

# HORIZON



**MES'S PILLAI COLLEGE OF EDUCATION AND RESEARCH,  
CHEMBUR NAKA, CHEMBUR, MUMBAI - 400071**

## FROM THE PRINCIPAL'S DESK

June as usual is a buzz period for students, schools and colleges. Everyone looks forward to this month for showers of rain after the scorching heat and 'back to school' is the main highlight.

With COVID still hovering around, online schools and colleges still remain to be the only learning platform. The spirit of teaching and learning has not diminished nor taken a back seat and this motivates us for newer avenues and initiatives.



**Dr. Reni Francis  
(Principal)**

PCER has always taken keen interest towards student development and SDG's. Our various activities revolve in harnessing and promoting academic excellence and creating opportunities for value based transactions. June too has been a great start with celebration of environment day and also gearing towards Internship. With the hope of the light at the end of tunnel our journey continues...



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Nivedita Mahadik  
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Shelina Navamani  
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## Editorial



***Your hardest times often lead to the greatest moments of your life. Keep going. Tough situations build strong people in the end.” — Roy T. Bennett***

The biggest learning from the pandemic is to be adaptable. PCER as an institution has adapted very well to the new normal. The past academic year has been quite a momentous one. It stimulated adoption of new learning platforms and technology tools. At the beginning of the new academic year, it is important that we acknowledge the contribution of every member of the amazing family to which we belong, that of Pillai College of Education and Research, Chembur.



**Ms. Achala V. Bhor**

Each new year brings with it a new set of challenges and opportunities. PCER is all set to move ahead with a hope in our hearts and faith in God.

And as we enter into another year of online learning, we have to leverage the opportunity of using digital tools to promote better student-teacher engagement and independent learning. We hope to capitalize on what we have learned from last year and add value to the coming academic year.

# FACULTY ACHIEVEMENTS

- Dr. Reni Francis, Principal, PCER, Chembur, published a paper titled "**Building Environmental Stewardship among Secondary School Students**" in SRJIS, ISBN 978-0-557-94532-0, June 2021.
- Dr. Reni Francis, also published a paper titled "**PCER embraces Sustainable Innovative Practices**" in International Journal of Multidisciplinary Research and Technology ISSN 2582-7359 Peer Reviewed Journal Impact Factor 6.328 Volume 1 Issue 9.
- Ms. Achala Bhor successfully completed an Online Short Term Course on Research Paper Writing from 24/05/2021 to 30/05/2021 organised by UGC-Human Resource Development Centre, Gujarat University, Ahmedabad. The Short term Course on Research Paper Writing was conducted through Google Classroom as an Online Course following MOOCs pedagogy like SWAYAM.



UGC-Human Resource Development Centre

Gujarat University



1st Online Short-Term Course on Research Paper Writing

## Certificate

This is to certify that Achala V. Bhor Assistant Professor


of MES's Pillai College of Education And Research, Chembur, Mumbai

has attended the "1st Online Short Term Course on Research Paper Writing" during

24/05/2021 to 30/05/2021 organized by UGC – Human Resource Development Centre,

GUJARAT UNIVERSITY, Ahmedabad. He / She has successfully completed the Course.



  
Prof (Dr) Jagdish Joshi  
Professor-Director

UGC-Human Resource Development Centre  
Gujarat University Ahmedabad





# World Environment Day 2021



PCER Chembur has always held environmental sustainability very dear to its core values. In fact, since the last two years, all the activities carried out by PCER-Chembur have been aligned to the Sustainable Development Goals (SGDs) as suggested by the United Nations.

This year, the Student Council of the Batch 2020-22 decided to come together and create a video on the year's theme 'Ecosystem Restoration'. They uploaded the video on Instagram and tagged and shared it in order that the message travels far and wide.

The video highlighted quotes from famous people who spoke about the need to wake up to the plight that the Earth is facing today and how it is imperative that we align our activities today for a better future.

