

## E-NEWSLETTER



MES's Pillai College of Education & Research, Chembur  
Chembur Naka, Chembur, Mumbai-400071.

NAAC Accredited A Grade (3.36 – Third cycle)



### HORIZON

DECEMBER-2020

#### Principal's Message

Merry Christmas and Happy New Year to all!!! As we gear for the period of festivities and celebrations, we look forward to the New Year. The year 2020 has been period of lockdown and social distancing due to the COVID-19 pandemic. A year of trying times, uncertainty and new normal. Technology seeped into our lives in a very prominent manner. Hence let's welcome the New Year with the technology linked words in our life.

**R** - Refresh our life with new things, new beginnings

**E** - Edit our needs, aspirations, choices, feelings

**N** - New tab: open new browser , new opportunities

**E** - Enter, Shift, Delete use the keys to make changes in life for a better well- being.

**W**–Worldwide worthy wonders (www) await us in the New Year

Let us all hone for the best. look forward to Grace filled New Year 2021.

#### EDITOR'S DESK

With December comes the end of the calendar year and, academically, the end of the first and third semesters. Due to the Pandemic and the admissions getting delayed, the focus shifted to the completion of the third semesters. December was filled with exam preparations for the third semester students. After having completed their Preliminary examinations in November end, they were oriented to the new University pattern and underwent a Mock exam (12th to 15th December) and also the final examinations (19th, 21st and 23rd December). But, even within this busy schedule, the students made time to observe and mark many occasions and important days. As the year ends, we look forward to a better, disease free world and pray for normalcy to return. Here's to new beginnings!

**EDITORS:-Dr. Reni Francis, (Principal), Dr. Sunita Jain, Dr. Swasti Dhar, Dr. Jaya Cherian.**

**STUDENT EDITORS :-Ms.Jessi , Ms.Sherry, Ms.Cristin, Ms.Priyanka Pal, Ms.Maseera, Ms.Sharaniya.**

# Highlights of the Month

**Principal's Message**

**Editorial**

**Positive Vibes**

**Teachers Achievements**

**University Examination**

**World Aids Day 2020**

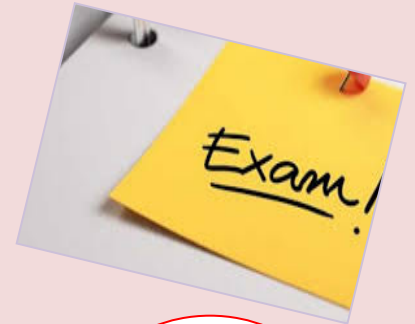
**International Virtual Conference on  
Innovative and Sustainable Educational  
Practices in Higher Education**

**Online Quiz- Mahaparinirvan Divas**

**Human Rights Day**

**Christmas Celebration**

**Students Corner**



## POSITIVE VIBES



Hi, Sir/Madam.

These days I feel very low and lethargic. And I'm very much negative in my perspective. How to remain positive? Kindly, help me with the simple techniques to remain positive.

Hi, It's very important that one should remain calm and positive in life!. However, it's a laborious task for many people. It is one of the important requirements for a healthy life.

To remain positive, one can follow some of the following strategies:

1. Maintain a gratitude Journal or a gratitude jar wherein you list the names of the people who have helped you. And you can ponder on the act of help, kindness and love that they have done or shown to you.
2. Meditation and yoga can be practiced on a regular basis
3. Exercise, sleep and balanced diet are very important to remain calm and positive
4. Keep yourself hydrated, fresh and engaged in activities which makes you happy and cheerful.
5. Follow time management.



## Teachers Achievements

Dr. Swasti Dhar successfully completed her UGC sponsored online Refresher Course in Teacher Education organized by the Human Resource Development Centre - Jawaharlal Nehru University (HRDC-JNU) from 1st - 14th December, 2020. Dr. Swasti was awarded an 'A' grade.





