



# HORIZON



**MES'S PILLAI COLLEGE OF EDUCATION AND RESEARCH,  
CHEMBUR NAKA, CHEMBUR, MUMBAI - 400071**

## FROM THE PRINCIPAL'S DESK

It was time to bid farewell to our SY students of batch 2019-21. They were all gearing up for their University exams. When they joined PCER in 2019, none of us ever thought that we would be in physical classroom space only for a few months. Our plans and initiatives were diverted and directed on to the online space. But Corona couldn't shake our plans nor weaken our activities.



**Dr. Reni Francis  
(Principal)**

PCER used the online platform full fledged and reversed the mode of transaction from offline to online. Students had a different and sometimes a difficult experience too. But the spirits were high and they all accepted this challenging situation sportingly. As they prepare for their final exam we wish and pray the very best of success in their future endeavours.

The month of April also hosted a series of special assemblies, interactive events such as the Expert Lecture Series, Student Teachers Action Research Seminar. A great blend of various events made this month very interactive and fun filled.

Thank you teacher educators and student teachers for all the efforts in setting great milestones for PCER Chembur.

# TABLE OF CONTENTS

- 1.Principal's Message
- 2.Editorial
- 3.Faculty Achievements
- 4.World Health Day
- 5.Assembly snippets
- 6.Students Teacher's Action Research Seminar
- 7.University Semester IV Exams
- 8.World Day for Safety and Health at Work
- 9.IQAC Corner – Expert Lecture Series
- 10.Alumni Corner
- 11.Students' Corner

## Teacher Editors

Dr. Reni Francis(Principal)  
Dr. Swasti Dhar  
Dr. Jaya Cherian  
Mr.Rajendra Deshmukh  
Ms. Achala Bhor

## Student Editors

Melvin V Chacko  
Jeyasingh Nadar  
Symona D'Souza  
Devshree Sharma  
Namrata Singh  
Akshaya Chettiar  
Nivedita Mahadik  
Callista Rebeiro  
Shelina Navamani  
Simran Kaur Arora

## Editorial



**Ms. Achala V. Bhor**

The theme for this month was “Navarasa – The Rainbow of Emotions”. Navarasa means Nine Emotions i.e. Shringara (love), Hasya (laughter), Karuna (kind-heartedness or compassion), Raudra (anger), Veera (courage), Bhayanaka (terror), Bheebhatsya (disgust), Adbutha (surprise), and Shantha (peace or tranquility). These are the emotions that humans show according to the situations.

Emotions are the essence of human communication and understanding these 9 rasas or emotional essences and learning to embrace them will help cultivate greater awareness and control of one’s emotions. PCER has always embraced the emotional rollercoaster no matter how tough or difficult the situation was. Despite the mode being online and the rise in COVID cases, PCER conducted many activities to make sure that the learning of our students continued.

Activities in this month included events such as World Health Day celebration, Student Teacher's Action Research Seminar, Expert Lecture Series, World Day for Safety and Health at Work, as well as Semester-IV University Examinations. Thus, the range of activities conducted by PCER in this month span a wide spectrum of teaching-learning processes.

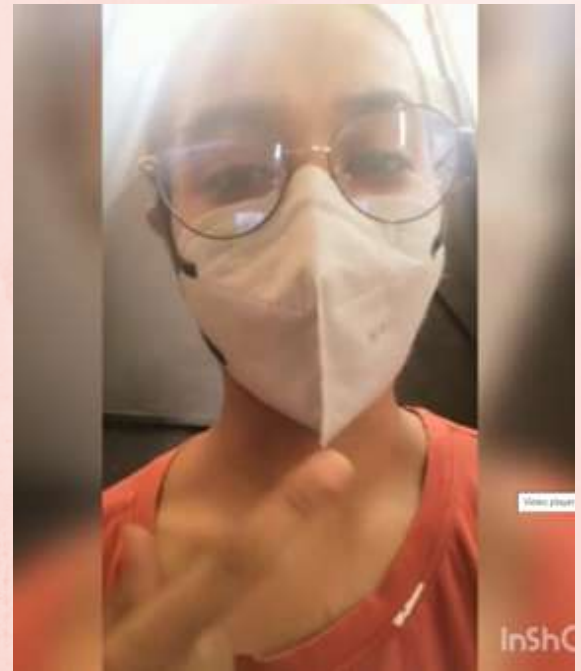
# World Health Day


On the 7th of April, 2021, the VENTEL Cell of PCER, Chembur celebrated World Health Day by conducting a special assembly.