The activity was aligned with SDG 12 (Responsible Consumption and Production) and SDG 13 (Climate action). The video can be viewed at:

[https://www.instagram.com/tv/CPtGs8\\_nxDE/?utm\\_medium=share\\_sheet](https://www.instagram.com/tv/CPtGs8_nxDE/?utm_medium=share_sheet)



# International Yoga Day

MES's Pillai College of Education and Research, Chembur celebrates

**International Yoga Day 2021**

**EXPERT SESSION ON**  
**YOGA WITH YOUR FAMILY**  
#SDG 3: Good Health and Well-being  
www.YouTube.com/PCERChembur

**EXPERT SESSION ON**  
**YOGA AT HOME**  
#pcercforyoga  
#IYD2021  
Date: 21st June, 2021 Time: 11:30 am

International Yoga Day 2021 #SDG3 #GoodHealthAndWellBeing

MES's Pillai College of Education & Research, Chembur celebrates

**INTERNATIONAL YOGA DAY 2021**

JOIN US IN THE FOLLOWING WAYS!  
PCER Chembur #pcercforyoga

- SHOWCASE YOUR YOGA POSES & KNOWLEDGE ON INSTA
- Post pictures & videos showcasing YOGA poses/ your views on yoga on Instagram  
Tag PCER Chembur  
Trend the hashtag #pcercforyoga
- JOIN THE YOGA DAY COMPETITION
- Click yourself as per the instructions given on the next page and post it on Instagram.  
Tag PCER Chembur and add the #pcercforyoga  
Also mail the same to PCER Chembur's email id (GIVEN ON NEXT PAGE) with the Subject: IYD 2021 - Pose No. \_\_\_\_\_

Cash Prizes and Certificates to be won!!!!  
Results to be declared on the 21st of June, 2021 between 11:30am to 12:30 pm via PCER Chembur's YouTube Channel

The celebration of International Yoga Day at PCER was organized to give students a platform to showcase and enhance their talents. This activity was aligned with the Sustainable Development Goal (SDG3) Good Health and Wellbeing.

The celebration began with a one-week yoga therapy session towards health and well-being. In this one week, videos by Ms. Shruti Ramanathan – a certified Yoga trainer, were uploaded on PCER Chembur, YouTube channel.

As part of the celebration of Yoga Day an online competition was organized for the student community to showcase their knowledge of Yoga through display of poses from various asanaas which were posted on Instagram by tagging PCER Chembur with the #pcerc for yoga. The competition received entries from schools and colleges across Mumbai. This competition was judged by Ms. Sapna Pandey who is the founder of Abhayankara Yog Pvt. Ltd .



International Yoga Day 2021 celebration was an expert session on Yoga at Home and Yoga with your Family which was broadcasted through the PCER Chembur YouTube channel on 21st June, 2021 at 11.30 am. The experts of this session, Ms. Shruti Ramanathan and Ms. Sneha Pandey shared their expertise on Yoga at Home and Yoga with your Family. Ms. Sneha Pandey then announced the winners of this competition.

This session can be viewed using the following link  
<https://youtu.be/PA9F9z5mRos>



## **Content Enrichment Programme Semester 2**

### **Batch 2020-22**

Content Enrichment programme includes an in-depth look at a concept or topic, approaching it with a different perspective, or connecting the subject to a more meaningful or rewarding facet of the real world.

It is essential for student teachers to have a sound knowledge of their content especially for their practice teaching activities. In order to enhance the content knowledge of their subject a content enrichment programme was conducted in the month of June 2021.

The content enrichment programme was conducted through Google Classroom and sessions were held through Google Meet. Various learning materials that included PowerPoint presentations, documents, YouTube video links and website links relevant to the content from Commerce, Economics, History, English, Mathematics and Science pedagogy were uploaded in the classroom. During the session discussions were held on the various aspects related to respective pedagogy. The content with respect to the school syllabus was discussed. The student teachers were also oriented regarding certain basic concepts in all the pedagogies. Student teachers participated in the discussion and also clarified some of their doubts.