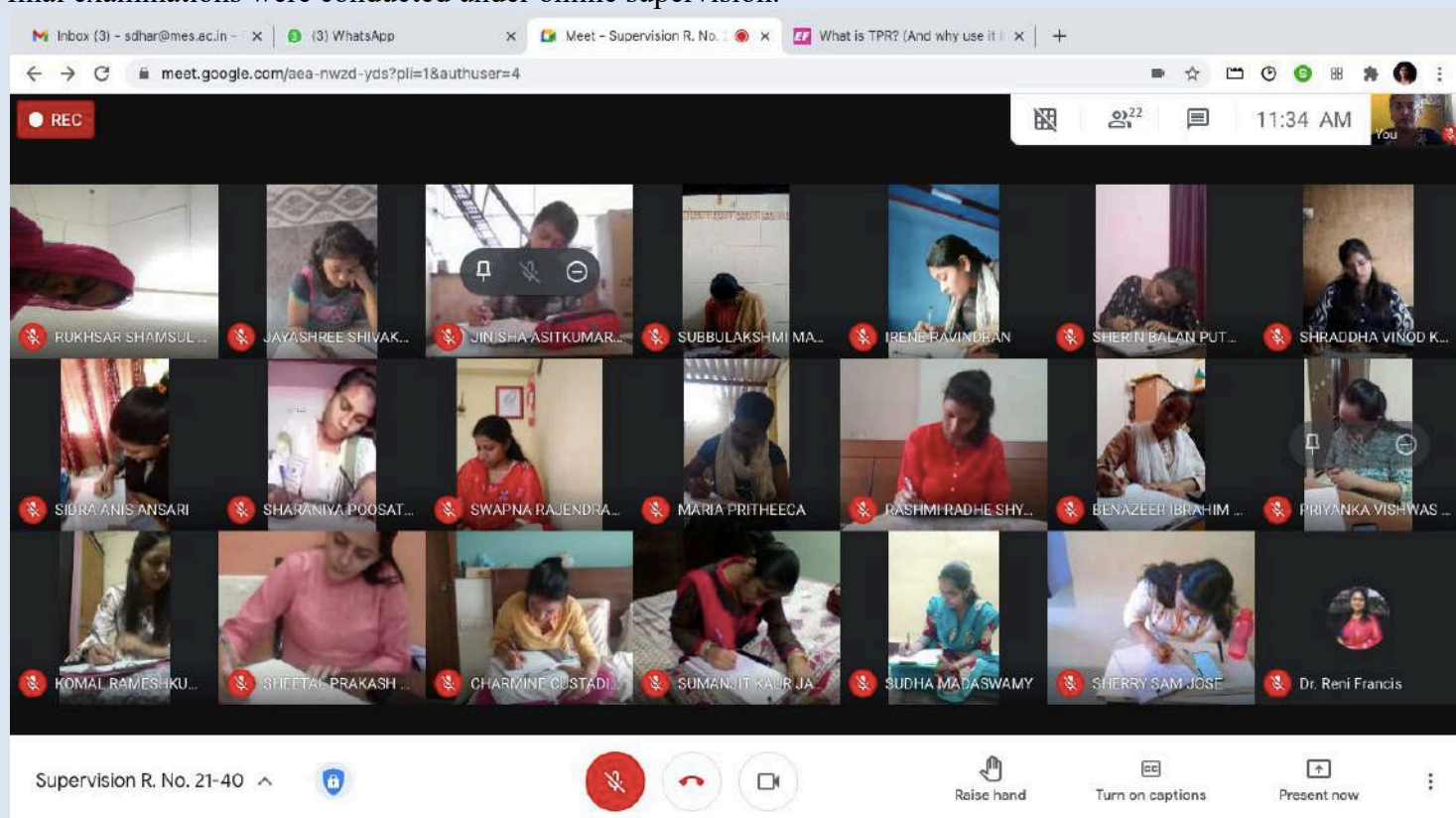
# University Examinations



After successfully completing the Semester IV, B. Ed. examinations for the Batch of 2018-20 in October, PCER, Chembur successfully completed the University examinations for the students of Semester III, Batch of 2019-21.