The assembly was organized by the Student Council, Batch of 2020-22 and was organized via Google Meet.


The special guest for the day was Dr. Shruti Khanna, a doctor working tirelessly at the BKC Covid Centre who gave a message of safety and the importance of sanitation, wearing the mask and maintaining social distance during the Pandemic.


The students of F.Y. elaborated upon the importance and need of good health for everyone in the society.






VENTEL CELL of  
MES's PILLAI COLLEGE OF EDUCATION & RESEARCH, CHEMBUR





**CELEBRATES**

**WORLD  
HEALTH  
DAY**




World Health  
Organization

Special assembly organised by the students of F.Y.B.Ed.

THE THEME FOR THIS YEAR IS

**WEDNESDAY 7th APRIL, 2021** **"BUILDING A FAIRER, HEALTHIER WORLD"**

**11:00 am-11:30 am**

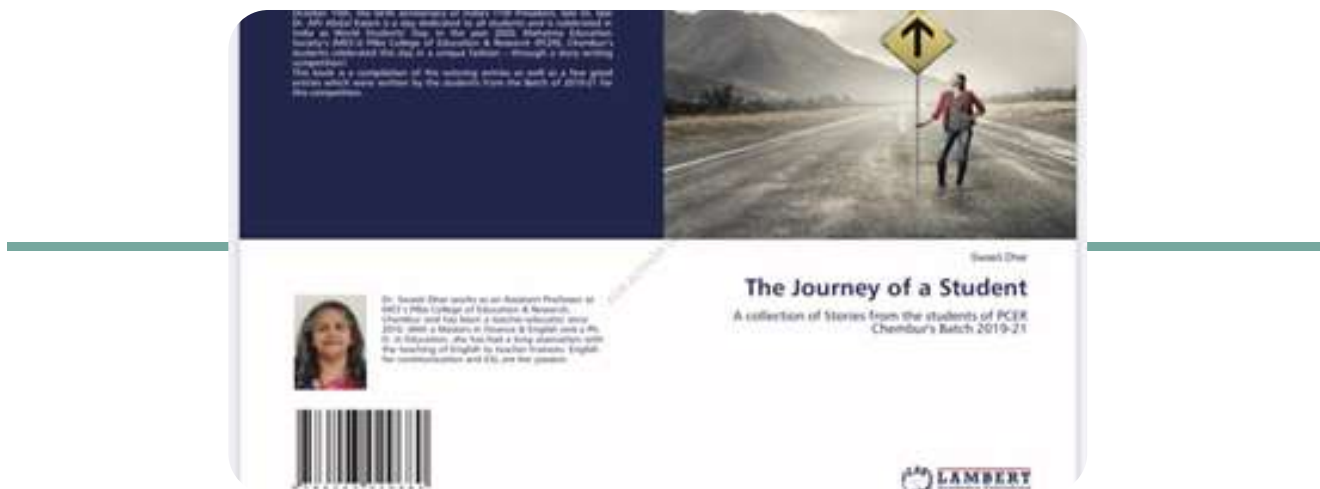
Join us on Google Meet 

# Faculty Achievements

## Publications



University of Mumbai, Thane Sub- Campus in collaboration with MES's Pillai College of Education and Research, Chembur organized a Student Teachers Action Research Seminar on 5th April, 2021. We received student teacher participation from Mumbai, Pune and Goa. The papers presented at the Seminar are compiled by Dr. Sunita Magre, IC Director, Thane Sub- Campus and Professor, Department of Education, University of Mumbai and Dr. Reni Francis, Principal, MES's Pillai College of Education and Research, Chembur in the book 'Classroom Dynamics : Action Research' published by Lambert Academic Publishing ISBN: 978-620-3-84797-0.



Dr. Swasti Dhar, Assistant Professor, Pillai College of Education and Research edited a book 'The Journey of a Student' by Lambert Academic Publishing ISBN: 978-620-3-02968-0. This book comprises the prize winning collection of stories submitted by the students of Batch 2019-20 for a story writing competition held in commemoration of the birth anniversary of India's 11th President Dr. APJ Abdul Kalam on October 15th 2020.

