

# **E- NEWSLETTER**

**MES's Pillai College of Education & Research, Chembur**

**Chembur Naka, Chembur Mumbai-400071.**

**NAAC Accredited A Grade (3.36- Third cycle)**

## **HORIZON**

### **MARCH -2020**



## **From the Principal's Desk :**

As we celebrate International Women's Day in the month of March, we can be proud of the significant role that each of us has played in sustaining a more gender-balanced world. International Women's Day (March 8) is a global day celebrating the social, economic, cultural and political achievements of women. The day also marks a call to action for accelerating gender parity. The path to equality for women has been long and challenging. International Women's Day also gives us an opportunity to reflect on the road ahead, what remains to be done in our quest for gender equality and how we might harness our collective energy, so that when we look back in 50 year's time we can be proud of our contribution towards women empowerment and emancipation. Education must be the channel in bringing about this change and strengthening the cause for highlighting women's status in the society. Schools / Colleges need to create a fostering and fulfilling environment that allow girls to be themselves, feel

comfortable to learn from mistakes and give them opportunity to be a part of the learning scenario. Teachers should be the catalyst in human empowerment and more as cultivators of gender equality. They build a positive self-image of a girl's need that has to be woven in the fabric of education. Teachers should highlight and reflect on the socially-constructed gender roles, attitudes and behaviours to foster greater respect of women as equals. As an educator I believe in this change and will be an advocate to this cause through the various initiatives taken towards Women rights as Human rights. **Happy Women's Day to all...**

## **Editorial desk.**

The month of March heralds the season of spring marked by the festival of Holi. It is also the time when we observe International Women's Day to celebrate the various achievements of women. But overshadowing all this today we witness one of the most difficult time periods in recent history- the Corona virus pandemic. We are facing the crisis all over the world. As our nation goes through this unprecedented lockdown we need to maintain calm and do our duty by adhering to the instructions given by the authorities and stay home, practice good hygiene. Let us keep in our prayers all those at the forefront in this fight against the pandemic- the doctors, nurses, all health workers, police, our leaders and so many others and help them in overcoming this calamity by being responsible citizens.

## **Editors:**

*Dr . Reni Francis, (Principal), Dr . Sunita Jain, Dr . Swasti Dhar, Dr. Jaya Cherian.*

## **Student Editor:**

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## Highlights of the Month:

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### • ANNA POORNA YOJANA—FOOD STALL

### • EVS EXHIBITION

### • ONLINE SESSIONS

## BOOK RELEASE



**Dr. Mary George Varghese**, authored a book on '**Learning and Teaching**' for Mumbai University B.Ed Program. Book was released by Adv. Neeta Kedia and Principal Dr. Reni Francis on the occasion of Women's Day Celebration.

**Dr. Mary George Varghese**, authored a book on '**Environmental Education**' for Mumbai University B. Ed Program. Book was released by Ms. Supradha Phaterpekar, Ex/Municipal Counsellor and Shiv Sena leader and Principal Dr. Reni Francis.



# CREATIVE TALKS

Student teachers were oriented about the 'Creativity Talks'. The teacher educator gave a model creative talk to make them understand the intricacies of talks. A topic was chosen of personal interest. The objective of it was that anybody expresses themselves best when some topic is given to them which is close to their heart. Moreover the student teachers who are listening should also gain some piece of advice. The time limit of the talk was 3-4 minutes.



The entire process was video recorded and shown to the students. This helped in building up confidence. They rectified their errors and worked on getting better and better next time. Second chance was given so that they improvise on the same.



## Outcome:

**Ms. Ananthi** expressed that initially she was hesitant to talk but with a lot of practice and moral boosting from teacher educators and students, she started enjoying the entire process.

**Ms. Sabina** mentioned that she wrote, rewrote to be focused before speaking. They would wait for their turn to *share the maximum in minimum time*. When their peers used to come to share they would cheer loudly to encourage them to speak and listen to them carefully. Each talk was unique and was a learning experience for everybody.

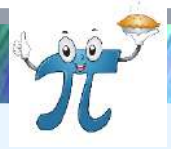
# SESSION ON MENTAL HEALTH



On 11<sup>th</sup> March, 2020, Ms. Yvette Lee, a Counsellor at Mahatma Education Society took a session on Mental Health with the students of FY as well as the SY. She laid special emphasis on the use of Rational Emotive Behaviour Therapy (REBT) as proposed by Carl Rogers and gave examples of how the ABCDE Model can be applied to real life situations.