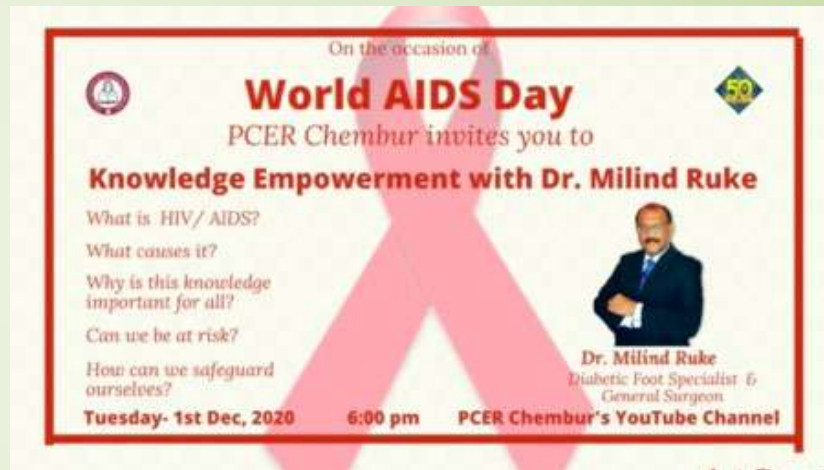
This time, the examinations were conducted via Google Classrooms. As per the University decision taken during this Pandemic time, the 60 mark examination for each of the three courses was divided into two parts. The first part consisted of multiple choice questions (MCQs) and carried 30 marks whereas the second part consisted of answering 10 descriptive questions each carrying 3 marks.

PCER, Chembur created a special Google Classroom for conducting the Examinations. Mock tests were held on the 12th, 14th and the 15th of December, 2020 followed by an interaction on Google Meet where the doubts of the students were clarified and instructions for the upcoming final examinations given. The final University examinations were successfully completed on the 19th, 21st and 23rd December, 2020. Both the mock tests and the final examinations were conducted under online supervision.





## World AIDS Day

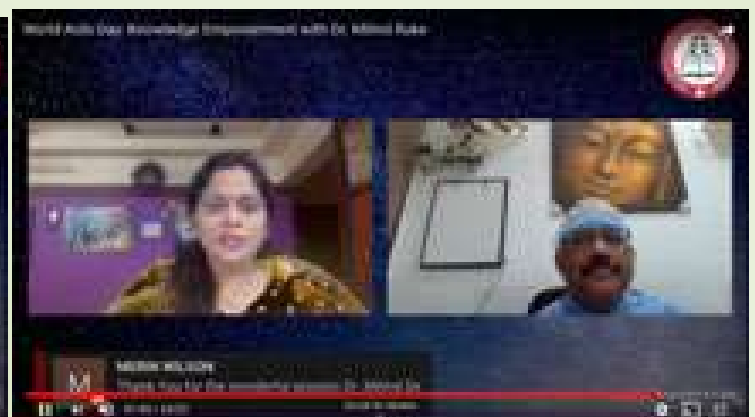


On the 1st of December, 2020, PCER, Chembur, in order to commemorate the occasion of World AIDS Day, organized an online session with Dr. Milind Ruke. The event was streamed live on PCER Chembur's YouTube channel.

Dr. Ruke is a diabetic foot specialist and a general surgeon from Ashirwaad Hospital, Chembur, who has more than 30 years of experience in the medical field. He spoke to all teachers and students about the nitty-gritty of the human immune system and how one is affected by the human immunodeficiency virus (HIV) and acquires the immune-deficiency syndrome or AIDS. He also destroyed some myths about patients with AIDS and elaborated the caution and care to be taken by all.

He reiterated that AIDS is a disease which is not inevitable and with some knowledge and a few precautions, it can be avoided by all.

This activity was in line with **SDG#3: Good Health and Well Being** and the proceedings can be viewed at <https://www.youtube.com/watch?v=FJhJhPwuXbI>