# Assembly Snippets

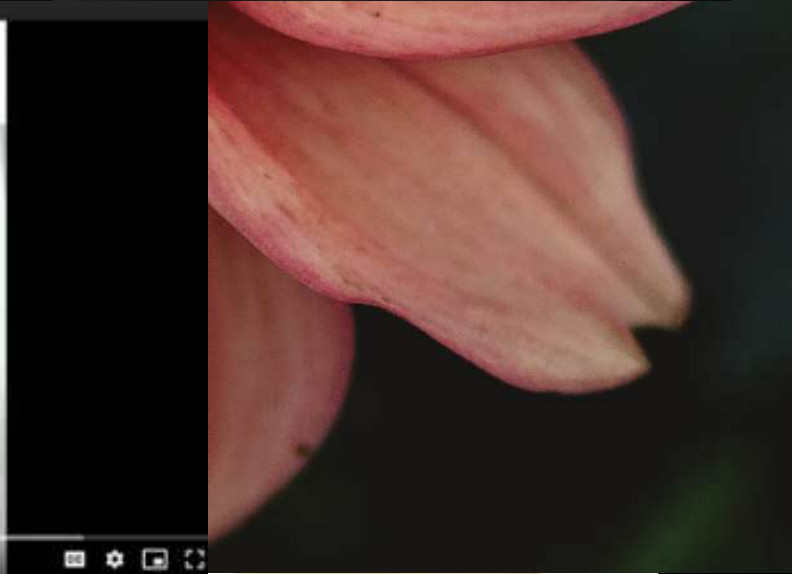
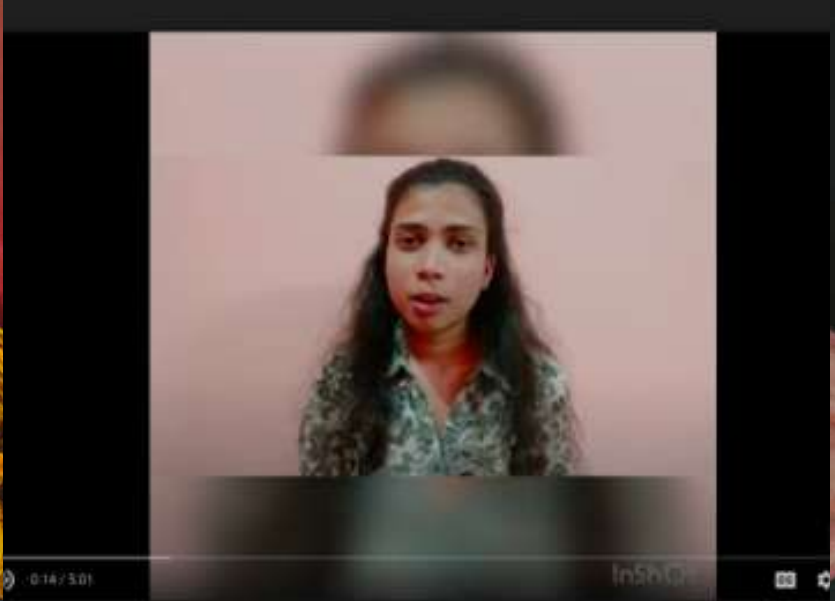
The theme for the month of April was Navrasa - the rainbow of emotions and the FY students from the Batch of 2020-22, took their assembly forward in the online mode. Every day, one student from the batch spoke, recorded and uploaded the video on to the class Whatsapp group where they shared their prayers and thoughts about the theme.

Some students compared the nine emotions to the classroom behaviours and some to life. It was wonderful to hear the various interpretations of the navarasas.

The new Student Council (batch of 2020-22) organised their first Special Assembly and presented the World Health Day on the 7th of April. They highlighted the importance of World Health Day beautifully.

Here are some snippets from the month:





# Student Teacher's Action Research Seminar

A seminar on Student Teacher's Action Research was organised on 5th April, 2021 from 11:00a.m. - 1:00p.m. on the online platform Zoom. The University of Mumbai, Thane Sub Campus in collaboration with MES's Pillai College of Education and Research, Chembur conducted this seminar with the objectives to help and make student teachers understand the importance of research. This activity enlightened all the participants by helping them understand the importance of research for a teacher in disseminating the knowledge and looking at all the aspects of the classroom.

After the insightful inaugural address by Dr. Reni Francis, Principal, PCER Chembur and Convenor of the seminar, 15 participants presented their research work as per the schedule. Each one of them stated the Title, Objectives, Methodology and Tools used, Data Analysis, Inferences and Conclusion of their study. Every participant explained their research work in a detailed and systematic manner.

After all the presentations, the chairpersons of the seminar Ms. Vasundhara Kaul and Ms. Anita Shinde gave their valuable feedback and appreciated the efforts put in by all the student teachers for their research work. After which coordinator of the seminar, Dr. Mary Vargese, declared the results for this event. Following are the winners.