The ABCDE model speaks about focusing on identifying the activating event (A) which is triggered by a belief (B) resulting in a consequence (C). Generally this consequence is harmful or unhealthy and the individual wants to change the consequence (for the better). This leads to disputing the existing belief (D) and the launch of newer and better events (E).

# SESSION ON MATHEMATICS DAY



Mahatma Education Society's Pillai College of Education and Research, Chembur celebrated 'The International Day of Mathematics (IDM)' on **14<sup>th</sup> March, 2020** on this year's theme '**Mathematics is everywhere**' by organizing an expert talk by **Mr. Gyanendra Pratap Singh**, HOD of Department of Mathematics of Dr. Pillai Global Academy, New Panvel.



He highlighted the importance of mathematics in our everyday life like how Mathematics help plan and manage economic and social systems, GPS systems, mathematical models etc. He also briefly described the history and origin of the  $\pi$  (Pi). The session was very informative and B.Ed students requested to have such more sessions on Mathematics in near future.

## TEACHING AID COMPETITION

A teaching aid competition was conducted for the students of **S.Y. B.Ed.** particularly to sensitize them with the need to cater to students with special needs. The student teachers were taught about identifying the children with special needs- their characteristics and also were given orientation of creating learning resources leading to curricular adaptation, curricular accommodation and curricular modification for CWSN.



This orientation and content was useful to them in creating a teaching aid for CWSN. The student teachers were asked to create teaching aids for children with special needs. All the students participated in the same and created models, working models, in order to cater to different needs – visually challenged, deaf, dumb etc. The winners of the competition were judged by two experts- from the field of special education and education.

# SPECIAL ASSEMBLY

## INTERNATIONAL WOMEN'S DAY



**Women's Day** is celebrated on the **8th of March** every year around the world . On this special day, eminent Chief Guest, **Adv. Neeta Kedia**, who specializes in marital laws and laws that safeguard interest of women and shared inspiring and valuable thoughts on the different ways women should continue to empower themselves.

The students of F.Y.B.Ed. demonstrated the essence of this important day beautifully through a thought-provoking role-play, which made the audience ponder over the silent and effortless contributions of women in our lives starting from that of our mothers to our wives, sisters, daughters and friends.

The YouTube video of the heart-touching poetry written by our respected Principal, **Dr. Reni Francis** called '**Daag Achhe Hain**' was played along with a strong and insightful speech delivered by one of the students. The special assembly concluded with the vote of thanks and our Principal delivered her views on this eminent day. The students, teachers and guests enjoyed the assembly immensely and were inspired with the encouraging thoughts that illustrated how our individual actions, conversations, behaviours and mind-sets have an impact on our larger society.



# HOLI CELEBRATION



Holi this year was celebrated nationwide on **10th March** . "**Holi**" is one of greatest festival of Hindus. The festival falls on a full moon day in Phalgun month of Hindu calendar.

Holi was celebrated this year in our institute on **9th March** .On this special day eminent chief guest , **Dr. Shruti Kedia** graced the occasion and shared inspiring and valuable thought on the festival of love and unity and triumph of good over evil.

The students of S.Y. B.Ed. demonstrated the essence of the important day beautifully through a skit (Drama) which made this audience understand the importance of water safety and playing the festival with society .

There was a beautiful display of flash cards by the students that pictorially showed the messages on Holi.

The speech on the importance of the festival its significance and the do's and don'ts of Holi celebration was presented by S.Y B.Ed. The festival celebration ended by a vote of thanks by our **Principal Dr. Reni Francis** .The students at the end had put "**Tikka**" on the forehead of all judges ,Principal Ma'am and teachers and on each other .

It was a successful and fantabulous experience.



# ANNA POORNA YOJANA—FOOD STALL

**PCER** students are encouraged to carry out the extension activities wholeheartedly every year. As a part of APY project, the **FY B. Ed** students organized food mela on 13<sup>th</sup> March 2020. This activity is conducted with the objective of developing organizing skills and the basic selling skills among students.

The students were provided with the space for stalls and basic furniture to put-up the food stalls. The students spread the message through display on notice board, what app groups and word of mouth. The food items included were Chinese bhel, sandwiches, Cup-cakes, lemon juice, chaas etc.

The students of Chembur English School, Mahatma Junior college, D.Ed, Marathi Madhyamik shala and teaching and non-teaching staff from Chembur campus were the potential customers of the food mela.

The PCER students conducted the food mela successfully and generated decent profit out of it also. Moreover, Food mela introduced a good networking among students and gave them opportunity to learn finance and business economics practically.