Each session was followed with an assignment related to it and was uploaded in the classroom. The sessions helped the students in preparing for their content test as well as strengthening their content knowledge for their practice teaching. The content enrichment programme provided an opportunity to the student teachers to gain sound knowledge of their subject and build their confidence with respect to their pedagogy.



## Sessions on Micro skills by the Faculty of PCER

As part of orienting student teachers with respect to the various skills of teaching, sessions on microskills such as set induction, explanation and stimulus variation questioning, illustration were conducted. The session was conducted through google meet. The students were oriented about the importance of these microskills in providing effective teaching learning experiences to learners. The various components of each skill were explained in detail to the student teachers along with classroom examples. The student teachers were shown a video of a small demonstration of each microskill to provide clarity with respect to the skill. After the demonstration student teachers participated in a discussion on the various aspects of the skill.





# MICRO SKILLS- SKILL OF QUESTIONING

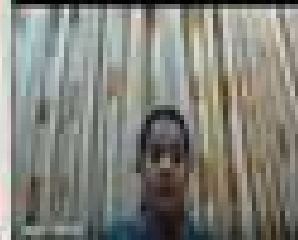
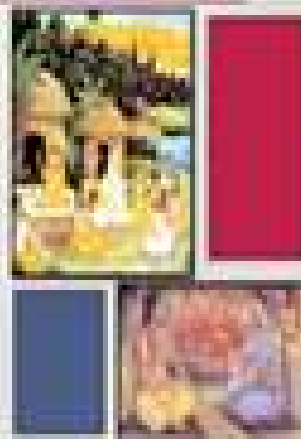
DR. JAYA CHERIAN

ASST. PROF. PCER, CHEMBUR



## FAMILY SYSTEM

- Joint family system was prevalent in the Hindu period.
- The head of the family was the Grihapati.
- The women followed patriarchal system.

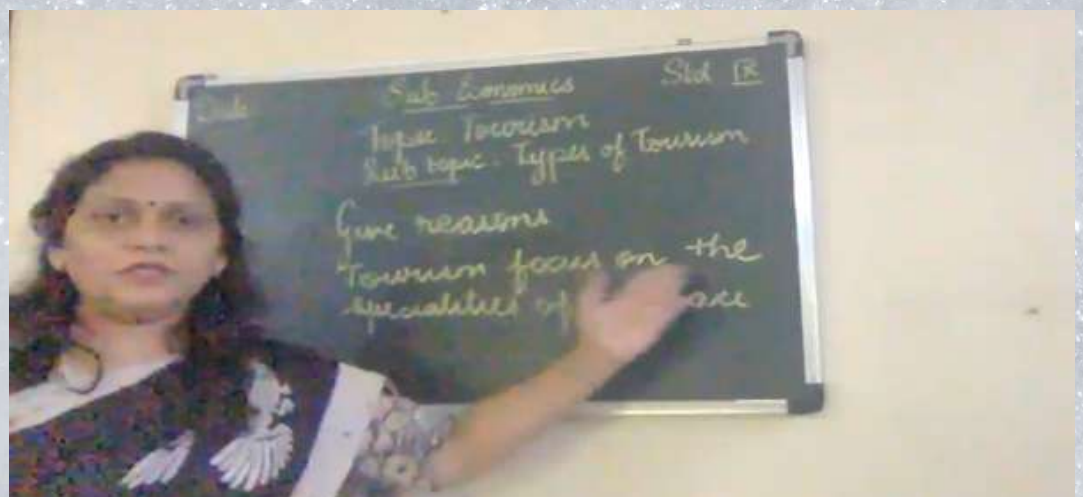




## Integrated Lesson by Dr. Reni Francis, Principal, PCER



After the Content Enrichment Programme and demonstrations on micro skills by the faculty members, Dr. Reni Francis, Principal, PCER gave a demonstration on integrated lesson wherein she combined all the skills for teaching a concept from the current school syllabus. Along with the integration of micro skills, the demonstration of integrated lesson, aimed towards understanding critical aspects such as creativity in teaching methodology, objectives and learning outcomes of the lesson, catering to the needs of different types of learners present in the classroom, inculcation of values, etc. The presentation of integrated lesson helped impress upon the student teachers that enthusiasm and passion towards teaching are equally important for the teaching learning process.