## Winners

1. Ms. Alka Kathania – Best Action Research
2. Fr. Kiran Salve – Best Action Research VENTEL
3. Ms. Benazeer Jamadar– Best Action Research SDG's
4. Ms. Pooja Satpute – Best Action Research on Online Teaching-Learning
5. Ms. Alisha Khan, Kalpana Sanghvi – Best Action Research on COVID-19 pandemic

The Student Teacher's Action Research Seminar gave insights on various action research work undertaken by the student teachers. The student teachers benefited extremely through this activity since at this stage of their learning, research work will help them to be committed towards developing as a practitioner, thus becoming an agent and source of change in the field of education. The Student Teacher's Action Research Seminar was in accordance with SDG4 Quality Education.

An important outcome of this seminar was the publication of all the research papers presented by the student teachers. These papers were compiled by Dr. Sunita Magre, Professor and I/c Director, University of Mumbai Thane Sub Campus and Dr. Reni Francis, Principal, Pillai College of Education, Chembur in a book entitled, "Classroom Dynamics: Action Research" and published by Lambert Academic Publishing ISBN: 978-620-3-84797-0.

Here are some glimpses of the seminar:



The poster is a colorful announcement for the 'STUDENT TEACHER'S ACTION RESEARCH SEMINAR'. It features a central graphic of a tree with icons on its branches, growing from an open book. The text is arranged in a structured layout with various background colors. At the top, it mentions the 'University of Mumbai, Thane Sub Campus' in collaboration with 'MES's Pillai College of Education and Research, Chembur'. The main title is 'STUDENT TEACHER'S ACTION RESEARCH SEMINAR'. Below this, it states 'Submit your paper on or before 31st March, 2021. NO REGISTRATION FEES'. To the right, it provides the event details: 'Day: Monday', 'Date: 5th April, 2021', 'Venue: Zoom platform', and 'Time: 11am - 1.00 pm'. At the bottom, it lists 'Cash prizes and Certificates will be presented for:' followed by five categories: 1. Best Action Research Paper, 2. Best Action Research Paper on VENTEL, 3. Best Action Research on SDG's, 4. Best Action Research on Online Teaching – Learning, and 5. Best Action Research on COVID-19 pandemic.

**University of Mumbai, Thane Sub Campus**  
in collaboration with  
**MES's Pillai College of Education and Research, Chembur**

