आवण आवा
बंदखुल्याच्या आंघित कुमानी
वसंधेच्या ठांगनी आवण आवा

लपे ढगासागे, धावे माळावर,
उमसा खेळकर आवण आवा
व्याधीत वसुधाची करीत पेरणी
आनंदाचा धनी आवण आवा

कवी - (कुसुमाग्रज)
विष्णु वामन शिरवाडकर

**Ms. Yogita
Pervi**

**Ms. Bhakti
Sawant**

कणा

ओळखूनत का सर मला पावसात आला कोणी
कपडे होते कर्दमलेले केसावरती पाणी

क्षणभर बसला नंतर हसला बोलला वरती पाहुन
गंगामई पाहुणि आलि गेली घरत्यात राहुन

माहेरवाशिण पोरिसारखी चार भित्ति नाचली
मोकळ्या हाती जाईल कशी बायको मात्र वाचली

भित्त खचली चूल वीझली होते नव्हते नेले
प्रसाद म्हणुन पापण्यांमध्ये पाणी मात्र ठेवले

कारभारणीला घेऊन संगे सर आता नव्हतो आहे
पडको भित्त बान्धतो आहे चिखल गाळ काढतो आहे

खिशाकडे हात जाताच हसत हसत उठला
पैसे नको सर जरा एकेपणा वाटला

- कुसुमाग्रज

बर्फाचे तट पेहुनी उठले

बर्फाचे तट पेहुनी उठले सदन शिवाचे कोसळते
शक्त आपुल्या प्रिय आईचे शुभ्र हिमावर ओघळते

अमुरांचे पद भ्रष्ट लाडुनी आज सतीचे पुष्प मळे
अशा धडीला कोण करंटा तटस्थतेने दूर पळे ?
कृतोत ज्वाळा त्वेषाची ना कोणाच्या हृदयात जळे ?
आममंत्र ती अरे , शणाची नौबत आता धडधडते

अह्यगिरीतील वनशनांभी या कुहरातुन आज पुढे
शक्त हवे जर अवतंभतेला, शक्ताचे पडतील अडे
सक हिमालय बाखायास्तव कसा हिमालय लक्ष अडे
समरपुराचे वाहकरी हो समश्रदेवता बोलविते

खडक काजळी घोडुनी तुमचे मनगट-बाहू धडलेले
कडेकपासीमधील बठावे उरात तुमच्या वडलेले
काबुल-कंदाहार पश्चावर डके तुमचे वडलेले
शिवनेजाची दीपमाळ पाठीशी अपुल्या पाजळते

कोटि कोटि असतील बक्षारीरे मनगट अमुचे
सक असे
कोटि कोटि देहांत आज या सक मनीषा जागतसे
पिवळे जहरी अर्प ठेचणे - अन्य मना व्यवधान नसे
सक प्रतिज्ञा , विजय मिळेली बाहिल बण हे धडाधगते

- कुसुमाब्ज

Ms.Mangal
Chikane

Ms. Preeti
Darveshi

माझ्या मराठी मातीचा लावा ललाटास टिळा

कवि : कुसुमाब्ज

माझ्या मराठी मातीचा, लावा ललाटास टिळा
हिच्या संगाने जागल्या देखाव्यांतील शिळा.

हिच्या कुशीत जन्मले, काळे कणधूर हात
ज्यांच्या दुर्दैव घाशने, केली मृत्यूवरी मान.

नाही पसरला कर, कधी मागावास दान
स्वर्णसिंहासनापुढे कधी लवली ना मान.

हिच्या गगनांत धुने, आथ स्वातंत्र्याची झाडी
हिच्या पुत्रांच्या बाहून, आहे समतेची गवाही.

माझ्या मराठी मातीला नका वहाऊ हीन दीन
स्वर्गलोकालून थोर, सवा हिचे महामान

रत्नजडित अश्रू, ओवी अमृत्याची सखी
चाशी वर्णातुनी फिरे, सरस्वतीची पालखी.

रसरागात भिजला, येथे शृंगाश्या स्वर
येथे अहंता प्रवली, झाले वसुधेचे धर.

माझ्या मराठी मातीचा, नका करू अवमान
हिच्या शरिदयात आहे, प्राविण्याचे कंदान.

माझ्या मराठी मातीचा, लावा ललाटास टिळा
हिच्या संगे जागली, मागदेशातील शिळा.