# International Virtual Conference on Innovative and Sustainable Educational Practices in Higher Education

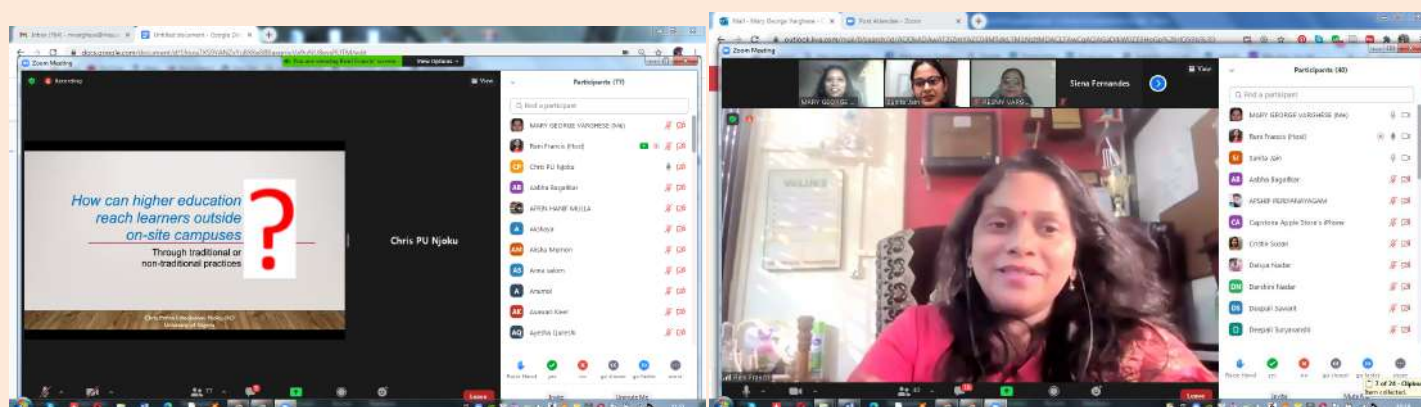
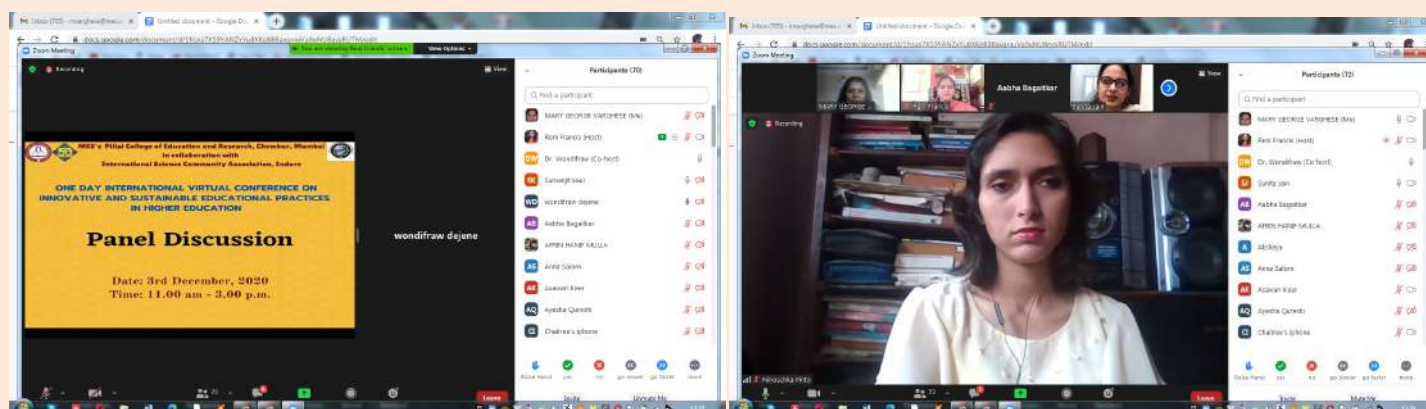
MES's PCER, Chembur in collaboration with the International Science Community organized a One Day International Conference on **Innovative and Sustainable Educational Practices in Higher Education** on the 3rd December, 2020. This was in sync with **SDG #11: Sustainable Cities and Communities**.

The conference was on a virtual platform using the following the zoom link ' **Zoom Meeting** <https://pillai-edu-in.zoom.us/j/88921266602?pwd=NmpPYThlaVlhUFY5cnJ5ZEZvM0t0QT09> **Meeting ID: 889 2126 6602 Passcode: 516577.**

The inaugural session was followed by a panel discussion. The first panelist was **Dr. Chris Prince Udochukwu Njoku**, from the Computer Communication Centre, University of Nigeria and he spoke on Innovation in Teaching, Learning and Evaluation.

The second panelist was **Dr. Wondifraw Dejene Chala**, Curriculum Development and Review Expert, Dire Dawa University, Ethiopia. Sir spoke about Digital Tools for Sustainable Educational Practices.

There were nearly 20 paper presentations and nearly 40 papers were submitted for publication. The selected papers will be published in the "Research Journal of Educational Sciences" which is an International peer reviewed journal: ISSN 2321-508.