**organises**

**STUDENT TEACHER'S ACTION RESEARCH SEMINAR**

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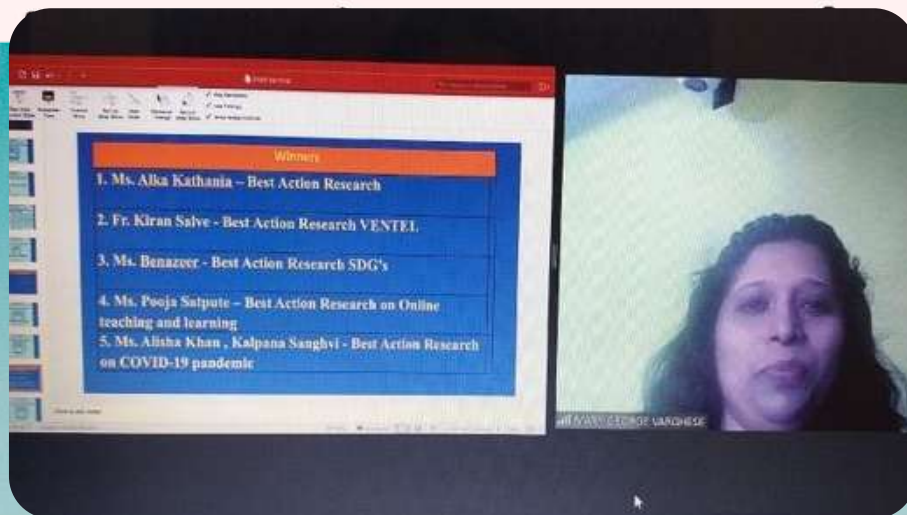
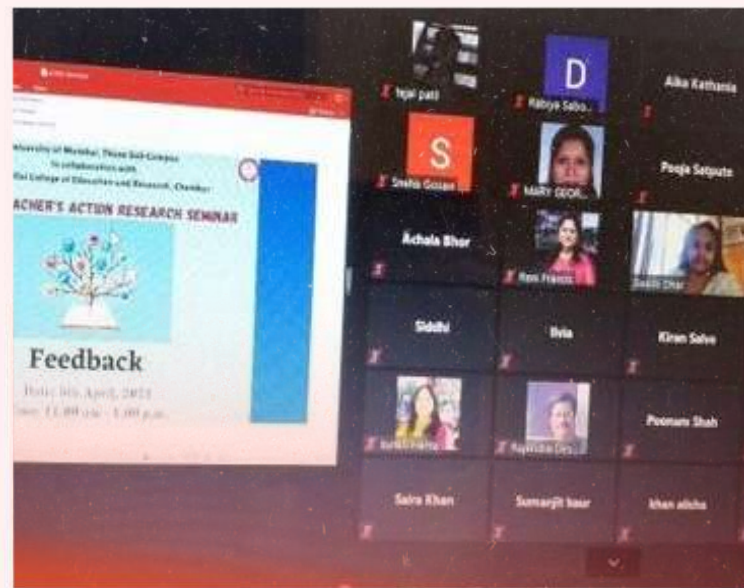
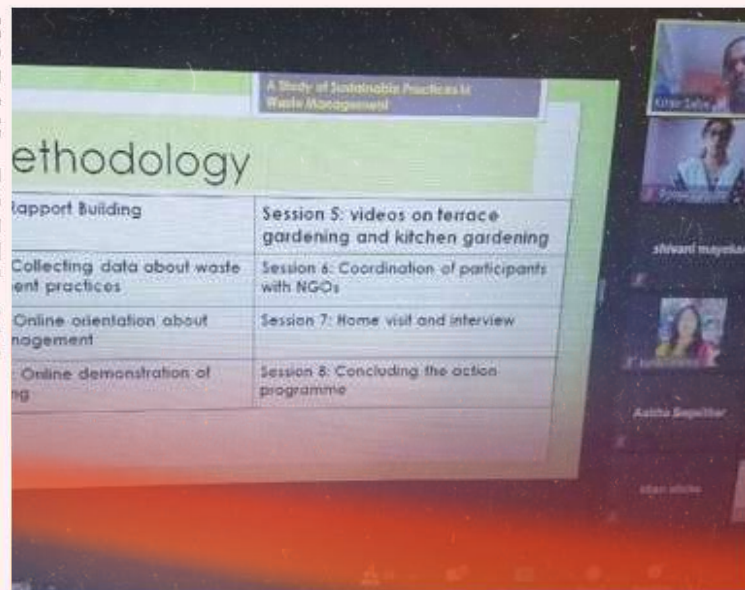


This is a screenshot of a Zoom meeting. The main window displays a presentation slide that is a simplified version of the seminar poster, featuring the same tree logo and the text 'STUDENT TEACHER'S ACTION RESEARCH SEMINAR' and 'Welcomes you All'. On the right side of the screen, there is a vertical stack of three smaller video windows showing participants. The top window shows a woman with dark hair, the middle window shows a woman with long dark hair, and the bottom window shows a woman with dark hair and a bindi. The Zoom interface at the bottom shows various icons for chat, mute, and other controls.

**University of Mumbai, Thane Sub Campus**  
in collaboration with  
**MES's Pillai College of Education and Research, Chembur**

**STUDENT TEACHER'S ACTION RESEARCH SEMINAR**

**Welcomes you All**



Following is the link of the recording for the Student Teacher's Action Research Seminar:  
[https://drive.google.com/file/d/1Pvo4CpRdLUiM37VdEpa\\_kwa0V6\\_MVuNS/view?usp=sharing](https://drive.google.com/file/d/1Pvo4CpRdLUiM37VdEpa_kwa0V6_MVuNS/view?usp=sharing)

## Successful completion of the Semester IV B. Ed. Examinations (Batch 2019-21)

The University of Mumbai successfully completed the final examinations for the Batch of 2019-21.

PCER Chembur joined the cluster of 11 colleges which together determined the dates, schedule and mode of examinations. The students were assessed, as per the University regulations, on 60 marks out of which 30 marks were allotted to MCQs conducted via Google Form and 30 marks were through a written exam which was conducted under strict online supervision.

The students were oriented to the proposed system through a Google Meet and all their queries were answered. The examinations were successfully completed on the 20th, 22nd and 23rd of April, 2021.

# World Day for Safety and Health at Work

Women Development Cell of MES's PCER Chembur organised a live session on 'World Day for Safety and Health at Work' on 28th April, 2021. Speakers from the field of medicine, law and self-defence spoke about the importance of health and safety at work.