## EVS EXHIBITION



The environmental education students of **SY.B.Ed** organized an exhibition cum sale on eco-friendly stationery. The students were asked to prepare stationery items like cloth/ paper bags, pens and pen stands, greeting cards etc. It was a part of their curricular activity. All the items prepared by the students were eco-friendly. The students organized an exhibition cum sale for these items. There were two major stalls. The display boards which showed the details of the items and pricing were quite helpful for the customers to do the shopping. The customers were the students and staff from Chembur Campus. Some of the items like Cloth bags and pens were of high demand. All the environmental education students whole-heartedly participated in this activity. They got first-hand experience of learning by

doing and organizing an exhibition cum-sale. It was very enriching and pleasant experience to the whole class. They could generate good income out of the activity and donated the same for charity work.

# STREET PLAY COMPETITION



GROUP 1



GROUP 2



GROUP 3

On the 13<sup>th</sup> of March, 2020, the students of F.Y. B.Ed. participated in a 'Street Play Competition' on the occasion of **Women's Day**. The event was jointly organized by **PCER** and **SIBC**.

**Ms. Suprada Phaterpekar**, Ex/Municipal Counsellor and Shiv Sena leader was the Chief Guest for the occasion and so optimists **Ms. Preeti Pawar** and **Ms. Parveen Arif** acted as the judges for the competition.

Traditionally, the street plays are performed on the streets but this year, as a precautionary move for COVID-19, the play was held indoors in the form of a competition. The plays focused on issues of **domestic violence**, **effects of tobacco and alcohol abuse** and **gender-equality**.

# ONLINE SESSIONS

⇒ **Online session by Dr. Priam Pillai – COO, Mahatma Education Society: How to conduct and write a Literature Review.**



Zoom Session for the Faculty of **Mahatma Education Society** was held on **28<sup>th</sup> March, 2022**. The session focused on '*How to conduct and write a Literature Review*' and was attended by 100 participants. The session was done online through the Zoom App during **COVID – 19** Lockdown. The session discussed the importance of Literature Review in Research. It highlighted the finer aspects such as the gap in the field of research, assisting to clearly define the hypothesis, defining the thesis title and relevant terminology in the area of study. It also gave practical or commercial utilization of the research and find out the things that are out of the scope with the current study. The session focused on the need of Literature review, the topics of Literature review, the significance of the same in research and the way a Literature Review should be organized.

⇒ **Online session: Knowing your Wellbeing on 31<sup>st</sup> March, 2020.**

Zoom Session for **FY B.Ed.** student teachers during COVID – 19 Lockdown was done on the topic 'Knowing your Well-being. The session was attended by 80 student teachers through the Zoom App. The session discussed the well-being of our student teachers. The student teachers were giving their Online Class test and they shared their feelings of the new experience of online test. Few student teachers were new to the Zoom App and other technical aspects of Google classroom. Few student teachers also shared their anxiety due to the present societal situation. They felt lighter and better through the session.

⇒ **Online session: 'Preparing for your Action Research Viva' on 31<sup>st</sup> March 2020.**

Zoom Session for **SY B.Ed.** student teachers during COVID – 19 Lockdown was done on the topic 'Preparing for your Action Research Viva'. The session was attended by 95 student teachers through the Zoom App. The session highlighted on various questions such as : **1.** What is the topic of your research? **2.** Why did you choose to take this topic for research? **3.** Who were the sample for your research? **4.** Which method did you use for research? **5.** How did you collect your data for the research? **6.** How did you analyze the data? **7.** What are your findings for the research? **8.** What are your suggestions with respect to the research? **9.** Share your any one positive and negative experience during the research. **10.** Is research important for teachers in the teaching-learning process?

# STUDENT CORNER

Today is a little different,  
Today I could hear the birds chirping aloud,  
For the first time the voice of nature overpowered the  
noise of vehicles,  
Sparrows, pigeons, parrots and more  
In Venice, even the dolphins came ashore,  
They've got their paradise back,  
As ours seems to lack,  
For the first time we are caged,  
While the wildlife is free and we are enraged  
Today the sky seems a little extra blue  
Since the pollution is reduced by this flu,  
Today the trees are swaying in a happy buzz  
As Mother Nature gave it back to us,  
We say that 2020 isn't our year  
But maybe it's theirs,  
The earth is healing,  
While we are left with this confused feeling,  
It still isn't that late  
Let's start with a fresh slate  
Let's start saving our Mother Earth,  
Before we are left with nothing but dirt.

- Chaitree Parekh