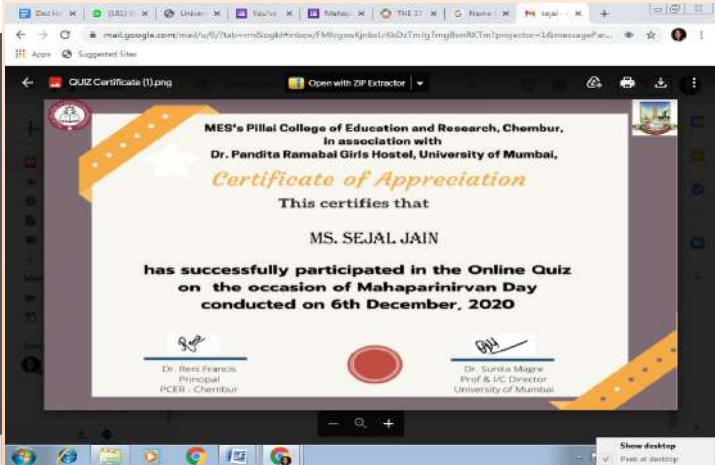




## Online Quiz- Mahaparinirvan Divas

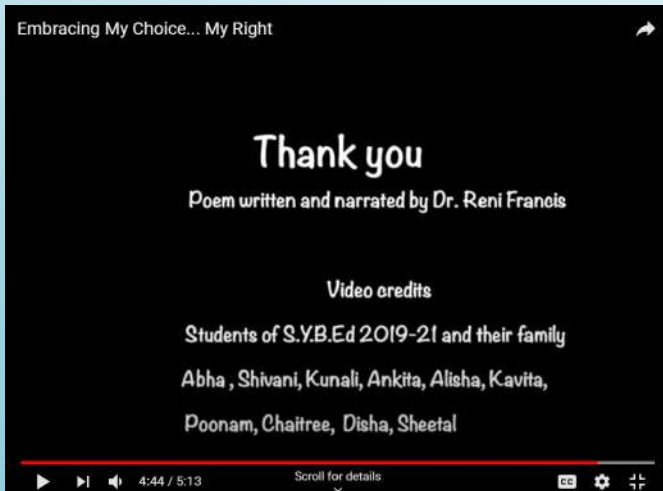
Mahaparinirvan Diwas is observed on the 6th of December every year to mark the death anniversary of Dr B.R. Ambedkar. This quiz was organized by MES's PCER, Chembur and Dr. Pandita Ramabai Girls Hostel, University of Mumbai.

There were 10 questions of 2 marks each. There were 107 respondents. Each participant received a certificate. The quiz was in sync with **SDG 4: Quality Education**. The link to join the form was <https://forms.gle/SURHy22hLnKhNpVW9>.



## Human Rights Day

The Women Development Cell and Extension Cell of PCER Chembur celebrates Human Rights Day on **10th December, 2020** through a video showcasing the violations of various rights. The poem and video '*Embracing My Choice... My Rights*' is an effort by Team PCER - Faculty and students. Let us stand united to take action for Human Rights. The video is in sync with **SDG 10: Reduced Inequalities**. The poem is written and narrated by our **Principal, Dr. Reni Francis**. Students of batch 2019-21 along with their family members were very helpful in enacting and helping in this video making. The video can be watched in the following link: <https://youtu.be/OYK038U178k>



## Christmas Celebration

PCER Chembur celebrated Christmas by conducting a Christmas Tree Decoration Competition. Few glimpses of the awesome festivities around us.





## STUDENTS CORNER

**This pandemic be a Secret Santa to the less fortunate**

*“ For it is in giving that we receive . ”- Francis of Assisi*

It is said that the joy of giving is the most ‘karmic’ when done anonymously, without calling any attention through announcements. Our country India has still a sizable population which lives below the poverty line , and the tough times have made it even more difficult for a lot of people to put up a decent meal on the table for their families. This stark difference between the haves and the have nots is a reason enough to don the Santa costume and bring a smile and some Christmas cheer on some innocent young faces. After all these less fortunate children also deserve a shot of positivity and happiness in their otherwise bleak existence.

So this holiday season , let’s take baby steps towards this direction. Let’s all take a pledge to adopt a few children from our neighborhood slum and shower them with some surprises in forms of gifts. One can even host a small workshop or a musical evening for them or even plan some fun games for them.

This shall surely bring them some happiness and joy !!

- **Kavita Gandhi (S.Y.B.Ed, 2019-21)**