# Alumni Corner

This month's article is written by Ms. Mala Balamurugan, Alumna from the Batch of 2010-11.



**Ms. Mala Balamurugan**  
**PCER Chembur**  
**Batch 2010-11**

**Rise to the Calling....**

**Change is the result of all  
true learning.**

**Change is the catalyst to  
create better lives.**

**Change is a continuous  
process.**

**Change is required for  
progress.**

This brings me to the area that we all are involved in different capacities. Education!! And the educational industry is at the crux of much required Change! Education is a social process, it is not just a preparation for life, but is life itself!

Learning is synonymous with education. It was the prime reason why civilization moved from barbaric to civilized and cultured societies. India is a land of many treasures, some which are materialistic and many which are spiritual. Education possibly uplifts one in all spheres of life.

The Gurukul system focused on developing - Self control, Character development, Social awareness, Personality development, Intellectual development, Spiritual development, Preservation of knowledge & culture. Our earlier Gurus had clearly recognized that the highest goal of life was self-realization and self-improvement.

As we read this, let's try to analyse the extent of importance given to each of these aspects today as we step into the classrooms and look at the innocent faces of the children under our guidance.

Education is the most appropriate vehicle of expressing freedom of will while inculcating the spirit of thought and moral conscience to a more uplifting level. In spite of such liberal implications, the present educational system in general seems to lack this very essence, promoting mindless acquisition of knowledge to suit vocational pursuits.

It is an unarguable fact that the present day society, which nurtures the future generation, faces serious shortcomings in terms of moral, ethical, spiritual and cultural values. Parental pressures on children are increasing at a steadfast manner, with stress to focus on the competitive examinations alone, taking a greater toll on the young mental framework. Children are getting alienated from the crucial aspect of holistic development.

Replacing the rank-based system, there's a need to build a value-based, skill-based and value-added education system which identifies and promotes the uniqueness of each student, allowing them to harness their unique strengths and potential. We need to visualise a better educational environment which builds the character of a student, and not drag them down. Though few of these changes can be seen in certain sections of society and schools, it still largely caters to the elite class. Education as an uplifting experience has not reached the masses yet.

Now, let me come to the aspect which has been bothering most people in the education industry. Exams!!

Education and Exams should be mutually exclusive. The former is the larger goal and the latter is just a tool. But what happens when we make exams end all and be all? Uncertainties, stress, depression, unhealthy competition, undue focus on marks rather than acquisition of knowledge and skills. The years 2020-21 will go down in history for many things. But it will also question what we deemed as important and what we want our children to learn from this experience.

Shortened portions, online classes, online exams v/s offline exams, how to declare exam results...questions and more questions. Have we been satisfied with the solutions provided? What happens next year and the years after that?

The NEP 2020 was announced last year, but we all know by the time it sees the light of day will be another few years. With multiple school boards, varied styles of schools catering to different backgrounds of society the task seems almost insurmountable.

Is the NEP the answer to the issues, only time will tell?. But we all need to chip in to plug the loopholes, monitor continuously, brainstorm as active participants of the system, be part of the change and carve out a shining future.

Let's all be part of a Samudra Manthan that will churn out immeasurable gifts for our children who are looking at us with bated breath and anxious eyes.