Dr. Kristina Mathew, MBBS graduate, Admin at Switch India - a pan India Medical NGO., enlightened us on how vitamin D deficiency affects the efficiency and productivity at work. She also shared her medical opinion on the various areas to care for people who are having long working hours.

Ms. Karolina Mathew, a Law student at Jindal Global School of Law, Haryana and Advt. Dipsikha Tiwari, M.Com., LL.B. from the University of Mumbai elaborated on Safety at work. Ms. Karolina spoke about how the Indian Judiciary safeguards the women at workplace and also spoke on various rules for protection. Advt. Tiwari shared how to create awareness regarding the rights and various employee benefits among the female professionals.

Mr. Rohan Moreshwar Bhoir, Karate Instructor (WFSKO) & (FSKA) and Mr. Rahim Kureshi shared few activities for self-defence and they demonstrated some of the simple techniques for self-protection. There were more than 120 viewers for the live session.



The poster is for an event organized by the Women Development Cell of MES's Pillai College of Education and Research, Chembur. It features a green background with white and yellow text. At the top left is the college's logo. The main title 'WORLD DAY FOR SAFETY AND HEALTH AT WORK' is in large white letters. Below it, six speakers are listed with their photos and titles. At the bottom, there is a YouTube icon and the event date and time.

**Women Development Cell of  
MES's Pillai College of Education and Research, Chembur**  
organises

**WORLD DAY FOR SAFETY AND HEALTH AT WORK**

					
<b>Dr. Kristina Mathew</b> MBBS Graduate Admin at Switch India NGO Pan India Medical NGO	<b>Dr. Ishita Bhasin</b> MBBS Graduate Resident at Park Hospital, Gurugram, Delhi.	<b>Ms. Karolina Mathew</b> Law student Jindal Global School of Law, Haryana	<b>Ms. Dipsikha Tiwari</b> Advocate Specialization Family Law	<b>Mr. Rahim Mustak Kureshi</b> Self defence Trainer Certified Coach	<b>Mr. Rohan Bhoir</b> Self defence Trainer Karate Instructor (WFSKO) & (FSKA)

 **On Wednesday, 28th April, 2021**  
**Time: 5.30 pm (IST)**

The session can be viewed @ <https://youtu.be/R5MeIdZ1us8>

## IQAC CORNER

### Expert Lecture Series

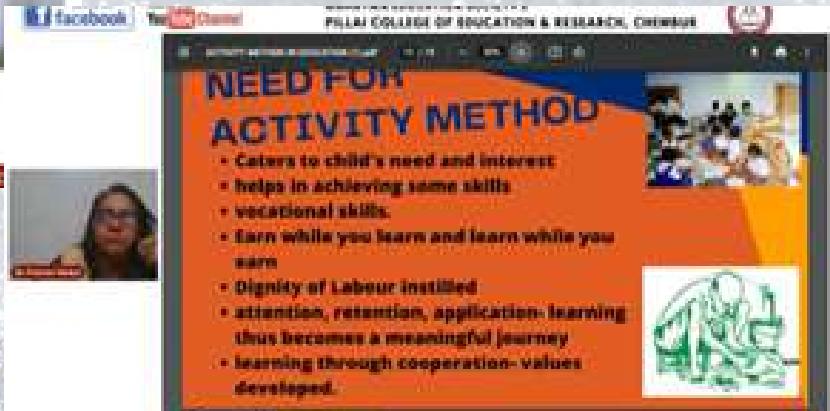
PCER Chembur organized an Expert Lecture Series for F. Y. B. Ed. students through Youtube Live from 6th April 2021 – 13th April 2021 from 5.00 pm–5.45 pm. The lecture series organised by the Internal Quality Assurance Cell was conducted to provide students with an opportunity to interact with eminent senior faculty in the field of education and to gain from their expertise in various subject areas.



- Dr. Agnes Ronald D'Costa, Associate Professor, Pushpanjali College of Education Vasai, conducted the session on 6th April 2021 on the topic 'Cyber Bullying' from IC 1 Gender, School and Society.
- Dr. Francis Vaidya, Associate Professor, Gandhi Shikshan Bhavan's Surajba College of Education Juhu, conducted the session on 7th April 2021 on the topic 'Activity Method (M. K. Gandhi)' from CC2- Knowledge and Curriculum.
- Dr. Sheela Philips, Associate Professor, St. Teresa's Institute of Education conducted the session on 9th April 2021 on the topic 'Discovery Method by John Dewey' from CC2 Knowledge and Curriculum.
- Ms. Suman Ananthanarayan, Assistant Professor, Shree Narayan Guru College of Education, conducted the session on 13th April 2021 on the topic 'The theory of Urie Bronfenbenner' from CC1 - Childhood and Growing Up.