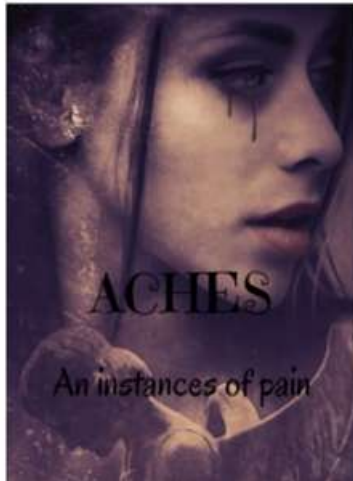
Will we join hands for the sake of the greater goals of education? I hope the answer is a resounding YES!!

**By**  
**Mala Balamurugan**



# Students' Corner

Ms. Christy J.



## Aches

Books by [Christy J](#)

*The book was written whenever I was going through pain and heartbreak. I pain and heartbreak. So this book is the outcome of pain and sufferings in*

[Read Less...](#)

[Buy Now](#)

Ms. Christy J.

F.Y.B.Ed. student made everyone associated with the PCER, Chembur proud by publishing her first book titled "ACHES" this month.

It has poems portraying pain we had come across in life. She introduces herself and the book as follows:

"Hey readers, I am a B.Ed. student. I have completed my graduation in 2020. I have interest in music and writing. Whenever I go through pain I am fond of penning it into writing or poem."

"The book was written whenever I was going through pain and heartbreak. I decided to pen my feelings amid pain and heartbreak. So this book is the outcome of pain and sufferings in life."

The book is published by notion press and is available on Amazon and Flipkart.

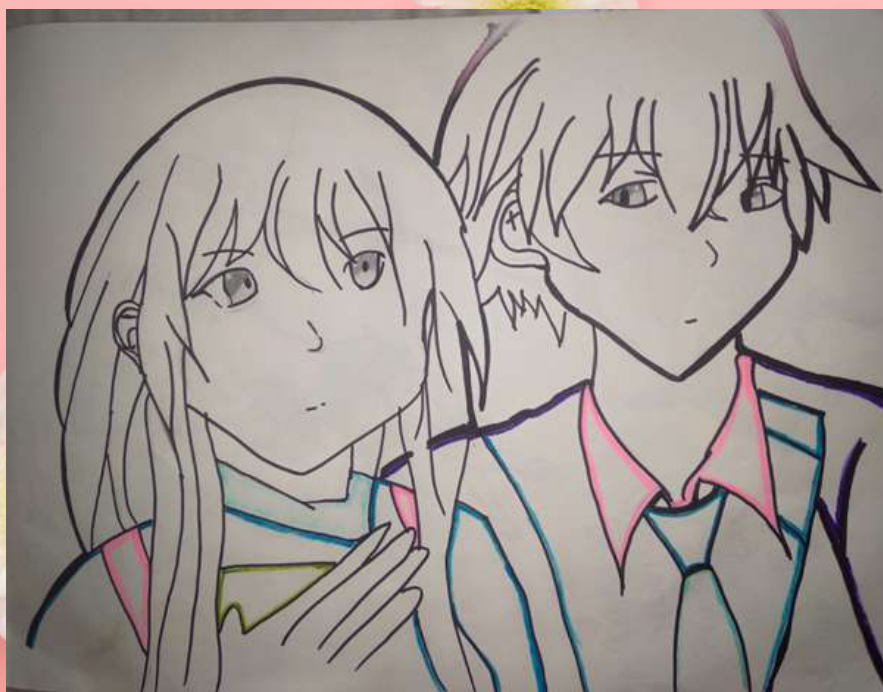
TEAM PCER wishes her success and fame!!!

# Expressing in words and lines about Life by **Callista Rebeiro**

## Reality of life

We have one life and Many goals,  
Don't waste your time on people,  
Who don't know to play their  
roles,  
Or else you'll be trolled.

- Callista Rebeiro



**Callista Rebeiro**



# Yoga Day Winners!!!

The following students were declared winners of the  
Yoga Day Competition

## 1. Ms. Siddhi Surve



## 2. Ms. Chrysl D'Souza





### 3.Ms. Namrata Singh



### Mandala Art and Palm Finger Painting by Ms. Ritu Kumari