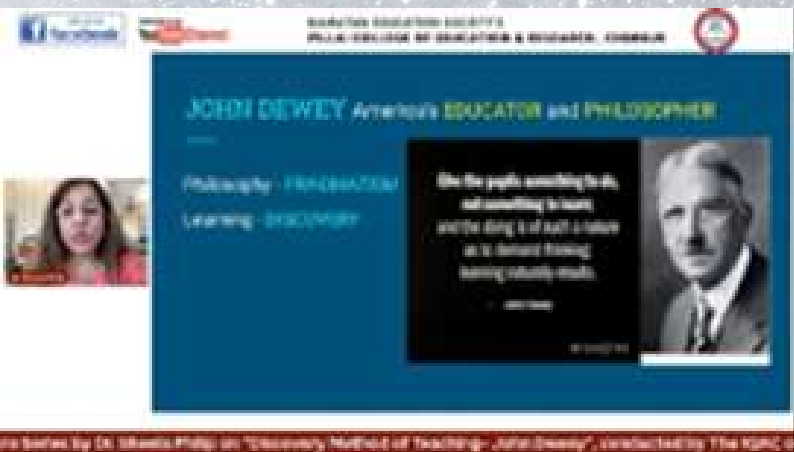
LIVE | Expert Lecture Series by Dr. Agnes P. O'Connell on 'Cyber Bullying' conducted by The KRC



LIVE | Expert Lecture Series by Dr. Frances Madyan on 'Activity Method of Teaching: M.K. Gandhi', conducted by The KRC

The sessions provided detailed and systematic coverage of the various topics. The lectures were highly interactive with the resource persons encouraging and ensuring the steady participation of the students in the development of the topic. The students were asked to post their views and questions which were addressed by the resource persons. The students immensely benefited from these interactive sessions and all the sessions were highly appreciated by them. The lecture series was in keeping with the SDG 4 Quality Education. The Youtube links for the lectures are as given below:

- <https://www.youtube.com/watch?v=9HzfOPJAWTM&t=2105s>
- <https://www.youtube.com/watch?v=LqZkcJtIsBA>
- <https://www.youtube.com/watch?v=atXSIPMtDCs>
- <https://www.youtube.com/watch?v=CMNEcjIjv2o>



Expert Lecture Series by Dr. Shweta Philip on 'Discovery Method of Teaching: John Dewey', conducted by The KRC



LIVE | Expert Lecture Series by Ms. Saran Aranganathan on 'The Theory of Life and Personality', conducted by The KRC

# Alumni Corner

This month we present a poem written by Mr. Suraj Shukla from the Batch of 2010-11 who is at present a Faculty with the Department of History (Junior College) at Ramniranjan Jhunjhunwala College, Ghatkopar, Mumbai

## मनुर्भव... (केरला की घटना)



आहत हूँ, इंसान की सोच को सोचकर,

आहत हूँ, अमानवीय व्यवहार को लेकर।  
आहत हूँ, शर्मसार इंसानियत को लेकर  
आहत हूँ, मुझ पर हुए अत्याचार को लेकर।  
हे इंसान मनुर्भव, मनुर्भव

मैं परेशान थी, अपने लिए नहीं, अपनों को लेकर  
बहुत भटकी, पानी और खाने को, अपने बच्चे को लेकर  
सोची मैं भी, आज इंसान शायद मेरी मदद करेगा  
नहीं पता था मुझे, माँ और बच्चे दोनों को मरेगा।  
हे इंसान मनुर्भव, मनुर्भव।

क्या बिगाड़ा है हम जानवरों ने मानव तुम्हारा  
आज कहने को जंगल है, वहाँ भी बसेरा तुम्हारा  
हमारा क्या है, मरने के बाद भी तुम्हारे काम आएंगे  
किसी के जूते, बेल्ट, पॉकेट, तो किसी का घर सजायेंगे  
हे इंसान मनुर्भव, मनुर्भव:

हे मानव, आज मुझ पर सब आँसू बहा रहे हो  
अनानास देते समय नहीं सोचे, क्या खिला रहा हूँ?  
मैं बोल नहीं सकती थी, मुझे बच्चे की फ़िकर थी,  
तू उसमे भी आतिशबाजी करेगा, इससे अनजान थी।  
हे इंसान मनुर्भव, मनुर्भव:

मैं तेरा हर कहा मानी, तेरा हर इशारा समझी

कहने को विशालकाय हूँ, कहते है मुझे हाथी  
भूख मुझे नहीं, मेरे बच्चे को लगी थी  
दो जान मार रहे हो, क्या तुझे इतनी समझ न थी?  
हे इंसान मनुर्भव, मनुर्भव:

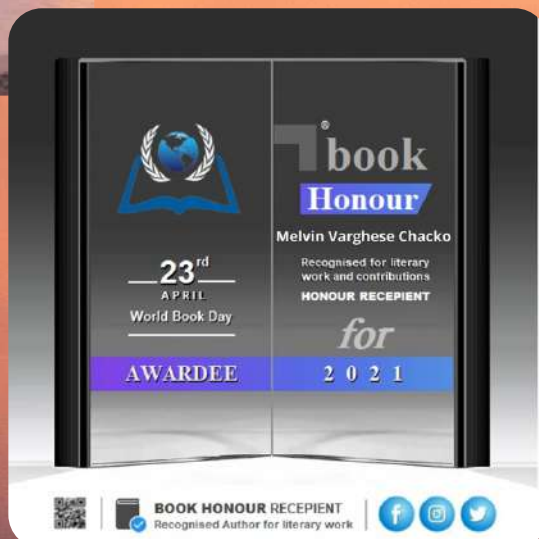
आज का 'सूरज' मैं और मेरा बच्चा नहीं देख पायेगा  
तुझसे भी, आज नहीं तो कल हिसाब मांगा जायेगा



# Student's Corner

## Student's Achievement

Ms. Benazeer Jamadar from the S.Y. Batch of 2019-21 won the First Prize in the Student-Teachers Action Research organised by University of Mumbai, Thane Sub Campus in collaboration with MES's Pillai College of Education and Research, Chembur for the sub-category Action Research on SDGs.

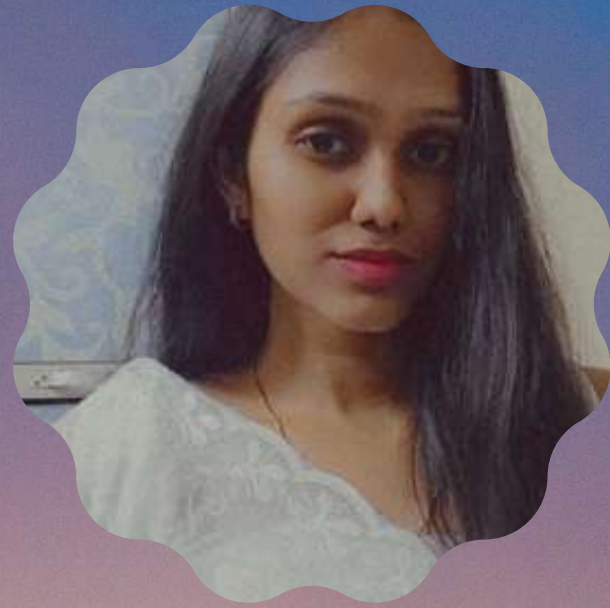


Mr. Melvin V Chacko from the F.Y. Batch of 2020-22 was honoured for his literary work and contribution by Ne8x LitFest on the occasion of World Book Day on 23rd April, 2021. We are extremely proud of him. Congratulations!

**1. “These too shall pass”  
by Ms. Christy Nadar**

Wounded heart,  
Unreal smile,  
Hypered heartbeat  
Life’s depressing mile.  
That unfixable dark mate  
Fixing unfixable pieces at mid hours,  
Unassuredly assuring self-comfort

A pain giving hope  
“These too shall pass”



**Ms. Christy Nadar**

**2. Crayon painting by Ms. Kavita Jawani**



**Ms. Kavita Jawani**

### 3. The Queen

You've met her down the road today  
You meet her in your bedroom

She comes to you like serendipity  
And leaves you in tingling conundrums

Dazzled by her brilliance  
You are blinded to her scars

The tranquility on her face  
Outshines the stabs at her back

The softness in her smile  
Belies the steel in her spirit

Place no crown on her head  
She still wears the burden on her soul

For every hard won battle  
Is a lesson steeped in losses

Yet she goes on  
Yes she moves on  
And so she leads on

Coz there's always a battle raging  
And this Queen is not  
the one to back down



**Shabnam**



**"YOUR MIND IS A POWERFUL  
THING. WHEN YOU FILL IT WITH  
POSITIVE THOUGHTS YOUR LIFE  
WILL START TO CHANGE"**